

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Thelma H. 10/12

Sonja D. 10/18

Robert C. 10/19

Olvida D. 10/28

♥ CONTRIBUTE  
 🛠️ Culture & The Arts  
 📖 LEARN  
 💡 Lectures & Learning  
 🌐 MOVE  
 🧘 Movement & Mind  
 🔄 REFLECT  
 🌿 Social  
 💖 Spiritual Health & Religion

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30: 🌐 Morning Motivation and Movement to Motown  
 11:00 📖 Big Word little Word  
 2:30 Autumn is calling and leaves are falling Rolling Cart  
 4:00 🛠️ Beads and things with Mone'

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 3:30 🌿 Jokes, Riddles & Trivia

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:15 🔄 Unwind, Coffee, and Reflect  
 3:30P 🌿 Afternoon GAME-TIME with Staff  
 5:00 🌿 Movie Matinee

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 💖 Dial in- Praise Worship Services with Pastor Saunders  
 11:00 💖 Spiritual Tunes and Bible Trivia Cart w/ Mone'  
 2:30 Rolling Hydration Cart  
 3:00 🌿 Table games and puzzles

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 11:30 💖 Manicure's And Beauty Talk with Mone'  
 2:30 Rolling Hydration Cart  
 6:00 Movie Time

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30: 🌿 Coffee & Chat with Staff  
 10:30 🌐 Yoga with Mone'  
 11:00 🛠️ Fall time Arts & Crafts  
 11:30 📖 Boggling Brain Stretch (Memory & Concentration fitness)  
 2:00 AL Activity & Trip Planning Committee  
 4:00 Prize Bingo

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 🌿 Coffee & Chat with Staff  
 10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:00 🌿 Wine Down Wednesday with Sena  
 2:30 🌿 Rolling Hydration Cart  
 4:00 🌿 Jenga with Mone'

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30, 🌐 Morning Motivation and Movement to Reggae  
 11:00 📖 Big Word little Word  
 2:30 🌿 Rolling Hydration Cart  
 3:00 🧘 Brain Fitness with LaTosha

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:30 🌿 Rolling Hydration Cart  
 3:00 🌿 Welcoming All New Residents Social

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:15 🔄 Unwind, Coffee, and Reflect  
 1:30 🌿 Collegiate game watching and Snacks with Staff  
 2:30 🌿 Rolling Hydration Cart  
 5:00 🌿 Movie Matinee

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 💖 Dial in- Praise Worship Services with Pastor Saunders  
 11:00 💖 Spiritual Tunes and Bible Trivia Cart w/ Mone'  
 1:00 🌿 Are You Ready for Some Football?  
 2:30 🌿 Rolling Hydration Cart  
 3:00 🌿 Table games and puzzles

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Columbus Day**  
**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 11:00 📖 Columbus Day Trivia  
 2:30 🌿 Rolling Hydration Cart  
 6:00 Monday Evening Movie

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30: 🌿 Coffee & Chat with Staff  
 10:30 🌐 Yoga with Mone'  
 11:00 🛠️ Fall time Arts & Crafts  
 11:30 📖 Boggling Brain Stretch (Memory & Concentration fitness)  
 2:00 AL Activity & Trip Planning Committee  
 2:00 ♥ Resident Council - AL Dining Room Session 1  
 2:30 ♥ Resident Council - AL Dining Room Session 2  
 2:30 🌿 Rolling Hydration Cart  
 4:00 Prize Bingo

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 🌿 Coffee & Chat with Staff  
 10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:00 Zoom lecture & discussion w/ Dr. Jenner on The History of Canada  
 2:30 🌿 Rolling Hydration Cart  
 4:00 🌿 Jenga with Mone'

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30, 🌐 Morning Motivation and Movement to Motown  
 11:00 📖 Big Word little Word  
 2:30 🌿 Octoberfest Rolling Cart

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 3:30 🌿 Jokes, Riddles & Trivia

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:15 🔄 Unwind, Coffee, and Reflect  
 1:30 🌿 Collegiate game watching and Snacks with Staff  
 3:30P 🌿 Afternoon Crossword fun  
 5:00 🌿 Wild about Westerns

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 💖 Dial in- Praise Worship Services with Pastor Saunders  
 11:00 💖 Spiritual Tunes and Bible Trivia Cart w/ Mone'  
 1:00 🌿 Are You Ready for Some Football?  
 2:30 🌿 Rolling Hydration Cart  
 3:00 🌿 Table games and puzzles

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:30 🌿 Rolling Hydration Cart  
 6:00 Movie Time

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Community Oktoberfest**  
**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30: 🌿 Coffee & Chat with Staff  
 10:30 🌐 Yoga with Mone'  
 11:00 🛠️ Fall time Arts & Crafts  
 11:30 📖 Boggling Brain Stretch (Memory & Concentration fitness)  
 2:30 🌿 Rolling Hydration Cart  
 4:00 Prize Bingo

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 🌿 Coffee & Chat with Staff  
 10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:00 🌿 Wine Down Wednesdays with Sena  
 2:30 🌿 Rolling Hydration Cart  
 4:00 🌿 Jenga with Mone'

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30, 🌐 Morning Motivation and Movement to Motown  
 11:00 📖 Big Word little Word  
 11:30 Brain Games & Puzzles  
 2:30 🌿 Think" PINK " Rolling Cart ( Celebrating Breast Cancer Awareness Month)

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:30 🌿 Rolling Hydration Cart  
 3:30 🌿 Arts & Crafts time w/ LaTosha

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:15 🔄 Unwind, Coffee, and Reflect  
 1:30 🌿 Collegiate game watching and Snacks with Staff  
 2:30 🌿 Rolling Hydration Cart  
 3:30P 🌿 Afternoon GAME-TIME with Staff  
 5:00 🌿 Movie Matinee

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 💖 Dial in- Praise Worship Services with Pastor Saunders  
 11:00 💖 Spiritual Tunes and Bible Trivia Cart w/ Mone'  
 1:00 🌿 Are You Ready for Some Football?  
 2:30 Rolling Hydration Cart  
 3:00 🌿 Table games and puzzles

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:30 Rolling Hydration Cart  
 6:00 Movie Time

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30: 🌿 Coffee & Chat with Staff  
 10:30 🌐 Yoga with Mone'  
 11:00 🛠️ Fall time Arts & Crafts  
 11:30 📖 Boggling Brain Stretch (Memory & Concentration fitness)  
 2:30 Rolling Hydration Cart  
 4:00 Boo - rific Bingo & Snacks

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00, 🌿 Coffee & Chat with Staff  
 10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:00 Zoom Lecture & Discussion w/ Dr. Jenner - Everyday Life w/ Dr. Jenner  
 2:30 Rolling Hydration Cart  
 4:00 🌿 Jenga with Mone'

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:30, 🌐 Morning Motivation and Movement to Motown  
 11:00 📖 Big Word little Word  
 11:30 Brain Games & Puzzles  
 2:00 Monthly Birthday Social  
 2:30 Rolling Hydration Cart

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

10:00 Zoom Exercises w/ Reggie  
 10:30 💡 Rolling Book Cart  
 2:30 Rolling Hydration Cart  
 3:30 🌿 Arts & Crafts time w/ LaTosha

**Channel 6/ Senior TV Viewers: 10AM, 2PM and 7PM daily screening**

**Courtyard Visits & FaceTime Video Chats Available, schedule your time with the Activities Department**

Halloween  
 10:15 🔄 Unwind, Coffee, and Reflect  
 1:30 🌿 Collegiate game watching and Snacks with Staff  
 2:30 Creepy Crawley Halloween Rolling Cart  
 3:30P 🌿 Afternoon GAME-TIME with Staff  
 5:00 🌿 Movie Matinee