


calendar & activities  
FEB 2019

Harbour House ~ Memory Care ~ Theme: Reflect

	<div><p>MEMORY CARE <b>embrace</b> BY SENIOR LIFESTYLE</p></div> <div><p><b>Location Keys</b> Livingroom 1st Fl. &amp; 2nd Fl. LR1&amp;2</p></div> <div><p><b>Resident Birthdays</b> Barbara P. 2/1 Elaine N. 2/3 Mary J. 2/26</p></div> <div><p>● CONNECT ● CONTRIBUTE ● FEEL ● GROW ● MOVE ● REFLECT</p></div>	<div><p>1</p><p>AM ● Daily Chronicle/LR1&amp;2 AM ● Rhythm &amp; Fitness AM ● Can You Picture This AM ● Fairy Tales &amp; Folktales PM ● The Great Movie Musical Trivia Book PM ● Number Bingo/LR1&amp;2 PM ● Thymeless/Smoothie Social/LR1&amp;2 PM ● Let's Take A Stroll PM ● Fun and Games Childhood Reflections Book PM ● Scramble Challenge</p></div> <div><p>2</p><p>AM ● Word-For-Today/LR1&amp;2 AM ● ROM Fitness AM ● What's So Funny AM ● Groundhog Facts PM ● Soothing Afternoon Music PM ● 1930's Fashion PM ● Afternoon Social/LR1&amp;2 PM ● Bingo Bash! PM ● God Bless America/Lawrence Welk PM ● Mediation Tips</p></div>
	<div><p>3</p><p>AM ● Morning Reflect/LR1&amp;2 AM ● Music &amp; Motion Fitness/LR1&amp;2 AM ● Bible Verses/LR1&amp;2 AM ● Chicken Soup for the Soul PM ● Gentle Hand Massages PM ● Afternoon Social/LR1&amp;2 PM ● Spiritual Sing a Long PM ● Super Bowl Trivia 5:30 ● Super Bowl Game on CBS/LR1&amp;2</p></div> <div><p>4</p><p>AM ● Daily Thought/LR1&amp;2 AM ● Gratitude Walk [LR1&amp;2] AM ● My Uncle the Tooth Fairy Story AM ● Collage - a - Quilt Project PM ● Classical Music/LR1&amp;2 PM ● Easy Does It Trivia PM ● Thymeless/Smoothies PM ● Bookmark Club/LR1&amp;2 PM ● Commercial Ads/IN2L PM ● Relaxing Hand Massages</p></div> <div><p>5</p><p>AM ● Sign Language of the Day AM ● Balloon Exercise [LR1&amp;2] AM ● Creating Personal Pillows AM ● Painting Wooden Hearts PM ● Let's Pray Together/Rosary PM ● Afternoon Social/Choc. Malts PM ● What Did It Cost/IN2L PM ● Colorful Flowers/Book 6:30 ● Love On a Leash/Pet Therapy [LR1&amp;2]</p></div> <div><p>6</p><p>AM ● Daily Quote/LR1&amp;2 AM ● Grandma's Kitchen/Baking AM ● Exercise w/PT 2nd Fl. AM ● Exercise w/PT 1st Fl. AM ● Spark/Think Twice PM ● Working on Personal Pillows PM ● Afternoon Social/Banana Bread PM ● Past Time Memories/IN2L PM ● Soothing Music/LR1&amp;2</p></div> <div><p>7</p><p>AM ● Daily News/ LR1&amp;2 AM ● Infused Water AM ● Scarves &amp; Fitness/LR1&amp;2 AM ● Rhymes From Yesterday 11:15 ● Greendale Middle School 6th Graders Visit PM ● Past Time Memories/IN2L PM ● Afternoon Social/Infused Water PM ● Spa Day/LR1&amp;2 PM ● Complete the Song PM ● Tongue Twister Challenge PM ● Easy Listening Music</p></div> <div><p>8</p><p>AM ● Daily Chronicle/LR1&amp;2 AM ● Rhythm &amp; Fitness AM ● Morning Hand Massage AM ● Short Stories 1:30 ● Scenic Tour/Meet in Lobby PM ● HH Singers/LR1&amp;2 PM ● Number Bingo/LR1&amp;2 PM ● Hot Cocoa Social PM ● Everything Trivia/LR1&amp;2 PM ● Puzzles &amp; Word Searches PM ● Price is Right/IN2L</p></div> <div><p>9</p><p>AM ● Word-For-Today/LR1&amp;2 AM ● ROM Fitness AM ● Shaving Cream/Get Well Cards AM ● Reflecting Short Stories PM ● Soothing Afternoon Music PM ● 1940's Fashion PM ● Afternoon Social/LR1&amp;2 PM ● Bingo Bash! PM ● Tom Jones-DVD PM ● Reflecting Stories</p></div>	
	<div><p>10</p><p>AM ● Morning Reflect/LR1&amp;2 AM ● Music &amp; Motion Fitness/LR1&amp;2 AM ● Bible Verses/LR1&amp;2 AM ● Chicken Soup for the Soul PM ● Gentle Hand Massages PM ● Afternoon Social/LR1&amp;2 PM ● Spiritual Sing a Long PM ● Amen Trivia/LR1&amp;2 PM ● Evening Card Club</p></div> <div><p>11</p><p>AM ● Daily Thought/LR1&amp;2 AM ● Gratitude Walk [LR1&amp;2] AM ● Collage - a - Quilt Project PM ● Classical Music/LR1&amp;2 PM ● Random Trivia PM ● Thymeless/Smoothies PM ● Ozzie &amp; Harriet Show/IN2L PM ● Bookmark Club/LR1&amp;2 PM ● Seasonal Trivia PM ● Relaxing Hand Massages</p></div> <div><p>12</p><p>AM ● Sign Language of the Day 10:00 ● Church Service on 2nd Fl. 10:30 ● Church Service on 1st Fl. AM ● Ball Exercise/LR1&amp;2 PM ● Let's Pray Together/Rosary/2nd Fl. PM ● Afternoon Social/Choc. Malts PM ● Old Time Favorites/Sing A Long PM ● Puppies &amp; Dogs/Book/LR1&amp;2 PM ● Finish That Phrase</p></div> <div><p>13</p><p>AM ● Daily Quote/LR1&amp;2 AM ● Infused Water 10:30 ● Live Entertainment: Nightingales on 1st Fl. 11:30 ● Lunch Bunch/Outing PM ● The Ratpack Tunes PM ● Move That Body/LR1&amp;2 PM ● Afternoon Social PM ● Bookmark Club/LR1&amp;2 PM ● Funny Short Stories 6:30 ● Pet Therapy w/Phyllis &amp; Arrow/LR1&amp;2</p></div> <div><p>14</p><p>AM ● Daily News/ LR1&amp;2 AM ● Scarves &amp; Fitness AM ● Making Cupid-Kissed Cookies AM ● Who's Your Valentine? 1:30 ● Scenic Tour/Meet in Lobby PM ● Afternoon Social/Cupid Cookies PM ● Spa Day/LR1&amp;2 PM ● Tongue Twister Challenge PM ● Easy Listening Music</p></div> <div><p>15</p><p>9:00 Dr. Trejo/Podiatrist/2nd Floor Spa AM ● Daily Chronicle/LR1&amp;2 AM ● Rhythm &amp; Fitness PM ● Relaxing Music for the Soul PM ● Everything Trivia PM ● Number Bingo/LR1&amp;2 PM ● Thymeless/Smoothie Social/LR1&amp;2 PM ● Afternoon Karoke/IN2L PM ● Puzzles &amp; Word Searches PM ● Johnny Mathis in Concert</p></div> <div><p>16</p><p>AM ● Word-For-Today/LR1&amp;2 AM ● ROM Fitness AM ● What's So Funny AM ● Reflecting Short Stories PM ● Soothing Afternoon Music PM ● 1950's Fashions PM ● Afternoon Social/LR1&amp;2 PM ● Bingo Bash! PM ● God Bless America/Lawrence Welk PM ● Mediation Tips</p></div>	
	<div><p>17</p><p>AM ● Morning Reflect/LR1&amp;2 AM ● Music &amp; Motion Fitness/LR1&amp;2 AM ● Bible Verses/LR1&amp;2 AM ● Chicken Soup for the Soul PM ● Gentle Hand Massages PM ● Afternoon Social/LR1&amp;2 PM ● Spiritual Sing a Long PM ● Amen Trivia/LR1&amp;2 PM ● Movie: Travel Around the World/DVD</p></div> <div><p>18</p><p>AM ● Daily Thought/LR1&amp;2 AM ● Gratitude Walk [LR1&amp;2] AM ● Collage - a - Quilt Project PM ● Classical Music/LR1&amp;2 PM ● President's Fun Facts PM ● Thymeless/Smoothies PM ● Commercial Ads/IN2L PM ● Bookmark Club/LR1&amp;2 PM ● Seasonal Trivia PM ● Relaxing Hand Massages</p></div> <div><p>19</p><p>AM ● Sign Language of the Day AM ● Balloon Exercise [LR1&amp;2] AM ● Making Muddy Buddies/ Snack AM ● Name that Animal Sound/IN2L PM ● Burning Ceremony/2nd Fl. PM ● Afternoon Social/Choc. Malts PM ● Old Time Favorites/Sing A Long PM ● Colorful Flowers/Book 6:30 ● Love On a Leash/Pet Therapy/LR1&amp;2</p></div> <div><p>20</p><p>AM ● Daily Quote/LR1&amp;2 10:30 ● Live Entertainment: by Charlene Fiore/1st Fl. AM ● Spark/Think Twice PM ● The Ratpack Tunes/LR1&amp;2 PM ● Afternoon Social/Yogurt Parfait PM ● Bookmark Club/LR1&amp;2 PM ● Reflecting Poems PM ● Soothing Music</p></div> <div><p>21</p><p>AM ● Daily News/ LR1&amp;2 AM ● Infused Water AM ● Scarves &amp; Fitness/LR1&amp;2 AM ● Rhymes From Yesterday 11:15 ● Greendale Middle School 6th Graders Visit PM ● Past Time Memories PM ● Afternoon Social/Infused Water PM ● Spa Day/LR1&amp;2 PM ● They Come In Pairs PM ● Tongue Twister Challenge PM ● Easy Listening Music</p></div> <div><p>22</p><p>AM ● Daily Chronicle/LR1&amp;2 AM ● Rhythm &amp; Fitness AM ● Morning Hand Massages AM ● Short Stories 1:30 ● Scenic Tour/Meet in Lobby PM ● Joke Box PM ● Number Bingo/LR1&amp;2 PM ● Hot Cocoa Social PM ● Afternoon Karaoke/IN2L PM ● Puzzles &amp; Word Searches PM ● Travelogue/ IN2L</p></div> <div><p>23</p><p>AM ● Word-For-Today/LR1&amp;2 AM ● ROM Fitness 10:30 ● His Highest Praise Singers/1st Fl. PM ● Soothing Afternoon Music PM ● 1960's Fashion PM ● Afternoon Social/LR1&amp;2 PM ● Bingo Bash! PM ● Tom Jones-DVD PM ● Reflecting Short Stories</p></div>	
	<div><p>24</p><p>AM ● Morning Reflect/LR1&amp;2 AM ● Music &amp; Motion Fitness/LR1&amp;2 AM ● Bible Verses/LR1&amp;2 AM ● Chicken Soup for the Soul PM ● Gentle Hand Massages PM ● Afternoon Social/LR1&amp;2 PM ● Spiritual Sing a Long PM ● Amen Trivia/LR1&amp;2 PM ● Barbara Streisand in Concert</p></div> <div><p>25</p><p>AM ● Daily Thought/LR1&amp;2 AM ● Gratitude Walk [LR1&amp;2] AM ● Collage - a - Quilt Project PM ● Classical Music/LR1&amp;2 PM ● Easy Does It Trivia PM ● Thymeless/Smoothies PM ● Bookmark Club/LR1&amp;2 PM ● Seasonal Trivia PM ● Ozzie &amp; Harriet Show/IN2L PM ● Relaxing Hand Massages</p></div> <div><p>26</p><p>AM ● Sign Language of the Day AM ● Balloon Exercise [LR1&amp;2] AM ● You Are My Sunshine Song/Sign Language PM ● Let's Pray Together/Rosary PM ● Afternoon Social/Choc. Malts PM ● Shake Up Your Mind PM ● Old Time Favorites/Sing A Long PM ● Classic Radio Show/IN2L PM ● Lawrence Welk Music</p></div> <div><p>27</p><p>AM ● Daily Quote/LR1&amp;2 AM ● Exercise w/PT 2nd Fl. AM ● Sponge Art/ Get Well Cards AM ● Exercise w/PT 1st Fl. 1:30 ● Greendale Middle School 7th Graders Visit PM ● February Birthday Celebration PM ● Bookmark Club PM ● Paul Harvey Show/IN2L 6:30 ● Pet Therapy w/Phyllis &amp; Arrow [LR1&amp;2]</p></div> <div><p>28</p><p>AM ● Daily News/ LR1&amp;2 AM ● Infused Water AM ● Scarves &amp; Fitness/LR1&amp;2 AM ● Rhymes From Yesterday AM ● They Come In Pairs PM ● Past Time Memories PM ● Afternoon Social/Infused Water PM ● Spa Day/LR1&amp;2 PM ● What's In the Bag? PM ● Tongue Twister Challenge PM ● Easy Listening Music</p></div> <div></div>	