

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>THUNDERBIRD</div> <div>a Senior Lifestyle community</div> <div>Location Keys</div> <div>Activity Room Dining Room Living Room Main Dining Room</div> <div>*SPARK *THYMELESS CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT</div> <div>embrace</div> <div>MEMORY CARE BY SENIOR LIFESTYLE</div> <div>WWW.SENIORLIFESTYLE.COM Activities are subject to change</div>							
January cont'd 31		New Year's Day 1					
7:30 Breakfast 8:30 Daily Chronicles 9:00 Sit and Stretch 9:30 Thymeless-Water Plants 10:00 Church Services [LR] 11:30 Lunch 1:00 Resident's Choice Movie and Popcorn 4:30 Dinner 5:30 TV Marathon [LR]		7:30 Breakfast 8:30 Daily Chronicles 9:00 Daily Chronicles 9:30 Morning Exercise 11:30 Lunch 1:00 Bingo [AR] 2:00 Scenic Drive 3:30 Celebrity Trivia [AR] 4:30 Dinner [MDR] 5:30 TV Marathon [LR]					
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7:30 Breakfast 8:30 Daily Chronicles 9:00 Core Ball Exercises 10:00 Healthy Fruit Snack Over Trivia [AR] 11:30 Lunch 2:30 Scenic Drive 2:30 Snack & Hydration 3:00 Can You Picture This? [AR] 3:00 Cornhole 4:30 Dinner [MDR] 5:30 TV Marathon [LR]		7:30 Breakfast 8:30 Daily Chronicles 9:00 Morning Exercise 11:30 Lunch 1:00 Bingo [AR] 2:00 Scenic Drive 3:30 Celebrity Trivia [AR] 4:30 Dinner [MDR] 5:30 TV Marathon [LR]					
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7:30 Breakfast 8:30 Daily Chronicles 9:00 Core Ball Exercises 10:00 Healthy Fruit Snack Over Trivia [AR] 11:30 Lunch 2:30 Scenic Drive 2:30 Snack & Hydration 3:00 Can You Picture This? [AR] 3:00 Cornhole 4:30 Dinner [MDR] 5:30 TV Marathon [LR]		7:30 Breakfast 8:30 Daily Chronicles 9:00 Morning Exercise 11:30 Lunch 1:00 Bingo [AR] 2:00 Scenic Drive 3:30 Celebrity Trivia [AR] 4:30 Dinner [MDR] 5:30 TV Marathon [LR]					
7:30 Breakfast 8:30 Daily Chronicles 9:00 Sit and Stretch 9:30 Thymeless-Water Plants 10:00 Church Services [LR] 11:30 Lunch 1:00 Resident's Choice Movie and Popcorn 4:30 Dinner 5:30 TV Marathon [LR]		7:30 Breakfast 8:30 Daily Chronicles 9:00 Sit and Stretch [AR] 9:30 Thymeless-Water Plants 10:00 Cornhole 11:30 Lunch 12:45 Resident's Choice Movie 3:00 Clustering 4:30 Dinner [MDR] 5:30 TV Marathon [LR]					
7:30 Breakfast 8:30 Daily Chronicles 9:00 Arm Exercises 9:30 Thymeless- Gardening 10:00 Snack & Hydration 11:00 Pretty Nails [AR] 11:30 Lunch 1:00 Bookmarks [AR] 2:30 Scenic Drive 3:30 Clustering 4:30 Dinner [MDR] 5:30 TV Marathon [LR]		7:30 Breakfast 8:30 Daily Chronicles 9:00 Sit and Stretch [AR] 9:30 Thymeless-Water Plants 10:00 Cornhole 11:30 Lunch 12:45 Resident's Choice Movie 3:00 Clustering 4:30 Dinner [MDR] 5:30 TV Marathon [LR]					
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