


Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<p>“Mistakes are proof that you are trying” — Unknown</p>		10:00 Gather and Greet for a GOOD MORNING [AR] 10:30 Snack&Hydration: Choc/ Van Pudding [AR] 11:00 Noodles & Tunes Exercise [AR] 11:30 Daily Chronicles Discussions [AR] 2:00 Sorting, Folding and Organizing [AR] 3:00 Afternoon SOCIAL: PB& J Uncrustables [AR] 3:30 BROADWAY MUSIC from CAMELOT (IN2L) [L] 4:30 SING WITH SUSIE Q. (IN2L) [AR]	1 10:00 Gather and Greet for a GOOD MORNING [AR] 10:30 Snack&Hydration: Crackers [AR] 11:00 Brains & Body & Balloons Workout [AR] 11:30 School Days Trivia & More [AR] 2:00 GARDENING - Watering & weeding [OP] 3:00 Afternoon SOCIAL: Fruit Snacks [AR] 3:30 BROADWAY MUSIC from MY FAIR LADY (IN2L) [L] 4:30 SING WITH SUSIE Q. (IN2L) [AR]	2 10:00 Gather and Greet for a GOOD MORNING [AR] 10:30 Snack&Hydration: Crackers [AR] 11:00 Brains & Body & Balloons Workout [AR] 11:30 School Days Trivia & More [AR] 2:00 GARDENING - Watering & weeding [OP] 3:00 Afternoon SOCIAL: Fruit Snacks [AR] 3:30 BROADWAY MUSIC from MY FAIR LADY (IN2L) [L] 4:30 SING WITH SUSIE Q. (IN2L) [AR]	3 10:00 Gather and Greet for a GOOD MORNING [AR] 10:30 Snack&Hydration: Oranges [AR] 11:00 Noodles & Tunes Exercise [AR] 11:30 Daily Chronicles Discussions [AR] 2:00 MUSICAL MEMORIES - Songs from your favorite singers [AR] 3:00 Afternoon SOCIAL: Pretzels&cheese [AR] 3:30 BROADWAY MUSIC from FIDDLER ON THE ROOF (IN2L) [AR] 4:00 IN2L - TRAVEL - National Parks [AR] 4:30 SING WITH SUSIE Q. (IN2L) [AR]	4 10:00 Gather and Greet for a GOOD MORNING [AR] 10:30 Snack&Hydration: Bananas [AR] 11:00 Brains & Body & Balloons Workout [AR] 11:30 School Days Trivia & More [AR] 2:00 BRACELET MAKING - Beautiful Bling [AR] 3:00 Afternoon SOCIAL: Assorted Chips [AR] 3:30 BROADWAY MUSIC from GUYS & DOLLS (IN2L) [L] 4:00 IN2L - Worship-Videos-DEVOTIONS [L] 4:30 SING WITH SUSIE Q. (IN2L) [AR]	5 10:00 Gather and Greet for a GOOD MORNING [AR] 10:30 Snack&Hydration: Apple Sauce [AR] 11:00 Noodles & Tunes Exercise [AR] 11:30 Daily Chronicles Discussions [AR] 1:15 FRIDAY FILM FESTIVAL - MUSICALS & MORE [L] 3:15 Afternoon SNACK: Assorted Fruit [AR] 3:30 BROADWAY MUSIC from LES MISERABLES (IN2L) [L] 4:30 SING WITH SUSIE Q. (IN2L) [AR]	6 10:00 Gather and Greet for a GOOD MORNING [AR] 10:30 Snack&Hydration Station [AR] 11:00 YouTube: 15 minutes Gentle Chair Exercises for Seniors No Equipment [L] 1:30 Musical Movie Matinee [AR] 3:15 Afternoon Snack 4:00 Music Relaxation 4:30 SING WITH SUSIE Q. (IN2L) [AR] 4:30 YouTube: Easy Exercises to do while sitting [L]					
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