## Bravery and Independence

30L 2013						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MEMORY CARE EMPORACE BY SENIOR LIFESTYLE	Catholic Communion Visits are on a 1-1 basis. Sign up with the programming staff  8:30 • Pamper me for the day  9:30 • Conductor Marching Band Exercise  10:00 • Happy News of the day!  10:15 • Poetry with South Jordan Library [FM]  11:15 • Poish Me Pretty  2:30 • Thymeless - Cooking  3:30 • Afternoon Stroll [S]  3:30 • Thymeless - Cardening  5:30 • Old Time Movie Night and Popcorn [FM]  5:30 • Relaxing Coloring	8:00 • Cocoa Pet Visit 8:30 • Pamper me for the day 9:30 • Minding Movement Creative Dance and Exercise [FM] 10:00 • Happy News of the day [S] 10:30 • Remember the Good Old Days 11:00 • Essence 1:30 • Patriotic Stories and poetry 2:30 • Thymeless - Cooking Wendy Frosty [S] 3:30 • Choir Practice 3:30 • Introduction to American Sign Language 5:30 • Board Game night and Popsicle [DR]	8:30 Pamper me for the day 9:00 Thymeless - Gardening 9:30 Fly away with Me [DR] 9:30 Van Ride and Park Picnic 10:00 Happy News of the day! [S] 10:30 The Quizzards Club- [S] 1:15 Ringtoss/Horseshoes [DR] 1:30 Essence 2:30 Thymeless - Cooking 3:30 Patriotic Bingo 4:00 Freedom BBQ with Our Families 5:30 Karaoke Time 5:30 Walking Club	8:00 • Cocoa - Pet visit 8:30 • Pamper me for the day 9:30 • Thymeless - Gardening 9:30 • Zumba [CS] 10:00 • Happy News of the day! [S] 10:30 • Expressions word play [DR] 10:30 • Spark [FM] 1:30 • Book club [L] 1:30 • Walking Club 2:30 • Thymeless - Cooking [DR] 3:30 • Puzzle with me 9:30 • Polish Me Pretty [DR] 9:30 July 4th Fireworks Celebration!	8:30	8:30 Pamper me for the day 9:00 Thymeless - gardening [S] 9:30 Drum Alive [CS] 10:30 Laughter is best Medicine [S] 1:15 Relaxation Coloring 1:30 Essence [DR] 2:00 Thymeless - Cooking - Smoothie Blast 2:30 Bingo 3:15 Horserace [DR] 5:30 Gentle Breathing, massages and
8:30 Pamper me for the day 9:30 Ti Chi [DR] 10:00 LDS church servies [S] 10:30 Mindful benefit foods and Conversation 12:30 Music With Randy 2:00 Thymeless - Cooking 3:00 Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 3:00 Craft Build a Scarecrow Day 5:30 Out Door Patio Games	Catholic Communion Visits are on a 1-1 basis. Sign up with the programming staff  8:30 • Pamper me for the day 9:30 • Conductor Marching Band Exercise 10:00 • Happy News of the day! 10:30 • Patriotic Trivia 1:15 • Polish Me Pretty 2:30 • Thymeless - Cooking Coca Cola float 3:30 • Afternoon Stroll [S] 3:30 • Thymeless - Gardening 5:30 • Old Time Movie Night and Popcorn [FM] 5:30 • Relaxing Coloring	8:00 • Cocoa Pet Visit 8:30 • Pamper me for the day 9:30 • Minding Movement Creative Dance and Exercise [FM] 10:00 • Happy News of the day! [S] 10:30 • LDS Devotional [S] 10:30 • Remember the Good Old Days 15:30 • Resence 1:30 • Patriotic Stories and poetry [DR] 2:30 • Patriotic Stories and poetry [DR] 3:30 • Choir Practice 3:30 • Choir Practice 3:30 • Introduction to American Sign Language 5:30 • Board Game night and Popsicle [DR]	8:30 Pamper me for the day 9:00 Thymeless - Gardening 9:30 Fly away with Me [DR] 9:30 Swimming Outing 10:00 Happy News of the day! [S] 1:30 The Quizzards Club- [S] 1:30 Little Learners Preschool visits [DR] 1:15 Ringtoss/Horseshoes [DR] 1:30 Essence 2:30 Thymeless - Cooking 3:00 Tibetan Singing Bowls [L] 5:30 Karaoke Time 5:30 Walking Club	8:00 • Cocoa - Pet visit 8:30 • Pamper me for the day 9:30 • Thymeless - Gardening 9:30 • Zumba [CS] 10:00 • Happy News of the day! [S] 10:30 • Expressions word play [DR] 1:30 • Spark [FM] 1:30 • Walking Club 2:30 • Thymeless - Cooking Slurpee Day [DR] 3:30 • Puzzle with me 5:30 • Polish Me Pretty [DR]	8:30 • Pamper me for the day 9:00 • Thymeless - Gardening 9:30 • Gardner Village 9:30 • Yoga [CS] 10:00 • Happy News of the day! [S] 10:30 • The Declaration of Independence [DR] 11:00 • Essence 1:15 • Lets Roll The Dice [DR] 2:00 • Thymeless - Cooking Pecan Pie Day [DR] 3:00 • One Wagon Three Wheels Performance 5:30 • Family Feud/Price is Right [DR]	8:30 Pamper me for the day 9:00 Thymeless - gardening [S] 9:30 Drum Alive [CS] 10:00 Happy News of the day! [S] 10:30 Laughter is best Medicine [S] 1:15 Relaxation Coloring 1:30 Essence [DR] 2:00 Thymeless - Cooking - Smoothie Blast 2:30 Bingo 3:15 Golf [DR] 5:30 Gentle Breathing, massages and
8:30 Pamper me for the day 9:30 Tic Chi [DR] 10:00 LDS church servies [S] 10:30 Mindful benefit foods and Conversation 12:30 Thymeless - Gardening [DR] 1:30 Music With Randy 2:00 Thymeless - Cooking 3:00 Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 3:00 Stars and Stripes Craft time 5:30 Out Door Patio Games	Catholic Communion Visits are on a 1-1 basis. Sign up with the programming staff  8:30 • Pamper me for the day 9:30 • Conductor Marching Band Exercise 10:00 • Happy News of the day! 10:30 • Patriotic Trivia 1:15 • Polish Me Pretty 2:30 • Thymeless - Cooking 3:30 • Afternoon Stroll [S] 3:30 • Thymeless - Gardening 5:30 • Old Time Movie Night and Popcorn [FM] 5:30 • Relaxing Coloring	8:00	8:30 • Pamper me for the day 9:00 • Thymeless - Gardening 9:30 • Fly away with Me [DR] 9:30 • Horsebacking Riding in Park City 10:00 • Happy News of the day! [S] 10:30 • The Quizzards Club- [S] 1:30 • Essence 2:30 • Thymeless - Cooking 5:30 • Jeopardy 5:30 • Karaoke Time	8:00 • Cocoa - Pet visit 8:30 • Pamper me for the day 9:00 • LDS Temple Trip 9:30 • Thymeless - Gardening 9:30 • Zumba [CS] 10:00 • Happy News of the day! [S] 10:30 • Expressions word play [DR] 10:30 • Spark [FM] 1:30 • Book club [L] 1:30 • Walking Club 2:30 • Thymeless - Cooking [DR] 3:30 • Puzzle with me 5:30 • Polish Me Pretty [DR]	8:30 • Pamper me for the day 9:00 • Thymeless - Gardening 9:30 • Visit Our Local Fire Station 9:30 • Voga [CS] 10:00 • Happy News of the day! [S] 10:30 • Landing on the moon [DR] 11:00 • Essence 1:15 • Lets Roll The Dice [DR] 2:00 • Thymeless - Cooking [DR] 3:00 • Ice Cream social with Friends 5:30 • Family Feud/Price is Right [DR] 9:00 • Star Gazing and Smores	8:30 Pamper me for the day 9:00 Thymeless - gardening [S] 9:30 Drum Alive [CS] 10:00 Happy News of the day! [S] 10:30 Laughter is best Medicine [S] 1:15 Relaxation Coloring 1:30 Essence [DR] 2:00 Thymeless - Cooking - Smoothie Blast 2:30 Bingo 3:15 Badminton 5:30 Gentle Breathing, massages and
8:30 Pamper me for the day 9:30 Ti Chi [DR] 10:00 LDS church servies [S] 10:30 Mindful benefit foods and Conversation 12:30 Music With Randy 2:00 Thymeless - Cooking 3:00 Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 5:30 Out Door Patio Games	Catholic Communion Visits are on a 1-1 basis. Sign up with the programming staff sign of the day 9:30 • Conductor Marching Band Exercise 10:00 • Happy News of the day! 10:30 • Patriotic Trivia 1:15 • Polish Me Pretty 2:30 • Thymeless - Cooking Fudge 3:30 • Afternoon Stroll [S] 3:30 • Thymeless - Gardening 5:30 • Old Time Movie Night and Popcom [FM] 5:30 • Relaxing Coloring	8:00 • Cocoa Pet Visit 8:30 • Pamper me for the day 9:30 • Minding Movement Creative Dance and Exercise [FM] 10:00 • Gorgeous Grandma Day 10:00 • Happy News of the day! [S] 11:00 • Essence 11:50 • Patriotic Stories and poetry 2:00 • July 24th Float Preview 2:30 • Thymeless - Cooking Ice Cream Cone Day [S] 3:30 • Choir Practice 3:30 • Introduction to American Sign Language 5:30 • Board Game night and Popsicle [DR]	8:30 • Pamper me for the day 9:00 • Thymeless - Gardening 9:30 • Fly away with Me [DR] 10:00 • Bowling Outing 10:00 • Happy News of the day! [S] 10:30 • The Quizzards Club- [S] 1:15 • Ringtoss/Horseshoes [DR] 1:30 • Essence 2:30 • Thymeless - Cooking 3:00 Tibetan Singing Bowls [L] 5:30 • Karaoke Time	8:00 • Cocoa - Pet visit 8:30 • Pamper me for the day 9:30 • Thymeless - Gardening 9:30 • Zumba [CS] 10:00 • Happy News of the day! [S] 10:30 • Expressions word play [DR] 1:30 • Book club [L] 1:30 • Walking Club 2:30 • Thymeless - Cooking Chili Dog Day [DR] 3:00 • The New Fiddler's Perform 3:30 • Puzzle with me 5:30 • Polish Me Pretty [DR]	8:30 • Pamper me for the day 9:00 • Thymeless - Gardening 9:30 • Yoga [CS] 10:00 • Happy News of the day! [S] 10:00 • Sing Along with Jen 10:30 • The Statue of Liberty [DR] 11:00 • Essence 1:15 • Lets Roll The Dice [DR] 2:00 • Thymeless - Cooking [DR] 3:00 • Ice Cream social with Friends 5:30 • Family Feud/Price is Right [DR]	8:30 Pamper me for the day 9:00 * Thymeless - gardening [S] 9:30 Prum Alive [CS] 10:00 Happy News of the day! [S] 10:30 Laughter is best Medicine [S] 1:15 Relaxation Coloring 1:30 Essence [DR] 2:00 * Thymeless - Cooking - Smoothie Blast 2:30 Bingo 3:15 Target Practice [DR] 5:30 Gentle Breathing, massages and Shot Rasket
9:30 • Ti Chi [DR] 10:00 • LDS church servies [S] 10:30 • Mindful benefit foods and Conversation 12:30 • Thymeless - Gardening [DR] 1:30 • Music With Randy 2:00 • Thymeless - Cooking chocolate Milk Day 3:00 • Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 5:30 • Out Door Patio Games	Catholic Communion Visits are on a 1-1 basis. Sign up with the programming staff 8:30 • Pamper me for the day 9:30 • Conductor Marching Band Exercise 10:00 • Happy News of the day! 10:30 • Patriotic Trivia 1:15 • Polish Me Pretty 2:30 • Thymeless - Cooking 3:30 • Afternoon Stroll [S] 3:30 • Thymeless - Gardening 5:30 • Old Time Movie Night and Popcorn [FM] 5:30 • Relaxing Coloring	8:00 • Cocoa Pet Visit 8:30 • Pamper me for the day 9:30 • Minding Movement Creative Dance and Exercise [FM] 10:00 • Happy News of the day! [S] 10:30 • Remember the Good Old Days 11:00 • Essence 1:00 • Music Therapy 2:30 • Thymeless - Cooking Cheesecake Day IS] 3:30 • Choir Practice 3:30 • Introduction to American Sign Language 5:30 • Board Game night and Popsicle [DR]	8:30 Pamper me for the day 9:00 Thymeless - Gardening 9:30 Fly away with Me [DR] 9:30 Tram Riding and Fishing 10:00 Happy News of the day! [S] 10:30 Tram Riding and Fishing 10:30 Happy News of the day! [S] 1:15 Ringtoss/Horseshoes [DR] 1:30 Essence 2:30 Thymeless - Shredded Wheat's Birthday 3:30 The Sheridan Auction 5:30 Karaoke Time	• CONNECT • CONTRIBUTE • FEEL • GROW • MOVE • REFLECT	Location Keys Creative Studio CS Dinning Room DR Family Room FM Library L Sunroom S	