

AL Monthly						<i>"</i>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Increase your fitness with our Fall Prevention Classes - Today's class is Flow with Flexibility [CS] 10:30 American Sign Language Class [CS] 11:00 Bocci Ball in the second floor hallway 1:30 Monday Movie Madness [MT] 1:35 Walk and Roll Group-Come Join us for our new walking group weather permitting we will Walk Outside-meet in the Front Lobby to start 2:00 Will Bowling [CS] 3:00 Sing a long with Stephanie 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Drums Alive Class!! [CS] 10:30 Community Crosswords! [CS] 11:00 Laughter is the Best Medicine 1:30 Shopping at Walmart Tuesday instead of Wednesday this week 1:30 Tuesday Afternoon Movie-[MT] 2:30 Bingo!! [CS] 3:30 Family Feud! [CS] 4:00 Wii Bowling!!! 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Fall Prevention - Chair Dance with Gloria [CS] 10:00 Get Healthy with Maddie from Legacy Rehab [CS] 10:30 Start your day with some guided relaxation [CS] 10:30 Weekly Sllent Auction 10:30-4 in the front foyer 10:45 Come join us for our brain health program - Fit Minds [CS] 11:30 Leaving at 11:30 for Elvis Movie at Noon at the Theaters sign up at the front desk 1:30 Wednesday Afternoon at the Movies- [MT] 4:00 Winners of the Silent Auction are announced in the front foyer 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 LDS Church- Come Follow me Lesson in the Sunroom	9:30 LDS Temple Trip to do Sealings 10:00 Fall Prevention-Come try our fun new chair dance exercise class! [CS] 10:30 Who am I Trivia? [CS] 11:00 Win Anthology Cash and learn how to play Bocci Ball - the second floor hallway 1:30 Thursday Afternoon at the movies [MT] 3:00 Cy Schmidt Band [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Thursday Night Movie [MT]	10:30 Anthology Book Club - "The Little Old Lady	Look for our Weekly Scavenger Hunt in the Anthology Connection - Complete and turn in to Recreation for 100- in Anthology Cash 10:00 Fall Prevention Class-Stability Class #1 [CS] 10:30 Community Crosswords! [CS] 11:00 Name that Tune!! [CS] 1:30 Saturday Afternoon at the Movies [MT] 2:30 Bingo!! [CS] 3:30 Wii Bowling-Come Play and Win Anthology Cash!! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Rummikub in the Creative Studio after dinner
10:00 Non-Denominational Service - Shadow Mountain Church with Pastor David Jeremiah Live Stream [CS] 10:30 LDS Church Sacrament Meeting [S] 1:30 Sunday Afternoon Movie [MT] 2:00 Fall Prevention - Tai Chi Balance [CS] 2:00 Word Search Fun INZL [CS] 3:00 Bingot! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Increase your fitness with our Fall Prevention Classes - Today's class is Flow with Flexibility [CS] 10:30 American Sign Language Class [CS] 11:00 Bocci Ball in the second floor hallway 1:30 Monday Movie Madness [MT] 1:35 Walk and Roll Group-Come Join us for our new walking group weather permitting we will Walk Outside-meet in the Front Lobby to start 2:00 Will Bowling [CS] 3:00 Sing a long with Stephanie 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Outing to the Thanksgiving Point Farm [CS] 1:30 Shopping at Walmart-It is a different Day this week due to the Dog Show Tomorrow 1:30 Tuesday Afternoon Movie-[MT] 2:30 Bingo!! [CS] 3:30 Family Feud! [CS] 4:00 Wii Bowling!! 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Come Follow Me Lesson with the LDS Church	10:00 Fall Prevention - Chair Dance with Gloria [CS] 10:00 Get Healthy with Maddie from Legacy Rehab [CS] 10:30 Start your day with some guided relaxation [CS] 10:30 Weekly Silent Auction 10:30-4 in the front foyer 10:45 Come join us for our brain health program - Fit Minds [CS] 1:30 Wednesday Afternoon at the Movies- [MT] 3:00 Annual Anthology Dog Show-Please invite Family and Friends to bring their dogs to compete for Best in Show, Best Personality, Best Tricks, Best Coat, and Best Costume [CS] 4:30 Winners of the Silent Auction are announced in the front foyer 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Fall Prevention-Come try our fun new chair dance exercise class! [CS] 10:30 Who am I Trivia? [CS] 11:00 Win Anthology Cash and learn how to play Bocci Ball - the second floor hallway 1:30 Thursday Afternoon at the movies [MT] 3:00 Arts and Crafts [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Thursday Night Movie [MT]	9:30 Swim and Water Walking at the Herriman Swim Pool-Come join our swim group it is great exercise! 10:00 Fall Prevention Class-Balance Boogie [CS] 10:30 Anthology Book Club - "The Little Old Lady Who Broke All the Rules " [CS] 11:00 Come join us for our Brain Health Program - Fit Minds [CS] 10:00 Rummikub 1:30 Friday Afternoon at the Movies- [MT] 1:35 Walk and Roll-Come Join us for our New Walking Group, Weather Permitting we will walk outside meet in the front lobby! 2:30 Ice Cream Social [CS] 3:00 Bingo with Carol and Friends!! 3:00 One Wagon Three Wheels Entertainment 5:00 Music with our Wonderful Carolyn the Plano Lady	Look for our Weekly Scavenger Hunt in the Anthology Connection - Complete and turn in to Recreation for 100- in Anthology Cash 10:00 Fall Prevention Class-Stability Class #1 [CS] 10:30 Community Crosswords! [CS] 11:00 Name that Tune!! [CS] 11:30 Saturday Afternoon at the Movies [MT] 12:30 Bingoil [CS] 13:30 Wii Bowling-Come Play and Win Anthology Cash!! [CS] 15:00 Music with our Wonderful Carolyn the Piano Lady 16:00 Rummikub in the Creative Studio after dinner
10:00 Non-Denominational Service - Shadow Mountain Church with Pastor David Jeremiah Live Stream [CS] 10:30 LDS Church Sacrament Meeting [S] 1:30 Sunday Afternoon Movie [MT] 2:00 Fall Prevention - Tai Chi Balance [CS] 2:00 Word Search Fun INZL [CS] 3:00 Bingo!! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Increase your fitness with our Fall Prevention Classes - Today's class is Flow with Flexibility [CS] 10:30 American Sign Language Class [CS] 11:00 Bocci Ball in the second floor hallway 1:30 Monday Movie Madness [MT] 1:35 Walk and Roll Group-Come Join us for our new walking group weather permitting we will Walk Outside-meet in the Front Lobby to start 2:30 Relief Society Summer Craft Activity and Lesson [CS] 3:00 Sing a long with Stephanie 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Drums Alive!! [CS] 10:30 Wheeler Farm Picnic Outing 1:30 Bingo!! [CS] 2:30 Tuesday Afternoon Movie- [MT] 3:30 Family Feud! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Fall Prevention - Chair Dance with Gloria [CS] 10:00 Get Healthy with Maddie from Legacy Rehab [CS] 10:30 Start your day with some guided relaxation [CS] 10:30 Weekly Silent Auction 10:30-4 in the front foyer 10:45 Come join us for our brain health program - Fit Minds [CS] 1:30 Walmart Shopping Trip - Sign up at the front desk in the green floral outing notebook 1:30 Wednesday Afternoon at the Movies- [MT] 1:35 Walk and Roll Group-Come join us for our new Walking group Weather Permitting we will walk outside Meet in the front Lobby:) 2:00 Left Right Center - come join us for a fun time! [CS] 4:00 Winners of the Silent Auction are announced in the front foyer 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 LDS Church- Come Follow me Lesson in the Sunroom	10:00 Fall Prevention-Come try our fun new chair dance exercise class! [CS] 10:30 Who am I Trivia? [CS] 11:00 Win Anthology Cash and learn how to play Bocci Ball: the second floor hallway 1:30 Thousday Afternoon at the movies [MT] 3:00 Travel to Canada's Yukon Territory and make Bannock Bread [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Thursday Night Movie [MT]	10:00 Fall Prevention Class-Balance Boogie [CS] 10:30 Anthology Book Club - "The Little Old Lady Who Broke All the Rules" [CS] 11:00 Come join us for our Brain Health Program - Fit Minds [CS] 10:00 Rummikub 1:30 Friday Afternoon at the Movies- [MT] 1:35 Walk and Roll-Come Join us for our New Walking Group, Weather Permitting we will walk outside meet in the front lobby! 2:30 Ice Cream Social [CS] 3:00 Bingo with Carol and Friends!! 3:00 The Mixed Nuts Entertainment 5:00 Music with our Wonderful Carolyn the Piano Lady	Look for our Weekly Scavenger Hunt in the Anthology Connection - Complete and turn in to Recreation for 100- in Anthology Cash 10:00 Fall Prevention Class-Stability Class #1 [CS] 10:30 Community Crosswords! [CS] 11:00 Name that Tune!! [CS] 11:30 Saturday Afternoon at the Movies [MT] 2:30 Bingo!! [CS] 3:30 Wii Bowling-Come Play and Win Anthology Cash!! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Rummikub in the Creative Studio after dinner
10:00 Non-Denominational Service - Shadow Mountain Church with Pastor David Jeremiah Live Stream [CS] 10:30 LDS Church Sacrament Meeting [S] 1:30 Sunday Afternoon Movie [MT] 2:00 Fall Prevention - Tai Chi Balance [CS] 2:00 Word Search Fun INZL [CS] 3:00 Bingo!! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Increase your fitness with our Fall Prevention Classes - Today's class is Flow with Flexibility [CS] 10:30 American Sign Language Class [CS] 11:00 Bocci Ball in the second floor hallway 1:30 Monday Movie Madness [MT] 1:35 Walk and Roll Group-Come Join us for our new walking group weather permitting we will Walk Outside-meet in the Front Lobby to start 2:00 Wii Bowling [CS] 3:00 Sing a long with Stephanie 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Drums Alive Class!! [CS] 10:30 International Peace Gardens Picnic [CS] 1:30 Tuesday Afternoon Movie- [MT] 2:30 Bingo!! [CS] 3:30 Family Feud! [CS] 4:00 Wii Bowling!!! 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Advanced Painting Class in the Bistro 10:00 Fall Prevention - Chair Dance with Gloria	10:00 Fall Prevention-Come try our fun new chair dance exercise class! [CS] 10:30 Who am I Trivia? [CS] 11:00 Win Anthology Cash and learn how to play Bocci Ball - the second floor hallway 1:30 Thursday Afternoon at the movies [MT] 3:00 Arts and Crafts [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Thursday Night Movie [MT]	10:00 Fall Prevention Class-Balance Boogie [CS] 10:30 Anthology Book Club - "The Little Old Lady Who Broke All the Rules " [CS] 11:00 Come join us for our Brain Health Program - Fit Minds [CS] 1:00 Rummikub 1:30 Friday Afternoon at the Movies- [MT] 1:35 Walk and Roll-Come Join us for our New Walking Group, Weather Permitting we will walk outside meet in the front lobby! 2:30 Ice Cream Social [CS] 3:00 Large Group Bingo in the Dining room with Carol and Friends!! 5:00 Music with our Wonderful Carolyn the Piano Lady	Look for our Weekly Scavenger Hunt in the Anthology Connection - Complete and turn in to Recreation for 100- in Anthology Cash 10:00 Fall Prevention Class-Stability Class #1 [CS] 10:30 Community Crosswords! [CS] 11:00 Name that Tune!! [CS] 1:30 Sing a long with Jennifer Bradshaw in the Front Lobby [M 2:30 Bingo!! [CS] 3:30 Wii Bowling-Come Play and Win Anthology Cash!! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 Rummikub in the Creative Studio after dinner
10:00 Non-Denominational Service - Shadow Mountain Church with Pastor David Jeremiah Live Stream [CS] 10:30 LDS Church Sacrament Meeting [S] 1:30 Sunday Afternoon Movie [MT] 2:00 Fall Prevention - Tai Chi Balance [CS] 2:00 Word Search Fun INZL [CS] 3:00 Bingo!! [CS] 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Increase your fitness with our Fall Prevention Classes - Today's class is Flow with Flexibility [CS] 10:30 American Sign Language Class [CS] 11:00 Bocci Ball in the second floor hallway 1:30 Resident Council Meeting [MT] 1:35 Walk and Roll Group-Come Join us for our new walking group weather permitting we will Walk Outside-meet in the Front Lobby to start 2:00 Wii Bowling [CS] 3:00 Sing a long with Stephanie 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Drums Alive Class!! [CS] 10:30 Community Crosswords! [CS] 11:00 Out to Lunch with the Red Hat Society 1:30 Tuesday Afternoon Movie- [MT] 2:30 Bingo!! [CS] 3:30 K-9 Dog Demonstration [CS] 4:00 Wii Bowling!! 5:00 Music with our Wonderful Carolyn the Piano Lady	10:00 Fall Prevention - Chair Dance with Gloria [CS] 10:00 Get Healthy with Maddie from Legacy Rehab [CS] 10:30 Start your day with some guided relaxation [CS] 10:30 Weekly Sllent Auction 10:30-4 in the front foyer 10:45 Come join us for our brain health program - Fit Minds [CS] 1:30 Walmart Shopping Trip - Sign up at the front desk in the green floral outing notebook 1:30 Wednesday Afternoon at the Movies- [MT] 1:35 Walk and Roll Group-Come join us for our new Walking group Weather Permitting we will walk outside Meet in the front Lobby:) 2:00 Left Right Center - come join us for a fun time! [CS] 4:00 Winners of the Silent Auction are announced in the front foyer 5:00 Music with our Wonderful Carolyn the Piano Lady 6:00 LDS Church- Come Follow me Lesson in the Sunroom	Resident Birthdays JoAnn S. 8/1 Bonnie B. 8/3 Dale K. 8/5 Monica D. 8/15 Joyce B. 8/25 Nancy H. 8/26 Janet L. 8/30	Location Keys Creative Studio CS Movie Theater MT Sunroom S	Safety first at all our events: Temperature screening & safety protocols will be in place. Masks are required.