

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



- 9:00 ● Morning Hymns [LR] **1**
- AM ● Whoga/Wheel Chair Yoga [LR]
- AM ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Hummus & Pita Chips [LR]
- 3:00 ● Essence
- 3:30 ● Music Therapy [LR]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- Groundhog Day** **2**
- AM ● Grateful For This Day Prayer [LR]
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

LOCATIONS

Living Room-LR
Garden Nook- GN
Dining Room-DR
Courtyard - CY

Resident Birthdays
Estrella Matos- 2/20

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Activities are subject to change

- AM ● Grateful For This Day Prayer [LR] **3**
- 10:00 ● Tai Chi [LR]
- AM ● Arts & Crafts [GN]
- 2:00 ● Music Therapy [LR]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Grateful For This Day Prayer [LR] **10**
- 10:00 ● Tai Chi [LR]
- AM ● Arts & Crafts [GN]
- 2:00 ● Music Therapy [LR]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Grateful For This Day Prayer [LR] **17**
- 10:00 ● Tai Chi [LR]
- AM ● Arts & Crafts [GN]
- 2:00 ● Music Therapy [LR]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Grateful For This Day Prayer [LR] **24**
- 10:00 ● Tai Chi [LR]
- AM ● Arts & Crafts [GN]
- 2:00 ● Music Memories [LR]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- 9:00 ● Morning Hymns [LR] **4**
- AM ● Conductorsize [LR]
- 11:00 ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Granola & Yogurt [LR]
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- 9:00 ● Morning Hymns [LR] **11**
- AM ● Conductorsize [LR]
- 11:00 ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Granola & Yogurt [LR]
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- Presidents' Day** **18**
- 9:00 ● Morning Hymns [LR]
- AM ● Conductorsize [LR]
- 11:00 ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Granola & Yogurt
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- 9:00 ● Morning Hymns [LR] **25**
- AM ● Conductorsize [LR]
- 11:00 ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Granola & Yogurt [LR]
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- AM ● Good News Devotional [LR] **5**
- 10:00 ● Tai Chi [LR]
- AM ● Ball Tossing [LR]
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Good News Devotional [LR] **12**
- 10:00 ● Tai Chi [LR]
- AM ● Ball Tossing [LR]
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Good News Devotional [LR] **19**
- 10:00 ● Tai Chi [LR]
- AM ● Ball Tossing [LR]
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Good News Devotional [LR] **26**
- 10:00 ● Tai Chi [LR]
- AM ● Ball Tossing [LR]
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Grateful For This Day Prayer [LR] **6**
- AM ● Conductorsize [LR]
- AM ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- PM ● Thymeless Cooking Club Smoothies [LR]
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- AM ● Grateful For This Day Prayer [LR] **13**
- AM ● Conductorsize [LR]
- AM ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- PM ● Thymeless Cooking Club Smoothies [LR]
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- AM ● Grateful For This Day Prayer [LR] **20**
- AM ● Conductorsize [LR]
- AM ● Thymeless Gardening Club [GN]
- 2:00 ● Music Memories
- PM ● Thymeless Cooking Club Smoothies [LR]
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- AM ● Grateful For This Day Prayer [LR] **27**
- AM ● Conductorsize [LR]
- AM ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- PM ● Thymeless Cooking Club Smoothies [LR]
- 3:00 ● Essence
- 3:30 ● Puzzles, Word Searches & More! [GN]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- AM ● Good News Devotional [LR] **7**
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- Valentine's Day** **14**
- AM ● Good News Devotional [LR]
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Good News Devotional [LR] **21**
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Good News Devotional [LR] **28**
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- 9:00 ● Morning Hymns [LR] **8**
- AM ● Whoga/Wheel Chair Yoga [LR]
- AM ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Hummus & Pita Chips [LR]
- 3:00 ● Essence
- 3:30 ● Music Therapy [LR]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- 9:00 ● Morning Hymns [LR] **15**
- AM ● Whoga/Wheel Chair Yoga [LR]
- AM ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Hummus & Pita Chips [LR]
- 3:00 ● Essence
- 3:30 ● Music Therapy [LR]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]

- 9:00 ● Morning Hymns [LR] **22**
- AM ● Whoga/Wheel Chair Yoga [LR]
- AM ● Thymeless Gardening Club [GN]
- PM ● Rat Pack Hour [LR]
- 2:30 ● Thymeless Cooking Club Hummus & Pita Chips [LR]
- 3:00 ● Essence
- 3:30 ● Music Therapy [LR]
- 4:00 ● Trivia/Discussion [LR]
- 6:30 ● Meditation Music Time [LR]



- AM ● Grateful For This Day Prayer [LR] **9**
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Grateful For This Day Prayer [LR] **16**
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

- AM ● Grateful For This Day Prayer [LR] **23**
- AM ● Yoga Mudras [LR]
- AM ● Ball Tossing
- PM ● Arts & Crafts [GN]
- 2:30 ● Thymeless Snacks [LR]
- 3:00 ● Book Club Bookmarks [LR]
- 3:30 ● Music Therapy [LR]
- 3:30 ● Time for Fresh Air
- 4:00 ● Thymeless Garden Club
- 6:30 ● Movie Night [LR]

