



| Sunday   |   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|---|--|---|--|---|---|---|
| <div><p>WWW.SENIORLIFESTYLE.COM<br/>Activities are subject to change</p></div> <div><p>THUNDERBIRD<br/>a Senior Lifestyle community</p></div> <div><p>*Outing</p><p>CONNECT</p><p>CONTRIBUTE</p><p>FEEL</p><p>GROW</p><p>MOVE</p><p>REFLECT</p><p>explore - Culture &amp; the Arts</p><p>explore - Lectures &amp; Learning</p><p>explore - Recreation &amp; Entertainment</p><p>explore - Strength &amp; Vitality</p></div> <div><p><b>Location Keys</b></p><p>1st Floor Library L1</p><p>2nd Floor Dining Room 2DR</p><p>2nd Floor Game Room 2GR</p><p>2nd Floor Resident Lounge 2RL</p><p>3rd Floor Card Room 3CR</p><p>3rd Floor Dining Room 3DR</p><p>3rd Floor Living Room 3LR</p><p>3rd Floor Resident Lounge 3RL</p><p>Activity Room AR</p><p>Community Room CR</p><p>Main Dining Room MDR</p><p>Main Lobby ML</p><p>Outing OT</p><p>Starlight Room SR</p><p>Wellness Center WC</p></div> | <p>“Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves.”</p> <p>— Unknown</p>   |  |   | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Group Crossword Puzzle [3DR]</p> <p>1:00 ● Parachute &amp; Balloon [2GR]</p> <p>2:00 ● Cinema: Resident Choice from Tuesday [2RL]</p>  | <p>10:00 🚌 Scenic Drive Through Glendale (weather permitting) [OT]</p> <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● UNO [3RL]</p> <p>1:00 ● Dominos [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p>   | <p>10-11: ● Craft with Patty [2GR]</p> <p>11:00 ● UNO [3DR]</p> <p>11:30 ● Catholic Mass with Fr. Thomas [SR]</p> <p>1:30 ● Daily Chronicles &amp; Discussions [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p>   | <p>9:00 ● Bell Road Shuttle</p> <p>9:00 ● Bible Study with Pastor Jim [SR]</p> <p>10:15 ● Senior Singers (Choir) - Main Theater Room [SR]</p> <p>12:00 🚌 Bell Road Shuttle</p> <p>1:30 ● Color Me Calm</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>2:00 ● Sewing Club [AR]</p> <p>4:00 ● Bunco [3CR]</p>                       |
|  | <p><b>Daylight Saving Time Begins</b></p> <p>10:00 ● Vendor: Jeanne's Creations Harvest &amp; Holiday Craft Show [ML]</p> <p>10:30 ● Prayer Service [SR]</p> <p>11:00 ● Puzzles &amp; Trivia</p> <p>1:00 ● Resident Choice TV Series [2RL]</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>2:00 ● Communion for the Homebound [SR]</p> <p>5:00 ● Sunday Night Movie - The Lazarus Project [SR]</p> | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Bowling! [3DR]</p> <p>11:00 ● Resident Programming (Activity) Forum [3DR]</p> <p>1:00 ● UNO [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>3:00 ● Wii: Bowling [SR]</p>   | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:30 ● Dining Room Luncheon [MDR]</p> <p>1:30 ● Critics Corner: Movie &amp; TV Series Review &amp; Selection [2RL]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>3:00 ● Wii: Jeopardy [SR]</p>   | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Color Me Calm [3DR]</p> <p>1:30 ● Scrabble [2GR]</p> <p>2:00 ● Cinema: Resident Choice from Tuesday [2RL]</p>  | <p>10:00 🚌 Scenic Drive Through Glendale (weather permitting) [OT]</p> <p>10:00 ● Total Body Movement [3LR]</p> <p>— ● Vendor: Only the Best Jewelry [ML]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● UNO [3RL]</p> <p>1:00 ● Knitting and Crocheting [3DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p>                                   | <p>10:00 ● Card-Making 101 with Ann [2GR]</p> <p>11:30 ● Catholic Mass with Fr. Thomas [SR]</p> <p>12:30 ● Mary Kay Product Demonstration [CR]</p> <p>1:30 ● Daily Chronicles &amp; Discussions [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>3:00 ● Veteran's Recognition Event [ML]</p> | <p>9:00 ● Bell Road Shuttle</p> <p>9:00 ● Bible Study with Pastor Jim [SR]</p> <p>10:15 ● Senior Singers (Choir) - Main Theater Room [SR]</p> <p>12:00 🚌 Bell Road Shuttle</p> <p>1:00 ● Green Thumb Group - planting tips [AR]</p> <p>1:30 ● Color Me Calm</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>4:00 ● Bunco [3CR]</p> |
|  | <p>10:30 ● Prayer Service [SR]</p> <p>11:00 ● Puzzles &amp; Trivia</p> <p>1:00 ● Resident Choice TV Series [2RL]</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>2:00 ● Communion for the Homebound [SR]</p> <p>5:00 ● Sunday Night Movie - Batman Vs Superman [SR]</p>  | <p><b>Give &amp; Take</b></p> <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>1:00 ● UNO [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>2:00 ● Memory Care Activity Volunteers [AR]</p> <p>3:00 ● Wii: Bowling [SR]</p>   | <p>10am <b>FREE Blood Pressure Checks with Encompass Health [WC]</b></p> <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:30 ● Dining Room Luncheon [MDR]</p> <p>1:00 ● Stik Friends - Delivering Happiness [AR]</p> <p>1:30 ● Critics Corner: Movie &amp; TV Series Review &amp; Selection [2RL]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>3:00 ● Wii: Jeopardy [SR]</p>   | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:00 ● Vendor: Carol's Corner Jewelry [ML]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Left, Right, Center [3DR]</p> <p>1:00 ● Happy Hour: Comedy Special, Drinks &amp; Popcorn [2DR]</p> <p>2:00 ● Bingo with Oak Street Health [2DR]</p> <p>3:00 ● Entertainment By Kristina &amp; David [2DR]</p> | <p>10:00 🚌 Scenic Drive Through Glendale (weather permitting) [OT]</p> <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Poker [3RL]</p> <p>12:30 ● Birthday Luncheon (Main Dining Room) [MDR]</p> <p>1:00 ● Yahtzee [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p>                                     | <p>10-11: ● Craft with Patty [2GR]</p> <p>11:00 ● UNO [3DR]</p> <p>11:30 ● Catholic Mass with Fr. Thomas [SR]</p> <p>1:30 ● Daily Chronicles &amp; Discussions [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p>   | <p>9:00 ● Bell Road Shuttle</p> <p>9:00 ● Bible Study with Pastor Jim [SR]</p> <p>10:15 ● Senior Singers (Choir) - Main Theater Room [SR]</p> <p>12:00 🚌 Bell Road Shuttle</p> <p>1:30 ● Color Me Calm</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>2:00 ● Sewing Club [AR]</p> <p>4:00 ● Bunco [3CR]</p>                       |
|  | <p>10:30 ● Prayer Service [SR]</p> <p>11:00 ● Puzzles &amp; Trivia</p> <p>1:00 ● Resident Choice TV Series [2RL]</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>2:00 ● Communion for the Homebound [SR]</p> <p>5:00 ● Sunday Night Movie - Memory [SR]</p>  | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:00 ● Vendor: Snap Jewelry [ML]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Bowling! [3DR]</p> <p>11:00 ● Operations Forum [SR]</p> <p>1:00 ● UNO [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>3:00 ● Wii: Bowling [SR]</p>  | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:30 ● Dining Room Luncheon [MDR]</p> <p>1:00 ● Critics Corner: Movie &amp; TV Series Review &amp; Selection [2RL]</p> <p>1:30 ● Town Hall Meeting [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>3:00 ● Wii: Jeopardy [SR]</p>   | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Board Game of Choice [2DR]</p> <p>1:00 ● Exercise Bingo [2GR]</p> <p>2:00 ● Cinema: Resident Choice from Tuesday [2RL]</p>   | <p><b>Thanksgiving</b></p> <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Corn Hole / Bean Bag Toss [2DR]</p> <p>1:00 ● Thanksgiving Craft Hour [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p>   | <p>10:00 ● Card-Making 101 with Ann [2GR]</p> <p>11:00 ● Book Club - NEW [L1]</p> <p>11:30 ● Catholic Mass with Fr. Thomas [SR]</p> <p>1:30 ● Daily Chronicles &amp; Discussions [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p>   | <p>9:00 ● Bell Road Shuttle</p> <p>9:00 ● Bible Study with Pastor Jim [SR]</p> <p>10:15 ● Senior Singers (Choir) - Main Theater Room [SR]</p> <p>12:00 🚌 Bell Road Shuttle</p> <p>1:00 ● Green Thumb Group - planting tips [AR]</p> <p>1:30 ● Color Me Calm</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>4:00 ● Bunco [3CR]</p> |
|  | <p>10:30 ● Prayer Service [SR]</p> <p>11:00 ● Puzzles &amp; Trivia</p> <p>1:00 ● Resident Choice TV Series [2RL]</p> <p>2:00 ● Bingo with A Director [2DR]</p> <p>2:00 ● Communion for the Homebound [SR]</p> <p>5:00 ● Sunday Night Movie - Jim Gaffigan: Beyond Pale [SR]</p>   | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Group Brain Teasers [3DR]</p> <p>1:00 ● UNO [2DR]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>2:00 ● Memory Care Activity Volunteers [AR]</p> <p>3:00 ● Wii: Bowling [SR]</p> <p>4:00 ● Mix &amp; Mingle with Resident Interviews [ML]</p> | <p>10am <b>FREE Blood Pressure Checks with Encompass Health [WC]</b></p> <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>10:30 ● Dining Forum [2DR]</p> <p>11:30 ● Dining Room Luncheon [MDR]</p> <p>12:00 ● Stroke Education Program by Encompass Health [SR]</p> <p>1:30 ● Critics Corner: Movie &amp; TV Series Review &amp; Selection [2RL]</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>3:00 ● Wii: Jeopardy [SR]</p> | <p>10:00 ● Total Body Movement [3LR]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Christmas Tree Decorating [3DR]</p> <p>1:00 ● Christmas Tree Decorating [2DR]</p> <p>2:00 ● Cinema: Resident Choice from Tuesday [2RL]</p>   | <p>10:00 🚌 Scenic Drive Through Glendale (weather permitting) [OT]</p> <p>10:00 ● Total Body Movement [3LR]</p> <p>10:00 ● Vendor: Paparazzi Jewelry [ML]</p> <p>10:30 ● Daily Chronicles &amp; Discussions [3DR]</p> <p>11:00 ● Bead Crafts [3DR]</p> <p>1:00 ● UNO</p> <p>2:00 ● B-I-N-G-O! [2DR]</p> <p>4:30 ● Tree Lighting &amp; Doll Drawing [ML]</p> |   |   |