




	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p>  <p>a Senior Lifestyle community</p>	<p>May cont'd 30</p> <p>10:00 ● Puzzle Pages</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:00 ● Therapeutic Coloring [KAS]</p> <p>6:30 ● Non-Denominational Vesper Service [TC]</p>	<p>Memorial Day 31</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:00 ● Bunco [CR]</p> <p>10:00 ● Out To: Park Road Shopping Center</p> <p>11:30 ● Indoor Picnic [DR]</p> <p>1:30 ● Movie Matinee [AT]</p> <p>1:30 ● Scenic Drive</p> <p>4:00 ● Happy Hour [C]</p>			<p>Resident Birthdays</p> <p>Jack F. 5/4 Yasaman A. 5/5 Phil R. 5/5 Annette S. 5/6 Helen H. 5/7 Dorothy W. 5/10 Mary D. 5/13 Maggie T. 5/14 Helen B. 5/17 Valerie G. 5/19 Frances N. 5/20 Joan R. 5/20 Ellie Y. 5/23 Jack L. 5/26 John H. 5/30</p>	<p>“We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery.” — H.G. Wells</p>	<p>10:00 ● Puzzle Pages 1</p> <p>1:30 ● DIY-Jewelry Making [KAS]</p> <p>2:30 ● 2:30 DIY-Painting Flag Day Rocks [KAS]</p>	
	<p>10:00 ● Puzzle Pages 2</p> <p>2:00 ● Therapeutic Coloring [KAS]</p> <p>6:30 ● Non-Denominational Vesper Service [TC]</p>	<p>9:00 ● Stretch & Flex [WC] 3</p> <p>10:00 ● Bunco [CR]</p> <p>10:00 ● Out To: Park Road Shopping Center</p> <p>1:30 ● Movie Matinee [AT]</p> <p>1:30 ● Out To: Tuesday Morning</p> <p>4:00 ● Happy Hour [C]</p>	<p>9:00 ● Stretch & Flex [WC] 4</p> <p>10:00 ● Brain Health w/ Jessica from Genesis Rehab [WC]</p> <p>10:00 ● Menu Chat [SOL]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bingo 4 Candy [SOL]</p> <p>1:30 ● Flower Committee [C]</p> <p>2:30 ● Corn Hole Queens [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>Cinco de Mayo 5</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:30 ● Arm Chair Travel to Hawaii [KAS]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bible Study [TC]</p> <p>2:00 ● Stretch & Flex w/ Shirley [SOL]</p> <p>3:00 ● Resident Programs Meeting w/ Safiya [SOL]</p> <p>4:00 ● Cinco de Mayo Happy Hour [C]</p> <p>6:30 ● Technology Q & A w/ Barry [AT]</p>	<p>9:00 ● Stretch & Flex [WC] 6</p> <p>10:30 ● Strength & Balance w/ Starvos [WC]</p> <p>1:30 ● Movie Matinee [AT]</p> <p>3:00 ● Resident's Meeting w/ Council [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>9:00 ● Stretch & Flex [WC] 7</p> <p>10:00 ● Out To: Dollar Tree</p> <p>10:00 ● Senior Scholars [CR]</p> <p>1:30 ● Documentary: Crusade in The Pacific [AT]</p> <p>1:30 ● Scenic Drive</p> <p>4:00 ● Happy Hour [C]</p> <p>4:00 ● Musical Melodies w/ David Jennings [SOL]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>10:00 ● Puzzle Pages 8</p> <p>10:30 ● Stretch & Flex [WC]</p> <p>1:00 ● Grab n' Go Ice Cream</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:30 ● Bingo 4 Candy [SOL]</p>	
	<p>Mother's Day 9</p> <p>9:30 ● Muffins & Mimosas 4 Moms [C]</p> <p>10:00 ● Puzzle Pages</p> <p>11:30 ● Mother's Day Luncheon [DR]</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:00 ● Therapeutic Coloring [KAS]</p> <p>2:15 ● Challenge Trivia</p> <p>6:30 ● Non-Denominational Vesper Service [TC]</p>	<p>9:00 ● Stretch & Flex [WC] 10</p> <p>10:00 ● Bunco [CR]</p> <p>10:00 ● Out To: Park Road Shopping Center</p> <p>1:30 ● Movie Matinee [AT]</p> <p>1:30 ● Scenic Drive</p> <p>4:00 ● Happy Hour [C]</p>	<p>9:00 ● Stretch & Flex [WC] 11</p> <p>10:00 ● Blood Drive</p> <p>10:00 ● Menu Chat [SOL]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bingo 4 Candy [SOL]</p> <p>1:30 ● Flower Committee [C]</p> <p>2:30 ● Corn Hole Queens [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>9:00 ● Onsite Dermatology [CR] 12</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:30 ● Arm Chair Travel to Alaska [AT]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bible Study [TC]</p> <p>2:00 ● Stretch & Flex w/ Shirley [SOL]</p> <p>3:00 ● Executive Director Meeting w/ Laurie [SOL]</p> <p>3:00 ● Mass w/ Father Reid [TC]</p> <p>4:00 ● Happy Hour [C]</p> <p>6:30 ● Technology Q & A w/ Barry [AT]</p>	<p>9:00 ● Stretch & Flex [WC] 13</p> <p>1:30 ● Movie Matinee [AT]</p> <p>2:00 ● Sing-a-longs w/ Betty [SOL]</p> <p>4:00 ● Birthday Dinner [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>9:00 ● Stretch & Flex [WC] 14</p> <p>10:00 ● Out To: Memorial Gardens & Lunch</p> <p>10:00 ● Senior Scholars [CR]</p> <p>1:30 ● Documentary: Crusade in The Pacific [AT]</p> <p>2:00 ● Ice Cream Sundaes [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>4:00 ● Ragtime Piano w/ Ethan [SOL]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>10:00 ● Puzzle Pages 15</p> <p>1:00 ● Grab n' Go Ice Cream</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:30 ● Bingo 4 Candy [SOL]</p>	
	<p>Location Keys</p> <p>Card Room CR Cheers C Kindling Art Studio KAS Magnolia Restaurant DR Room Visits RV Solarium SOL The Avondale Theater AT The Den TD Tree of Life Chapel TC Wellness Center WC</p>	<p>10:00 ● Puzzle Pages 16</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:00 ● Therapeutic Coloring [KAS]</p> <p>6:30 ● Non-Denominational Vesper Service [TC]</p>	<p>Spring Spirit Week 17</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:00 ● Bunco [CR]</p> <p>10:00 ● Out To: Park Road Shopping Center</p> <p>1:30 ● Movie Matinee [AT]</p> <p>1:30 ● Out To: Aldi's</p> <p>4:00 ● Happy Hour [C]</p>	<p>Spring Jewelry 18</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:00 ● Menu Chat [SOL]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bingo 4 Candy [SOL]</p> <p>1:30 ● Flower Committee [C]</p> <p>2:30 ● Corn Hole Queens [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>Spring Scarves 19</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:30 ● Arm Chair Travel to The Pacific Northwest [AT]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bible Study [TC]</p> <p>2:00 ● Stretch & Flex w/ Shirley [SOL]</p> <p>3:00 ● Food for Thought Meeting [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>6:30 ● Technology Q & A w/ Barry [AT]</p>	<p>Spring Hats & Dresses 20</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:00 ● Scheduled Massages w/ Patty [RV]</p> <p>1:30 ● CaptionCall Presented by Amanda Cox [SOL]</p> <p>1:30 ● Movie Matinee [AT]</p> <p>4:00 ● Spring Fling w/ Brian McCarn [SOL]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>Spring Shirts 21</p> <p>9:00 ● Stretch & Flex [WC]</p> <p>10:00 ● Out To: Dollar Tree</p> <p>10:00 ● Senior Scholars [CR]</p> <p>1:30 ● Documentary: Crusade in The Pacific [AT]</p> <p>1:30 ● Scenic Drive</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>10:00 ● Puzzle Pages 22</p> <p>10:30 ● Stretch & Flex [WC]</p> <p>1:00 ● Grab n' Go Ice Cream</p> <p>1:30 ● DIY-Tissue Paper Spring Flowers [KAS]</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:30 ● Bingo 4 Candy [SOL]</p>
		<p>10:00 ● Puzzle Pages 23</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:00 ● Therapeutic Coloring [KAS]</p> <p>2:15 ● Challenge Trivia</p> <p>6:30 ● Non-Denominational Vesper Service [TC]</p>	<p>9:00 ● Stretch & Flex [WC] 24</p> <p>10:00 ● Bunco [CR]</p> <p>10:00 ● Out To: Park Road Shopping Center</p> <p>1:30 ● Movie Matinee [AT]</p> <p>1:30 ● Out To: Carolina Place Mall & Gabes</p> <p>4:00 ● Happy Hour [C]</p>	<p>9:00 ● Stretch & Flex [WC] 25</p> <p>10:00 ● Menu Chat [SOL]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bingo 4 Candy [SOL]</p> <p>1:30 ● Flower Committee [C]</p> <p>2:30 ● Corn Hole Queens [SOL]</p> <p>3:00 ● Library Book Club Meeting [TD]</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>9:00 ● Stretch & Flex [WC] 26</p> <p>9:30 ● Light Rail Trip Through Charlotte</p> <p>10:30 ● Arm Chair Travel to China [AT]</p> <p>1:00 ● Bridge [CR]</p> <p>1:30 ● Bible Study [TC]</p> <p>2:00 ● Stretch & Flex w/ Shirley [SOL]</p> <p>3:00 ● Maintenance Meeting w/ Ben [SOL]</p> <p>4:00 ● Happy Hour [C]</p> <p>6:30 ● Technology Q & A w/ Barry [AT]</p>	<p>9:00 ● Stretch & Flex [WC] 27</p> <p>1:30 ● Movie Matinee [AT]</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p> <p>6:30 ● Musical Entertainment w/ John Lewis [SOL]</p>	<p>9:00 ● Stretch & Flex [WC] 28</p> <p>10:00 ● Senior Scholars [CR]</p> <p>11:00 ● Out To: Freedom Park w/ box lunch</p> <p>1:30 ● Documentary: Crusade in The Pacific [AT]</p> <p>2:00 ● Out To: Jeni's Splendid Ice Cream</p> <p>4:00 ● Happy Hour [C]</p> <p>5:30 ● Evening Movie [AT]</p>	<p>10:00 ● Puzzle Pages 29</p> <p>1:00 ● Grab n' Go Ice Cream</p> <p>2:00 ● Movie Matinee [AT]</p> <p>2:30 ● Bingo 4 Candy [SOL]</p>

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