


SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
<div></div> <div>MEMORY CARE</div> <div>embrace</div> <div>BY SENIOR LIFESTYLE</div>		<div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div>													
Our calendars are subject to change for any questions See the Recreation Staff and the calendars on the TVs by the elevators		10:00 ● LDS Services [GR] 1:00 ● Sunday Afternoon at the Movies [MT] 2:00 ● Billards Bowling 3:00 ● Bible Study with Pastor Dan and Michelle [S] 3:00 ● Bingo!! [CS] 4:00 ● Sheridan Wii Bowling League [CS] 5:30 ● Music with Carolyn the Piano Lady		9:30 ● Water Exercise at the Gene Fullmer Recreation Center [FD] AM ● Catholic Communion Visits are on a 1-1 basis Monday mornings. Sign up with the programming staff [S] 10:00 ● Get energized with our wonderful Chair Zumba class!! [CS] 10:30 ● Fall Prevention Class [CS] 11:00 ● Learn a new Thriller Dance for the Halloween Party [CS] 11:30 ● Pet Visits [CS] 1:00 ● Quilting-all quilts are donated to the LDS Humanitarian Center [CS] 2:30 ● Bunco!!! [GR] 4:00 ● Thrilling Afternoon Walk with Leslie 5:30 ● Music with Carolyn the Piano Lady		9:30 ● Minding Movement Creative Dance and Exercise- Come Try this Fun Exercise Class with dancers from the Ririe Woodbury Dance Company [GR] 10:30 ● What's going on in the world? [CS] 11:00 ● Book Club-New Book Before they were yours! [CS] 1:00 ● Shopping Trip [FD] 1:30 ● Wednesday Afternoon at the movies [MT] 3:00 ● Left Right Center-Try this fun innovative Game and win Sheridan Cash [CS] 4:00 ● Sheridan Wii Bowling League [CS] 5:30 ● Music with Carolyn the Piano Lady		10:00 ● Strength Training -Stability Class #2 [CS] 10:30 ● What's going on in the world? [CS] 11:00 ● Book Club-New Book Before they were yours! [CS] 1:00 ● Shopping Trip [FD] 1:30 ● Wednesday Afternoon at the movies [MT] 3:00 ● Left Right Center-Try this fun innovative Game and win Sheridan Cash [CS] 4:00 ● Sheridan Wii Bowling League [CS] 5:30 ● Music with Carolyn the Piano Lady		9:00 ● LDS Temple trip-Endowment session [FD] 10:00 ● Fall Prevention Class-Tai Chi [CS] 10:30 ● What's going on in the world? [CS] 11:00 ● Who am I Trivia? [CS] 1:00 ● Thursday Afternoon Movie [MT] 3:00 ● Creature Encounters-Come join us for a thrilling touch and feel event!! [CS] 3:00 ● Join our Brilliant Men for Chess Club 5:30 ● Music with Carolyn the Piano Lady 6:00 ● Movie Night [MT]		10:00 ● Fall Prevention Class-Balance Boogie [CS] 10:30 ● The good old days Let's reminisce [CS] 11:00 ● Feel Good Chair Yoga!! [CS] 1:00 ● Rummikub [CS] 2:30 ● Ice Cream Social [GR] 4:00 ● Arts and Crafts-Thrilling Halloween Decorations [CS] 4:00 ● Family History-Get Help Getting your pictures on Family Search 4:00 ● Quilting-All Quilts are donated to the LDS Humanitarian Center [CS] 5:30 ● Music with Carolyn the Piano Lady		10:00 ● Fall Prevention Class-Stability Class #1 [CS] 10:30 ● Celebrating different Cultures [CS] 11:00 ● What is going on in the World? [CS] 1:00 ● Thrilling Saturday Afternoon Movie [MT] 3:00 ● Lucky Black Jack [CS] 4:00 ● Come get your Beautiful Nails in the Creative Studio [CS] 5:30 ● Music with Carolyn the Piano Lady	
13		14		15		16		17		18		19			
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20		21		22		23		24		25		26			
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27		28		29		30		31		<div>Location Keys</div> <div>Bistro B</div> <div>Creative Studio CS</div> <div>Great Room GR</div> <div>Movie Theater MT</div> <div>Sunroom S</div> <div>front doors FD</div>					
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