

June 2021  
AL Monthly Calendar

Monthly Activities

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<div><div>BeInspired</div><div>WWW.SENIORLIFESTYLE.COM</div><div>Activities are subject to change</div></div>				<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>1</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Coffee &amp; Chat with Staff</div><div>10:30: Yoga with Mone'</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>2:30: Let's go Sightsee the City... (Assisted Living)</div><div>4:00: Laughter &amp; Checkers with Friends</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>2</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Coffee &amp; Chat with Staff</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Manicures &amp; Beauty Talk with Mone'</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>3</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Yoga Moves with Connie</div><div>11:00: Big Word little Word</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>3:00: National Donut Day Social with Mone'</div><div>4:00: Jenga with Mone'</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>4</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>2:00: Afternoon Matinee &amp; Refreshments with Friends</div><div>3:00: Cash Prize Bingo &amp; Refreshments with LaTosha</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>5</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>11:30: Creativity Corner with LaTosha</div><div>2:00: Let's Play Pokeno with LaTosha</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:15: TC Movie Time on Channel 6</div></div>			
<div><div>THE RESIDENCES AT THOMAS CIRCLE</div><div>a Senior Lifestyle community</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>6</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Dial in- Praise Worship Services with Pastor Saunders</div><div>11:00: Spiritual Tunes and Bible Trivia Time w/ Mone'</div><div>1:00: Board games with Staff</div><div>3:00: Courtyard Trivia &amp; Refreshments with Mone'</div><div>6:00: Sunday Evening Movie &amp; Refreshments with Staff</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>7</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Big Word little Word</div><div>3:30: Bingo Blast with Mone'</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>8</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Coffee &amp; Chat with Staff</div><div>10:30: Yoga with Mone'</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>2:30: Let's go Sightsee the City... (Assisted Living)</div><div>4:00: Laughter &amp; Checkers with Friends</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>9</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Coffee &amp; Chat with Staff</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Manicures &amp; Beauty Talk with Mone'</div><div>11:00: Zoom Mid-Day Service with Pastor Saunder</div><div>2:00: Zoom Lecture &amp; Discussion w/ Dr.Jenner</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>10</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Yoga Moves with Connie</div><div>11:00: Big Word little Word</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>3:00: Happy Hour with Mone'</div><div>4:00: Jenga with Mone'</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>11</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>2:30: Jewelry Making with Victoria</div><div>3:29: Let's Play Pokeno with LaTosha</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>12</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>11:30: Creativity Corner with LaTosha</div><div>2:00: Ice cream Cone Social</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>	
<div><div>CONNECT</div><div>CONTRIBUTE</div><div>FEEL</div><div>GROW</div><div>MOVE</div><div>REFLECT</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>13</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Dial in- Praise Worship Services with Pastor Saunders</div><div>10:00: Morning Motivation &amp; Movement to Motown</div><div>11:00: Spiritual Tunes and Bible Trivia Time w/ Mone'</div><div>1:00: Board games with Staff</div><div>3:00: Courtyard Trivia &amp; Refreshments with Mone'</div><div>6:00: Sunday Evening Movie &amp; Refreshments with Staff</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>14</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Big Word little Word</div><div>3:30: Bingo Blast with Mone'</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>15</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Coffee &amp; Chat with Staff</div><div>10:30: Yoga with Mone'</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>2:00: Resident Council - AL Dining Room Session 1</div><div>2:30: Let's go Sightsee the City... (Assisted Living)</div><div>2:30: Resident Council - AL Dining Room Session 2</div><div>4:00: Laughter &amp; Checkers with Friends</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>16</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Coffee &amp; Chat with Staff</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Manicures &amp; Beauty Talk with Mone'</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>17</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Yoga Moves with Connie</div><div>11:00: Big Word little Word</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>3:00: Happy Hour with Mone'</div><div>4:00: Jenga with Mone'</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>18</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>2:00: Afternoon Matinee &amp; Refreshments with Friends</div><div>3:00: Cash Prize Bingo &amp; Refreshments with LaTosha</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>19</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>11:30: Creativity Corner with LaTosha</div><div>1:00: Father's Day Brew &amp; Barbeque Celebration [CY]</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>	
<div><div>Location Keys</div><div>Auditorium</div><div>Courtyard</div><div>Theater</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>20</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>Father's Day</div><div>10:00: Dial in- Praise Worship Services with Pastor Saunders</div><div>11:00: Spiritual Tunes and Bible Trivia Time w/ Mone'</div><div>1:00: Board games with Staff</div><div>3:00: Courtyard Trivia &amp; Refreshments with Mone'</div><div>3:00: First Day of Summer Social with Mone'</div><div>6:00: Sunday Evening Movie &amp; Refreshments with Staff</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>21</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Big Word little Word</div><div>3:30: Sip &amp; Paint with Mone'</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>22</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Coffee &amp; Chat with Staff</div><div>10:30: Yoga with Mone'</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>2:30: Let's go Sightsee the City... (Assisted Living)</div><div>4:00: Laughter &amp; Checkers with Friends</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>23</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Coffee &amp; Chat with Staff</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Manicures &amp; Beauty Talk with Mone'</div><div>11:00: Zoom Mid- Day Service with Pastor Saunders</div><div>2:00: Zoom Lecture &amp; Discussion w/ Dr.Jenner</div><div>3:00: Monthly Birthday Celebration with Friends</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>24</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Yoga Moves with Connie</div><div>11:00: Big Word little Word</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>3:00: Chicken &amp; Waffle Social with Mone'</div><div>4:00: Jenga with Mone'</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>25</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>2:00: Afternoon Matinee &amp; Refreshments with Friends</div><div>3:00: Let's Play Pokeno with LaTosha</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>26</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:15: Coffee ' &amp; Chat with Friends</div><div>11:30: Creativity Corner with LaTosha</div><div>2:00: Brain Games &amp; Refreshments</div><div>4:30: Easy Listening Music &amp; Reflections</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>	
<div><div>AUDITORIUM</div><div>COURTYARD</div><div>THEATER</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>27</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Dial in- Praise Worship Services with Pastor Saunders</div><div>10:00: Morning Motivation &amp; Movement to Motown</div><div>11:00: Spiritual Tunes and Bible Trivia Time w/ Mone'</div><div>1:00: Board games with Staff</div><div>3:00: Courtyard Trivia &amp; Refreshments with Mone'</div><div>3:00: Watermelon Social with Mone'</div><div>6:00: Sunday Evening Movie &amp; Refreshments with Staff</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>28</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Big Word little Word</div><div>3:30: Bingo Blast with Mone'</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>29</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:30: Coffee &amp; Chat with Staff</div><div>10:30: Yoga with Mone'</div><div>11:30: Boggling Brain Stretch (Memory &amp; Concentration fitness)</div><div>2:30: Let's go Sightsee the City... (Assisted Living)</div><div>4:00: Laughter &amp; Checkers with Friends</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>		<div><div>Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening</div><div>30</div><div>FaceTime Video Chats Available, schedule your time with the Activities Department</div><div>10:00: Coffee &amp; Chat with Staff</div><div>10:00: Fitness Time w/ Reggie [AUD]</div><div>11:00: Manicures &amp; Beauty Talk with Mone'</div><div>7:00: Jeopardy watching with Friends</div><div>7:15: TC Movie Time on Channel 6 [T]</div></div>							