

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Our calendars are subject to change for any questions See the Recreation Staff and the calendars on the TV's by the elevators</p> <p>10:00 ● LDS Services [GR]</p> <p>1:00 ● Sunday Afternoon at the Movies [MT]</p> <p>2:30 ● Bingo!! [CS]</p> <p>3:00 ● Bible Study with Pastor Dan and Michelle [S]</p> <p>3:30 ● Sheridan Wii Bowling League [CS]</p>	<p>9:30 ● Water Exercise at the Herriman Recreation Center [FD]</p> <p>AM ● Catholic Communion Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S]</p> <p>10:00 ● Get energized with our wonderful Chair Zumba class!! [CS]</p> <p>10:30 ● Fall Prevention Class-Flow with Flexibility [CS]</p> <p>11:00 ● "My Favorite Way to Celebrate..." [CS]</p> <p>11:30 ● Pet Visits [CS]</p> <p>1:00 ● Christmas Tree Decorating-Come help decorate the Christmas Tree in the Bistro [B]</p> <p>1:30 ● Dining Committee Meeting-All Residents are invited to come and be a part of this meeting to give input into your dining experience! [S]</p> <p>2:30 ● Christmas Tree Decorating-Come help decorate the Christmas Tree in the Front foyer area [GR]</p>	<p>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR]</p> <p>10:30 ● Name that Tune [GR]</p> <p>1:30 ● Tuesday Movie [MT]</p> <p>2:00 ● Come Complete the Word Search of the Week for \$50 in Sheridan Cash! [CS]</p> <p>2:30 ● Bingo [CS]</p> <p>3:30 ● Introduction to American Sign Language [CS]</p> <p>6:30 ● Remix Christmas Performance [GR]</p>	<p>10:00 ● Fall Prevention-Strongth Training -Stability Class #2 [CS]</p> <p>10:30 ● What's going on in the world? [CS]</p> <p>11:00 ● Book Club-New Book Before they were yours! [CS]</p> <p>1:00 ● Shopping Trip [FD]</p> <p>1:00 ● Wednesday Afternoon at the movies [MT]</p> <p>3:00 ● Left Right Center-Try this fun innovative Game and win Sheridan Cash [CS]</p> <p>4:00 ● Sheridan Wii Bowling League [CS]</p> <p>6:30 ● Wednesday Night Bingo! [CS]</p>	<p>9:00 ● LDS Temple Trip-full session [FD]</p> <p>10:00 ● Fall Prevention Class-Tai Chi [CS]</p> <p>10:30 ● What's going on in the world? [CS]</p> <p>11:00 ● Who am I Trivia? [CS]</p> <p>1:00 ● Thursday Afternoon Movie [MT]</p> <p>1:30 ● Festival of Trees Outing \$6- [CS]</p> <p>3:00 ● Join our Brilliant Men for Chess Club</p> <p>6:00 ● Movie Night [MT]</p>	<p>10:00 ● Fall Prevention Class-Balance Boogie [CS]</p> <p>10:30 ● History 101-Let's reminisce about the Good Old Days!! [CS]</p> <p>11:00 ● Feel Good Chair Yoga!! [CS]</p> <p>1:00 ● Hale Center Theater Outing to See A Christmas Carol \$43- [FD]</p> <p>1:00 ● Rummikub [CS]</p> <p>2:30 ● Ice Cream Social [GR]</p> <p>3:00 ● One Wagon Three Wheels Performance [GR]</p> <p>4:00 ● Family History-Get Help Getting your pictures on Family Search and any family history questions you may have!!</p> <p>4:00 ● Quilting-All Quilts are donated to the LDS Humanitarian Center [CS]</p>	<p>10:00 ● Fall Prevention Class-Stability Class #1 [CS]</p> <p>10:30 ● Joyful Christmas Around the World [CS]</p> <p>11:00 ● What is going on in the World? [CS]</p> <p>1:00 ● Saturday Afternoon Movie [MT]</p> <p>3:00 ● Lucky Black Jack [CS]</p> <p>4:00 ● Come get your Beautiful Nails in the Creative Studio [CS]</p>
<p>Our calendars are subject to change for any questions See the Recreation Staff and the calendars on the TV's by the elevators</p> <p>10:00 ● LDS Services [GR]</p> <p>1:00 ● Sunday Afternoon at the Movies [MT]</p> <p>2:30 ● Bingo!! [CS]</p> <p>3:00 ● Bible Study with Pastor Dan and Michelle [S]</p> <p>3:30 ● Sheridan Wii Bowling League [CS]</p>	<p>9:30 ● Water Exercise at the Herriman Recreation Center [FD]</p> <p>AM ● Catholic Communion Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S]</p> <p>10:00 ● Get energized with our wonderful Chair Zumba class!! [CS]</p> <p>10:30 ● Fall Prevention Class-Flow with Flexibility [CS]</p> <p>11:00 ● What's going on in the world? [CS]</p> <p>11:30 ● Pet Visits [CS]</p> <p>1:00 ● Quilting-all quilts are donated to the LDS Humanitarian Center [CS]</p> <p>2:30 ● Bunco!! [GR]</p> <p>3:30 ● Joyful Walking</p>	<p>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR]</p> <p>10:30 ● Come follow me-LDS Church [S]</p> <p>11:15 ● Name that Tune [S]</p> <p>1:00 ● Tuesday Afternoon at the Movies [MT]</p> <p>1:30 ● Outing to Deliver Food to the Food Bank [FD]</p> <p>2:00 ● Come Complete the Word Search of the Week for \$50 in Sheridan Cash! [CS]</p> <p>2:30 ● Bingo [CS]</p> <p>3:30 ● Introduction to American Sign Language [CS]</p>	<p>10:00 ● Fall Prevention-Strongth Training -Stability Class #2 [CS]</p> <p>10:30 ● What's going on in the world? [CS]</p> <p>11:00 ● Book Club-New Book Before they were yours! [CS]</p> <p>1:00 ● Shopping Trip [FD]</p> <p>1:00 ● Wednesday Afternoon at the movies [MT]</p> <p>3:00 ● Sheridan Auction [CS]</p> <p>4:00 ● Sheridan Wii Bowling League [CS]</p> <p>6:30 ● Night Drive to See the Christmas</p>	<p>10:00 ● Fall Prevention Class-Tai Chi [CS]</p> <p>10:30 ● What's going on in the world? [CS]</p> <p>11:00 ● Who am I Trivia? [CS]</p> <p>1:00 ● Thursday Afternoon Movie [MT]</p> <p>2:00 ● Stuffing Stockings for the Aids Foundation [CS]</p> <p>3:00 ● Arts and Crafts-Making Wreaths for the Festival of Wreaths [CS]</p> <p>3:00 ● Join our Brilliant Men for Chess Club</p> <p>6:00 ● Movie Night [MT]</p>	<p>10:30 ● Christmas Boutique 10-3 in the front foyer area [FD]</p> <p>10:00 ● Fall Prevention Class-Balance Boogie [CS]</p> <p>10:30 ● History 101-Let's reminisce about the Good Old Days!! [CS]</p> <p>11:00 ● Feel Good Chair Yoga!! [CS]</p> <p>1:00 ● Rummikub [CS]</p> <p>2:30 ● Ice Cream Social [GR]</p> <p>3:00 ● Timesteppers Dance Troop Christmas Performance [GR]</p> <p>4:00 ● Family History-Get Help Getting your pictures on Family Search and any family history questions you may have!!</p> <p>4:00 ● Quilting-All Quilts are donated to the LDS Humanitarian Center [CS]</p>	<p>10:00 ● Fall Prevention Class-Stability Class #1 [CS]</p> <p>10:30 ● Joyful Christmas Around the World [CS]</p> <p>11:00 ● What is going on in the World? [CS]</p> <p>1:30 ● Beehive Statesman Christmas Performance [GR]</p> <p>3:00 ● Lucky Black Jack [CS]</p> <p>4:30, 6:00, and 7:30 [CS]</p>
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