calendar & activities Bloom Where You are Planted MAY 2019 SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY 10:00 • Strength Training -9:30 • LDS Temple Trip-full 9:30 • Senior Water Exercise 10-6 • 10-6 Special Speakers on CONNECT Stability Class #2 [CS] Class-Herriman Motherhood and What's going on in the 10:30 • Tai Chi [CS] Recreation Center Womanhood in the 10:30 world? [CS] 10:00 What's Going on in the Sunroom [S] 11:00 What's going on in the CONTRIBUTE 10:00 Fall Prevention Class-Stability Class 11:00 🤷 Book Club-A Dog's Purpose [CS] world? [CS] world? [CS] 1:00 • Thursday Afternoon Movie [MT] 10:30 • Chicken Soup for the Soul [CS] #1 [CS] 1:00 • Shopping Trip [FD] 10:30 • BHU-Sleep Health Basics and Tips 3:00 • Left Right Center-Try this fun 2:00 • Gardening Club [CS] 11:00 • Feel Good Chair Yoga!! [CS] MEMORY CARE innovative Game and win Sheridan 3:00 • BD Howes Performance [GR] 1:00 • Rummikub [CS] 1:00 • What is going on in the World? ICSI Cash [CS] 2:00 BHU Class-Walk this Wav1 [CS] 3:00 Chess Club [DR] mbrace 4:00 • Sheridan Wii Bowling League [CS] 1:00 • Saturday Afternoon Movie [MT] 3:00 • Cinco de Mayo Party [GR] 6:00 • Movie Night [MT] 3:00 Black lack [CS] 6:30 • Bingo [CS] 4:00 • Family History-Get Help Getting your BY SENIOR LIFESTYLE 4:00 Beautiful Nails ICSI pictures on Family Search MOVE Quilting-All Quilts are donated to the LDS Humanitarian Center [CS] RFFI FCT 0:00 • LDS Services [GR] 9:30 • Drums Alive Exercise What's Going on in the 0:00 • Fall Prevention Class-AM • Catholic Communion 9:30 Minding Movement 0:00 Strength Training -10:00 Stability Class #2 [CS] 1:00 • Sunday Afternoon at the Visits are on a 1-1 basis Creative Dance and Class at West Jordan world? [CS] Stability Class #1 [CS] Movies [MT] Monday mornings. Sign Exercise- Come Try this 10:30 What's going on in the Senior Center [FD] 10:30 BHU-Relaxation 0:30 BHU Class-Aussie Slang 2:00 Billards Bowling up with the programming Fun Exercise Class with world? [CS] 11:00 🔴 What's going on in the Techniques [CS] staff IS dancers from the Ririe Woodbury 11:00 Book Club-A Dog's Purpose [CS] world? [CS] 11:00 • Feel Good Chair Yoga!! [CS] 11:00 • What is going on in the World? [CS] 3:00 Bible Study with Pastor Dan and Dance Company [GR] 10:00 • Chair Zumba Exercise [CS] 1:00 • Thursday Afternoon Movie [MT] 1:00 • Shopping Trip [FD] 1:00 • Rummikub [CS] 1:00 • Saturday Afternoon Movie [MT] 10:35 • What's Going on in the world? [CS] Men's Group Golfing Outing with 2:00 • Gardening Club [CS] 3:00 • Bingo!! [CS] 3:00 • Left Right Center-Try this fun 2:00 BHU Class-Guided Relaxation [CS] 3:00 Black Jack [CS] 11:00 BHU-Walk this Way 2 [CS] Walter -Sign up at the front desk [FD] innovative Game and win Sheridan 3:00 Arts and Crafts-Bird Houses [CS] 2:30 • Ice Cream Social [GR] 4:00 Beautiful Nails [CS] 4:00 • Sheridan Wii Bowling League [CS] 11:00 • What's going on in the world? [CS] 11:30 Pet Visits [CS] Cash [CS] 3:00 • Chess Club [DR] 3:00 One Wagon Three Wheels 11:30 • BHU-Brain Food Snack Bar [CS] 12:30 Mandala Art [CS] 4:00 • Sheridan Wii Bowling League [CS] 6:00 • Movie Night [MT] Performance [GR] 2:00 BHU-Stress Quiz [CS] 1:00 • Quilting-all quilts are donated to the 6:30 Bingo [CS] Family History-Get Help Getting your 2:30 • Bingo [CS] LDS Humanitarian Center [CS] pictures on Family Search 3:30 Introduction to American Sign 2:30 • Bunco!!! [GR] 4:00 • Quilting-All Quilts are donated to the Language [CS] 4:00 • Enjoy the weather Walking Group-LDS Humanitarian Center [CS] Meet at the front doors Senior Lifestyle Spirit Week-M-F AM • Catholic Communion 9:30 Minding Movement 10:00 • Strength Training 9:30 • LDS Temple Trip-Sealings 9:30 • Senior Water Exercise 10:00 • Fall Prevention Class-Stability Class #2 ICS There will be a special theme each Visits are on a 1-1 basis Creative Dance and Class-Herriman Stability Class #1 [CS] day for Spirit week if you dress up Monday mornings, Sign Exercise- Come Try this 10:30 What's going on in the 10:00 • Tai Chi [CS] Recreation Center 11-3 • Armed Forces Day Fun Exercise Class with for the theme go to the front desk 10:00 • What's Going on in the up with the programming Veteran's Car Show world? [CS] 10:30 BHU Class-Island get a ticket to be entered into the daily drawing dancers from the Ririe Woodbury world? [CS] 11:00 • Book Club-A Dog's Purpose [CS] 11:00 Miss Utah to perform the National Adventure [CS] There will be one drawing for the staff and and 10:00 • Chair Zumba Exercise [CS] Dance Company [GR] Chicken Soup for the Soul [CS] Anthem and Kick off Car Show with 1:00 • Shopping Trip [FD] 11:00 • What's going on in the world? [CS] one for the residents--drawings will take place 0:35 • What's Going on in the world? [CS] 10:30 • LDS Devotional [S] 11:00 • Feel Good Chair Yoga!! [CS] this tribute to our Veterans 1:00 • Wednesday Movie [MT] 1:00 • Thursday Afternoon Movie [MT] each day at at 2:30 11:15 • Out to Lunch Outing-Geckos in South 11:00 • BHU Class-Edgar's Garage Recall 2:00 • Awards Ceremony for the Car Show-2:30 Mismatched Clothes Day Drawing 2:30 • Fancy Clothes or Tie Day drawing 1:00 • Rummikub [CS] 10:00 • LDS Services [GR] Exercise [CS] Jordan \$15- [FD] There will be one overall winner and 3:00 • Left Right Center-Try this fun 3:00 • Arts and Crafts-May Flower Sun Hats 2:00 BHU Class-Half and Half [CS] 11-2 • 11-2 Mother's Day Brunch -- Families 11:30 Pet Visits [CS] 2:00 BHIT Class-Stress Ouiz [CS] veteran's award winners from each Ve innovative Game and win Sheridan 2:30 • Hat Day Drawing invited \$12 a person 2:30 • Bingo [CS] at the Sheridan 12:30 Mandala Art [CS] Cash [CS] 3:00 • Chess Club [DR] 2:30 • Ice Cream Social [GR] 1:00 • Sunday Afternoon at the Movies [MT] 3:00 Black Jack [CS] 2:30 • Blue Silver Day- Drawing 1:00 • Quilting-all guilts are donated to the 4:00 • Sheridan Wii Bowling League [CS] 6:00 Movie Night [MT] 3:00 • Music with Jennifer!! [GR] 2:00 Billards Bowling LDS Humanitarian Center [CS] 3:30 Introduction to American Sign 4:00 Beautiful Nails [CS] 6:30 Bingo [CS] 4:00 • Family History-Get Help Getting your 3:00 Bible Study with Pastor Dan and 2:30 • Bunco!!! [GR] Language [CS] pictures on Family Search Michelle [S] 2:30 • Crazy Sock Day Drawing 4:00 • Quilting-All Quilts are donated to the 3:00 • Bingo!! [CS] 4:00 • Enjoy the weather Walking Group-LDS Humanitarian Center [CS] 4:00 • Sheridan Wii Bowling League [CS] Meet at the front doors 10:00 • LDS Services [GR] AM • Catholic Communion 9:30 Minding Movement 10:00 • Strength Training 10:00 Drums Alive Exercise 9:30 Senior Water Exercise 10:00 • Fall Prevention Class-Stability Class #2 ICSI 1:00 • Sunday Afternoon at the Visits are on a 1-1 basis Creative Dance and Class at West Jordan Class-Herriman Stability Class #1 [CS] Exercise- Come Try this Senior Center [FD] Recreation Center Monday mornings. Sign 10:30 • What's going on in the 10:30 BHII Class-Stick Links Movies [MT] up with the programming Fun Exercise Class with What's Going on in the What's going on in the 2:00 Billards Bowling world? [CS] 11:00 dancers from the Ririe Woodbury staff [S] world? [CS] world? [CS] 3:00 Bible Study with Pastor Dan and 11:00 • Book Club-A Dog's Purpose [CS] 1:00 • What is going on in the World? [CS] 10:00 • Chair Zumba Exercise [CS] Dance Company [GR] 1:00 • Thursday Afternoon Movie [MT] 10:30 • Chicken Soup for the Soul [CS] 1:00 • Saturday Afternoon Movie [MT] 1:00 Shopping Trip [FD] Michelle (S) 10:30 • What's going on in the world? [CS] 10:35 • What's Going on in the world? [CS] 2:00 • Hope Squad [CS] 11:00 • Feel Good Chair Yoga!! [CS] 3:00 • Left Right Center-Try this fun 3:00 Black Jack [CS] 3:00 • Bingo!! [CS] 11:00 • Creative Writing [CS] 1:00 • Tuesday Movie [MT] 3:00 • Chess Club [DR] 1:00 • Rummikub [CS] 4:00 • Sheridan Wii Bowling League [CS] innovative Game and win Sheridan 4:00 Beautiful Nails [CS] 1:30 • Living Planet Aquarium Outing \$16.95 2:00 BHU Class-Fragment Fill-in [CS] 11:30 • Pet Visits [CS] Cash [CS] 3:00 • The New Fiddler's Perform [GR] 12:30 Mandala Art [CS] 4:00 • Sheridan Wii Bowling League [CS] 6:00 • Movie Night [MT] 2:30 . Ice Cream Social [GR] 1:00 • Quilting-all guilts are donated to the 3:30 Introduction to American Sign 6:30 . Bingo [CS] 3:00 • The Mixed Nuts [GR] LDS Humanitarian Center [CS] Language [CS] 4:00 • Family History-Get Help Getting your 1:30 Resident Council Meeting [B] pictures on Family Search 2:30 • Bingo!! [GR] 4:00 • Quilting-All Quilts are donated to the 4:00 • Enjoy the weather Walking Group-LDS Humanitarian Center [CS] Meet at the front doors 10:00 • LDS Services [GR] AM • Catholic Communion 9:30 Minding Movement 0:00 Strength Training 10:00 Drums Alive Exercise 9:30 Senior Water Exercise Stability Class #2 [CS] Visits are on a 1-1 basis Creative Dance and Class at West Jordan Class-Herriman **Location Keys** 1:00 • Sunday Afternoon at the Exercise- Come Try this Movies [MT] Monday mornings. Sign What's going on in the Senior Center [FD] Recreation Center 0:30 Fun Exercise Class with 2:00 Billards Bowling up with the programming world? [CS] What's going on in the What's Going on in the В Bistro staff [S] dancers from the Ririe Woodhury world? [CS] world? [CS] 1:00 • Book Club-A Dog's Purpose [CS] 3:00 Bible Study with Pastor Dan and Dance Company [GR] 10:00 • Memorial Day Bingo!! [CS] 1:00 • Thursday Afternoon Movie [MT] 10:30 • Chicken Soup for the Soul [CS] 1:00 Shopping Trip [FD] CS Michelle [S] Creative Studio 10:30 LDS Devotional [S] 12:30 Mandala Art [CS] 3:00 • Arts and Crafts [CS] 11:00 • Feel Good Chair Yoga!! [CS] 3:00 • Bingo!! [CS] 1:00 Wednesday Movie [MT] 1:00 Tuesday Movie [MT] 1:00 • Enjoy the weather Walking Group-Mee 3:00 • Chess Club [DR] 1:00 • Rummikub [CS] **Dinning Room** DR 4:00 • Sheridan Wii Bowling League [CS] 3:00 • The Sheridan Auction [CS] 2:30 Visit to the Christmas Box House to at the front doors [FD] 6:00 Movie Night [MT] 2:30 • Ice Cream Social [GR] 4:00 • Sheridan Wii Bowling League [CS] · Quilting-all quilts are donated to the deliver stuffed animals collected for Great Room GR 6:30 • Bingo [CS] 3:00 • BHU Graduation [GR] the children [FD] LDS Humanitarian Center [CS] 4:00 • Family History-Get Help Getting your 3:30 • Introduction to American Sign 2:30 A Runcolli [GR] pictures on Family Search Movie Theater MT Language [CS] 4:00 • Quilting-All Quilts are donated to the S LDS Humanitarian Center [CS] Sunroom FD

front doors