

calendar & activities

MAR 2020

March Madness

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>Our calendars are subject to change for any questions See the Recreation Staff and the calendars on the TV's by the elevators</p> <p>10:00 ● LDS Services [GR] 1:00 ● Sunday Afternoon at the Movies [MT] 2:30 ● Bingo! [CS] 3:00 ● Bible Study with Pastor Dan and Michelle [S] 3:30 ● Sheridan Wii Bowling League [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady 6:00 ● Sunday Movie-Reply of the 1:00 Movie [MT]</p>	<p>AM ● Catholic Communion Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S] 10:00 ● Get energized with our wonderful Chair Zumba class! [CS] 10:30 ● Fall Prevention Class-Flow with Flexibility [CS] 11:00 ● March Madness Trivia Fun [CS] 11:30 ● Pet Visits [CS] 1:00 ● Quitting-all quilts are donated to the LDS Humanitarian Center [CS] 1:30 ● Hope Squad- Chicken Soup for the Soul Book Club in the Memory Care Library-Join our Hope Squad to bring some love and inspiration to our Memory care friends 2:30 ● Buncolt! [GR] 4:00 ● March Madness Basketball-Join a team of 5 and the team with the most free throws will win 100 dollars in Sheridan Cash 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>	<p>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR] 10:30 ● Name that Tune [GR] 1:00 ● Tuesday Afternoon at the Movies [MT] 1:30 ● Shopping and Lunch at the Fashion Place Mall [FO] 2:00 ● Come Complete the Word Search of the Week for \$50 in Sheridan Cash! [CS] 3:00 ● Bingo [CS] 3:30 ● Introduction to American Sign Language [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>	<p>10:00 ● Fall Prevention-Strength Training - Stability Class #2 [CS] 10:30 ● What's going on in the world? [CS] 11:00 ● Book Club-New Book Before they were yours! [CS] 1:00 ● Shopping Trip [FO] 1:00 ● Wednesday Afternoon at the movies [MT] 3:00 ● Left Right Center-Try this fun innovative Game and win Sheridan Cash [CS] 4:00 ● Sheridan Wii Bowling League [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady 6:30 ● Wednesday Night Bingo! [CS]</p>	<p>9:00 ● LDS Temple Trip-Full Session [FD] 10:00 ● Fall Prevention Class-Tai Chi [CS] 10:30 ● What's going on in the world? [CS] 11:00 ● Who am I Trivia? [CS] 1:00 ● Thursday Afternoon Movie [MT] 2:30 ● Gardening Club [CS] 3:00 ● Arts and Crafts [CS] 3:00 ● Join our Brilliant Men for Chess Club 5:15 ● Music with our Wonderful Carolyn the Piano Lady 6:00 ● Movie Night [MT]</p>	<p>10:00 ● Fall Prevention Class-Balance Boogie [CS] 10:30 ● History 101-Let's reminisce about the Good Old Days! [CS] 11:00 ● Feel Good Chair Yoga! [CS] 1:00 ● Rummikub [CS] 2:30 ● Ice Cream Social [GR] 3:00 ● Have you ever wondered what it would be like to drive in the Indianapolis 500?Come Join us for our March Madness Virtual Reality-Race Car Driving [GR] 4:00 ● Family History-Get Help Getting your pictures on Family Search and any family history questions you may have! 4:00 ● Quitting-All Quilts are donated to the LDS Humanitarian Center [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>	<p>10:00 ● Fall Prevention Class-Stability Class #1 [CS] 10:30 ● Name that Tune! [CS] 11:00 ● What is going on in the World? [CS] 1:00 ● Saturday Afternoon Movie [MT] 3:00 ● Lucky Black Jack [CS] 4:00 ● Come get your Nails beautiful in the Creative Studio [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>
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<p>Our calendars are subject to change for any questions See the Recreation Staff and the calendars on the TV's by the elevators</p> <p>Sheridan Spirit Week: Each day there is a theme-dress up that theme-dress up to the theme-See the recreation staff to be entered into the daily drawings for special prizes 1 for the staff and 1 for the residents</p> <p>10:00 ● LDS Services [GR] 1:00 ● Sunday Afternoon at the Movies [MT] 2:30 ● Bingo! [CS] 3:00 ● Bible Study with Pastor Dan and Michelle [S] 3:30 ● Sheridan Wii Bowling League [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady 6:00 ● Sunday Movie-Reply of the 1:00 Movie [MT]</p>	<p>AM ● Catholic Communion Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S] 10:00 ● Get energized with our wonderful Chair Zumba class! [CS] 10:30 ● Fall Prevention Class-Flow with Flexibility and show off your crazy socks while you exercise! [CS] 11:00 ● Trivia Fun [CS] 11:30 ● Pet Visits [CS] 1:00 ● Quitting-all quilts are donated to the LDS Humanitarian Center [CS] 1:30 ● Hope Squad- Chicken Soup for the Soul Book Club in the Memory Care Library-Join our Hope Squad to bring some love and inspiration to our Memory care friends 2:30 ● Buncolt! [GR] 4:00 ● March Madness Basketball-Join a team of 5 and the team with the most free throws will win 100 dollars in Sheridan Cash 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>	<p>9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR] 10:30 ● LDS Church Come Follow Me Lesson [S] 11:00 ● Out to Lunch Bunch-Vote on where you want to go for March Madness Out to Lunch [FO] 1:00 ● Tuesday Afternoon at the Movies [MT] 2:00 ● Mad for Plaid day! Come and wrote Thank You notes for staff! [CS] 2:30 ● Bingo and Mad for plaid prize drawing! [CS] 3:30 ● Introduction to American Sign Language [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>	<p>10:00 ● Fall Prevention-Strength Training - Stability Class #2 [CS] 10:30 ● What's going on in the world? [CS] 11:00 ● Book Club-New Book Before they were yours! [CS] 1:00 ● Shopping Trip [FO] 1:00 ● Wednesday Afternoon at the movies [MT] 2:30 ● Sports Word Searches for Sports Fan Day! [CS] 3:00 ● The Sheridan Auction-Sports Fan Day Drawing! [CS] 4:00 ● Sheridan Wii Bowling League [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady 6:30 ● Wednesday Night Bingo! [CS]</p>	<p>10:00 ● Fall Prevention Class-Tai Chi [CS] 10:30 ● What's going on in the world? [CS] 11:00 ● Who am I Trivia? [CS] 1:00 ● Thursday Afternoon Movie [MT] 2:30 ● Pajama Day Relaxation at our herbal tea and cookies Social and Prize drawing! [GR] 3:00 ● Join our Brilliant Men for Chess Club 3:00 ● The New Fiddler's Perform [GR] 5:15 ● Music with our Wonderful Carolyn the Piano Lady 6:00 ● Movie Night [MT]</p>	<p>10:00 ● Fall Prevention Class-Balance Boogie [CS] 10:30 ● History 101-Let's reminisce about the Good Old Days! [CS] 11:00 ● Feel Good Chair Yoga! [CS] 1:00 ● Rummikub [CS] 2:30 ● Blue Jeans Day- Staff to donate \$5- to the longest day- to wear jeans today-Ice Cream Social and prize drawing for blue jeans day! [GR] 3:00 ● The Mixed Nuts [GR] 4:00 ● Family History-Get Help Getting your pictures on Family Search and any family history questions you may have! 4:00 ● Quitting-All Quilts are donated to the LDS Humanitarian Center [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>	<p>10:00 ● Fall Prevention Class-Stability Class #1 [CS] 10:30 ● Name that Tune! [CS] 11:00 ● What is going on in the World? [CS] 1:00 ● Saturday Afternoon Movie [MT] 3:00 ● Lucky Black Jack [CS] 4:00 ● Come get your Nails beautiful in the Creative Studio [CS] 5:15 ● Music with our Wonderful Carolyn the Piano Lady</p>
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