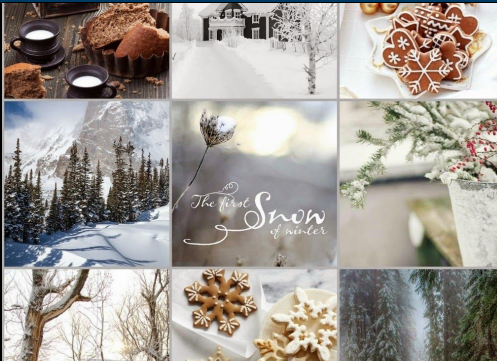



calendar & activities
DEC 2019

Thunderbird | Assisted Living | A December To Remember

| DEC 2019 | | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|--|--|--|--|
|  | | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Morning Stretch Class [2RL]</div><div>10:30 Catholic Communion [SR]</div><div>11:00 Games, Colors and Puzzles [2RL]</div><div>1:30 Shanghai (cards) [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:00 Sunday Matinee: Yours, Mine & Ours [SR]</div><div>2:30 Touring The City-outing</div><div>3:00 Open Crafts [AR]</div></div> <div>1</div> | <div><div>9:00 Coffee Chat and Current Events [2DR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Holiday Entertainment [3RL]</div><div>11:00 CBD Oils Presentation [SR]</div><div>1:30 Bingo [2DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>6:00 DOWNTOWN GLENDALE GLITTERS BUS SHUTTLE</div></div> <div>2</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Zumba [2RL]</div><div>1:30 Lounge Movie: Instant Family [3DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>6:30 Bingo [MDR]</div></div> <div>3</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Live Through Art [3RL]</div><div>11:00 TREE LIGHTING CEREMONY [2DR]</div><div>1:30 Bean Bag Toss [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Trivia Game [2RL]</div></div> <div>4</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Ornament Decorating/Pom-Pom 101 [3RL]</div><div>11:30 Daily Chronicles Discussion [2DR]</div><div>1:30 Stretch Class [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Tea Time with Heather Wilson [2RL]</div></div> <div>5</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Woodshop [3RL]</div><div>1:30 Bingo [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Scrabble [3RL]</div><div>4:30 Happy Hour [MDR]</div><div>6:00 DREAM CITY CHRISTMAS PLAY</div></div> <div>6</div> | <div><div>9:30 Bible study [SR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Avon [ML]</div><div>11:00 Slingo [AR]</div><div>1:00 Artists Corner [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Cake, Coffee & Conversations [DG]</div><div>4:00 "JOY TO THE WORLD" Musical</div></div> <div>7</div> |
| <div><div>Location Keys</div><div>2nd Fl. Dining Room 2DR</div><div>2nd Fl. Resident Lounge 2RL</div><div>3rd Fl. Resident Lounge 3RL</div><div>3rd Floor Dining Room 3DR</div><div>Activity Room AR</div><div>Community Room CR</div><div>Dailey Grind DG</div><div>Dining Room DR</div><div>Main Dining Room MDR</div><div>Main Lobby ML</div><div>Starlight Room SR</div></div> | | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Morning Stretch Class [2RL]</div><div>10:30 Catholic Communion [SR]</div><div>11:00 Games, Colors and Puzzles [2RL]</div><div>1:30 Shanghai (cards) [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:00 Sunday Matinee: Mrs. Doubtfire [SR]</div><div>2:30 Touring The City-outing</div><div>3:00 Open Crafts [AR]</div></div> <div>8</div> | <div><div>9:00 Coffee Chat and Current Events [2DR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Entertainment [3RL]</div><div>1:30 Bingo [2DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div></div> <div>9</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Zumba [2RL]</div><div>1:30 Lounge Movie: Angel Has Fallen [3DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>6:30 Bingo [MDR]</div></div> <div>10</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Live Through Art [3RL]</div><div>1:30 Bean Bag Toss [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Trivia Game [2RL]</div><div>5:00 A DECEMBER TO REMEMBER [ML]</div></div> <div>11</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Food Guessing Game [3RL]</div><div>11:30 Daily Chronicles Discussion [2DR]</div><div>1:30 Stretch Class [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Holiday Food Demonstration with Heather Wilson [2RL]</div></div> <div>12</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Woodshop [3RL]</div><div>1:30 Bingo [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Scrabble [3RL]</div><div>4:30 Happy Hour [MDR]</div></div> <div>13</div> | <div><div>9:30 Bible study [SR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>1:00 Artists Corner [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Cake, Coffee & Conversations [DG]</div></div> <div>14</div> |
| | | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Morning Stretch Class [2RL]</div><div>10:30 Catholic Communion [SR]</div><div>11:00 Games, Colors and Puzzles [2RL]</div><div>1:30 Shanghai (cards) [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:00 Sunday Matinee: Cross Creek [SR]</div><div>2:30 Touring The City-outing</div><div>3:00 Open Crafts [AR]</div></div> <div>15</div> | <div><div>Men's Club Outing: Midway Movie (Time TBA)</div><div>9:00 Coffee Chat and Current Events [2DR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Holiday Entertainment [3RL]</div><div>1:30 Bingo [2DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div></div> <div>16</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Zumba [2RL]</div><div>10:45 Town Hall Meeting [2DR]</div><div>1:30 Lounge Movie: Peanut Butter Falcon [3DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>6:30 Bingo [MDR]</div></div> <div>17</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Live Through Art [3RL]</div><div>1:30 Bean Bag Toss [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Trivia Game [2RL]</div></div> <div>18</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Food Guessing Game [3RL]</div><div>11:30 Daily Chronicles Discussion [2DR]</div><div>1:30 Stretch Class [2RL]</div><div>2:00 Painting with Joanne [2DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Tea Time with Heather Wilson [2RL]</div></div> <div>19</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Woodshop [3RL]</div><div>1:30 Bingo [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Scrabble [3RL]</div><div>4:30 Happy Hour [MDR]</div></div> <div>20</div> | <div><div>9:30 Bible study [SR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>11:00 Slingo [AR]</div><div>1:00 Artists Corner [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Cake, Coffee & Conversations [DG]</div></div> <div>21</div> |
| | | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Morning Stretch Class [2RL]</div><div>10:30 Catholic Communion [SR]</div><div>11:00 Games, Colors and Puzzles [2RL]</div><div>1:30 Shanghai (cards) [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:00 Sunday Matinee: To Kill A Mockingbird [SR]</div><div>2:30 Touring The City-outing</div><div>3:00 Open Crafts [AR]</div></div> <div>22</div> | <div><div>9:00 Coffee Chat and Current Events [2DR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Entertainment [3RL]</div><div>1:30 Bingo [2DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div></div> <div>23</div> | <div><div>Christmas Eve</div><div>9:00 GINGERBREAD VILLAGE</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Zumba [2RL]</div><div>1:30 Lounge Movie: Hobbs & Shaw [3DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>6:30 Bingo [MDR]</div></div> <div>24</div> | <div><div>Christmas Day</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Live Through Art [3RL]</div><div>1:30 Bean Bag Toss [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Trivia Game [2RL]</div></div> <div>25</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Food Guessing Game [3RL]</div><div>11:30 Daily Chronicles Discussion [2DR]</div><div>1:30 Stretch Class [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:30 Tea Time with Heather Wilson [2RL]</div></div> <div>26</div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Woodshop [3RL]</div><div>1:30 Bingo [2RL]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Scrabble [3RL]</div><div>4:30 Happy Hour [MDR]</div></div> <div>27</div> | <div><div>9:30 Bible study [SR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>1:00 Artists Corner [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div><div>3:00 Cake, Coffee & Conversations [DG]</div></div> <div>28</div> |
| | | <div><div> CONNECT</div><div> CONTRIBUTE</div><div> FEEL</div><div> GROW</div><div> MOVE</div><div> REFLECT</div></div> | <div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Morning Stretch Class [2RL]</div><div>10:30 Catholic Communion [SR]</div><div>11:00 Games, Colors and Puzzles [2RL]</div><div>1:30 Shanghai (cards) [CR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:00 Sunday Matinee: You've Got Mail [SR]</div><div>2:30 Touring The City-outing</div><div>3:00 Open Crafts [AR]</div></div> <div>29</div> | <div><div>9:00 Coffee Chat and Current Events [2DR]</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:30 Holiday Entertainment [3RL]</div><div>1:30 Bingo [2DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div></div> <div>30</div> | <div><div>New Year's Eve</div><div>9:30 Daily Indoor Walk [ML]</div><div>10:00 Zumba [2RL]</div><div>12:00 NEW YEARS EVE PARTY</div><div>1:30 Lounge Movie [3DR]</div><div>2:00 Snack/Hydration [DR]</div><div>2:30 Touring The City-outing</div></div> <div>31</div> |  | | <div><div>"December is a month of lights, snow and feasts; time to make amends and tie loose ends; finish off what you started and hope your wishes come true."</div><div>— Unknown</div></div> |