

calendar & activities
MAY 2019

Thunderbird-MC (Appreciation)

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Garden Tending-Thymeless</p> <p>11:30 ● Lunch</p> <p>12:30 ● Gardening-Thymeless</p> <p>1:00 ● Fitness Center [FG]</p> <p>1:30 ● Sports Corner [AR]</p> <p>2:00 ● Sweet Treats-Sundae Funday</p> <p>3:00 ● UNO</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner</p>	<p>7:30 ● Breakfast</p> <p>8:30 ● Health and Wellness-Vitals & Weights</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Garden Tending-Thymeless</p> <p>11:30 ● Lunch</p> <p>12:30 ● Tim Hern-Guitar Player</p> <p>1:00 ● Drum Circle</p> <p>1:30 ● Little Einsteins-Simple Snacks</p> <p>2:30 ● Pet Therapy [AR]</p> <p>3:00 ● Park and Walk- Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:00 ● VFW Meeting [CR]</p> <p>9:30 ● Coffee Chat</p> <p>10:30 ● Zumba [2DR]</p> <p>11:00 ● Appreciation Event-MOMS</p> <p>11:30 ● Lunch</p> <p>12:30 ● Garden Tending-Thymeless [RL]</p> <p>1:00 ● Bean Bag Toss</p> <p>1:30 ● Artist's Corner [AR]</p> <p>2:00 ● Amazing Appetizers-Thymeless</p> <p>3:00 ● Gettin' Out of Town-Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [DR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Garden Tending-Thymeless</p> <p>10:30 ● Book Club-Bookmarks</p> <p>11:30 ● Lunch</p> <p>1:00 ● Balloon Volleyball</p> <p>2:00 ● Breadmakers -Thymeless</p> <p>3:00 ● Mountain Trip Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Jam Sessions</p> <p>11:00 ● Garden Tending-Thymeless [AR]</p> <p>11:30 ● Lunch</p> <p>1:00 ● Sit and Stretch</p> <p>2:00 ● Red Hat Society</p> <p>2:00 ● Romeo Club</p> <p>2:30 ● Thirsty Thursdays Smoothies-Thymeless [RL]</p> <p>3:00 ● Lake Tours Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Bingo</p> <p>11:00 ● Garden Tending-Thymeless [RL]</p> <p>11:30 ● Lunch</p> <p>12:30 ● Flower Arranging with Mel</p> <p>1:00 ● Dusty Titles-Country Music</p> <p>2:00 ● Baking for the Soul- Thymeless</p> <p>2:30 ● Trivia</p> <p>3:00 ● Desert Loop Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:30 ● Morning Walk</p> <p>9:00 ● Church Service with Tim and Bonnie</p> <p>10:00 ● Garden Tending-Thymeless [RL]</p> <p>11:30 ● Lunch</p> <p>1:00 ● Bean Bag Toss</p> <p>2:00 ● Sweet Treat-Root Beer Floats [AR]</p> <p>3:00 ● Family Connection [RL]</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>
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"The smallest thanks is always worth more than the effort it takes to give it."

<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Shenanigans</p> <p>11:30 ● Lunch</p> <p>12:30 ● Gardening-Thymeless</p> <p>1:00 ● Fitness Center [FG]</p> <p>1:30 ● Sports Corner [AR]</p> <p>2:00 ● Sweet Treats-Sundae Funday</p> <p>3:00 ● UNO</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner</p>	<p>7:30 ● Breakfast</p> <p>8:30 ● Health and Wellness-Vitals & Weights</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Garden Tending-Thymeless</p> <p>11:30 ● Lunch</p> <p>12:30 ● Tim Hern-Guitar Player</p> <p>1:00 ● Drum Circle</p> <p>1:30 ● Little Einsteins-Simple Snacks</p> <p>2:30 ● Pet Therapy [AR]</p> <p>3:00 ● Park and Walk- Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:00 ● VFW Meeting [CR]</p> <p>9:30 ● Coffee Chat</p> <p>10:30 ● Zumba [2DR]</p> <p>11:00 ● Appreciation Event-MOMS</p> <p>11:30 ● Lunch</p> <p>12:30 ● Garden Tending-Thymeless [RL]</p> <p>1:00 ● Bean Bag Toss</p> <p>1:30 ● Artist's Corner [AR]</p> <p>2:00 ● Amazing Appetizers-Thymeless</p> <p>3:00 ● Gettin' Out of Town-Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [DR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Garden Tending-Thymeless</p> <p>10:30 ● Book Club-Bookmarks</p> <p>11:30 ● Lunch</p> <p>1:00 ● Balloon Volleyball</p> <p>2:00 ● Breadmakers -Thymeless</p> <p>3:00 ● Mountain Trip Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Jam Sessions</p> <p>11:00 ● Garden Tending-Thymeless [AR]</p> <p>11:30 ● Lunch</p> <p>1:00 ● Sit and Stretch</p> <p>2:00 ● Red Hat Society</p> <p>2:00 ● Romeo Club</p> <p>2:30 ● Thirsty Thursdays Smoothies-Thymeless [RL]</p> <p>3:00 ● Lake Tours Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Bingo</p> <p>11:00 ● Garden Tending-Thymeless [RL]</p> <p>11:30 ● Lunch</p> <p>12:30 ● Flower Arranging with Mel</p> <p>1:00 ● Dusty Titles-Country Music</p> <p>2:00 ● Baking for the Soul- Thymeless</p> <p>2:30 ● Trivia</p> <p>3:00 ● Desert Loop Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:30 ● Morning Walk</p> <p>9:00 ● Church Service with Tim and Bonnie</p> <p>10:00 ● Garden Tending-Thymeless [RL]</p> <p>11:30 ● Lunch</p> <p>1:00 ● Bean Bag Toss</p> <p>2:00 ● Sweet Treat-Root Beer Floats [AR]</p> <p>3:00 ● Family Connection [RL]</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>
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LOCATIONS

- Resident Lounge - RL
- Living Room - LR
- Dining Room - DR
- Activity Room - AR
- Court Yard - CY
- Outings - O

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Activities are subject to change

*Appreciation is always wanted and treasured!
Give it freely!*

<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Shenanigans</p> <p>11:30 ● Lunch</p> <p>12:30 ● Gardening-Thymeless</p> <p>1:00 ● Fitness Center [FG]</p> <p>1:30 ● Sports Corner [AR]</p> <p>2:00 ● Sweet Treats-Sundae Funday</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner</p>	<p>7:30 ● Breakfast</p> <p>8:30 ● Health and Wellness-Vitals & Weights</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Garden Tending-Thymeless</p> <p>11:30 ● Lunch</p> <p>12:30 ● Painted Rock Garden</p> <p>1:00 ● Drum Circle</p> <p>1:30 ● Little Einsteins-Simple Snacks</p> <p>2:30 ● Pet Therapy [AR]</p> <p>3:00 ● Park and Walk- Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:30 ● Zumba [2DR]</p> <p>11:00 ● Appreciation Event-Teachers</p> <p>11:30 ● Lunch</p> <p>12:30 ● Garden Tending-Thymeless [RL]</p> <p>1:00 ● Bean Bag Toss</p> <p>1:30 ● Artist's Corner [AR]</p> <p>2:00 ● Amazing Appetizers-Thymeless</p> <p>3:00 ● Gettin' Out of Town-Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [DR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Garden Tending-Thymeless</p> <p>10:30 ● Book Club-Bookmarks</p> <p>11:30 ● Lunch</p> <p>1:00 ● Balloon Volleyball</p> <p>2:00 ● Breadmakers -Thymeless</p> <p>3:00 ● Mountain Trip Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Jam Sessions</p> <p>11:00 ● Garden Tending-Thymeless [AR]</p> <p>11:30 ● Lunch</p> <p>1:00 ● Sit and Stretch</p> <p>2:00 ● Red Hat Society</p> <p>2:00 ● Romeo Club</p> <p>2:30 ● Thirsty Thursdays Smoothies-Thymeless [RL]</p> <p>3:00 ● Lake Tours Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:00 ● Tim Hern- Music Show</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:45 ● Morning Walk</p> <p>9:30 ● Coffee Chat</p> <p>10:00 ● Bingo</p> <p>11:00 ● Garden Tending-Thymeless [RL]</p> <p>11:30 ● Lunch</p> <p>1:00 ● Drum Circle</p> <p>2:00 ● Baking for the Soul- Thymeless</p> <p>2:30 ● Trivia</p> <p>3:00 ● Desert Loop Bus Ride</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>	<p>7:30 ● Breakfast</p> <p>8:30 ● Morning Walk</p> <p>9:00 ● Church Service with Tim and Bonnie</p> <p>10:00 ● Garden Tending-Thymeless [RL]</p> <p>11:30 ● Lunch</p> <p>1:00 ● Bean Bag Toss</p> <p>2:00 ● Sweet Treat-Root Beer Floats [AR]</p> <p>3:00 ● Family Connection [RL]</p> <p>4:00 ● Dinner Set-Up</p> <p>4:30 ● Dinner [MDR]</p>
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