Theme- Safari Winter

JAN 2020 **SUNDAY TUESDAY** WEDNESDAY **THURSDAY** MONDAY FRIDAY SATURDAY 3 10:15 • Exercise [CS] 11:15 • Daily Chronicles [BS] 10:15 • Chair Yoga with 10:15 • Exercise [CS] New Year's Day 11:00 • Tender Heart Arts & Joyce [CS] 12:30 Happy New Year! 11:15 • Managing your Crafts [CS] 10:15 • Exercise [CS] 10:00 • Chairish Your Joints 11:15 • Daily Chronicle [BS] 11:00 • Shopping @ Target phone [CS] with Susan Marsh 2:30 • Happy Hour w/ Live 1:30 • Girl's Talk w/ Yvonne [CS] 2:00 • Safari: Botswana [CS] Be Inspired 3:00 • Game Time: Men's Cave: Poker, Entertainment 11:15 • Daily Chronicle [BS] 2:45 • Erev Shabbat Service w/ Rabbi 3:30 • Happy Hour Refreshments Black Jack, Pinochle? [BS] 2:00 • Holiday Reflections w/ Hot Dorit [RS] Served [BS] Beverages [BS] 3:30 • Book Club Meeting [TR] 6:30 • Feature Film [TR] Hand & Arm Massages with 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] Aromatherapy [CS] 6:30 • Feature Film [TR] 10:15 • Exercise [CS] 10:15 • Ballet Stretches w/ 10:15 • Exercise [CS] 10:15 • Exercise [CS] 10:15 • Exercise [CS] 10:15 • Exercise [CS] 11:15 • Daily Chronicle [BS] 11:15 • Daily Chronicle [BS] 11:00 • Bible Trivia w/ 11:00 • Daily Chronicle [BS] Daily Chronicles [BS] Yvonne [CS] 11:00 Shopping @ Kroger 11:15 • Managing your 11:15 CONNECT Yvonne [CS] 11:15 • Daily Chronicle [BS] Navigating the 2:00 • Harlem Globe 11:00 • Tender Heart Arts & 2:30 • Music Time: Frank phone [CS] Walk with Company! Trotters Trivia! [BS] 11:15 • Daily Chronicle [BS] 3:00 • Game Time: Men's Computer [BS] Crafts [CS] Sinatra Bio w/ **CONTRIBUTE** National Bird Watching Day-3:30 • Resident Council Meeting [CS] 2:00 Bible Study w/ Julie Chamberlain 1:30 • Health Talk w/ Dr. Cory Rubin, Cave: Poker, Black Jack, Yvonne 3:00 • Sing-A-Long w/ Dan Bergen [CS] 2:45 • Erev Shabbat Service w/ Rabbi Pinochle? [BS] Dermatologist: Eczema [BS] Video [CS] 6:30 • Feature Film [TR] FEEL Game Time: Scrabble [BS] 3:30 • Catholic Communion Service Hand & Arm Massages with 2:30 • Happy Hour with Live Dorit [BS] 6:30 • Feature Film [TR] Aromatherapy [CS] Entertaiment 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] 3:30 • Happy Hour w/ Refreshments GROW 6:30 Feature Film [TR] 6:30 • Feature Film [TR] MOVE REFLECT 10:15 • Exercise [CS] 10:15 • Exercise: Love Your 10:15 • Ballet Stretches w/ 0:00 • Chairish Your Joints 10:15 • Exercise [CS] 10:15 🌘 Chair Yoga with 10:15 • Exercise [CS] Body [CS] Yvonne [CS] 11:00 • Coffee w/ Erna [BS] with Susan Marsh 11:00 • Tender Heart Arts & Joyce [CS] 11:15 • Daily Chronicle [BS] 11:15 • Managing your 11:15 • Daily Chronicle [BS] 11:15 • Daily Chronicle [BS] Hearing Aid Crafts [CS] 1:00 • Shopping @ Target 1:30 • Navigating the 10:15 • Exercise [CS] 11:00 • Tender Hearts Arts & Walk with Company! Services- cleaning, 1:30 • Lunch Outing phone [CS] **Location Kevs** Computer [BS] help and more [CS] 11:00 • Current Events [CS] Crafts [CS] 2:00 • Wear Your favorite Hat Show w/ National Geographic: Safari 2:00 • Man's Cave w/ Games [CS] 2:30 • Meet Your Neighbor--Getting to 11:15 • Daily Chronicle [BS] 2:00 • Bible Study w/ Julie Chamberlain Happy Hour w/ Live Yvonne [CS] Expeditions [BS] Bistro 2:30 • Bingo! with Prizes [BS] Know You- w/ refreshments [L] Entertainment [L] Game Time: Men's Cave: Poker, 12:00 Movie Outing [L] 2:45 • Erev Shabbat Service w/ Rabbi CY Court Yard 3:30 • Game Time: Scrabble [CS] Catholic Communion Service 2:00 Bible Trivia w/ Yvonne Hand & Arm Massages with 3:30 • Happy Hour w/ Refreshments Dorit [BS] Black Jack, Pinochle? [BS] CS Creative Studio 6:30 • Feature Film [TR] 3:00 • Food Council Meeting [CS] Aromatherapy [CS] 6:00 • Cranbrook Lecture (Kervin 3:30 • Book Club Meeting [TR] 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] Zucker) Series Outing 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] Lobby 6:30 • Feature Film [TR] TR Theater Room 10:15 • Exercise [CS] 10:15 • Exercise Work That Martin Luther King, Jr. Day 11:15 • Daily Chronicle [BS] 1:00 • Current Events [CS] 11:00 • Tender Heart Arts & Body [CS] 11:00 • Current Events w/ 11:00 Shopping @ Kroger 10:15 • Ballet Stretches w/ 11:15 • Daily Chronicle [BS] 1:30 • Navigating the Yvonne Hand and Arm Crafts [CS] 11:15 • Daily Chronicle [BS] **Resident Birthdays** Yvonne [CS] 11:15 • Managing your phone [CS] Computer [BS] 2:30 • Safari Drumming 11:00 • Tender Hearts Arts & Massages w/ 1:30 • Tanzania Safari w/ 11:15 • Daily Chronicle [BS] Jagneswar S. 2:00 • Man's Cave w/ Games [CS] Circle [CS] Aromatherpy [CS] Crafts [CS] Robert Levy [CY] 2:00 • Dr. Martin Luther King Jr. Getting to know you- Meet your 2:00 Bible Study w/ Julie Chamberlair 11:15 • Daily Chronicle [BS] Chinese New Year History w/ 2:30 • Rummikub Program- 1929-1968 [L] 2:00 • Girl Talk w/ Yvonne - Fun Talk Margaret P. 1/2 1:30 • Health Talk w/ Cary Levy, R.ph. Almond Cookies [BS] 6:30 • Feature Film [TR] neighbor [BS] 3:30 • Afternoon Reflection w/ 1/5 Theodore E. Game Time: Men's Cave: Poker, Black Jack, Pinochle? [BS] 6:30 • Feature Film [TR] 3:00 Hand & Arm Massages with 2:45 • Erev Shabbat Service w/ Rabbi Refreshments [BS] Joseph M. 1/9 Aromatherapy [CS] 2:30 • Happy Hour w/ Live Polter [BS] 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] Entertainment [L] 6:00 • Cranbrook Art Lecture (Christy 1/16 Harriette S. 3:30 • Happy Hour w/ Refreshments Matson) & Reception Outing 1/27 Richard A. 6:30 • Feature Film [TR] Robert W. 1/29 6:30 • Feature Film [TR] 10:15 • Chair Yoga with **Quick Tip!** 10:15 • Exercise: Love Your 10:15 • Ballet Stretches w/ 10:15 • Exercise [CS] 10:00 • Chairish Your Joints 10:15 • Exercise [CS] Body [CS] Yvonne [CS] 11:00 • Current Events w/ with Susan Marsh 11:00 • Tender Heart Arts & Joyce [CS] 11:15 • Daily Chronicle [BS] 11:15 • Daily Chronicle [BS] 1:00 • Shopping @ Target Crafts [CS] Yvonne 11:00 • Daily Chronicle [BS] 11:00 • Daily Chronicle [CS] 12:15 • Cranbrook House 1:30 Walk with Company! 11:00 • Tender Hearts Arts & 2:00 • Girl Talk w/ Yvonne -Crafts: Safari Artwork [CS] Tour [L] 12:00 • Restaurant Outing [L] Hand and Arm Massages w/ Fun Time [CS] Check the TV's by the Aromatherpy [CS] Navigating the Computer [BS] 3:30 • Catholic Communion Service 2:30 • Happy Hour w/ Live 2:45 • Erev Shabbat Service w/ Rabbi 2:00 • Safari Presentation [BS] Bible Study w/ Julie Chamberlai 2:00 • Man's Cave w/ Games [CS] 6:30 • Feature Film [TR] Entertainment [L] Dorit [BS] elevators for upcoming 6:30 • Feature Film [TR] 3:30 • Happy Hour w/ Refreshments 3:30 • Book Club Meeting [TR] 2:30 • Rummikub 6:30 • Feature Film [TR] Hand & Arm Massages with 7:00 • Keyboard Lounge: Special events, announcements, Aromatherapy [CS] Entertainment [CS] 6:30 • Feature Film [TR] 6:30 • Feature Film [TR] outings, and more!