

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Sunday Documentary Series! Spend your Sunday afternoon learning about something new! [TR]
3:00 ● Game Club: Rummikub [BS]
7:00 ● Feature Film [TR]

Labor Day
There will be NO Catholic Communion Service today!
10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
1:00 ● Labor Day Card Making for our Local Police and Fire Departments! [BS]
2:00 ● Labor Day Documentary: Brothers on the Line [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Outing: Ice Cream at Oberweis! Reservations are required, please reserve your spot at The Concierge Desk! [L]
4:00 ● Cranium Crunchers!
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Let's Explore! Watch LIVE footage of animals from all around the world! [L]
2:30 ● Knitting Club with Ann [CS]
3:00 ● Game Corner: Pinnacle [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Tinder Heart Arts and Crafts Session [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Birmingham Historical Museum Lecture with Caitlin! [BS]
3:00 ● Game Club: Scrabble! [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Shopping @ Target [L]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Root Beer, Orange, or Ginger Ale Floats! [BS]
3:00 ● Chair Yoga with Joyce [CS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Science Saturday: Watch & Discuss "Women in Engineering" [BS]
3:00 ● Cookies, Coffee, and Connecting! Join the Activities team for fresh baked cookies, coffee, and conversation! [BS]
7:00 ● Feature Film [TR]

Happy Grandparents Day!
10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Sunday Documentary Series! Spend your Sunday afternoon learning about something new! [TR]
3:15 ● Craft Fun: Lets make Slime! [CS]
4:00 ● Game Club: Board Games available. Come play games with your loved ones. [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Book Club- Discussion on Half of the Book! [TR]
3:00 ● Entertainment: Sing-A-Long with Dan B! [CS]
3:30 ● Catholic Communion Service: Please Arrive 5 Minutes Prior [TR]
6:30 ● Entertainment: Michael K. [L]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
11:30 ● Outing: Lunch at New York Burgers & Grill [L]
3:00 ● Tech Talk: How does 'Alexa' work in our community? [BS]
4:00 ● Word Search Puzzles & Soothing Music [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Discussion Group: What was your first job and what did you learn from it? [BS]
3:00 ● Game Corner: Bridge [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Tinder Heart Arts and Crafts Session [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● B-I-N-G-O in the Bistro! [BS]
3:30 ● Trivia Time! How many questions can you answer in two minutes?! [BS]
6:30 ● Entertainment: Dan B! (Singing, Piano) [L]

10:15 ● Exercise [CS]
11:00 ● Shopping @ Kroger [L]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Discuss & Recall: "The Cost of Higher Education" [BS]
3:00 ● Craft Corner: Bracelet Making [CS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Science Saturday: Watch & Discuss "Hyenas Once Lived in the Frigid Arctic" [BS]
3:00 ● Cookies, Coffee, and Connecting! Join the Activities team for fresh baked cookies, coffee, and conversation! [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Sunday Documentary Series! Spend your Sunday afternoon learning about something new! [TR]
3:00 ● Game Club: Rummikub [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Craft Corner: Clay Creations [CS]
3:30 ● Catholic Communion Service: Please Arrive 5 Minutes Prior [TR]
3:30 ● Game Club: Uno Cards [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
12:00 ● Outing: MJR Troy to see a Movie (Time to be determined) [L]
6:30 ● Entertainment: Special Dance Performance [L]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Let's Explore! Watch LIVE footage of animals from all around the world! [L]
2:30 ● Knitting Club with Ann [CS]
3:00 ● Game Corner: Pinnacle [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Tinder Heart Arts and Crafts Session [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
12:45 ● Outing: Concert at Temple Israel: Elvis! (Impersonator) Reserve your spot at the Concierge Desk! [L]
4:00 ● Watch & Discuss: "Kids Try 100 Years of the Most Expensive Foods" [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Shopping @ Target [L]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Fall Plants and Plants Special to Michigan [BS]
3:00 ● Chair Yoga with Joyce [CS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Entertainment: Fiddler Group [L]
3:00 ● Cookies, Coffee, and Connecting! Join the Activities team for fresh baked cookies, coffee, and conversation! [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Sunday Documentary Series! Spend your Sunday afternoon learning about something new! [TR]
3:00 ● Game Club: Rummikub [BS]
7:00 ● Feature Film [TR]

Happy Birthday Rita A!
10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Book Club- Discussion on Half of the Book! [TR]
3:00 ● Entertainment: Sing-A-Long with Dan B! [CS]
3:30 ● Catholic Communion Service: Please Arrive 5 Minutes Prior [TR]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
11:15 ● Outing: The Detroit Zoo! This Outing will require a lot of walking! Reservations are required, please reserve your spot at the Concierge Desk! [L]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Craft Corner: Apple Chalkboard Sign [CS]
3:00 ● Game Corner: Bridge [BS]
7:00 ● Feature Film [TR]

Happy Birthday Pat W!
10:15 ● Exercise [CS]
11:00 ● Tinder Heart Arts and Crafts Session [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Coffee Event Hosted by the Sales Team! (Time TBD) [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:00 ● Shopping @ Kroger [L]
11:15 ● Daily Chronicle Article with Coffee [BS]
3:00 ● Sheridan Scavenger Hunt! Can you find all of the clues around the building? [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Science Saturday: Watch & Discuss "7 Myths About Movement" [BS]
3:00 ● Entertainment: Double Play (Flute & Tuba) [L]
7:00 ● Feature Film [TR]

Happy Birthday Helene C!
10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Yom Kippur: True or False [BS]
3:00 ● Game Club: Rummikub [BS]
7:00 ● Feature Film [TR]

10:15 ● Exercise [CS]
11:15 ● Daily Chronicle Article with Coffee [BS]
2:00 ● Root Beer, Orange, or Ginger Ale Floats! [BS]
3:00 ● Game Club: Phase 10 [BS]
3:30 ● Catholic Communion Service: Please Arrive 5 Minutes Prior [TR]
7:00 ● Feature Film [TR]



- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys

Bistro BS
Creative Studio CS
Lobby L
Theater Room TR

"By all these lovely tokens,
September days are here, with
summer's best of weather and
autumn's best of cheer."

— H.H. Jackson