

November 2020 Element's Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
All Saint's Day 1 9:30 Morning Chats [B] 10:30 Mass of the Air - WHAS11 [MT] 11:00 Watercolor Wonder [AR] 1:30 Indoor Walking Club [L] 2:00 Bible Study [MT] 3:00 Sunday Matinee - "The Blind Side" on DVD [MT] 4:00 Cards in the Bistro [B]	9:00 News and Talk [B] 2 10:30 Scenic Ride with David [L] 11:00 Workout in Wellness Center [WC] 1:00 Afternoon Trivia [B] 2:00 Rock Hudson Film Series - "Has Anybody Seen My Gal" on DVD [MT] 3:00 Stretch and Meditate with Penny [WC]	9:00 Morning Chats and Coffee [B] 3 10:30 Workout in Wellness Center [WC] 1:30 Fit Minds Challenge [MT] 2:30 TED Talk Tuesdays [MT] 3:30 Music Therapy [MT] 6:30 Game Night in the Bistro [B]	9:00 Coffee and Conversation [B] 4 10:30 Workout in Wellness [WC] 1:30 Bingo! in the Theatre [MT] 3:30 Fireside Chats on the Patio [GP] 6:30 Evening Movie [MT]	9:00 Morning Chats and Coffee [B] 5 10:30 Fit Minds Challenge [MT] 1:30 Workout in Wellness Center [WC] 2:30 iN2I- Travel the Globe [MT] 3:30 Music Therapy [B] 6:30 Throwback Film- "Mr. Smith Goes to Washington" on DVD [MT]	9:00 News and Talk [B] 6 10:30 Crafting Corner [AR] 1:30 Book Club Meeting [MT] 1:30 Workout in Wellness Center [WC] 3:00 We're Baking! [AR] 6:30 Game Night in the Bistro - Bring a Neighbor! [B]	UofL Football vs Virginia 7 9:30 Morning Chats [B] 11:00 Card Crafting [AR] 11:00 Gone Fishing Games [AR] 1:30 Indoor Walking Club [L] 3:00 Sports Favorites- Men's Club Gathering [B] 6:30 Neighborhood Puzzles [B]	
9:30 Morning Chats [B] 8 10:30 Mass of the Air - WHAS11 [MT] 11:00 Watercolor Wonder [AR] 1:30 Indoor Walking Club [L] 2:00 Bible Study [MT] 3:00 Sunday Matinee - "Last Flag Flying" on Amazon [MT] 4:00 Cards in the Bistro [B]	9:00 News and Talk [B] 9 10:30 Scenic Ride with David [L] 11:00 Workout in Wellness Center [WC] 1:00 Afternoon Trivia [B] 2:00 Stretch and Meditate with Penny [WC] 3:00 Resident Council Meeting [MT] 6:30 Rock Hudson Film Series - "Come September" on DVD [MT]	Tongue Twister Day 10 9:00 Morning Chats and Coffee [B] 10:30 Workout in Wellness Center [WC] 1:30 Fit Minds Challenge [MT] 2:30 TED Talk Tuesdays [MT] 3:30 Music Therapy [MT] 6:30 Game Night in the Bistro [B]	9:00 Coffee and Conversation [B] 11 10:30 Veterans Day Presentation- Bluegrass Honor Flight 1:30 Bingo! in the Theatre [MT] 3:30 Fireside Chats on the Patio [GP] 6:30 Veteran's Day Special Feature - "The November War" on Amazon [MT]	9:00 Morning Chats and Coffee [B] 12 1:30 Workout in Wellness Center [WC] 2:30 iN2I- Travel the Globe [MT] 3:30 Music Therapy [B] 6:30 Throwback Film- "Meet John Doe" on DVD [MT]	9:00 News and Talk [B] 13 10:30 Crafting Corner [AR] 1:30 Workout in Wellness Center [WC] 3:00 We're Baking! [AR] 6:30 Game Night in the Bistro - Bring a Neighbor! [B]	UK Football vs Vanderbilt 14 9:30 Morning Chats [B] 11:00 Card Crafting [AR] 11:00 Gone Fishing Games [AR] 1:30 Indoor Walking Club [L] 3:00 Sports Favorites- Men's Club Gathering [B] 6:30 Neighborhood Puzzles [B]	
9:30 Morning Chats [B] 15 10:30 Mass of the Air - WHAS11 [MT] 11:00 Watercolor Wonder [AR] 1:30 Indoor Walking Club [L] 2:00 Bible Study [MT] 3:00 Sunday Matinee - "Flags of our Fathers" on DVD [MT] 4:00 Cards in the Bistro [B]	9:00 News and Talk [B] 16 10:30 Scenic Ride with David [L] 11:00 Workout in Wellness Center [WC] 1:00 Afternoon Trivia [B] 2:00 Rock Hudson Film Series - "Man's Favorite Sport?" on DVD [MT] 3:00 Stretch and Meditate with Penny [WC]	9:00 Morning Chats and Coffee [B] 17 10:30 Workout in Wellness Center [WC] 1:30 Fit Minds Challenge [MT] 2:30 TED Talk Tuesdays [MT] 3:30 Music Therapy [MT] 6:30 Game Night in the Bistro [B]	9:00 Coffee and Conversation [B] 18 10:30 Workout in Wellness [WC] 1:30 Bingo! in the Theatre [MT] 2:30 Fireside Chats on the Patio [GP] 3:30 Thanksgiving Celebration [B] 3:30 Thanksgiving Celebration featuring Mike and Vikki [B] 6:30 Evening Movie [MT]	National Philosophy Day 19 9:00 Morning Chats and Coffee [B] 10:30 Fit Minds Challenge [MT] 1:30 Workout in Wellness Center [WC] 2:30 iN2I- Travel the Globe [MT] 3:30 Music Therapy [B] 6:30 Throwback Film- "State of the Union" on DVD [MT]	9:00 News and Talk [B] 20 10:30 Crafting Corner [AR] 1:30 Book Club Meeting [MT] 1:30 Workout in Wellness Center [WC] 3:00 We're Baking! [AR] 6:30 Game Night in the Bistro - Bring a Neighbor! [B] 7:30 UofL Football vs Syracuse on ESPN	UK Football vs Alabama 21 9:30 Morning Chats [B] 11:00 Card Crafting [AR] 11:00 Gone Fishing Games [AR] 1:30 Indoor Walking Club [L] 3:00 Sports Favorites- Men's Club Gathering [B] 6:30 Neighborhood Puzzles [B]	
9:30 Morning Chats [B] 22 10:30 Mass of the Air - WHAS11 [MT] 11:00 Watercolor Wonder [AR] 1:30 Indoor Walking Club [L] 2:00 Bible Study [MT] 3:00 Sunday Matinee - "The Aviator" on DVD [MT] 4:00 Cards in the Bistro [B]	9:00 News and Talk [B] 23 10:30 Scenic Ride with David [L] 11:00 Workout in Wellness Center [WC] 1:00 Afternoon Trivia [B] 2:00 Rock Hudson Film Series - "Strange Bedfellows" on DVD [MT] 3:00 Stretch and Meditate with Penny [WC]	9:00 Morning Chats and Coffee [B] 24 10:30 Workout in Wellness Center [WC] 1:30 Fit Minds Challenge [MT] 2:30 TED Talk Tuesdays [MT] 3:30 Music Therapy [MT] 6:30 Game Night in the Bistro [B]	Podiatrist Visit 25 9:00 Coffee and Conversation [B] 10:30 Workout in Wellness [WC] 1:30 Bingo! in the Theatre [MT] 3:30 Fireside Chats on the Patio [GP] 6:30 Evening Movie [MT]	9:00 Morning Chats and Coffee [B] 26 10:30 Fit Minds Challenge [MT] 1:30 Workout in Wellness Center [WC] 2:30 iN2I- Travel the Globe [MT] 3:30 Music Therapy [B] 6:30 Throwback Film- "You Can't Take It With You" on DVD [MT]	UofL Football vs Boston College 27 9:00 News and Talk [B] 10:30 Crafting Corner [AR] 1:30 Workout in Wellness Center [WC] 3:00 We're Baking! [AR] 6:30 Game Night in the Bistro - Bring a Neighbor! [B]	UK Football vs Florida 28 9:30 Morning Chats [B] 11:00 Card Crafting [AR] 11:00 Gone Fishing Games [AR] 1:30 Indoor Walking Club [L] 3:00 Sports Favorites- Men's Club Gathering [B] 6:30 Neighborhood Puzzles [B]	
Advent Begins 29 Black Friday 9:30 Morning Chats [B] 10:30 Mass of the Air - WHAS11 [MT] 11:00 Watercolor Wonder [AR] 1:30 Indoor Walking Club [L] 2:00 Bible Study [MT] 3:00 Sunday Matinee - "The Three Amigos" on DVD [MT] 4:00 Cards in the Bistro [B]	Mark Twain's Birthday 30 9:00 News and Talk [B] 10:30 Scenic Ride with David [L] 11:00 Workout in Wellness Center [WC] 1:00 Afternoon Trivia [B] 2:00 Rock Hudson Film Series - "Blindfold" on DVD [MT] 3:00 Stretch and Meditate with Penny [WC]	Dining Room Hours Breakfast RSVP Times 7:00-7:45 ; 8:00-8:45 Lunch RSVP Times 11:00-11:45 ; 12:00-12:45 Dinner RSVP Times 4:30-5:15 ; 5:30-6:15		Resident Birthdays Ada Dolores K. 11/16 Nina V. 11/22 Donald C. 11/24 Calvin D. 11/25 Elizabeth H. 11/27 Sharon H. 11/30		"December is a month rife with nostalgia. If there is anything deep in your heart that you want to keep buried, you can count on December to bring it to the surface" ~ Lois Duncan	Location Keys Activity Room AR Bistro B Garden Patio GP Lobby L Movie Theater MT Wellness Center WC