

calendar & activities
FEB 2020

Thunderbird | Independent Living | Bring Music To Life

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



AR - Activity Room
DR - Dining Room
SR - Starlight Room
PP - Pool Patio
WC - Wellness Center
CR - Community Room
3CR - 3rd Floor Card Room
DG - Dailey Grind

ML - Lobby
L1 - First Floor Library



“Surrender to what is.
Let go of what was.
Have faith in what will
be.”
— *Sonia Ricotti*

9:00 ● Bell Rd. Shuttle*
9:30 ● Bible study [SR]
10:00 ● Helping Hands
(Volunteer) [DG]
11:00 ● Bell Rd. Shuttle*
11:00 ● Slingo [AR]
12:00 ● Billiards [2GR]
1:00 ● Artists Corner* [CR]
2:00 ● Wii: Bowling [SR]
3:00 ● Cake, Coffee &
Conversations [DG]
6:00 ● Bridge [CR]

~~~Happy~~~  
~~~Birthday~~~

Jim H. 1/01

Jon W. 1/14

Everine B. 1/16

Betty N. 1/17

Lucy B. 1/17

Charlotte M. 1/19

Dan S. 1/21

Pat A. 1/26

Superbowl Sunday
8:35 ● Apollo (Baptist) & St.
Raphael's (Catholic)
9:30 ● Mission Bell
(Methodist)
10:00 ● Helping Hand (Volunteers) [DG]
10:30 ● Catholic Communion [SR]
1:30 ● Shanghai Rummy [CR]
3:30 ● Super Bowl Party [SR]
4:30 ● Mexican Train [CR]
6:00 ● Left-Right-Center (for nickels) [CR]
6:00 ● Poker [ML]

2

9:00 ● Total Body Exercise
[AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:00 ● Jehovah's Witness [CR]
11:00 ● Monday Marathon: The Marvelous
Mrs. Maisel [SR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
12:30 ● Pinochle (2nd Table) [3CR]
12:30 ● Polish Poker [3CR]
2:00 ● Hand & Foot (2) [CR]
3:00 ● Poker (Deuces Only) [ML]
3:00 ● Wii - Bowling [SR]
6:00 ● Rosary [CR]

3

9:00 ● Veterans Coffee [SR]
9:00 ● Zumba [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:30 ● Spa Day (Hand massages & polish;
facials)* [AR]
11:00 ● Lunch Bunch: Pullano's
11:00 ● Massage Therapist Missy Peterson
(Shoulders; feet; back)* [AR]
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
1:30 ● Ambassador Meeting [SR]
2:00 ● Activity Open Forum [SR]
3:00 ● Wii: Jeopardy [SR]
6:30 ● Bingo [MDR]

4

9:00 ● Shopping Shuttle*
9:00 ● Tai Chi [SR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Shopping Shuttle*
11:00 ● Shanghai Rummy [CR]
11:00 ● Shopping Shuttle*
11:15 ● Post Office*
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [L1]
1:00 ● **CELL SERVICE (Cellphone Assistance)** [AR]
2:00 ● Cribbage [CR]
2:00 ● Hand & Foot [CR]
3:00 ● Wii - Bowling [SR]
6:00 ● Bunco [CR]
6:00 ● Left-Right-Center (for nickels) [CR]

5

9:00 ● Ball Class [AR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Prayer Group [SR]
10:30 ● Sun City Thrift Stores
11:00 ● Resident Services Forum with Adela [SR]
11:00 ● **Social Hour: Reggae & Jamaican Fried
Dumplings**
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
2:00 ● Euchre [3CR]
2:00 ● Neighborhood Walk [DG]
3:00 ● Skipbo [3CR]
3:00 ● Thirsty Thursday With Shari & Rebecca:
Sparkling Strawberry Float Mocktail [AR]
3:30 ● Wii: Jeopardy [SR]
4:30 ● Thunderbird Choir: Senior Singers [AR]
6:00 ● Poker [ML]
6:00 ● Starlight Movie: Judy [SR]

6

9:00 ● Total Body Exercise [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:30 ● Color Me Calm* [CR]
11:00 ● Arts & Crafts: Moonlight Tree [AR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
2:00 ● Hand & Foot [CR]
2:00 ● Mexican Train [3CR]
3:00 ● Wii - Bowling [SR]
4:30 ● Happy Hour: Rick & Margie [DR]
5:30 ● 80 Cents [3CR]
5:30 ● Phase 10 [3CR]

7

9:00 ● Bell Rd. Shuttle*
9:30 ● Bible study [SR]
10:00 ● Helping Hands
(Volunteer) [DG]
10:00 ● Vendor - Avon [ML]
11:00 ● Bell Rd. Shuttle*
11:00 ● Slingo [AR]
12:00 ● Billiards [2GR]
1:00 ● Artists Corner* [CR]
2:00 ● Wii: Bowling [SR]
3:00 ● Cake, Coffee & Conversations
[DG]
6:00 ● Bridge [CR]

8

8:35 ● Apollo (Baptist) & St.
Raphael's (Catholic)
9:30 ● Mission Bell
(Methodist)
10:00 ● Helping Hand (Volunteers) [DG]
10:30 ● Catholic Communion [SR]
1:30 ● Shanghai Rummy [CR]
1:30 ● Walgreens/Fry's*
2:00 ● Sunday Matinee: Pride [SR]
4:30 ● Mexican Train [CR]
6:00 ● Left-Right-Center (for nickels) [CR]
6:00 ● Poker [ML]

9

9:00 ● Total Body Exercise [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:00 ● Jehovah's Witness [CR]
11:00 ● Monday Marathon: The Marvelous Mrs.
Maisel [SR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
12:30 ● Look Who's Cookin': No-Bake
Cheesecake [CR]
12:30 ● Pinochle (2nd Table) [3CR]
12:30 ● Polish Poker [3CR]
2:00 ● Hand & Foot (2) [CR]
3:00 ● Poker (Deuces Only) [ML]
3:00 ● Wii - Bowling [SR]
6:00 ● Rosary [CR]

10

9:00 ● Zumba [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:30 ● Spa Day (Hand
massages & polish; facials)* [AR]
11:00 ● Lunch Bunch: Golden Dragon
11:00 ● Operations Forum with Dusty [SR]
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
2:00 ● Creative Cards [AR]
3:00 ● Wii: Jeopardy [SR]
4:30 ● **NATIONAL GUITAR DAY: Music &
Lessons with Terry [ML]**
6:30 ● Bingo [MDR]

11

9:00 ● Shopping Shuttle*
9:00 ● Tai Chi [SR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Shopping Shuttle*
11:00 ● Shanghai Rummy [CR]
11:00 ● Shopping Shuttle*
11:15 ● Post Office*
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [L1]
1:00 ● **CELL SERVICE (Cellphone Assistance)** [AR]
2:00 ● Cribbage [CR]
2:00 ● Hand & Foot [CR]
3:00 ● Wii - Bowling [SR]
6:00 ● Bunco [CR]
6:00 ● Left-Right-Center (for nickels) [CR]

12

9:00 ● Ball Class [AR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Prayer Group [SR]
10:30 ● Sun City Thrift Stores
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
2:00 ● Euchre [3CR]
2:00 ● Neighborhood Walk [DG]
3:00 ● Skipbo [3CR]
3:00 ● Thirsty Thursday With Shari & Rebecca: Love
Potion [AR]
3:30 ● Wii: Jeopardy [SR]
4:30 ● Thunderbird Choir: Senior Singers [AR]
6:00 ● Poker [ML]
6:00 ● Starlight Movie: Taken From Me - The Tiffany
Rubin Story [SR]

13

Valentine's Day
9:00 ● Total Body Exercise [AR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Vendor: Carol's Corner [ML]
11:00 ● Arts & Crafts: Golden Valentines Mason Jars
[AR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
2:00 ● Hand & Foot [CR]
2:00 ● Mexican Train [3CR]
3:00 ● Wii - Bowling [SR]
4:30 ● Polish Poker [ML]
4:30 ● **Valentines Day Celebration [DR]**
5:30 ● 80 Cents [3CR]
5:30 ● Phase 10 [3CR]

14

9:00 ● Bell Rd. Shuttle*
9:30 ● Bible study [SR]
10:00 ● Helping Hands
(Volunteer) [DG]
11:00 ● Bell Rd. Shuttle*
11:00 ● Slingo [AR]
12:00 ● Billiards [2GR]
1:00 ● Artists Corner* [CR]
2:00 ● Wii: Bowling [SR]
3:00 ● Cake, Coffee &
Conversations [DG]
6:00 ● Bridge [CR]

15

8:35 ● Apollo (Baptist) & St.
Raphael's (Catholic)
9:30 ● Mission Bell
(Methodist)
10:00 ● Helping Hand (Volunteers) [DG]
10:30 ● Catholic Communion [SR]
1:30 ● Shanghai Rummy [CR]
2:00 ● Sunday Matinee: Hidden Figure
[SR]
4:30 ● Mexican Train [CR]
6:00 ● Left-Right-Center (for nickels) [CR]
6:00 ● Poker [ML]

16

Presidents' Day
9:00 ● Total Body Exercise [AR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Jehovah's Witness [CR]
11:00 ● Monday Marathon: The Marvelous Mrs.
Maisel [SR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
12:30 ● Pinochle (2nd Table) [3CR]
12:30 ● Polish Poker [3CR]
1:00 ● Dining Room Open Forum with Ted & Lindsey
[SR]
2:00 ● Hand & Foot (2) [CR]
3:00 ● Poker (Deuces Only) [ML]
3:00 ● Wii - Bowling [SR]
6:00 ● Rosary [CR]

17

9:00 ● Zumba [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:00 ● Town Hall Meeting
[MDR]
10:30 ● Spa Day (Hand massages &
polish; facials)* [AR]
11:00 ● Massage Therapist Missy
Peterson (Shoulders; feet; back)*
[AR]
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
1:30 ● Ambassador Meeting [SR]
3:00 ● Wii: Jeopardy [SR]
6:30 ● Bingo [MDR]

18

9:00 ● Shopping Shuttle*
9:00 ● Tai Chi [SR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Paparazzi Jewelry
10:00 ● Shopping Shuttle*
11:00 ● Shanghai Rummy [CR]
11:00 ● Shopping Shuttle*
11:15 ● Post Office*
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [L1]
1:00 ● **CELL SERVICE (Cellphone Assistance)** [AR]
1:30 ● Ted Talks: South of the Border (Home-made
Tortillas) [SR]
2:00 ● Cribbage [CR]
2:00 ● Hand & Foot [CR]
3:00 ● Wii - Bowling [SR]
6:00 ● Bunco [CR]
6:00 ● Left-Right-Center (for nickels) [CR]

19

9:00 ● Ball Class [AR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Prayer Group [SR]
10:30 ● Jewish Celebration* [AR]
10:30 ● Sun City Thrift Stores
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
2:00 ● Euchre [3CR]
2:00 ● Neighborhood Walk [DG]
2:00 ● Sage Hospice presents: UTI [SR]
3:00 ● Skipbo [3CR]
3:00 ● Thirsty Thursday With Shari & Rebecca: Virgin
Hurricanes [AR]
3:30 ● Wii: Jeopardy [SR]
4:30 ● Thunderbird Choir: Senior Singers [AR]
6:00 ● Poker [ML]
6:00 ● Starlight Movie: A Star Is Born [SR]

20

9:00 ● Total Body Exercise
[AR]
10:00 ● Helping Hand
(Volunteers) [DG]
11:00 ● Arts & Crafts: Masquerade Masks
[AR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
2:00 ● Hand & Foot [CR]
2:00 ● Mexican Train [3CR]
3:00 ● Wii - Bowling [SR]
4:30 ● Happy Hour with Dusty Titles [DR]
4:30 ● Polish Poker [ML]
5:30 ● 80 Cents [3CR]
5:30 ● Phase 10 [3CR]

21

9:00 ● Bell Rd. Shuttle*
9:30 ● Bible study [SR]
10:00 ● Helping Hands
(Volunteer) [DG]
11:00 ● Bell Rd. Shuttle*
11:00 ● Slingo [AR]
12:00 ● Billiards [2GR]
1:00 ● Artists Corner* [CR]
2:00 ● Wii: Bowling [SR]
3:00 ● Cake, Coffee &
Conversations [DG]
6:00 ● Bridge [CR]

22

8:35 ● Apollo (Baptist) & St.
Raphael's (Catholic)
9:30 ● Mission Bell
(Methodist)
10:00 ● Helping Hand (Volunteers) [DG]
10:30 ● Catholic Communion [SR]
1:30 ● Shanghai Rummy [CR]
1:30 ● Walgreens/Fry's*
2:00 ● Sunday Matinee: The Color Purple
[SR]
4:30 ● Mexican Train [CR]
6:00 ● Left-Right-Center (for nickels) [CR]
6:00 ● Poker [ML]

23

9:00 ● Total Body Exercise [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:00 ● Jehovah's Witness [CR]
11:00 ● Monday Marathon: The Marvelous Mrs.
Maisel [SR]
11:30 ● Monthly Birthday Luncheon [DR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
12:30 ● Pinochle (2nd Table) [3CR]
12:30 ● Polish Poker [3CR]
2:00 ● Hand & Foot (2) [CR]
3:00 ● Poker (Deuces Only) [ML]
3:00 ● Wii - Bowling [SR]
6:00 ● Rosary [CR]

24

9:00 ● Zumba [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:30 ● Spa Day (Hand massages
& polish; facials)* [AR]
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
2:00 ● **Mardi Gras Masquerade
[ML]**
3:00 ● Wii: Jeopardy [SR]
6:30 ● Bingo [MDR]

25

9:00 ● Shopping Shuttle*
9:00 ● Tai Chi [SR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Shopping Shuttle*
11:00 ● Shanghai Rummy [CR]
11:00 ● Shopping Shuttle*
11:15 ● Post Office*
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [L1]
1:00 ● **CELL SERVICE (Cellphone Assistance)** [AR]
2:00 ● Cribbage [CR]
2:00 ● Hand & Foot [CR]
3:00 ● Wii - Bowling [SR]
6:00 ● Bunco [CR]
6:00 ● Left-Right-Center (for nickels) [CR]

26

9:00 ● Ball Class [AR]
10:00 ● Helping Hand (Volunteers)
[DG]
10:00 ● Prayer Group [SR]
10:30 ● Sun City Thrift Stores
11:00 ● Chili Cook-Off!! [ML]
12:00 ● Billiards [2GR]
12:30 ● Pinochle [3CR]
2:00 ● Euchre [3CR]
2:00 ● Neighborhood Walk [DG]
3:00 ● Skipbo [3CR]
3:00 ● Thirsty Thursday With Shari & Rebecca: Red
Velvet Shortcake Cocktail [AR]
3:30 ● Wii: Jeopardy [SR]
4:30 ● Thunderbird Choir: Senior Singers [AR]
6:00 ● Poker [ML]
6:00 ● Starlight Movie: Hidden Figures [SR]

27

Vendor: Interchangeable Jewelry
9:00 ● Total Body Exercise [AR]
10:00 ● Helping Hand
(Volunteers) [DG]
10:00 ● Vendor: Interchangeable Jewelry [ML]
11:00 ● Arts & Crafts [AR]
12:00 ● Billiards [2GR]
12:00 ● Knitting/Crocheting [CR]
2:00 ● Hand & Foot [CR]
2:00 ● Mexican Train [3CR]
3:00 ● Wii - Bowling [SR]
4:30 ● Happy Hour: Deanna At The Keys [DR]
4:30 ● Polish Poker [ML]
5:30 ● 80 Cents [3CR]
5:30 ● Phase 10 [3CR]

28

9:00 ● Bell Rd. Shuttle*
9:30 ● Bible study [SR]
10:00 ● Helping Hands
(Volunteer) [DG]
11:00 ● Bell Rd. Shuttle*
11:00 ● Slingo [AR]
12:00 ● Billiards [2GR]
1:00 ● Artists Corner* [CR]
2:00 ● Wii: Bowling [SR]
3:00 ● Cake, Coffee &
Conversations [DG]
6:00 ● Bridge [CR]

29

Ascent Audiology & Hearing - 1st Monday
Massage Therapy - Every Tuesday
Blood Pressure (LifeCare) - 3rd Wednesday
Blood Pressure (Encompass) - 3rd Friday
AZ Phlebotomy - Every Friday
Affiliated Dermatology - 1st Friday
Podiatrist - bi-monthly (by appointment)