


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>
	<p>9:45 Current Events: Positive News with Felicia</p> <p>10:00 ☼ Soul Chair Dancing class with Felicia</p> <p>10:30 ☼ Welbrook Neighborhood Stroll With Care staff</p> <p>10:45 🌿 Relaxation with Hydration Libation</p> <p>11:00 🧠 Current Events Positive News</p>	<p>Martin Luther King, Jr. Day</p> <p>9:45 🧠 Current Events Positive News with Felicia</p> <p>10:00 ☼ Soul Chair Dancing class with Felicia Care Staff</p> <p>10:30 ☼ Welbrook Neighborhood Stroll With Care staff</p> <p>10:45 🌿 Relaxation with Hydration Libation</p> <p>11:00 🧠 You Be the Judge Scenarios and conclusions Felicia</p>	<p>9:45 🧠 Current Events Positive News with Felicia</p> <p>10:00 ☼ Chair Pilates class with Felicia</p> <p>10:30 ☼ Welbrook Neighborhood Stroll With Care staff</p> <p>10:45 🌿 Relaxation with Hydration Libation</p> <p>11:00 Poetry Reading with Charles through Skype</p>	<p>9:45 🧠 Current Events Positive News with Felicia</p> <p>10:00 ☼ Chair Tai Chi Strengthen and Stretching With Felicia</p> <p>10:30 🌿 Gardening on the Patio with Care Staff</p> <p>10:30 ☼ Welbrook Neighborhood Stroll With Care staff</p> <p>10:45 🌿 Relaxation with Hydration Libation</p>	<p>9:00 🧠 Beauty Salon to The Stars Maria</p> <p>10:00 ☼ Soul Chair Dancing class with Felicia Felicia</p> <p>10:30 ☼ Welbrook Neighborhood Stroll With Care staff</p> <p>10:45 🌿 Relaxation with Hydration Libation</p> <p>11:00 🧠 Brainercise: Riddles and Brain Teasers</p>	<p>9:45 🧠 Current Events: Positive News with Maria</p> <p>10:00 ☼ Weight Lifting class with Maria</p> <p>10:30 ☼ Welbrook Neighborhood Stroll With Care staff</p> <p>10:45 🌿 Relaxation with Hydration Libation</p> <p>11:00 🧠 Brainercise: Word Scramble</p>	<p>10:00 ☼ Exercise With Maria</p> <p>10:30 ☼ Welbrook Neighborhood Stroll With Care staff</p> <p>10:45 🌿 Relaxation with Hydration Libation</p> <p>11:00 🧠 Current Events With CBS Positive News</p>
<p>1450 17th St. Santa Monica, CA 90404 424-282-3002</p>	<p>11:00 🧠 Current Events Positive News</p> <p>1:00 🌿 Movie Facts and Trivia</p> <p>2:00 Happy hour with entertainment with Robert Ryeman</p>	<p>1:00 🧠 Interactive Seminar: Martin Luther king Jr story Care Staff</p> <p>2:00 🧠 Parlor Games: Five Card Poker with Felicia</p>	<p>1:30 Men's Group: Antique Car show Discussion Group</p> <p>2:00 🧠 Brainercise: UCLA Student Cole</p> <p>3:00 Interactive Seminar: Art Appreciation Class</p>	<p>1:00 🦋 Reclaiming your Authentic self Guided Meditation Class Poetry Reading</p> <p>2:00 ❤️ UCLA Brainercise Via Skype with Esin</p>	<p>1:00 🧠 Brainercise: UCLA with Jamie Vu</p> <p>1:00 Moments Group : Scenic Drive Of Santa Monica</p> <p>2:00 🧠 Brainercise: Interactive Sudoku Felicia</p>	<p>1:00 🦋 Yoga with Elle</p> <p>2:00 🧠 Happy Hour with Entertainment Care Staff</p> <p>3:00 Afternoon Snacks and hydration</p>	<p>1:00 🧠 Brainercise: UCLA Students</p> <p>2:00 🧠 Happy Hour With Entertainment</p> <p>3:00 Afternoon Snacks and hydration</p>
<p>"You must be the change you wish to see in the world." — Mohandas Gandhi</p>	<p>3:00 🧠 Sunday Leisure Games</p> <p>4:00 🌿 Chefs table</p>	<p>3:00 🧠 Afternoon Snacks Margaretta Mondays with Salsa and Chips</p> <p>3:30 🧠 Leisure Activities</p>	<p>3:00 🧠 Welbrook Afternoon Tea Social with Petites Maria</p> <p>3:30 Bingo in Style with Staff and Friends Care Staff</p>	<p>3:00 🧠 Wine down Wednesdays Paint and Sip Art class</p> <p>4:30 🌿 Bon Appetit</p>	<p>3:00 Interactive Seminar: Music Appreciation History of Dance</p> <p>3:00 🧠 Mocktails and Hor' dourves</p> <p>4:30 🌿 Chefs Table Docutmentary</p>	<p>3:30 🧠 Interactive Seminar: Crossword play w/ Maria</p> <p>4:30 Chefs table</p> <p>5:45 🧠 Welbrooks Movie Night: Comedy</p>	<p>4:00 🌿 The Best of the best Chefs of the World.</p> <p>5:45 🧠 Welbrooks Movie Night</p>
<p>🧠 Emotional 🌿 Environmental 🧠 Intellectual ☼ Physical 🦋 Spiritual</p>	<p>5:45 🧠 Welbrooks Movie Night Broadway Musical</p>	<p>4:30 🌿 Dining Around the world</p> <p>6:30 🧠 Welbrooks Movie Night: Romantic Comedy</p>	<p>4:30 🌿 Chefs table</p> <p>5:45 🧠 Welbrooks Movie Night Residents Choice</p>	<p>6:30 🧠 Welbrooks Movie Night: Musicals Maria</p>	<p>5:45 🧠 Welbrooks Movie Night: Residents Choice</p>		