

The Sheridan

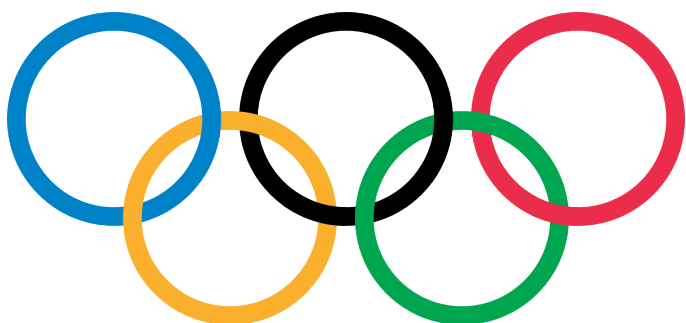
August 2021

Up Coming Events

8/3 - Menu Chat
8/5 - Live Performance/Lecture by Henry Feinberg
8/12 - Live Singing Performance by John Tenorio
8/16 - Activity Council
8/17 - Menu Chat
8/18 - Book Club
8/19 - Live Performance by Tom Birchler
8/24 - Resident Council
8/25 - Coffee Talk with the Executive Director
8/25 - Resident Summer Olympic Game Day
8/26 - Live Performance by Jeffrey Cavataio
8/26 - Care/Clinical Chats with the Health and Wellness Director

Happy Birthday!

Mary Ellen B.	8/8
Nancy L.	8/9
Erwin R.	8/16
John V.	8/17
Janet C.	8/19
Jerry L.	8/20
Robert M.	8/21
Cynthia O.	8/22
Doris B.	8/22
Elizabeth C.	8/26
Steven M.	8/26
Danute D.	8/27
Gerald H.	8/29
Mary H.	8/31



Summer Olympic

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August Updates from the Executive Director

A little bit about Jane Goulette



Jane Goulette, Executive Director, is married with two sons: Christopher and Alex. She has three granddaughters: Gabrielle (Gabi) who is 5, Viviana (Vivi) and Victoria (Tori) who are identical twins that are 2 years old. A little bit about Jane is that she has been in the senior housing industry for more than 25 years serving the last 20 years as a Vice President of Operations and traveling across the country from Oregon to New York and everywhere in-between. She has a Master's degree in Business Administration and was the founding President of the Michigan Center for Assisted Living. She loves serving seniors and can't imagine working in any other industry. Jane said it's hard to believe she has been here for 6 weeks as she expressed The Sheridan at Birmingham is beginning to feel like home. She expressed that time has gone by so quickly it feels like a blur, but the team and Jane are making some real progress. She said that there are a lot of new faces on staff, and we are continually recruiting as we work to survive this country wide staffing crisis.

Executive Director Update

The flu shot clinic has been scheduled and will take place in the community on October 13th so be sure to sign up with Rachael as we prepare for fall and flu season.

Jane will also be starting "Coffee Talk with the Executive Director" this month and the first meeting will take place on Wednesday, August 25th at 2:30PM in the Creative Studio. She is looking forward to sitting down with everyone in attendance to have a cup of coffee and chat.

Jane looks forward to the days ahead together and hope to see you all at the coffee chat.



August is Summer Olympics Month. This month's theme will celebrate the 2021 Summer Olympics in Tokyo, Japan and bringing it into our Building. Every week, we will be playing games to help us prepare for our big Resident Summer Olympic Game Day Wednesday, August 25th from 3:15PM - 4:15 PM.

Book Club

August 18th, 2021

Calling all readers, The Sheridan Book Club will be meeting the 3rd Wednesday of every month at 3:30 PM in the Creative Studio. For our August meeting, we will be discussing *Little Fires Everywhere* by Celeste Ng. If you are interested in joining book club, please sign up with Rachael, Programming Director, to receive the coming month's book. Contact Rachael Johnston, Director of Programming, with any questions.

September 2021

Braving The Wilderness, Brene Brown

October 2021

Love and Other Consolation Prizes, Jamie Ford

November 2021

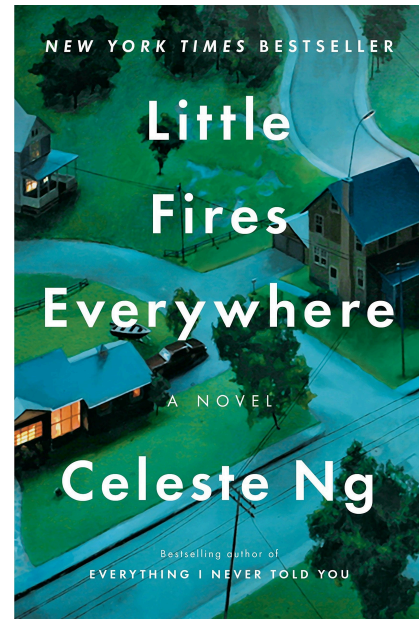
The Silence of The Girls: A Novel, Pat Barker

December 2021

The Girl From The Channel Islands, Jenny Lecoat

Little Fires Everywhere

by Celeste Ng



Set in Shaker Heights, Ohio, *Little Fires Everywhere* tells the story of Elena Richardson, a woman who thrives on structure and rules, and her family. When Mia Warren, an artist who has been living a nomadic lifestyle as a single mother with her daughter, Pearl, arrives in town, it threatens everything that Mrs. Richardson has known. Slowly, Mia becomes the enemy of Mrs. Richardson. Meanwhile, in another part of town, close friends of the Richardsons have adopted a Chinese-American baby, which results in a custody battle. When a fire breaks out in the Richardson home, the town is buzzing with their ideas on who the suspect is.

August Movies



Seven

Saturday, August 7th @ 2:00 PM

Brad Pitt and Morgan Freeman star in a searing psychological thriller about two detectives on the trail of a vicious serial killer who chooses his victims according to the seven deadly sins.



Unbroken: Path to Redemption

Saturday, August 14th @ 2:00 PM

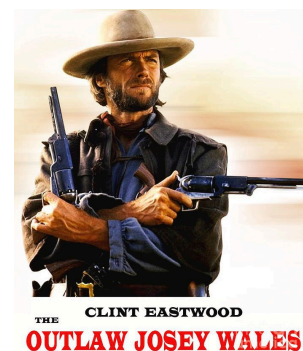
Haunted by nightmares of his horrific experiences, World War II hero Louis Zamperini meets Cynthia Applewhite, a young woman who becomes his wife. Zamperini's personal demons soon threaten to destroy his marriage -- until he hears the stirring words of the Rev. Billy Graham in 1949. Embracing his newfound Christian faith, Louis starts to turn his life around by learning to forgive his former oppressors and spreading the message of peace and love.



Cool Runnings

Saturday, August 21st @ 2:00 PM

A groundbreaking summer camp galvanizes a group of teens with disabilities to help build a movement, forging a new path toward greater equality.



The Outlaw Josey Wales

Saturday, August 28th @ 2:00 PM

After avenging his family's brutal murder by Union Forces in the Civil War, Missouri farmer Josey Wales is on the lam, pursued by a pack of killers. He travels westward alone, but a ragtag group of outcasts is drawn to him, and Wales can't leave his motley surrogate family unprotected.