calendar & activities

Claremont Senior Living - Reflect

FEB 2019

SUNDAY MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Location Keys

3FL-DR 3rd Fl Dining Rm Activity Rm 1st Flr AR-1FLR Chapel 1st Flr CH-1FLR **Dining Rm-Memory Care** DR - MC HR Hospitality Rm Main Lobby ML Memory Care TV Rm MC-TVRM



When memories fade It's the moments that matter.

7:30 • Coffee and

9:45 • Chair Yoga

2:00 • Essence

Conversation

11:00 • Mexican Train Dominoes

1:00 • Daily Chronicles [DR - MC]

[DR - MC]

[AR-1FLR]

3:30 • Games [DR - MC]

7:30 • Coffee and

7:30 • Coffee and

4:00 • Chair Yoga [3FL-DR]

7:00 • Manicures [DR - MC]



7:30 • Coffee and

Conversation

Yoga [DR - MC]

1:00 • Daily Chronicles [DR - MC]

[DR - MC]

11:00 • Quilt Time [DR - MC]

1:30 • MC Bingo [DR - MC]

2:00 • Bible Study/Hymns

[AR-1FLR]

3:30 • Yahtzee [AR-1FLR]

7:30 • Coffee and

2:30 • Thymeless [DR - MC]

7:00 • Table Games [DR - MC]

		Conversation	7:
		[DR - MC]	
7:30		Foot Care	
9:30		Noodle Ball [AR-1FLR]	10:0
10:00	•	Book Mark [DR - MC]	11:
10:30	•	Uno [AR-1FLR]	1:0
1:00	•	Daily Chronicles [DR - MC]	1:
2:00	•	Thymeless [DR - MC]	2:3
2:30	•	Pizza Social [AR-1FLR]	6:

7:30 • Coffee and

7:30 • Movie & Popcorn

Conversation

[DR - MC]

Foot Care

10:00 🔸 Book Mark [DR - MC]

1:00 • Daily Chronicles [DR -

2:00 • Thymeless [DR - MC]

9:30 • Uno [AR-1FLR]

7:30 • Coffee and

:30 • Coffee and Conversation [DR - MC] :00 • Bingo [AR-1FLR] :15 • Chair Dancing [3FL-DR]

:00 • Daily Chronicles [DR - MC] :15 BlackJack/21 [AR-1FLR] :30 • Armchair Travel [3FL-DR] :30 • Movie and Popcorn

Conversation

11:15 • Chair Dancing [3FL-DR]

1:00 BlackJack/21 [AR-1FLR]

1:00 • Daily Chronicles [DR - MC]

2:15 • Armchair Travel [3FL-DR]

4:00 • Armchair Travel [3FL-DR]

6:30 • Movie and Popcorn

[DR - MC]

10:00 • Bingo [AR-1FLR]

7:30 • Coffee and

◀ Groundhog Day

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

7.30		Corree and
		Conversation [DR -
		MC]
9:00		Move It! [DR - MC]
10:00	•	Bingo [AR-1FLR]
10:45		Furry Friends [ML]
1:00	•	Daily Chronicles [DR - MC]
2:00		Church with Keyport Bible
		[CH-1FLR]
2:00		Cooking With Lavonne [HF
3:30	•	Social Hour [AR-1FLR]
6:30	•	Arm Chair Travel [MC-TVR
l		

Conversation [DR -

1:00 • Daily Chronicles [DR - MC]

2:00 • Church with Keyport Bible

6:30 • Arm Chair Travel [MC-TVRM]

7:30 • Coffee and

9:00 • Move It! [DR - MC]

10:45 • Furry Friends [ML]

[CH-1FLR]

3:30 • Social Hour [AR-1FLR]

2:00 • Scenic Drive [ML]

10:00 • Bingo [AR-1FLR]

2:30 • Thymeless [DR - MC] 4:00 • Games [AR-1FLR] 7:30 • Fancy Nails 7:30 • Coffee and Conversation [DR -

10:45 • Pokeno [AR-1FLR]

[CH-1FLR]

7:30 • Coffee and

Conversation IDR

9:45 • Cocoa Time With Hymns

1:00 • Daily Chronicles [DR - MC]

2:30 • Monday Movie Matinee

with Barrie [AR-1FLR]

- 9:45 Cocoa Time With Hymns with Barrie [AR-1FLR] 10:45 • Pokeno [AR-1FLR] 1:00 • Daily Chronicles [DR - MC] 2:30 • Monday Movie Matinee [CH-1FLR]
- 2:30 Thymeless [DR MC] 4:00 • Games [AR-1FLR]

Presidents' Day

- 6:30 Backwoods Windjammers [AR-1FLR]
- Conversation [DR - MC] 9:45 • Chair Yoga 11:00 • Mexican Train Dominoes [AR-1FLR] 1:00 • Daily Chronicles [DR 2:00 • Essence 3:30 • Games [DR - MC] 7:00 • Manicures [DR - MC]
- Conversation [DR -Yoga [DR - MC] 11:00 • Quilt Time [DR - MC] 1:00 • Daily Chronicles [DR - MC] 1:30 • MC Bingo/Games [DR - MC] 2:00 • Bible Study/Hymns [AR-1FLR] 2:30 • Thymeless [DR - MC] 3:30 • Yahtzee [AR-1FLR] 7:00 • Table Games [DR - MC]
- Valentine's Day 7:30 • Coffee and Conversation [DR -9:45 • Chair Yoga [DR - MC] 10:00 Donuts & Dialog [AR-1FLR] 10:30 • Songsters Club [AR-1FLR] 11:00 • Flower Arranging-MC [DR - MC] 1:00 • Daily Chronicles [DR - MC] 1:30 • Dog Therapy with Tigger/Jazzy 2:00 • Essence [MC-TVRM] 7:00 • Coupon Clipping [DR - MC]

7:30 • Coffee and

9:45 • Chair Yoga [DR -

Conversation IDR

10:00 • Donuts & Dialog [AR-1FLR]

10:30 • Songsters Club [AR-1FLR]

11:00 • Flower Arranging-MC [DR -

1:00 • Daily Chronicles [DR - MC]

2:30 • Birthday Party [AR-1FLR]

7:00 • Coupon Clipping [DR - MC]

2:00 • Essence [MC-TVRM]

Noodle Ball [CH-1FLR] 7:30 • Movie & Popcorn 7:30 • Coffee and Conversation [DR -Foot Care 7:30 9:30 • Uno [AR-1FLR] 10:00 • Book Mark [DR - MC] 1:00 • Daily Chronicles [DR - MC] 1:30 • MC Bingo/Games [DR - MC] 2:00 Parachute Fun [CH-1FLR] 2:00 • Thymeless [DR - MC] 2:30 • Burning Bowl Ceremony [DR -

Conversation [DR -

9:30 • Parachute Fun [AR-1FLR]

7:30 • Movie & Popcorn

Foot Care

7:30 • Coffee and

7:30 • Coffee and Conversation [DR 2:30

10:00 • Bingo [AR-1FLR] 11:15 • Chair Dancing [3FL-DR] 1:00 • Daily Chronicles [DR - MC] BlackJack/21 [AR-1FLR] Arm Chair Travel: Touring England [AR-1FLR] 3:00 • Games [DR - MC] 4:00 • Armchair Travel [3FL-DR]

6:30 • Movie and Popcorn



3:30 • Social Hour [AR-1FLR]

6:30 • Arm Chair Travel [MC-TVRM]

- 7:30 Coffee and Conversation [DR -9:45 • Cocoa Time With Hymns with Barrie [AR-1FLR] 10:45 • Pokeno [AR-1FLR] 1:00 • Daily Chronicles [DR - MC] 1:30 • MC Bingo/Games [DR - MC] 2:30 • Monday Movie Matinee [CH-1FLR] 2:30 • Thymeless [DR - MC] 4:00 • Games [AR-1FLR] 7:30 • Fancy Nails
- Conversation [DR - MC] 9:45 • Chair Yoga 11:00 • Mexican Train Dominoes [AR-1FLR] 1:00 • Daily Chronicles [DR -MC1 2:00 • Essence 3:30 • Games [DR - MC] 7:00 • Manicures [DR - MC]

Conversation [DR - MC]

- 7:30 Coffee and 7:30 • Coffee and Conversation [DR -Yoga [DR - MC] 11:00 • Quilt Time [DR - MC] 1:00 • Daily Chronicles [DR - MC] 1:30 • MC Bingo/Games [DR - MC] 2:00 • Bible Study/Hymns [AR-1FLR] 11:00 • Flower Arranging-MC [DR-2:30 • MC Outing - Scenic Drive 2:30 • Thymeless [DR - MC] 3:30 • Craft Time [AR-1FLR] 7:00 • Table Games [DR - MC]
 - Conversation [DR -9:45 • Chair Yoga [DR -10:00 Donuts & Dialog [AR-1FLR] 10:30 • Songsters Club [AR-1FLR]
 - 10:00 Book Mark [DR MC] 1:00 • Daily Chronicles [DR - MC] 1:30 • MC Bingo/Games [DR - MC] 1:00 • Daily Chronicles [DR - MC] 2:00 • Thymeless [DR - MC] 2:00 • Essence [MC-TVRM] 2:30 • Fresh Fruit Social [AR-1FLR] 4:00 • Entertainment by the 4:00 • Noodle Ball [CH-1FLR] Sunshine Singers [AR-1FLR] 7:30 • Movie & Popcorn 7:00 • Coupon Clipping [DR - MC]

7:30

9:30 • Uno

7:30 • Coffee and Conversation 10:00 • Bingo [AR-1FLR] 11:15 • Chair Dancing [3FL-DR]

1:00 • BlackJack/21 [AR-1FLR] 1:00 • Daily Chronicles [DR - MC] 4:00 • Armchair Travel [3FL-DR] 6:30 • Movie and Popcorn



- 7:30 Coffee and Conversation IDR -
- 9:00 Move It! [DR MC] 10:00 • Bingo [AR-1FLR] 10:45 • Furry Friends [ML]
- 1:00 Daily Chronicles [DR MC] 2:00 • Church with Keyport Bible [CH-1FLR]
- 4:00 Social Hour [AR-1FLR] 6:30 • Arm Chair Travel [MC-TVRM]
- 7:30 Coffee and Conversation IDR -
- 9:45 Cocoa Time With Hymns with Barrie [AR-1FLR] 10:45 • Pokeno [AR-1FLR] 1:00 • Daily Chronicles [DR - MC]
- 1:30 MC Bingo/Games [DR MC] 2:30 • Monday Movie Matinee [CH-1FLR] 2:30 • Thymeless [DR - MC]

4:00 • Games [AR-1FLR]

7:30 • Fancy Nails

11:00 • Mexican Train Dominoes [AR-1FLR] 1:00 • Daily Chronicles [DR 2:00 • Essence 3:30 • Games [DR - MC] 7:00 Manicures [DR - MC]

7:30 • Coffee and

9:45 • Chair Yoga

7:30 • Coffee and Conversation [DR -Yoga [DR - MC] 1:00 • Quilt Time [DR - MC] 1:00 • Daily Chronicles [DR - MC] 1:30 • MC Bingo/Games [DR - MC] 2:00 • Bible Study/Hymns [AR-1FLR] 2:30 • Thymeless [DR - MC] 3:30 • Yahtzee [AR-1FLR]

7:00 • Table Games [DR - MC]

7:30 • Coffee and Conversation [DR -9:45 • Chair Yoga [DR - MC] 10:00 • Donuts & Dialog [AR-1FLR] 10:30 • Songsters Club [AR-1FLR] 11:00 • Flower Arranging-MC [DR - MC] 1:00 • Daily Chronicles [DR - MC] 1:30 • Dog Therapy with Tigger/Jazzy 2:00 • Essence [MC-TVRM] 7:00 • Coupon Clipping [DR - MC]