

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Ti Chi [DR] 10:00 ● Christmas Traditions around the World 10:00 ● LDS church services [S] 10:30 ● Mindful benefit foods and Conversation 1:30 ● Christmas Caroling 1:30 ● Sunday Football Game [FM] 2:00 ● Thymeless - Gardening [DR] 2:15 ● Thymeless - Cooking 3:00 ● Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 3:00 ● Craftn 3:30 ● Giant Crossword Puzzle 6:00 ● Christmas Hallmark Movie	1 Christmas Decorating Our Neighborhood Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Conductor Exercise 10:00 ● Happy News of the day! 10:15 ● Poetry with South Jordan Library [FM] 10:30 ● Book club 10:30 ● Thymeless - Gardening 1:15 ● Polish Me Pretty 1:30 ● Christmas Caroling 2:30 ● Gabfest, Hot drinks and podcast [S] 2:30 ● Thymeless - Cooking 3:00 ● Christmas Bells 3:30 ● Afternoon Stroll [S] 3:30 ● Thymeless - Gardening 5:30 ● Relaxing Coloring 6:00 ● Christmas Hallmark Movie	2 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Minding Movement Exercise 10:00 ● Happy News! [S] 10:30 ● Let's Make a Deal! 10:30 ● Odd Fellows Club 10:30 ● Thymeless - Gardening 11:00 ● Essence 1:30 ● Christmas Caroling 2:30 ● Thymeless - Cooking [S] 3:30 ● Choir Practice 3:30 ● Introduction to American Sign Language 5:30 ● Christmas chicken Soup For the Soul Reading [DR] 6:00 ● Christmas Hallmark Movie 6:30 ● Remix Christmas Performance	3 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Swimming Outing 9:00 ● Thymeless - Gardening 9:30 ● Fly away with Me [DR] 10:00 ● Happy News! [S] 10:00 ● Singing with Jen! 10:30 ● The Quizzards Club- [S] 1:15 ● Ringtoss/Horseshoes [DR] 1:30 ● Christmas Caroling 1:30 ● Essence 2:30 ● Gabfest, hot drinks, and podcast 2:30 ● Thymeless - Cooking 3:30 ● Woodworking Projects 5:30 ● Walking Club 6:00 ● Christmas Hallmark Movie	4 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Zumba [CS] 10:00 ● Happy News! [S] 10:30 ● Positive Affirmations [DR] 10:30 ● SPARKS 1:30 ● Christmas Caroling 1:30 ● Christmas Stories 1:30 ● Essence 2:30 ● Thymeless - Cooking [DR] 3:00 ● Building Showman 3:30 ● Puzzle with me 5:30 ● Polish Me Pretty [DR] 6:00 ● Christmas Hallmark Movie 6:30 ● Christmas Drive to see Lights	5 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:15 ● Festival of Trees 9:30 ● Yoga [CS] 10:00 ● Happy News! [S] 1:15 ● Lets Roll The Dice [DR] 1:30 ● Christmas Caroling 2:00 ● Thymeless - Cooking [DR] 3:00 ● One Wagon Three Wheels Performance 5:30 ● Giant Word Cross Puzzle 6:00 ● Christmas Hallmark Movie	6 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - gardening [S] 10:00 ● Happy News! [S] 10:30 ● Christmas Crafts [S] 1:15 ● Relaxation Coloring 1:30 ● Christmas Caroling 1:30 ● Essence [DR] 2:00 ● Thymeless - Cooking - Smoothie Blast 2:30 ● Bingo 3:15 ● Horserace [DR] 6:00 ● Christmas Hallmark Movie	7 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - gardening [S] 10:00 ● Happy News! [S] 10:30 ● Christmas Crafts [S] 1:15 ● Relaxation Coloring 1:30 ● Christmas Caroling 1:30 ● Essence [DR] 2:00 ● Thymeless - Cooking - Smoothie Blast 2:30 ● Bingo 3:15 ● Horserace [DR] 6:00 ● Christmas Hallmark Movie
Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Ti Chi [DR] 10:00 ● Christmas Traditions around the World 10:00 ● LDS church services [S] 10:30 ● Mindful benefit foods and Conversation 1:30 ● Christmas Caroling 1:30 ● Sunday Football Game [FM] 2:00 ● Thymeless - Gardening [DR] 2:15 ● Thymeless - Cooking 3:00 ● Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 3:00 ● Craftn 3:30 ● Giant Crossword Puzzle 6:00 ● Christmas Hallmark Movie	8 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Conductor Exercise 10:00 ● Happy News of the day! 10:30 ● Book club 10:30 ● Thymeless - Gardening 1:15 ● Polish Me Pretty 1:30 ● Christmas Caroling 1:30 ● Welcome Committee Club [L] 2:30 ● Gabfest, Hot drinks and podcast [S] 2:30 ● Thymeless - Cooking 3:30 ● Afternoon Stroll [S] 3:30 ● Thymeless - Gardening 5:30 ● Christmas Drive to see Lights 5:30 ● Relaxing Coloring 6:00 ● Christmas Hallmark Movie	9 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Minding Movement Exercise 10:00 ● Happy News! [S] 10:30 ● Let's Make a Deal! 10:30 ● Thymeless - Gardening 11:00 ● Essence 1:00 ● Music Therapy [DR] 1:15 ● Celebrate Our Community! Thank Others 1:30 ● Christmas Caroling 2:30 ● Thymeless - Cooking [S] 3:30 ● Choir Practice 3:30 ● Introduction to American Sign Language 5:30 ● Christmas chicken Soup For the Soul Reading [DR] 6:00 ● Christmas Hallmark Movie	10 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Fly away with Me [DR] 10:00 ● Happy News! [S] 10:30 ● The Quizzards Club- [S] 1:15 ● Ringtoss/Horseshoes [DR] 1:30 ● Christmas Caroling 1:30 ● Essence 2:30 ● Gabfest, hot drinks, and podcast 2:30 ● Thymeless - Cooking 3:00 ● Tibetan Singing Bowls [L] 3:30 ● Woodworking Projects 5:30 ● Walking Club 6:00 ● Christmas Hallmark Movie 8:00 ● Bowling Outing	11 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Zumba [CS] 10:00 ● Happy News! [S] 10:30 ● Positive Affirmations [DR] 10:30 ● SPARKS 1:30 ● Christmas Caroling 1:30 ● Christmas Stories 1:30 ● Essence 2:30 ● Thymeless - Cooking [DR] 3:01 ● Make Christmas Wreaths 3:30 ● Puzzle with me 5:30 ● Polish Me Pretty [DR] 6:00 ● Christmas Hallmark Movie	12 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Zumba [CS] 10:00 ● Happy News! [S] 10:30 ● Positive Affirmations [DR] 10:30 ● SPARKS 1:30 ● Christmas Caroling 1:30 ● Christmas Stories 1:30 ● Essence 2:30 ● Thymeless - Cooking [DR] 3:01 ● Make Christmas Wreaths 3:30 ● Puzzle with me 5:30 ● Polish Me Pretty [DR] 6:00 ● Christmas Hallmark Movie	13 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● BYU Paleontology Museum 10:00 ● Yoga [CS] 10:00 ● Happy News! [S] 1:15 ● Lets Roll The Dice [DR] 1:30 ● Christmas Caroling 2:00 ● Thymeless - Cooking [DR] 3:00 ● Timesteppers Dance Troop Christmas Performance 5:30 ● Giant Word Cross Puzzle 6:00 ● Christmas Hallmark Movie	14 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - gardening [S] 10:00 ● Happy News! [S] 10:30 ● Christmas Crafts [S] 1:15 ● Relaxation Coloring 1:30 ● Christmas Caroling 1:30 ● Essence [DR] 2:00 ● Thymeless - Cooking - Smoothie Blast 2:30 ● Bingo 3:15 ● Golf [DR] 6:00 ● Christmas Hallmark Movie
Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Ti Chi [DR] 10:00 ● Christmas Traditions around the World 10:00 ● LDS church services [S] 10:30 ● Mindful benefit foods and Conversation 1:30 ● Christmas Caroling 1:30 ● Sunday Football Game [FM] 2:00 ● Thymeless - Gardening [DR] 2:15 ● Thymeless - Cooking 3:00 ● Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 3:00 ● Craftn 3:30 ● Giant Crossword Puzzle 6:00 ● Christmas Hallmark Movie	15 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Conductor Exercise 10:00 ● Happy News of the day! 10:30 ● Book club 10:30 ● Thymeless - Gardening 1:15 ● Polish Me Pretty 1:30 ● Christmas Caroling 2:30 ● Gabfest, Hot drinks and podcast [S] 2:30 ● Thymeless - Cooking 3:00 ● BD Howes Band 3:30 ● Afternoon Stroll [S] 3:30 ● Thymeless - Gardening 5:30 ● Relaxing Coloring 6:00 ● Christmas Hallmark Movie	16 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Minding Movement Exercise 10:00 ● Happy News! [S] 10:30 ● Let's Make a Deal! 10:30 ● Thymeless - Gardening 11:00 ● Essence 1:30 ● Christmas Caroling 2:30 ● Thymeless - Cooking [S] 3:00 ● West Jordan Madrigals 3:30 ● Pictures with Santa 4:30 ● Christmas Dinner with Families 5:30 ● Christmas chicken Soup For the Soul Reading [DR] 6:00 ● Christmas Hallmark Movie	17 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Fly away with Me [DR] 10:00 ● Happy News! [S] 10:00 ● Sing Along with Jen 10:00 ● Van Ride 10:30 ● The Quizzards Club- [S] 1:15 ● Ringtoss/Horseshoes [DR] 1:30 ● Christmas Caroling 1:30 ● Essence 2:30 ● Gabfest, hot drinks, and podcast 2:30 ● Thymeless - Cooking 3:30 ● Woodworking Projects 5:30 ● Walking Club 6:00 ● Christmas Hallmark Movie	18 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● LDS Temple Trip 9:30 ● Thymeless - Gardening 9:30 ● Zumba [CS] 10:00 ● Happy News! [S] 10:30 ● Positive Affirmations [DR] 10:30 ● SPARKS 1:30 ● Christmas Caroling 1:30 ● Christmas Stories 1:30 ● Essence 2:30 ● Red Hat Society 2:30 ● Thymeless - Cooking [DR] 3:30 ● Ginger Bread House 3:30 ● Puzzle with me 5:30 ● Polish Me Pretty [DR] 6:00 ● Christmas Hallmark Movie	19 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Zumba [CS] 10:00 ● Happy News! [S] 10:30 ● Positive Affirmations [DR] 10:30 ● SPARKS 1:30 ● Christmas Caroling 1:30 ● Christmas Stories 1:30 ● Essence 2:30 ● Thymeless - Cooking [DR] 3:30 ● Ginger Bread House 3:30 ● Puzzle with me 5:30 ● Polish Me Pretty [DR] 6:00 ● Christmas Hallmark Movie	20 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Yoga [CS] 10:00 ● Happy News! [S] 10:30 ● Deliver Stockings to The Utah Aids Foundation 1:15 ● Lets Roll The Dice [DR] 1:30 ● Christmas Caroling 2:00 ● Thymeless - Cooking [DR] 3:00 ● Ice Cream social with Friends 5:30 ● Giant Word Cross Puzzle 6:00 ● Christmas Hallmark Movie	21 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - gardening [S] 10:00 ● Happy News! [S] 10:30 ● Christmas Crafts [S] 1:15 ● Relaxation Coloring 1:30 ● Christmas Caroling 1:30 ● Essence [DR] 2:00 ● Thymeless - Cooking - Smoothie Blast 2:30 ● Bingo 3:15 ● Badminton 6:00 ● Christmas Hallmark Movie
Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Ti Chi [DR] 10:00 ● Christmas Traditions around the World 10:00 ● LDS church services [S] 10:30 ● Mindful benefit foods and Conversation 1:30 ● Christmas Caroling 1:30 ● Sunday Football Game [FM] 2:00 ● Thymeless - Gardening [DR] 2:15 ● Thymeless - Cooking 3:00 ● Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 3:00 ● Craftn 3:30 ● Giant Crossword Puzzle 6:00 ● Christmas Hallmark Movie	22 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Conductor Exercise 10:00 ● Happy News of the day! 10:30 ● Book club 10:30 ● Thymeless - Gardening 1:15 ● Polish Me Pretty 1:30 ● Christmas Caroling 2:30 ● Gabfest, Hot drinks and podcast [S] 2:30 ● Thymeless - Cooking 3:30 ● Afternoon Stroll [S] 3:30 ● Thymeless - Gardening 5:30 ● Relaxing Coloring 6:00 ● Christmas Hallmark Movie	23 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Minding Movement Exercise 10:00 ● Happy News! [S] 10:30 ● Let's Make a Deal! 10:30 ● Thymeless - Gardening 11:00 ● Essence 1:00 ● Music Therapy [DR] 1:15 ● Celebrate Our Community! Thank Others 1:30 ● Christmas Caroling 2:30 ● Thymeless - Cooking [S] 3:30 ● Choir Practice 3:30 ● Introduction to American Sign Language 5:30 ● Christmas chicken Soup For the Soul Reading [DR] 6:00 ● Christmas Hallmark Movie	24 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Fly away with Me [DR] 10:00 ● Happy News! [S] 10:30 ● The Quizzards Club- [S] 1:15 ● Ringtoss/Horseshoes [DR] 1:30 ● Christmas Caroling 1:30 ● Essence 2:30 ● Gabfest, hot drinks, and podcast 2:30 ● Thymeless - Cooking 3:00 ● Tibetan Singing Bowls [L] 3:30 ● Woodworking Projects 5:30 ● Walking Club 6:00 ● Christmas Hallmark Movie	25 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Thymeless - Gardening 9:30 ● Zumba [CS] 10:00 ● Happy News! [S] 10:30 ● Positive Affirmations [DR] 10:30 ● SPARKS 1:30 ● Christmas Caroling 1:30 ● Christmas Stories 1:30 ● Essence 2:30 ● Thymeless - Cooking [DR] 3:00 ● New Fiddlers Performance 3:30 ● Puzzle with me 5:30 ● Polish Me Pretty [DR] 6:00 ● Christmas Hallmark Movie	26 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Zumba [CS] 10:00 ● Happy News! [S] 10:30 ● Positive Affirmations [DR] 10:30 ● SPARKS 1:30 ● Christmas Caroling 1:30 ● Christmas Stories 1:30 ● Essence 2:30 ● Thymeless - Cooking [DR] 3:00 ● Puzzle with me 5:30 ● Polish Me Pretty [DR] 6:00 ● Christmas Hallmark Movie	27 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Yoga [CS] 10:00 ● Happy News! [S] 1:15 ● Lets Roll The Dice [DR] 1:30 ● Christmas Caroling 2:00 ● Thymeless - Cooking [DR] 3:00 ● Ice Cream social with Friends 5:30 ● Giant Word Cross Puzzle 6:00 ● Christmas Hallmark Movie	28 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - gardening [S] 10:00 ● Happy News! [S] 10:30 ● Christmas Crafts [S] 1:15 ● Relaxation Coloring 1:30 ● Christmas Caroling 1:30 ● Essence [DR] 2:00 ● Thymeless - Cooking - Smoothie Blast 2:30 ● Bingo 3:15 ● Target Practice [DR] 6:00 ● Christmas Hallmark Movie
Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Ti Chi [DR] 10:00 ● Christmas Traditions around the World 10:00 ● LDS church services [S] 10:30 ● Mindful benefit foods and Conversation 1:30 ● Christmas Caroling 1:30 ● Sunday Football Game [FM] 2:00 ● Thymeless - Gardening [DR] 2:15 ● Thymeless - Cooking 3:00 ● Bible Study with Pastor Dan and Michelle in Assisted Living Sunroom [S] 3:00 ● Craftn 3:30 ● Giant Crossword Puzzle 6:00 ● Christmas Hallmark Movie	29 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Conductor Exercise 10:00 ● Happy News of the day! 10:30 ● Book club 10:30 ● Thymeless - Gardening 1:15 ● Polish Me Pretty 1:30 ● Christmas Caroling 2:30 ● Gabfest, Hot drinks and podcast [S] 2:30 ● Thymeless - Cooking 3:30 ● Afternoon Stroll [S] 3:30 ● Thymeless - Gardening 5:30 ● Relaxing Coloring 6:00 ● Christmas Hallmark Movie	30 Count Down to Christmas 8:30 ● stylin' for the Day 9:30 ● Minding Movement Exercise 10:00 ● Happy News! [S] 10:30 ● Let's Make a Deal! 10:30 ● Thymeless - Gardening 11:00 ● Essence 1:30 ● Christmas Caroling 2:30 ● Thymeless - Cooking [S] 3:00 ● Joyful New Year's Party 3:30 ● Choir Practice 3:30 ● Introduction to American Sign Language 5:30 ● Christmas chicken Soup For the Soul Reading [DR] 6:00 ● Christmas Hallmark Movie	31 Count Down to Christmas 8:30 ● stylin' for the Day 9:00 ● Thymeless - Gardening 9:30 ● Fly away with Me [DR] 10:00 ● Happy News! [S] 10:30 ● The Quizzards Club- [S] 1:15 ● Ringtoss/Horseshoes [DR] 1:30 ● Christmas Caroling 1:30 ● Essence 2:30 ● Gabfest, hot drinks, and podcast 2:30 ● Thymeless - Cooking 3:00 ● Tibetan Singing Bowls [L] 3:30 ● Woodworking Projects 5:30 ● Walking Club 6:00 ● Christmas Hallmark Movie	CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT	Location Keys Creative Studio CS Dinning Room DR Family Room FM Library L Sunroom S		