

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

<div>10:00 ● <b>LDS Services [GR]</b></div> <div>1:00 ● Sunday Afternoon at the Movies [MT]</div> <div>2:00 ● Billards Bowling</div> <div>3:00 ● Bible Study with Pastor Dan and Michelle [S]</div> <div>3:00 ● <b>Bingo!! [CS]</b></div> <div>4:00 ● Sheridan Wii Bowling League [CS]</div> <div>5</div>	<div>AM ● <b>Catholic Communion</b> <i>Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S]</i></div> <div>10:00 ● <b>Chair Zumba Exercise [CS]</b></div> <div>10:35 ● What's Going on in the world? [CS]</div> <div>11:00 ● BHU-Walk this Way 2 [CS]</div> <div>11:30 ● Pet Visits [CS]</div> <div>12:30 ● Mandala Art [CS]</div> <div>1:00 ● Quilting-all quilts are donated to the LDS Humanitarian Center [CS]</div> <div>2:30 ● Bunco!!! [GR]</div> <div>4:00 ● <b>Enjoy the weather Walking Group-Meet at the front doors</b></div> <div>6</div>	<div>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR]</div> <div>10:30 ● Men's Group Golfing Outing with Walter -Sign up at the front desk [FD]</div> <div>11:00 ● What's going on in the world? [CS]</div> <div>11:30 ● BHU-Brain Food Snack Bar [CS]</div> <div>2:00 ● BHU-Stress Quiz [CS]</div> <div>2:30 ● <b>Bingo [CS]</b></div> <div>3:30 ● <b>Introduction to American Sign Language [CS]</b></div> <div>7</div>	<div>10:00 ● <b>Strength Training - Stability Class #2 [CS]</b></div> <div>10:30 ● What's going on in the world? [CS]</div> <div>11:00 ● <b>Book Club-A Dog's Purpose [CS]</b></div> <div>1:00 ● <b>Shopping Trip [FD]</b></div> <div>3:00 ● Left Right Center-Try this fun innovative Game and win Sheridan Cash [CS]</div> <div>4:00 ● <b>Sheridan Wii Bowling League [CS]</b></div> <div>6:30 ● Bingo [CS]</div> <div>8</div>	<div>9:30 ● <b>LDS Temple Trip-full session [FD]</b></div> <div>10:30 ● Tai Chi [CS]</div> <div>11:00 ● What's going on in the world? [CS]</div> <div>1:00 ● Thursday Afternoon Movie [MT]</div> <div>2:00 ● Gardening Club [CS]</div> <div>3:00 ● BD Howes Performance [GR]</div> <div>3:00 ● Chess Club [DR]</div> <div>6:00 ● <b>Movie Night [MT]</b></div> <div>9</div>	<div>9:30 ● Senior Water Exercise Class-Herriman Recreation Center</div> <div>10:00 ● What's Going on in the world? [CS]</div> <div>10:30 ● Chicken Soup for the Soul [CS]</div> <div>11:00 ● <b>Feel Good Chair Yoga!! [CS]</b></div> <div>1:00 ● Rummikub [CS]</div> <div>2:00 ● BHU Class-Walk this Way 1 [CS]</div> <div>3:00 ● Cinco de Mayo Party [GR]</div> <div>4:00 ● Family History-Get Help Getting your pictures on Family Search</div> <div>4:00 ● Quilting-All Quilts are donated to the LDS Humanitarian Center [CS]</div> <div>10</div>	<div>10-6 ● 10-6 Special Speakers on Motherhood and the Sunroom [S]</div> <div>10:00 ● <b>Fall Prevention Class-Stability Class #1 [CS]</b></div> <div>10:30 ● <b>BHU-Sleep Health Basics and Tips [CS]</b></div> <div>11:00 ● <b>What is going on in the World? [CS]</b></div> <div>1:00 ● <b>Saturday Afternoon Movie [MT]</b></div> <div>3:00 ● Black Jack [CS]</div> <div>4:00 ● Beautiful Nails [CS]</div> <div>11</div>
<div>10:00 ● <b>LDS Services [GR]</b></div> <div>11-2 ● 11-2 Mother's Day Brunch -Families invited \$12 a person</div> <div>1:00 ● Sunday Afternoon at the Movies [MT]</div> <div>2:00 ● Billards Bowling</div> <div>3:00 ● Bible Study with Pastor Dan and Michelle [S]</div> <div>3:00 ● <b>Bingo!! [CS]</b></div> <div>4:00 ● Sheridan Wii Bowling League [CS]</div> <div>12</div>	<div>AM ● <b>Catholic Communion</b> <i>Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S]</i></div> <div>10:00 ● <b>Chair Zumba Exercise [CS]</b></div> <div>10:35 ● What's Going on in the world? [CS]</div> <div>11:00 ● BHU Class-Edgar's Garage Recall Exercise [CS]</div> <div>11:30 ● Mandala Art [CS]</div> <div>1:00 ● Quilting-all quilts are donated to the LDS Humanitarian Center [CS]</div> <div>2:30 ● Bunco!!! [GR]</div> <div>2:30 ● Crazy Sock Day Drawing</div> <div>4:00 ● <b>Enjoy the weather Walking Group-Meet at the front doors</b></div> <div>13</div>	<div>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR]</div> <div>10:30 ● LDS Devotional [S]</div> <div>11:15 ● Out to Lunch Outing-Geckos in South Jordan \$15- [FD]</div> <div>2:00 ● Pet Visits [CS]</div> <div>2:30 ● <b>Bingo [CS]</b></div> <div>3:30 ● <b>Introduction to American Sign Language [CS]</b></div> <div>14</div>	<div>10:00 ● <b>Strength Training - Stability Class #2 [CS]</b></div> <div>10:30 ● What's going on in the world? [CS]</div> <div>11:00 ● <b>Book Club-A Dog's Purpose [CS]</b></div> <div>1:00 ● <b>Shopping Trip [FD]</b></div> <div>1:00 ● Wednesday Movie [MT]</div> <div>2:30 ● Mismatched Clothes Day Drawing</div> <div>3:00 ● Left Right Center-Try this fun innovative Game and win Sheridan Cash [CS]</div> <div>4:00 ● <b>Sheridan Wii Bowling League [CS]</b></div> <div>6:30 ● Bingo [CS]</div> <div>15</div>	<div>9:30 ● <b>LDS Temple Trip-Sealings [FD]</b></div> <div>10:00 ● Tai Chi [CS]</div> <div>10:30 ● BHU Class-Island Adventure [CS]</div> <div>11:00 ● What's going on in the world? [CS]</div> <div>1:00 ● Thursday Afternoon Movie [MT]</div> <div>2:30 ● Fancy Clothes or Tie Day drawing</div> <div>3:00 ● Arts and Crafts-May Flower Sun Hats [CS]</div> <div>3:00 ● Chess Club [DR]</div> <div>6:00 ● <b>Movie Night [MT]</b></div> <div>16</div>	<div>9:30 ● Senior Water Exercise Class-Herriman Recreation Center</div> <div>10:00 ● What's Going on in the world? [CS]</div> <div>10:30 ● Chicken Soup for the Soul [CS]</div> <div>11:00 ● <b>Feel Good Chair Yoga!! [CS]</b></div> <div>1:00 ● Rummikub [CS]</div> <div>2:00 ● BHU Class-Half and Half [CS]</div> <div>2:30 ● Hat Day Drawing</div> <div>2:30 ● Ice Cream Social [GR]</div> <div>3:00 ● Music with Jennifer!! [GR]</div> <div>4:00 ● Family History-Get Help Getting your pictures on Family Search</div> <div>4:00 ● Quilting-All Quilts are donated to the LDS Humanitarian Center [CS]</div> <div>17</div>	<div>10:00 ● <b>Fall Prevention Class-Stability Class #1 [CS]</b></div> <div>11-3 ● Armed Forces Day Veteran's Car Show</div> <div>11:00 ● Miss Utah to perform the National Anthem and Kick off Car Show with this tribute to our Veterans</div> <div>2:00 ● <b>Awards Ceremony for the Car Show-There will be one overall winner and veteran's award winners from each Vet at the Sheridan</b></div> <div>3:00 ● Black Jack [CS]</div> <div>4:00 ● Beautiful Nails [CS]</div> <div>18</div>
<div>10:00 ● <b>LDS Services [GR]</b></div> <div>1:00 ● Sunday Afternoon at the Movies [MT]</div> <div>2:00 ● Billards Bowling</div> <div>3:00 ● Bible Study with Pastor Dan and Michelle [S]</div> <div>3:00 ● <b>Bingo!! [CS]</b></div> <div>4:00 ● Sheridan Wii Bowling League [CS]</div> <div>19</div>	<div>AM ● <b>Catholic Communion</b> <i>Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S]</i></div> <div>10:00 ● <b>Chair Zumba Exercise [CS]</b></div> <div>10:35 ● What's Going on in the world? [CS]</div> <div>11:00 ● Creative Writing [CS]</div> <div>11:30 ● Pet Visits [CS]</div> <div>12:30 ● Mandala Art [CS]</div> <div>1:00 ● Quilting-all quilts are donated to the LDS Humanitarian Center [CS]</div> <div>1:30 ● Resident Council Meeting [B]</div> <div>2:30 ● Bingo!! [GR]</div> <div>4:00 ● <b>Enjoy the weather Walking Group-Meet at the front doors</b></div> <div>20</div>	<div>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR]</div> <div>10:30 ● What's going on in the world? [CS]</div> <div>1:00 ● Tuesday Movie [MT]</div> <div>1:30 ● Living Planet Aquarium Outing \$16.95 [FD]</div> <div>3:30 ● <b>Introduction to American Sign Language [CS]</b></div> <div>21</div>	<div>10:00 ● <b>Strength Training - Stability Class #2 [CS]</b></div> <div>10:30 ● What's going on in the world? [CS]</div> <div>11:00 ● <b>Book Club-A Dog's Purpose [CS]</b></div> <div>1:00 ● <b>Shopping Trip [FD]</b></div> <div>3:00 ● Left Right Center-Try this fun innovative Game and win Sheridan Cash [CS]</div> <div>4:00 ● <b>Sheridan Wii Bowling League [CS]</b></div> <div>6:30 ● Bingo [CS]</div> <div>22</div>	<div>10:00 ● <b>Drums Alive Exercise Class at West Jordan Senior Center [FD]</b></div> <div>11:00 ● What's going on in the world? [CS]</div> <div>1:00 ● Thursday Afternoon Movie [MT]</div> <div>2:00 ● Hope Squad [CS]</div> <div>3:00 ● Chess Club [DR]</div> <div>3:00 ● The New Fiddler's Perform [GR]</div> <div>6:00 ● <b>Movie Night [MT]</b></div> <div>23</div>	<div>9:30 ● Senior Water Exercise Class-Herriman Recreation Center</div> <div>10:00 ● What's Going on in the world? [CS]</div> <div>10:30 ● Chicken Soup for the Soul [CS]</div> <div>11:00 ● <b>Feel Good Chair Yoga!! [CS]</b></div> <div>1:00 ● Rummikub [CS]</div> <div>2:00 ● BHU Class-Fragment Fill-in [CS]</div> <div>2:30 ● Ice Cream Social [GR]</div> <div>3:00 ● The Mixed Nuts [GR]</div> <div>4:00 ● Family History-Get Help Getting your pictures on Family Search</div> <div>4:00 ● Quilting-All Quilts are donated to the LDS Humanitarian Center [CS]</div> <div>24</div>	<div>10:00 ● <b>Fall Prevention Class-Stability Class #1 [CS]</b></div> <div>10:30 ● <b>BHU Class-Stick Links [CS]</b></div> <div>11:00 ● <b>What is going on in the World? [CS]</b></div> <div>1:00 ● <b>Saturday Afternoon Movie [MT]</b></div> <div>3:00 ● Black Jack [CS]</div> <div>4:00 ● Beautiful Nails [CS]</div> <div>25</div>
<div>10:00 ● <b>LDS Services [GR]</b></div> <div>1:00 ● Sunday Afternoon at the Movies [MT]</div> <div>2:00 ● Billards Bowling</div> <div>3:00 ● Bible Study with Pastor Dan and Michelle [S]</div> <div>3:00 ● <b>Bingo!! [CS]</b></div> <div>4:00 ● Sheridan Wii Bowling League [CS]</div> <div>26</div>	<div>AM ● <b>Catholic Communion</b> <i>Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S]</i></div> <div>10:00 ● Memorial Day Bingo!! [CS]</div> <div>12:30 ● Mandala Art [CS]</div> <div>1:00 ● Enjoy the weather Walking Group-Meet at the front doors [FD]</div> <div>1:00 ● Quilting-all quilts are donated to the LDS Humanitarian Center [CS]</div> <div>2:30 ● Bunco!!! [GR]</div> <div>27</div>	<div>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR]</div> <div>10:30 ● LDS Devotional [S]</div> <div>1:00 ● Tuesday Movie [MT]</div> <div>2:30 ● <b>Visit to the Christmas Box House to deliver stuffed animals collected for the children [FD]</b></div> <div>3:30 ● <b>Introduction to American Sign Language [CS]</b></div> <div>28</div>	<div>10:00 ● <b>Strength Training - Stability Class #2 [CS]</b></div> <div>10:30 ● What's going on in the world? [CS]</div> <div>11:00 ● <b>Book Club-A Dog's Purpose [CS]</b></div> <div>1:00 ● <b>Shopping Trip [FD]</b></div> <div>1:00 ● Wednesday Movie [MT]</div> <div>3:00 ● The Sheridan Auction [CS]</div> <div>4:00 ● <b>Sheridan Wii Bowling League [CS]</b></div> <div>6:30 ● Bingo [CS]</div> <div>29</div>	<div>10:00 ● <b>Drums Alive Exercise Class at West Jordan Senior Center [FD]</b></div> <div>11:00 ● What's going on in the world? [CS]</div> <div>1:00 ● Thursday Afternoon Movie [MT]</div> <div>3:00 ● Arts and Crafts [CS]</div> <div>3:00 ● Chess Club [DR]</div> <div>6:00 ● <b>Movie Night [MT]</b></div> <div>30</div>	<div>9:30 ● Senior Water Exercise Class-Herriman Recreation Center</div> <div>10:00 ● What's Going on in the world? [CS]</div> <div>10:30 ● Chicken Soup for the Soul [CS]</div> <div>11:00 ● <b>Feel Good Chair Yoga!! [CS]</b></div> <div>1:00 ● Rummikub [CS]</div> <div>2:30 ● Ice Cream Social [GR]</div> <div>3:00 ● BHU Graduation [GR]</div> <div>4:00 ● Family History-Get Help Getting your pictures on Family Search</div> <div>4:00 ● Quilting-All Quilts are donated to the LDS Humanitarian Center [CS]</div> <div>31</div>	<div><b>Location Keys</b></div> <div>Bistro B</div> <div>Creative Studio CS</div> <div>Dinning Room DR</div> <div>Great Room GR</div> <div>Movie Theater MT</div> <div>Sunroom S</div> <div>front doors FD</div>