



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

 THE POINTE AT KIRBY GATE a Senior Lifestyle community	 MEMORY CARE embrace BY SENIOR LIFESTYLE		9:30 ● Chair Exercise 10:30 ● Karaoke w/ iN2L 11:00 ● Positive News 1:30 ● Sitcom Social 2:00 ● Sept. Trivia (iN2L) 6:00 ● Current Events/ Discussion 1	9:30 ● Stretching Exercise 10:30 ● Spa Day 11:00 ● Reminiscence 1:30 ● Sitcom Social 2:00 ● BINGO 6:00 ● iN2L: Jokes & Laughs 2	9:30 ● Flash Card Exercise 10:30 ● iN2L: Games & Trivia 11:00 ● iN2L: Entertainment 1:30 ● Sitcom Social 2:00 ● Name That Tune 6:00 ● Follow the Ball 3	9:30 ● Nature Walk 10:30 ● Adult Coloring 11:00 ● iN2L: Complete the Phrase 1:30 ● Sitcom Social 2:00 ● Music and Snacks 6:30 ● Wheel of Fortune (NBC) 4	9:30 ● Yoga 10:30 ● Daily Bread Devotion 1:30 ● Sitcom Social 2:00 ● iN2L: Classic Movie 6:30 ● Wheel of Fortune (NBC) 5
Memory Care SENIOR LIFESTYLE Come grow with us! SENIOR LIFESTYLE Unlimited options, Unparalleled services WWW.SENIORLIFESTYLE.COM	9:30 ● Dance Exercise 10:30 ● iN2L: Sermon 11:00 ● Positive News 1:30 ● Sitcom Social 6:00 ● Night Yoga 6	Labor Day 9:30 ● Bowling 10:30 ● Bookmarks: Reading Club 11:00 ● Labor Day Art Work 1:30 ● Sitcom Social 2:00 ● Labor Day Trivia 6:30 ● Name That Tune 7	9:30 ● Stretching Exercise 10:30 ● Karaoke w/ iN2L 11:00 ● Positive News 1:30 ● Sitcom Social 2:00 ● Life Lessons Learned (Group Discussion) 6:00 ● Current Events/ Discussion 8	9:30 ● Basketball 10:30 ● Spa Day 11:00 ● Reminiscence 1:30 ● Sitcom Social 2:00 ● BINGO 6:00 ● iN2L: Jokes & Laughs 9	9:30 ● Parachute Game 10:30 ● iN2L: Games & Trivia 11:00 ● iN2L: Entertainment 1:30 ● Sitcom Social 2:00 ● Spelling Bee 6:00 ● Follow the Ball 10	9:30 ● Flash Card Exercise 10:30 ● Adult Coloring 11:00 ● iN2L: Complete the Phrase 1:30 ● Sitcom Social 2:00 ● Music and Snacks 6:30 ● Wheel of Fortune (NBC) 11	9:30 ● Yoga 10:30 ● Daily Bread Devotion 1:30 ● Sitcom Social 2:00 ● iN2L: Classic Movie 6:30 ● Wheel of Fortune (NBC) 12
	9:30 ● Nature Walk 10:30 ● iN2L: Sermon 11:00 ● Positive News 1:30 ● Sitcom Social 6:00 ● Night Yoga 13	9:30 ● Stretching Exercise 10:30 ● Bookmarks: Reading Club 11:00 ● Cards and Puzzles 1:30 ● Sitcom Social 2:00 ● Simple Apple Pie (Cooking) 6:30 ● Name That Tune 14	9:30 ● Dance Exercise 10:30 ● Karaoke w/ iN2L 11:00 ● Positive News 1:30 ● Sitcom Social 2:00 ● Painting Back to School Pics 6:00 ● Current Events/ Discussion 15	9:30 ● Bowling 10:30 ● Spa Day 11:00 ● Reminiscence 1:30 ● Sitcom Social 2:00 ● BINGO 6:00 ● iN2L: Jokes & Laughs 16	9:30 ● Chair Exercise 10:30 ● iN2L: Games & Trivia 11:00 ● iN2L: Entertainment 1:30 ● Sitcom Social 2:00 ● Make An Apple Wreath 6:00 ● Follow the Ball 17	9:30 ● Nature Walk 10:30 ● Adult Coloring 11:00 ● iN2L: Complete the Phrase 1:30 ● Sitcom Social 2:00 ● Knowledge Bowl MC vs AL 6:30 ● Wheel of Fortune (NBC) 18	9:30 ● Flash Card Exercise 10:30 ● Daily Bread Devotion 1:30 ● Sitcom Social 2:00 ● iN2L: Classic Movie 6:30 ● Wheel of Fortune (NBC) 19
	“When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow.” — Shauna Niequist	9:30 ● Yoga 10:30 ● iN2L: Sermon 11:00 ● Positive News 1:30 ● Sitcom Social 6:00 ● Night Yoga 20	9:30 ● Parachute Game 10:30 ● Bookmarks: Reading Club 11:00 ● Cards and Puzzles 1:30 ● Sitcom Social 2:00 ● Mouse Maze (Game) 6:30 ● Name That Tune 21	9:30 ● Stretching Exercise 10:30 ● Karaoke w/ iN2L 11:00 ● Positive News 1:30 ● Sitcom Social 2:00 ● BINGO 6:00 ● Current Events/ Discussion 22	9:30 ● Bowling 10:30 ● Spa Day 11:00 ● Reminiscence 1:30 ● Sitcom Social 2:00 ● Kick Ball 6:00 ● iN2L: Jokes & Laughs 23	9:30 ● Dance Exercise 10:30 ● iN2L: Games & Trivia 11:00 ● iN2L: Entertainment 1:30 ● Sitcom Social 2:00 ● Cold Apple Game 6:00 ● Follow the Ball 24	9:30 ● Basketball 10:30 ● Adult Coloring 11:00 ● iN2L: Complete the Phrase 1:30 ● Sitcom Social 2:00 ● The Pointe at Kirby Gate Sock Hop 6:30 ● Wheel of Fortune (NBC) 25
6480 Quince Road Memphis, TN 38119 901-453-4341	9:30 ● Flash Card Exercise 10:30 ● iN2L: Sermon 11:00 ● Positive News 1:30 ● Sitcom Social 6:00 ● Night Yoga 27	9:30 ● Nature Walk 10:30 ● Bookmarks: Reading Club 11:00 ● Cards and Puzzles 1:30 ● Sitcom Social 2:00 ● Tic Tac Toe (iN2L) 6:30 ● Name That Tune 28	9:30 ● Flash Card Exercise 10:30 ● Karaoke w/ iN2L 11:00 ● Positive News 1:30 ● Sitcom Social 2:00 ● Knock Knock Jokes 6:00 ● Current Events/ Discussion 29	9:30 ● Stretching Exercise 10:30 ● Spa Day 11:00 ● Reminiscence 1:30 ● Sitcom Social 2:00 ● Arts & Crafts 6:00 ● iN2L: Jokes & Laughs 30	● CONNECT ● CONTRIBUTE ● FEEL ● GROW ● MOVE ● REFLECT		