MAR 2020 SUNDAY MONDAY **TUFSDAY** WEDNESDAY **THURSDAY FRIDAY SATURDAY** 10:00 • Fall Prevention Class-Stability Class Our calendars are subject to change for any questions See the Recreation Staff and the calendars on the TV's by the elevators Catholic Communion Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S] 9:30 • Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from 10:00 • Fall Prevention-Strength Training Stability Class #2 [CS] 9:00 • LDS Temple Trip-full Session [FD] 10:00 • Fall Prevention Class-Tai Chi [CS] 10:00 • Fall Prevention Class-Balance 6 Stability Class #2 [CS]
10:30 • What's going on in the world? [CS]
11:00 • Book Club-New Book Before they were yours! [CS] Boogie [CS] #1 [CS] 10:30 • Name that Tune!! [CS] 10:30 • History 101-Let's reminisce about the Good Old Days!! [CS]
11:00 • Feel Good Chair Yoga!! [CS] 10:30 • What's going on in the world? [CS] the Ririe Woodbury Dance Company 10:00 • LDS Services [GR] 0.00 Get energized with our wonderful Chair Zumba class!! [CS] 1:00 • What is going on in the World? [CS] 11:00 Who am I Trivia? [CS] 1:00 • Saturday Afternoon Movie [M 3:00 • Lucky Black Jack [CS] 1:00 Sunday Afternoon at the Movies [MT] 10:30 • Fall Prevention Class-Flow with Flexibility [CS] Name that Tune [GR] 1:00 • Shopping Trip [FD] 1:00 . Rummikub [CS] 2:30 Gardening Club [CS] 2:30 Bingo!! [CS] 1:00 • Tuesday Afternoon at the Movies [MT]
1:30 • Shopping and Lunch at the Fashion Place Mall [FD] 1:00 March Madness Trivia Fun [CS] 1:00 • Wednesday Afternoon at the movies [MT] 2:30 • Ice Cream Social [GR] 4:00 Come get your Nails beautiful in the Creative Studio [CS]

5:15 Music with our Wonderful Carolyn the Piano Lady 3:00 Bible Study with Pastor Dan and Michelle [S] 3:00 • Arts and Crafts [CS] 3:00 • Have you ever wondered what it would be like to drive in the Indianapolis 500?Come Join us for ou March Madness Virtual Reality-Race Car Driving Icol 1:30 Pet Visits [CS] 3:30 • Sheridan Wii Bowling League [CS] 3:00 • Left Right Center-Try this fun innovative Ga 11:30 Per visits (CS)
1:00 Quitting-all quitts are donated to the LDS
Humanitarian Center [CS]
1:30 Hope Squad- Chicken Soup for the Soul Book Club
in the Memory Care Library-Join our Hope Squad to
bring some love and inspiration to our Memory care
feloate. 3:00 Join our Brilliant Men for Chess Club 2:00 • Come Complete the Word Search of the Week for \$50 in Sheridan Cash! [CS] 5:15 • Music with our Wonderful Carolyn the Piano Lady
6:00 • Sunday Movie-Replay of the 1:00 Movie [MT] 5:15 • Music with our Wonderful Carolyn the Piano Lady 4:00 • Sheridan Wii Bowling League [CS] 3:00 • Bingo [CS] 6:00 Movie Night [MT] 5:15 • Music with our Wonderful Carolyn the Piano Lady
6:30 • Wednesday Night Bingo! [CS] 3:30 Introduction to American Sign Language [CS] 4:00 Family History-Get Help Getting your pictures on Family Search and any family history questions yo 5:15 • Music with our Wonderful Carolyn the Piano Lady may nave::
4:00 • Quilting-All Quilts are donated to the LDS
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5:15 • Music with our Wonderful Carolyn the Piano Lady 2:30 Buncolli [GR] 4:00 • March Madness Basketball-Join a team of 5 and th team with the most free throws will win 100 dollars in Sheridan Cash 5:15 Music with our Wonderful Carolyn the Piano Lady 10:00 • Fall Prevention Class-Stability Class Our calendars are subject to change for any questions See the Recreation Staff and the calendars on the TV's by the elevators AM • Catholic Communion Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S] 9:30 Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company 10:00 • Fall Prevention-Strength Training 9:00 • March Madness Outing to See My Fair Lady at the Ballet Center [FD] 10:00 • Fall Prevention Class-Tai Chi [CS] 10:00 • Fall Prevention Class-Balance 3 8 a 10:00 • Fall Prevention Class-Balance Boogie [CS] 10:30 • History 101-Let's reminisce about the Good Old Days!! [CS] #1 [CS]

10:30 Name that Tune!! ICSI Stability Class #2 [CS] 10:30 • What's going on in the world? [CS]
11:00 • Book Club-New Book Before they were yours! [CS] Get energized with our wonderful Chair Zumba class!! [CS] 10:00 • LDS Services [GR] 0.00 1:00 • Thursday Afternoon Movie [M 1:00 • What is going on in the World? [CS] 1:00 • Feel Good Chair Yoga!! [CS] 3:00 Arts and Crafts [CS] 1:00 Sunday Afternoon at the Movies [MT] 1:00 Saturday Afternoon Movie IMT 10:30 LDS Church Come Follow Me Lesson [S] 10:30 • Fall Prevention Class-Flow with Flexibility [CS] 1:00 Shopping Trip [FD]
1:00 Wednesday Afternoon at the movies [MT] 3:00 Join our Brilliant Men for Chess Club
5:15 Music with our Wonderful Carolyn the Piano Lady 1:00 Rummikub [CS] 3:00 Lucky Black Jack [CS] 1:00 • Trivia Fun [CS] 11:15 Name that Tune [CS] 2:30 • Ice Cream Social [GR] 4:00 • Come get your Nails beautiful in the Creative Studio [CS] 3:00 Bible Study with Pastor Dan and Michelle [S] 1:00 • Tuesday Afternoon at the Movies [MT] 1:30 • Pet Visits [CS] 3:30 Sheridan Wii Bowling League [CS]
5:15 Music with our Wonderful Carolyn the Piano Lady 3:00 . Left Right Center-Try this fun innovative Game an 6:00 Movie Night [MT] 3:00 One Wagon Three Wheels perform [GR] Quilting-all quilts are donated to the LDS Humanitarian Center [CS] 2:00 • Come Complete the Word Search of the Week for \$50 in Sheridan Cash! [CS] win Sheridan Cash [CS]
4:00 • Sheridan Wii Bowling League [CS] 4:00 Family History-Get Help Getting your pictures on Family Search and any family history questions you 5:15 • Music with our Wonderful Carolyn the Piano Lady 6:00 • Sunday Movie-Replay of the 1:00 Movie [MT] Humanitarian Center [CS]

1:30 • Hope Squad- Chicken Soup for the Soul Book Club in the Memory Care Library-Join our Hope Squad to bring some love and inspiration to our Memory care failurable. 2:30 • Bingo [CS] 5:15 • Music with our Wonderful Carolyn the Piano Lady 6:30 • Wednesday Night Bingo! [CS] 4:00 • Quilting-All Quilts are donated to the LDS Humanitarian Center [CS] 3:30 Introduction to American Sign Language [CS] 5:15 Music with our Wonderful Carolyn the Piano Lady 4:00 • March Madness Basketball-Join a team of 5 and the team with the most free throws will win 100 dollars in Sheridan Cash 5:15 Music with our Wonderful Carolyn the Piano Lady 10:00 • Fall Prevention Class-Balance Boogie [CS] 10:30 • History 101-Let's reminisce about 9:30 • Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from Our calendars are subject to change for any questions See the Recreation Staff and the AM Catholic Communion Visits are on a 6 10:00 • Fall Prevention-Strength Training -Stability Class #2 ICS1 9:30 . LDS Temple Trip-Sealings [FD] 10:00 • Fall Prevention Class-Stability Class #1 [CS] 1-1 basis Monday mornings. Sign up with the programming staff [S] 10-4 • Come Join us for the Annual alendars on the TV's by the elevator 10:30 • What's going on in the world? [CS] 10:30 • Name that Tune!! [CS] Sheridan Health Fair from 10-4 Get energized with our wonderful Chair Zumba class!! [CS] 10:00 • Fall Prevention Class-Tai Chi [CS] 0:00 • LDS Services [GR] 11:00 Book Club-New Book Before they the Good Old Days!! [CS] 1:00 • What is going on in the World? [CS] 11:00 • Feel Good Chair Yoga!! [CS] 1:00 Sunday Afternoon at the Movies IMT were yours! [CS] 10:30 • What's going on in the world? [CS] 1:00 Saturday Afternoon Movie [M7 tion Class-Flow with Flexibility [CS] 10:30 Name that Tune [GR] 1:00 • Shopping Trip [FD] 11:00 • Who am I Trivia? [CS] 3:00 Lucky Black Jack [CS] 11:00 Outing to the LDS Humanitarian Center to Deliver Quilts the Quilting Club has done 11:00 • Trivia Fun ICSI 2:30 • Ice Cream Social [GR] 3:00 Bible Study with Pastor Dan and Michelle [S] 4:00 • Come get your Nails beautiful in the Creative Studio [CS] 1:00 • Thursday Afternoon Mov 3:00 • March Madness Music with the great Kevin Scott 3:30 Sheridan Wii Bowling League [CS] 3:00 Bingo!! [CS] 2:00 • Gardening Club [CS] 3:00 • Arts and Crafts [CS] 1:00 a Tuesday Afternoon at the Movies [MT] 11:30 • Quilting-all quilts are donated to the LDS
Humanitarian Center [CS]
1:30 • Hope Squad- Chicken Soup for the Soul Book Club
in the Memory Care Library-Join our Hope Squad to 4:00 • Sheridan Wii Bowling League [CS] 5:15 Music with our Wonderful Carolyn the Piano Lady 5:15 Music with our Wonderful Carolyn the Piano Lady 2:00 March Madness Word Searches ICSI Family History-Get Help Getting your pictures on Family Search and any family history questions you 5:15 • Music with our Wonderful Carolyn the Piano Lady 6:30 • Music with the Cleftomaniacs!! [GR] 3:00 Join our Brilliant Men for Chess Club
5:15 Music with our Wonderful Carolyn the Piano Lady 6:00 Sunday Movie-Replay of the 1:00 Movie [MT] 2:30 March Madness St. Patrick's Day Lucky Sca may have!! 6:30 Music with the Cleftomaniacs | IGR 6:00 Movie Night [MT] 3:00 St. Patrick's Day Party [CS] Quilting-All Quilts are donated to the LDS Humanitarian Center [CS] 5:15 • Music with our Wonderful Carolyn the Piano Lady 2:30 Bunco!!! [GR] 5:15 Music with our Wonderful Carolyn the Piano Lady 4:00 March Madness Basketball-Join a team of 5 and th team with the most free throws will win 100 o in Sheridan Cash 5:15 Music with our Wonderful Carolyn the Piano Lady AM • Catholic Communion Visits are on a
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11:00 • Book Club-New Book Before they lendars on the TV's by the elevators 10:30 • History 101-Let's reminisce about the Good Old Days!! [CS] 10:30 Name that Tune!! [CS] 11:00 Who am I Trivia? [CS] 11:00 • What is going on in the World? [CS]
1:00 • Saturday Afternoon Movie [MT] 1:00 • Thursday Afternoon Movie [MT]
2:30 • Paiama Day Relaxation at our herbal tea and eridan Spirit Week-Each day there is a 11:00 • Feel Good Chair Yoga!! [CS] neme-dress up that day according to the theme-See ecreation staff to be entered into the daily drawings pecial prizes 1 for the staff and 1 for the residents were yours! [CS] 10:30 . I DS Church Come Follow Me Lesson [S] 10:30 • Fall Prevention Class-Flow with Flexibility and sh off your crazy socks while you exercise!! [CS] 1:00 • Shopping Trip [FD] cookies Social and Prize drawing! IGR 1:00 • Rummikub [CS] 3:00 . Lucky Black Jack [CS] 11:00 • Out to Lunch Bunch-Vote on where you wa for March Madness Out to Lunch [FD] 4:00 • Come get your Nails beautiful in the Creative Studio [CS] 1:00 • Wednesday Afternoon at the movies [MT]
2:30 • Sports Word Searches for Sports Fan Day!! [CS] 2:30 Blue Jeans Day- Staff to donate \$5- to the longe day- to wear jeans today-lee Cream Social and prize drawing for blue jeans day! [GR] 3:00 Join our Brilliant Men for Chess Club 10:00 • LDS Services [GR] 11:00 • Trivia Fun [CS] 3:00 • The New Fiddler's Perform [GR] 1:00 • Tuesday Afternoon at the Movies [MT]
2:00 • Mad for Plaid day! Come and wrote Thank You 1:00 Sunday Afternoon at the Movies [MT] 3:00 • The Sheridan Auction-Sports Fan Day Drawing! 5:15 • Music with our Wonderful Carolyn the Piano Lady 5:15 Music with our Wonderful Carolyn the Piano Lady 1:30 • Quitting-all quilts are donated to the LDS Humanitarian Center [CS]

 1:30 • Hope Squad- Chicken Soup for the Soul Book Club in the Memory Care Library-Join our Hope Squad to 3:00 • The Mixed Nuts [GR] 2:30 • Bingo!! [CS] 6:00 Movie Night [MT] notes for staff!! [CS] 4:00 Family History-Get Help Getting your pictures on Family Search and any family history questions you 4:00 Sheridan Wii Bowling League [CS] 3:00 Bible Study with Pastor Dan and Michelle [S] 2:30 Bingo and Mad for plaid prize drawing! [CS] 5:15 • Music with our Wonderful Carolyn the Piano Lady
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1:00 • Tuesday Afternoon at the Movies [MT] 11:00 • Trivia Fun [CS] 3:00 • Bible Study with Pastor Dan and Michelle [S] 1:30 Pet Visits [CS] 3:30 • Sheridan Wii Bowling League [CS]
5:15 • Music with our Wonderful Carolyn the Piano Lady 2:00 • Come Complete the Word Search of the Week for \$50 in Sheridan Cash! [CS] 1:00 • Quilting-all quilts are donated to the LDS
Humanitarian Center [CS] 6:00 Sunday Movie-Replay of the 1:00 Movie [MT] 2:30 • Bingo ICSI 1:30 Resident Council [B] 3:30 Introduction to American Sign Language [CS] 2:30 Bunco!!! [GR] 4:00 • March Madness Basketball-Join a team of 5 and the team with the most free throws will win 100 dollars 5:15 Music with our Wonderful Carolyn the Piano Lady 5:15 • Music with our Wonderful Carolyn the Piano Lady

March Madness

calendar & activities