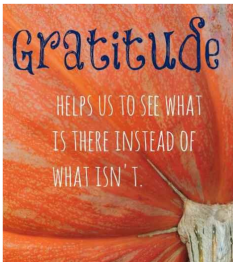


calendar & activities  
**NOV 2020**

Gratitude

|                                                                                                                                                                     | SUNDAY                                                                                                                                                                                                                                                           | MONDAY                                                                                                                                                                                                                                                                              | TUESDAY                                                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                          | THURSDAY                                                                                                                                                                                                                                                                                                       | FRIDAY                                                                                                                                                                                                 | SATURDAY                                                                                                                                                                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>LOCATIONS</b><br><br>Dining Room - DR<br>Living Room - LR<br>Activity Room - AR<br>Courtyard - CY<br>Bella Terra Bus - BB<br>Sun Porch - SP<br>Sensory Room - SR | <b>Daylight Saving Time Begins</b><br>10:30 ● Chair Yoga [AR]<br>11:00 ● Thymeless (AR) [AR]<br>11:30 ● Trivia (in2L) [AR]<br>1:30 ● Bingo [AR]<br>2:30 ● Bingo [AR]<br>2:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Movie and Popcorn [LR] | 10:00 ● Church Hymns [AR]<br>10:30 ● Chair Exercise w/ Nicole [AR]<br>1:30 ● Bowling [AR]<br>2:00 ● Bingo [AR]<br>3:30 ● Trivia (in2L) [FR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game Night [FR]<br>7:00 ● Jeopardy [LR]                                                              | <b>Election Day</b><br>10:00 ● Hair Salon [LR]<br>10:30 ● Nails and Massages [FR]<br>11:00 ● Thymeless (AR) Red/White/Blue [AR]<br>1:30 ● Crafters" Corner- [AR]<br>3:00 ● Chair Exercise / Dawn [AR]<br>4:00 ● Thymeless [AR]<br>7:00 ● Jeopardy [LR] | 10:30 ● Spark Class - [AR]<br>11:30 ● Thymeless/ [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>3:00 ● Trivia (in2L) [LR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game night [FR]                                                            | <b>National Doughnut Day</b><br>10:00 ● Book Mark [AR]<br>10:30 ● Rosary, Communion , Hymns [AR]<br>11:30 ● Thymeless (AR) [AR]<br>2:00 ● Craft Corner - Gratitude/ Grateful jar [AR]<br>3:00 ● Chair exercise w/ Dawn [AR]<br>4:00 ● Thymeless [AR]<br>4:30 ● Sing a long (in2L) [AR]<br>7:00 ● Jeopardy [LR] | 10:30 ● Church Service [AR]<br>11:30 ● Thymeless [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>2:00 ● Bookmark [LR]<br>2:00 ● Happy Hour [AR]<br>4:00 ● Thymeless (AR) [AR]<br>6:15 ● Movie and Treat [LR] | 10:00 ● Book Mark [AR]<br>10:30 ● Walking club [AR]<br>11:00 ● Nails and Massages [AR]<br>11:30 ● Thymeless (AR) [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless (AR) [AR]<br>4:00 ● Thymeless Watering Vegetables / Flowers [AR]<br>6:15 ● Puzzle Night [LR] |
| <b>BIRTHDAYS THIS MONTH</b><br><br>Delores 11<br>Patricia 15<br>Kathy 19<br>Mary 30                                                                                 | 10:30 ● Chair Yoga [AR]<br>11:00 ● Thymeless (AR) Pumpkin Pie [AR]<br>11:30 ● Trivia (in2L) [AR]<br>1:30 ● Bingo [AR]<br>2:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Movie and Popcorn [LR]                                                | 10:00 ● Church Hymns [AR]<br>10:30 ● Chair Exercise w/ Nicole [AR]<br>11:30 ● Thymeless (AR) Pumpkin Cupcakes [AR]<br>2:00 ● Bingo [AR]<br>2:30 ● Gratitude -Word Game [AR]<br>3:30 ● Trivia (in2L) [FR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game Night [FR]<br>7:00 ● Jeopardy [LR] | <b>National Vanilla Cupcake Day</b><br>10:00 ● Hair Salon [LR]<br>10:30 ● Nails and Massages [FR]<br>1:30 ● Crafters" Corner-Poppy Flowers [AR]<br>3:00 ● Chair Exercise / Dawn [AR]<br>4:00 ● Thymeless [AR]<br>7:00 ● Jeopardy [LR]                  | <b>National Sundae Day Veterans Day</b><br>10:30 ● Spark Class - [AR]<br>11:30 ● Thymeless/ Red/ White/Blue [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>3:00 ● Trivia (in2L) [LR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game night [FR] | 10:00 ● Book Mark [AR]<br>10:30 ● Rosary, Communion , Hymns [AR]<br>1:30 ● Trivia (in2L) [AR]<br>2:00 ● Craft Corner - Fall Leaf Gratitude [AR]<br>3:00 ● Chair exercise w/ Dawn [AR]<br>4:00 ● Thymeless [AR]<br>7:00 ● Jeopardy [LR]                                                                         | 10:30 ● Church Service [AR]<br>11:30 ● Thymeless [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>2:00 ● Happy Hour [AR]<br>4:00 ● Thymeless (AR) [AR]<br>6:15 ● Movie and Treat [LR]                         | 10:00 ● Book Mark [AR]<br>10:30 ● Walking club [AR]<br>11:00 ● Nails and Massages [AR]<br>11:30 ● Thymeless (AR) [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless (AR) [AR]<br>6:15 ● Puzzle Night [LR]                                                        |
| <b>SENIOR LIFESTYLE</b><br><i>Come grow with us!</i>                                                                                                                | 10:30 ● Chair Yoga [AR]<br>11:00 ● Thymeless (AR) Cider Brew [AR]<br>11:30 ● Trivia (in2L) [AR]<br>1:30 ● Bingo [AR]<br>2:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Movie and Popcorn [LR]                                                 | 10:00 ● Church Hymns [AR]<br>10:30 ● Chair Exercise w/ Nicole [AR]<br>2:00 ● Bingo [AR]<br>3:30 ● Trivia (in2L) [FR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game Night [FR]<br>7:00 ● Jeopardy [LR]                                                                                     | 10:00 ● Hair Salon [LR]<br>10:30 ● Nails and Massages [FR]<br>1:30 ● Crafters" Corner-Thankful Turkey [AR]<br>3:00 ● Chair Exercise / Dawn [AR]<br>4:00 ● Thymeless [AR]<br>7:00 ● Jeopardy [LR]                                                       | 10:30 ● Spark Class - [AR]<br>11:30 ● Thymeless/ Apple Cinnamon Smoothie [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>3:00 ● Trivia (in2L) [LR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game night [FR]                                    | 10:00 ● Book Mark [AR]<br>10:30 ● Rosary, Communion , Hymns [AR]<br>1:30 ● Trivia (in2L) [AR]<br>2:00 ● Craft Corner - Gratitude Pumpkin [AR]<br>3:00 ● Chair exercise w/ Dawn [AR]<br>4:00 ● Thymeless [AR]<br>7:00 ● Jeopardy [LR]                                                                           | 10:30 ● Church Service [AR]<br>11:30 ● Thymeless [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>2:00 ● Happy Hour [AR]<br>4:00 ● Thymeless (AR) [AR]<br>6:15 ● Movie and Treat [LR]                         | 10:00 ● Book Mark [AR]<br>10:30 ● Walking club [AR]<br>11:00 ● Nails and Massages [AR]<br>11:30 ● Thymeless (AR) [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless (AR) [AR]<br>6:15 ● Puzzle Night [LR]                                                        |
| <b>SENIOR LIFESTYLE</b><br><i>Unlimited options, Unparalleled services</i>                                                                                          | 10:30 ● Chair Yoga [AR]<br>11:00 ● Thymeless (AR) Thankful Sugar Cookie [AR]<br>11:30 ● Trivia (in2L) Cinnamon Roll Turkeys [AR]<br>1:30 ● Bingo [AR]<br>2:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Movie and Popcorn [LR]                | 10:00 ● Church Hymns [AR]<br>10:30 ● Chair Exercise w/ Nicole [AR]<br>2:00 ● Bingo [AR]<br>3:30 ● Trivia (in2L) [FR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game Night [FR]<br>7:00 ● Jeopardy [LR]                                                                                     | 10:00 ● Hair Salon [LR]<br>10:30 ● Nails and Massages [FR]<br>1:30 ● Crafters' Corner-Decorating Gratitude Stone [AR]<br>3:00 ● Chair Exercise / Dawn [AR]<br>4:00 ● Thymeless [AR]<br>7:00 ● Jeopardy [LR]                                            | 10:30 ● Spark Class - [AR]<br>11:30 ● Thymeless [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>3:00 ● Trivia (in2L) [LR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game night [FR]                                                             | <b>Thanksgiving</b><br>10:00 ● Book Mark [AR]<br>10:30 ● Bingo - Gratitude/Turkey [AR]<br>11:30 ● Thymeless Turkey cupcakes [AR]<br>1:30 ● Trivia (in2L) [AR]<br>3:00 ● Chair exercise w/ Dawn [AR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Christmas Movie and Treat [LR]                                          | 10:30 ● Church Service [AR]<br>11:30 ● Thymeless [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>2:00 ● Happy Hour [AR]<br>4:00 ● Thymeless (AR) [AR]<br>6:15 ● Movie and Treat [LR]                         | 10:00 ● Book Mark [AR]<br>10:30 ● Walking club [AR]<br>11:00 ● Nails and Massages [AR]<br>11:30 ● Thymeless (AR) [AR]<br>1:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless (AR) [AR]<br>6:15 ● Puzzle Night [LR]                                                        |
| ● CONNECT<br>● CONTRIBUTE<br>● FEEL<br>● GROW<br>● MOVE<br>● REFLECT                                                                                                | 10:30 ● Chair Yoga [AR]<br>11:00 ● Thymeless (AR) [AR]<br>11:30 ● Trivia (in2L) [AR]<br>1:30 ● Bingo [AR]<br>2:30 ● Sing a long (in2L) [AR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Movie and Popcorn [LR]                                                            | 10:00 ● Church Hymns [AR]<br>10:30 ● Chair Exercise w/ Nicole [AR]<br>2:00 ● Bingo [AR]<br>3:30 ● Trivia (in2L) [FR]<br>4:00 ● Thymeless [AR]<br>6:15 ● Game Night [FR]<br>7:00 ● Jeopardy [LR]                                                                                     |                                                                                                                                                                    |  <p>In this Month of Thanksgiving, let us fill every day with gratitude, laughter and joy!</p>                                                |                                                                                                                                                                                                                           |                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                          |