

calendar & activities
JAN 2020

Theme- Safari Winter

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Be Inspired

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys

Bistro
Court Yard
Creative Studio
Lobby
Theater Room

BS
CY
CS
L
TR

Resident Birthdays

Jagneswar S. 1/1
Margaret P. 1/2
Theodore E. 1/5
Joseph M. 1/9
Harriette S. 1/16
Richard A. 1/27
Robert W. 1/29

Quick Tip!

Check the TV's by the elevators for upcoming events, announcements, outings, and more!



New Year's Day
12:30 Happy New Year!
10:00 ● Chairish Your Joints with Susan Marsh [CS]
11:15 ● Daily Chronicle [BS]
2:00 ● Holiday Reflections w/ Hot Beverages [BS]
3:00 ● Hand & Arm Massages with Aromatherapy [CS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Tender Heart Arts & Crafts [CS]
11:15 ● Daily Chronicle [BS]
2:30 ● Happy Hour w/ Live Entertainment
3:30 ● Happy Hour Refreshments Served [BS]
6:30 ● Feature Film [TR]

10:15 ● Chair Yoga with Joyce [CS]
11:15 ● Exercise [CS]
11:00 ● Shopping @ Target
1:30 ● Girl's Talk w/ Yvonne [CS]
2:45 ● Erev Shabbat Service w/ Rabbi Dorit [BS]
3:30 ● Book Club Meeting [TR]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicles [BS]
11:15 ● Managing your phone [CS]
2:00 ● Safari: Botswana [CS]
3:00 ● Game Time: Men's Cave: Poker, Black Jack, Pinochle? [BS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicles [BS]
1:30 ● Navigating the Computer [BS]
2:30 ● National Bird Watching Day-Video [CS]
3:00 ● Game Time: Scrabble [BS]
6:30 ● Feature Film [TR]

10:15 ● Ballet Stretches w/ Yvonne [CS]
11:15 ● Daily Chronicle [BS]
1:30 ● Walk with Company! [L]
3:00 ● Sing-A-Long w/ Dan Bergen [CS]
3:30 ● Catholic Communion Service [TR]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle [BS]
2:00 ● Harlem Globe Trotters Trivia! [BS]
3:30 ● Resident Council Meeting [CS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Bible Trivia w/ Yvonne [CS]
11:15 ● Daily Chronicle [BS]
2:00 ● Bible Study w/ Julie Chamberlain [CS]
3:00 ● Hand & Arm Massages with Aromatherapy [CS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Daily Chronicle [BS]
11:00 ● Tender Heart Arts & Crafts [CS]
1:30 ● Health Talk w/ Dr. Cory Rubin, Dermatologist: Eczema [BS]
2:30 ● Happy Hour with Live Entertainment
3:30 ● Happy Hour w/ Refreshments
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Shopping @ Kroger
2:30 ● Music Time: Frank Sinatra Bio w/ Yvonne
2:45 ● Erev Shabbat Service w/ Rabbi Dorit [BS]
6:30 ● Feature Film [TR]

11:15 ● Daily Chronicle [BS]
11:15 ● Managing your phone [CS]
3:00 ● Game Time: Men's Cave: Poker, Black Jack, Pinochle? [BS]
6:30 ● Feature Film [TR]

10:15 ● Exercise: Love Your Body [CS]
11:15 ● Daily Chronicle [BS]
1:30 ● Navigating the Computer [BS]
2:00 ● Man's Cave w/ Games [CS]
2:30 ● Bingo! with Prizes [BS]
3:30 ● Game Time: Scrabble [CS]
6:30 ● Feature Film [TR]

10:15 ● Ballet Stretches w/ Yvonne [CS]
11:15 ● Daily Chronicle [BS]
1:30 ● Walk with Company! [L]
2:30 ● Meet Your Neighbor-Getting to Know You- w/ refreshments [L]
3:30 ● Catholic Communion Service [TR]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Coffee w/ Erna [BS]
● Hearing Aid Services- cleaning, help and more [CS]
11:15 ● Daily Chronicle [BS]
12:00 ● Movie Outing [L]
2:00 ● Bible Trivia w/ Yvonne
3:00 ● Food Council Meeting [CS]
6:30 ● Feature Film [TR]

10:00 ● Chairish Your Joints with Susan Marsh [CS]
10:15 ● Exercise [CS]
11:00 ● Current Events [CS]
2:00 ● Bible Study w/ Julie Chamberlain [CS]
3:00 ● Hand & Arm Massages with Aromatherapy [CS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Tender Heart Arts & Crafts [CS]
11:00 ● Tender Hearts Arts & Crafts [CS]
2:30 ● Happy Hour w/ Live Entertainment [L]
3:30 ● Happy Hour w/ Refreshments
6:00 ● Cranbrook Lecture (Kervin Zucker) Series Outing
6:30 ● Feature Film [TR]

10:15 ● Chair Yoga with Joyce [CS]
11:00 ● Shopping @ Target
11:30 ● Lunch Outing
2:00 ● Wear Your favorite Hat Show w/ Yvonne [CS]
2:45 ● Erev Shabbat Service w/ Rabbi Dorit [BS]
3:30 ● Book Club Meeting [TR]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle [BS]
11:15 ● Managing your phone [CS]
1:30 ● National Geographic: Safari Expeditions [BS]
3:00 ● Game Time: Men's Cave: Poker, Black Jack, Pinochle? [BS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle [BS]
1:30 ● Navigating the Computer [BS]
2:00 ● Man's Cave w/ Games [CS]
2:30 ● Rummikub
6:30 ● Feature Film [TR]

Martin Luther King, Jr. Day
10:15 ● Ballet Stretches w/ Yvonne [CS]
11:15 ● Daily Chronicle [BS]
2:00 ● Dr. Martin Luther King Jr. Program- 1929-1968 [L]
3:30 ● Afternoon Reflection w/ Refreshments [BS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Current Events w/ Yvonne
2:30 ● Safari Drumming Circle [CS]
3:30 ● Getting to know you- Meet your neighbor [BS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Current Events [CS]
1:30 ● Hand and Arm Massages w/ Aromatherpy [CS]
2:00 ● Bible Study w/ Julie Chamberlain [CS]
3:00 ● Hand & Arm Massages with Aromatherapy [CS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Tender Heart Arts & Crafts [CS]
11:00 ● Tender Hearts Arts & Crafts [CS]
11:15 ● Daily Chronicle [BS]
1:30 ● Health Talk w/ Cary Levy, R.ph. [BS]
2:30 ● Happy Hour w/ Live Entertainment [L]
3:30 ● Happy Hour w/ Refreshments [BS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Shopping @ Kroger
11:15 ● Daily Chronicle [BS]
1:30 ● Tanzania Safari w/ Robert Levy [CY]
2:00 ● Girl Talk w/ Yvonne - Fun Talk [CS]
2:45 ● Erev Shabbat Service w/ Rabbi Polter [BS]
6:00 ● Cranbrook Art Lecture (Christy Matson) & Reception Outing
6:30 ● Feature Film [TR]

10:15 ● Exercise Work That Body [CS]
11:15 ● Daily Chronicle [BS]
11:15 ● Managing your phone [CS]
2:30 ● Chinese New Year History w/ Almond Cookies [BS]
3:00 ● Game Time: Men's Cave: Poker, Black Jack, Pinochle? [BS]
6:30 ● Feature Film [TR]

10:15 ● Exercise: Love Your Body [CS]
11:15 ● Daily Chronicle [BS]
12:15 ● Cranbrook House Tour [L]
1:30 ● Navigating the Computer [BS]
2:00 ● Man's Cave w/ Games [CS]
2:30 ● Rummikub
6:30 ● Feature Film [TR]

10:15 ● Ballet Stretches w/ Yvonne [CS]
11:15 ● Daily Chronicle [BS]
1:30 ● Walk with Company! [L]
3:30 ● Catholic Communion Service [TR]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Current Events w/ Yvonne
11:00 ● Daily Chronicle [BS]
12:00 ● Restaurant Outing [L]
2:00 ● Safari Presentation [BS]
6:30 ● Feature Film [TR]

10:00 ● Chairish Your Joints with Susan Marsh [CS]
11:00 ● Daily Chronicle [CS]
1:30 ● Hand and Arm Massages w/ Aromatherpy [CS]
2:00 ● Bible Study w/ Julie Chamberlain [CS]
3:00 ● Hand & Arm Massages with Aromatherapy [CS]
6:30 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Tender Heart Arts & Crafts [CS]
11:00 ● Tender Hearts Arts & Crafts: Safari Artwork [CS]
2:30 ● Happy Hour w/ Live Entertainment [L]
3:30 ● Happy Hour w/ Refreshments [BS]
6:30 ● Feature Film [TR]

10:15 ● Chair Yoga with Joyce [CS]
11:00 ● Shopping @ Target
2:00 ● Girl Talk w/ Yvonne - Fun Time [CS]
2:45 ● Erev Shabbat Service w/ Rabbi Dorit [BS]
3:30 ● Book Club Meeting [TR]
7:00 ● Keyboard Lounge: Special Entertainment [CS]

