

calendar & activities
MAY 2019

Presidential Memory Care

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect



- 9:00 ● Helping Hands
10:00 ● Exercise with Ana
11:00 ● BINGO
3:15 ● Community Entertainment
5:30 ● Helping Hands after Dinner
6:00 Matinee

1
- 9:00 ● Helping Hands
10:00 ● Reggae Rejuvenation
11:00 ● Painting Class
1:00 ● Book Club
3:30 ● Church Service
5:30 ● Helping Hands after Dinner
6:00 Matinee

2
- 9:00 ● Helping Hands
10:00 ● Sit to be Fit
10:00 ● Sit to be Fit
10:45 ● Daily Devotions
11:00 ● HangMan
3:30 ● Shabbat Services with Rabbi Davis
5:30 ● Helping Hands after Dinner
6:00 Matinee

3
- 9:00 ● Helping Hands
10:00 ● Dancing In our Seats
11:00 ● Family Fued
1:00 ● Jeopardy
2:00 ● Brain Games and Social hour
3:15 ● Community Entertainment
5:30 ● Helping Hands after Dinner
6:00 Matinee

4

LOCATIONS

Assisted Living - AL
Courtyard - CY
Country Kitchen - CK
Living Room - LR
Memory Care Lounge - MCL
Shuttle Bus - SB

BIRTHDAYS
THIS MONTH

Trudy E. 4th
Mildred G. 31st

SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE
Unlimited options,
Unparalleled services

WWW.SENIORLIFESTYLE.COM
Activities are subject to change

- 9:00 ● Helping Hands
10:00 ● Moving To The Music
10:30 ● Sunday Morning Hymns
11:30 ● FUNctional Fitness
1:00 ● Relaxation w/ aroma [DR]
3:00 ● Museum Arm Chair Tours
5:30 ● Helping Hands after Dinner
6:00 Matinee

5
- 9:00 ● Helping Hands
10:00 ● Jammin' to the Beat
1:00 ● Book Club
2:00 ● Garden Club
2:30 ● Afternoon Tea Time
3:15 ● Community Entertainment
5:30 ● Helping Hands after Dinner
6:00 Matinee

6
- 9:00 ● Helping Hands
10:00 ● Morning Meditation & Tai Chi
1:00 ● Sharing Our Stories
2:00 ● Balloon Tennis
5:30 ● Helping Hands after Dinner
6:00 Matinee

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- "I am not afraid of storms, for I am learning how to sail my ship."
— Louisa May Alcott