

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

CY-Courtyard

L-Lobby

LL-Lower Level

SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE
Unlimited options,
Unparalleled services

Join us every Tuesday for
our new resident meet and
greet!

10:00. Rosary with Jim [CP] 1
10:30. Exercise!
11:00. Who Wants To Be A Millionaire
2:30P. Happy Hour Celebration
3:30P. Friday Movie Matinee
4:00P. Classic Movies
11:00. Chair Dance 2
2:00P. Music Bingo
3:30P. New Resident Meet & Greet
4:00P. Getting to Know You

10:00. Sunrise Fitness & Inspiration 3
2:00P. Super Bowl Gospel Celebration
4:00P. One-On-One
6:00P. TCM Movies
10:30. Workout! 4
11:00. Marvelous Monday Inspiration
2:00P. Black History Moment
3:00P. Art with Annie
4:00P. Classic Movies
Chinese New Year 5
10:30. Lava Java Coffee Club
11:00. Break The Bank
11:30. Sunrise Yoga
2:00P. Chinese New Year Celebration: The Year Of The Pig
4:00P. Classic Movies
10:30. Conversation & Coffee [HL] 6
11:00. Music Therapy with Daryl
2:00P. Fifty Shades Of In The Kitchen with Neesha
3:00p. Words of Wisdom Book Club
4:00P. Classic Movies
10:30. Music & Dance 7
11:00. Thankful Thursday
11:30. Quotes of Gratitude
2:00P. Renewal Of Vows Ceremony
3:00P. Wedding Reception
4:00P. Classic Movies
10:00. Rosary with Jim [CP] 8
10:30. Exercise!
10:30. Sunrise Fitness
11:00. Who Wants To Be A Millionaire
2:30P. Happy Hour Celebration
3:30P. Friday Movie Matinee
4:00P. Classic Movies
11:00. Chair Dance 9
2:00P. Music Bingo
3:30P. New Resident Meet & Greet
4:00P. Getting to Know You

11:00. Interfaith Ministries 10
2:00p. Family & Resident Social: Celebrating Love
4:00P. One-On-One
6:00P. TCM Movies
10:30. Workout! 11
11:00. Marvelous Monday Inspiration
2:00P. Black History Moment
3:00P. Art with Annie
4:00P. Classic Movies
10:30. Lava Java Coffee Club 12
11:00. Break The Bank
11:30. Sunrise Yoga
2:00P. SNF Welcome Celebration
4:00P. Classic Movies
10:30. Conversation & Coffee [HL] 13
11:00. Music Therapy with Daryl
2:00P. Fifty Shades Of In The Kitchen with Neesha
3:00p. Words of Wisdom Book Club
4:00P. Classic Movies
Valentine's Day 14
10:30. Music & Dance
11:00. Thankful Thursday
11:30. Quotes of Gratitude
2:00p. Fire & Ice Valentine's Day Party
4:00P. Classic Movies
10:00. Rosary with Jim [CP] 15
10:30. Exercise!
10:30. Sunrise Fitness
11:00. Who Wants To Be A Millionaire
2:30P. Happy Hour Celebration
3:30P. Friday Movie Matinee
4:00P. Classic Movies
11:00. Chair Dance 16
2:00P. Music Bingo
3:30P. New Resident Meet & Greet
4:00P. Getting to Know You

11:00. Interfaith Ministries 17
2:00p. Family Resident Movie Matinee
4:00P. One-On-One
6:00P. TCM Movies
President's Day 18
10:30. Workout!
11:00. Marvelous Monday Inspiration
2:00P. Black History Moment
3:00P. Art with Annie
4:00P. Classic Movies
10:30. Lava Java Coffee Club 19
11:00. Break The Bank
11:30. Sunrise Yoga
2:00P. SNF Welcome Celebration
4:00P. Classic Movies
10:30. Conversation & Coffee [HL] 20
11:00. Music Therapy with Daryl
2:00P. Fifty Shades Of In The Kitchen with Neesha
3:00p. Words of Wisdom Book Club
4:00P. Classic Movies
10:30. Music & Dance 21
11:00. Thankful Thursday
11:30. Quotes of Gratitude
2:00p. Love Language: Sign Language (Learn Sign Language)
4:00P. Classic Movies
10:00. Rosary with Jim [CP] 22
10:30. Exercise!
10:30. Sunrise Fitness
11:00. Who Wants To Be A Millionaire
2:30P. Happy Hour Celebration
3:30P. Friday Movie Matinee
4:00P. Classic Movies
11:00. Chair Dance 23
2:00P. Music Bingo
3:30P. New Resident Meet & Greet
4:00P. Getting to Know You

11:00. Exercise 24
2:00p. Family Game Day
4:00P. One-On-One
6:00P. TCM Movies
10:30. Workout! 25
11:00. Marvelous Monday Inspiration
2:00P. Black History Moment
3:00P. Art with Annie
4:00P. Classic Movies
10:30. Lava Java Coffee Club 26
11:00. Break The Bank
11:30. Sunrise Yoga
2:00P. SNF Welcome Celebration
4:00P. Classic Movies
10:30. Conversation & Coffee [HL] 27
11:00. Music Therapy with Daryl
2:00P. Fifty Shades Of In The Kitchen with Neesha
3:00p. Words of Wisdom Book Club
4:00P. Classic Movies
10:30. Music & Dance 28
11:00. Thankful Thursday
11:30. Quotes of Gratitude
2:00P. Revolution: " We are Warriors" Black Historty Program
4:00P. Classic Movies