

calendar & activities

APR 2019

Heritage of Brookstone Memory Care – Let the Sunshine In

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys

- Dining Room [DR]
- Family Room [FR]
- Garden [G]
- Movie Room [MR]
- Activity Room [AR]
- Main Lobby [ML]
- Resident Room [RM]
- Front Patio [FP]
- Essence Room [ER]

April Birthday

Becky, M - 1st

SENIOR LIFESTYLE

Unlimited options,
unparalleled service

WWW.SENIORLIFESTYLE.COM

Activities are subject to change

Alzheimer's Caregiver
Support Group Meeting

3rd Thursday of the month
(16th May, 2019 From 5pm-6pm)

@

the Movie Room (Top Floor)

For more details contact Stella

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



	9:30 ● Our Daily Bread [FR] 10:00 ● Scarf Dancing [DR] 11:00 ● Thymeless -Garden Club [G] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 1:00 ● April Fool Laughing Game [AR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Margarita Monday Social [FP] 4:00 ● Bookmark [FR] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Story Telling on IN2L [FR] 1 <td> 9:30 ● Spiritual Video (IN2L) [FR] 10:00 ● Senior Fit Yoga 10:30 ● Thymeless -Garden Club [DR] 11:00 ● Bible Study with David (Assured Hospice) [DR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Coffee/Cookies Tuesday [FR] 4:00 ● Essence [ER] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Puzzle Night [FR] 2 <td> 9:30 ● Encouraging Words (IN2L) [FR] 10:00 ● Morning Garden Walk [G] 10:30 ● Thymeless -Garden Club [DR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 1:00 ● Spark - Welcome to Spark & Ice Cream Yea or Nay (Social) [AR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Wine Down Wednesday Social [FR] 3:00 ● Share Your Passion [AR] 4:00 ● Bookmark Audio Book [FR] 4:45 ● Hand - 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9:30 ● Bible Stories [FR] 10:00 ● Chair Exercise [FR] 10:30 ● Thymeless -Garden Club [DR] 11:00 ● Preaching with Joel Osteen [FR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 1:30 ● Piano with William [FR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Ice Cream Sundae Social [DR] 3:30 ● Music Bingo [FR] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Music Appreciation [MR] 28 <td> 9:30 ● Our Daily Bread [FR] 10:00 ● Scarf Dancing [DR] 10:30 ● Thymeless -Garden Club [DR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 1:00 ● Words Puzzle [FR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Margarita Monday Social [FP] 4:00 ● Bookmark [FR] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Story Telling on IN2L [FR] 29 <td> 9:30 ● Spiritual Video (IN2L) [FR] 10:00 ● Senior Fit Yoga 10:30 ● Thymeless -Garden Club [DR] 11:00 ● Bible Study with David (Assured Hospice) [DR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Coffee/Cookies Tuesday [FR] 4:00 ● Essence [ER] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Puzzle Night [FR] 30 <td>   </td></td></td>	9:30 ● Our Daily Bread [FR] 10:00 ● Scarf Dancing [DR] 10:30 ● Thymeless -Garden Club [DR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 1:00 ● Words Puzzle [FR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Margarita Monday Social [FP] 4:00 ● Bookmark [FR] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Story Telling on IN2L [FR] 29 <td> 9:30 ● Spiritual Video (IN2L) [FR] 10:00 ● Senior Fit Yoga 10:30 ● Thymeless -Garden Club [DR] 11:00 ● Bible Study with David (Assured Hospice) [DR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Coffee/Cookies Tuesday [FR] 4:00 ● Essence [ER] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Puzzle Night [FR] 30 <td>   </td></td>	9:30 ● Spiritual Video (IN2L) [FR] 10:00 ● Senior Fit Yoga 10:30 ● Thymeless -Garden Club [DR] 11:00 ● Bible Study with David (Assured Hospice) [DR] 11:45 ● Hand - Hot Towel (Oshibori) [DR] 2:00 ● Thymeless - Cooking Club [DR] 2:30 ● Coffee/Cookies Tuesday [FR] 4:00 ● Essence [ER] 4:45 ● Hand - Hot Towel (Oshibori) [DR] 6:00 ● Puzzle Night [FR] 30 <td>   </td>	 			



THANK YOU!