



























































































































































































































































September 2021  
Memory Care Neighborhood Calendar

Monthly Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><p>MEMORY CARE <b>Embrace</b> BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p></div> <div><p>THE RESIDENCES AT THOMAS CIRCLE</p><p>a Senior Lifestyle community</p></div> <div><p> *BOOKMARKS</p><p> *ESSENCE</p><p> *SNAPSHOTS</p><p> *SPARK</p><p> *THYMELESS</p><p> CONNECT</p><p> CONTRIBUTE</p><p> GROW</p><p> MOVE</p><p> REFLECT</p></div>	 <div><p>9:45  Magic Grower's Gardening Club</p><p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p><p>10:00  <b>Dial in- for Praise and Worship Service with Pastor Saunders</b></p><p>10:30  Noodle time chair Aerobics</p><p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p><p>1:00  Are you ready for some football? Fall Football Fun with Friends. Channel 4 , America's Home Team</p><p>1:30  <b>Art Time with Staff</b></p><p>2:30  Let's set the table for dinner</p><p>3:00  Reminisce, Socialize &amp; Refreshments with Staff</p><p>4:00  Hand Massages &amp; Relaxation with staff</p><p>6:00  Evening Movie with staff</p></div>	<p><b>Labor Day</b></p> <p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  Noodle time chair Aerobics</p> <p>11:00  Penny Savers Coupon Clipping with Staff</p> <p>11:30  Community Labor Day Cookout ( 11AM - 2PM, * rain location Memory Care Dining Room)</p> <p>1:30  <b>Creative Painter's with Mone'</b></p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Chicken Soup for the soul book reading and snacks</p> <p>6:00P  <b>Reminisce &amp; Mediate with Staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  Noodle time chair Aerobics</p> <p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p> <p>11:30  Book Reading with Staff</p> <p>1:30  <b>Afternoon Matinee &amp; Refreshments with Friends</b></p> <p>2:30  Let's set the table for dinner</p> <p>3:00  <b>Autumn Time Social with Friends</b></p> <p>4:00  Hand Massages &amp; Relaxation with staff</p> <p>5:30  Jokes, Giggles, &amp; Riddles with Staff</p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  <b>Memory Care Book Club: Class Is In Session</b></p> <p>10:30  Music and Movement with Staff</p> <p>11:00  Let's Figure it out, Cognitive Thinking game</p> <p>11:30  They Come in Pairs with LaTosha</p> <p>1:00  Puzzle time with Friends</p> <p>2:00  Musical Bingo with Friends</p> <p>2:30  Let's set the table for dinner</p> <p>6:00P  <b>Storytelling and Reminiscing with Staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  Noodle time chair Aerobics</p> <p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p> <p>11:00  Penny Savers Coupon Clipping with Staff</p> <p>1:00  Art Deco Let's Paint Mandelas with Staff</p> <p>1:30  Let's make Yummy Parfaits</p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Peaches &amp; cottage cheese Social</p> <p>4:00  Hand Massages &amp; Relaxation with staff</p> <p>6:00P  <b>Reminisce &amp; Mediate with Staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  <b>Memory Care Book Club: Class Is In Session</b></p> <p>10:30  Music and Movement with Staff</p> <p>11:00  Let's Create with Modeling Clay</p> <p>1:30  <b>Afternoon Matinee &amp; Refreshments with Friends</b></p> <p>2:00  Poetry Club with LaTosha</p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Motown Music's Greatest Hits Social &amp; Refreshments</p> <p>6:00P  <b>Friday Evening Movie with staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  <b>Chair Aerobics with Staff</b></p> <p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p> <p>11:00  Penny Savers Coupon Clipping with Staff</p> <p>1:00  Musical Tunes with Bonnie "Franklin" Williams</p> <p>1:00  Puzzle time with Friends</p> <p>2:00  Let us explore Nature (afternoon stroll)</p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Chicken Soup for the soul book reading and snacks</p> <p>3:00  <b>Sentimental Tunes Sing A-long and snack</b></p> <p>4:00  Hand Massages &amp; Relaxation with staff</p> <p>5:30  Hallmark Movie Time with Staff</p>
	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  Noodle time chair Aerobics</p> <p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p> <p>1:00  Are you ready for some football? Fall Football Fun with Friends. Channel 4 , America's Home Team</p> <p>1:30  <b>Art Time with Staff</b></p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Reminisce, Socialize &amp; Refreshments with Staff</p> <p>4:00  Hand Massages &amp; Relaxation with staff</p> <p>6:00  Evening Movie with staff</p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  Music and Movement with Staff</p> <p>11:00  Penny Savers Coupon Clipping with Staff</p> <p>11:30  Community Labor Day Cookout ( 11AM - 2PM, * rain location Memory Care Dining Room)</p> <p>1:30  <b>Creative Painter's with Mone'</b></p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Chicken Soup for the soul book reading and snacks</p> <p>6:00P  <b>Reminisce &amp; Mediate with Staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  Noodle time chair Aerobics</p> <p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p> <p>11:30  Book Reading with Staff</p> <p>1:30  <b>Afternoon Matinee &amp; Refreshments with Friends</b></p> <p>2:00  Let us explore Nature (afternoon stroll)</p> <p>2:30  Let's set the table for dinner</p> <p>3:00  <b>Autumn Time Social with Friends</b></p> <p>4:00  Hand Massages &amp; Relaxation with staff</p> <p>5:30  Jokes, Giggles, &amp; Riddles with Staff</p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  <b>Memory Care Book Club: Class Is In Session</b></p> <p>10:30  Music and Movement with Staff</p> <p>11:00  Healthy Foods Bingo (Cognitive Thinking)</p> <p>11:00  Let's Figure it out, Cognitive Thinking game</p> <p>11:30  They Come in Pairs with LaTosha</p> <p>1:00  Puzzle time with Friends</p> <p>2:00  Musical Bingo with Friends</p> <p>2:30  Let's set the table for dinner</p> <p>6:00P  <b>Storytelling and Reminiscing with Staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  Noodle time chair Aerobics</p> <p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p> <p>11:00  Penny Savers Coupon Clipping with Staff</p> <p>1:00  Tea Time, DIY Spiced Peach Tea</p> <p>1:00  Art Deco Let's Paint Mandelas with Staff</p> <p>2:00  Let us explore Nature (afternoon stroll)</p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Peaches &amp; ice cream Social</p> <p>4:00  Hand Massages &amp; Relaxation with staff</p> <p>5:30  Fall time Family Meet &amp; Greet ( Rooftop gathering with the families of Memory Care)</p> <p>6:00P  <b>Reminisce &amp; Mediate with Staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  <b>Memory Care Book Club: Class Is In Session</b></p> <p>10:30  Music and Movement with Staff</p> <p>11:00  Creative Musical Tunes with Jenny</p> <p>1:30  <b>Afternoon Matinee &amp; Refreshments with Friends</b></p> <p>2:00  Poetry Club with LaTosha</p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Motown Music's Greatest Hits Social &amp; Refreshments</p> <p>6:00P  <b>Friday Evening Movie with staff</b></p>	<p>9:45  Magic Grower's Gardening Club</p> <p>10:00  Busy Helper's Club, let us prepare our snack and hydration</p> <p>10:30  <b>Chair Aerobics with Staff</b></p> <p>11:00  <b>1330 Walking Club (if it's raining or too hot it will be inside)</b></p> <p>11:00  Penny Savers Coupon Clipping with Staff</p> <p>1:00  Puzzle time with Friends</p> <p>1:30  So Touchy Feely, Memory Game by Texture</p> <p>2:00  Let us explore Nature (afternoon stroll)</p> <p>2:30  Let's set the table for dinner</p> <p>3:00  Chicken Soup for the soul book reading and snacks</p> <p>3:00  <b>Sentimental Tunes Sing A-long and snack</b></p> <p>4:00  Hand Massages &amp; Relaxation with staff</p> <p>5:30  Hallmark Movie Time with Staff</p>
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