

calendar & activities  
**FEB 2019**

"Reflect" Dance to Sign Language & Music



**Resident Birthdays**

Wilma M. 2/5 Jane H. 2/20  
Rose Marie K. 2/16 Virginia J. 2/27  
Joan M. 2/18



"When it rains, look for rainbows. When it's dark, look for stars."

— Unknown

**Location Keys**

AL Chapel  
A Activities Room  
B Bus Trip  
C Courtyard  
D Dining Room  
O Oasis Community  
S Saguaro Community  
TS Town Square

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**Activities are subject to change**

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

8:30 ● Morning Starters  
9:00 ● Good News (IN2L)  
9:30 ● Warm Up Workout  
10:00 ● Garden Snack  
10:30 ● Garden Trivia  
11:00 ● What's Cooking  
3:00 ● Chapel (S) [S]  
3:00 ● Sunday Service (O)  
3:30 ● Super Bowl Pregame Party  
4:30 ● Super Bowl LIII Kickoff Rams vs Patriots

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8:30 ● Morning Goodies  
9:00 ● Good News (IN2L)  
9:30 ● Monday Movements to Remember  
10:00 ● Garden Snack  
11:00 ● Food For Thought  
1:30 ● HOV Harpist (S) [A]  
2:00 ● Day in Pictures  
3:00 ● Bingo  
3:30 ● Garden Care  
6:00 ● Color Memory (IN2L)

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8:30 ● Food for Thought  
9:00 ● Good News (IN2L)  
9:30 ● 1,2,3 Stretch With Me  
10:00 ● Garden Snack  
11:00 ● Mid-day Munchies  
1:00 ● Caring Friendship Group  
2:30 ● Bookmarks [D]  
3:00 ● Chinese New Year Facts  
3:30 ● Garden Care  
6:00 ● UNO

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8:30 ● Nourishing Starters  
9:00 ● Good News (IN2L)  
9:30 ● Wednesday Workout Wonders  
10:00 ● Reflect on Big Band Era  
11:00 ● Noon Nourish  
1:00 ● Hand Massages/ Glamour Girls  
2:00 ● Happy Hour [O]  
2:00 ● Pretty Nails [S]  
2:30 ● Prepped for Fun  
3:30 ● Garden Care  
3:30 ● Happy Hour [S]  
6:00 ● Scrabble

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8:30 ● Morning Munches  
9:00 ● Good News (IN2L)  
9:30 ● Limber Up  
10:00 ● Garden Snack  
10:30 ● Couples of History & Story  
11:00 ● Food & Friends  
1:00 ● Baking Bash  
2:00 ● Bingo  
3:00 ● Cottonelle Cupid Centerpiece  
3:30 ● Garden Care  
6:00 ● Checkers

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8:30 ● Meal Chats [D]  
9:00 ● Good News (IN2L)  
9:30 ● Menu Making  
10:00 ● Friday Fitness Flexes  
10:00 ● Garden Snack  
11:00 ● Food and Fun  
12:30 ● After lunch prayer with Roger [O]  
1:30 ● Pastor Roger [S]  
2:00 ● Friday Matinee  
2:00 ● Music with Ron and Denny [S]  
3:30 ● Garden Care  
5:30 ● List Life Lessons

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8:30 ● Toast to Friends  
9:00 ● Good News (IN2L)  
9:30 ● Sit & Fit (S)  
10:00 ● Garden Snack  
10:00 ● Valentine Cards  
11:00 ● Tasty Morsels  
2:00 ● Ways to Reflect  
3:00 ● Sing Along  
3:30 ● Garden Care  
6:00 ● Kings in the Corner

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8:30 ● Morning Starters  
9:00 ● Good News (IN2L)  
9:30 ● Warm Up Workout  
10:00 ● Garden Snack  
10:30 ● Garden Trivia  
11:00 ● What's Cooking  
3:00 ● Chapel (S) [S]  
3:00 ● Sunday Service (O)  
3:30 ● Garden Care  
6:00 ● Word Search

10

8:30 ● Morning Goodies  
9:00 ● Good News (IN2L)  
9:30 ● Monday Movements to Remember  
10:00 ● Garden Snack  
11:00 ● Food For Thought  
2:00 ● Look Back  
2:00 ● Tour the Town (O) [B]  
3:00 ● Bingo  
3:30 ● Garden Care  
6:00 ● Color Memory (IN2L)

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8:30 ● Food for Thought  
9:00 ● Good News (IN2L)  
9:30 ● 1,2,3 Stretch With Me  
10:00 ● Garden Snack  
11:00 ● Mid-day Munchies  
1:00 ● Gospel Sing Along [AL]  
2:30 ● Bookmarks [D]  
3:00 ● Games With a Deck of Cards  
3:30 ● Garden Care  
6:00 ● UNO

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8:30 ● Nourishing Starters  
9:00 ● Good News (IN2L)  
9:30 ● Wednesday Workout Wonders  
10:00 ● Garden Snack  
11:00 ● Noon Nourish  
1:00 ● Hand Massages/ Glamour Girls  
2:00 ● Happy Hour [O]  
2:00 ● Pretty Nails [S]  
2:30 ● Prepped for Fun  
3:30 ● Garden Care  
3:30 ● Happy Hour [S]

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**Valentine's Day**  
8:30 ● Morning Munches  
9:00 ● Good News (IN2L)  
9:30 ● Limber Up  
10:00 ● Garden Snack  
10:30 ● Famous Couples Puzzle  
11:00 ● Food & Friends  
1:00 ● Valentine Party  
2:00 ● Bingo  
3:00 ● Name That Love Tune  
3:30 ● Garden Care  
6:00 ● Checkers

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8:30 ● Meal Chats [D]  
9:00 ● Good News (IN2L)  
9:30 ● Menu Making  
10:00 ● Friday Fitness Flexes  
10:00 ● Garden Snack  
11:00 ● Food and Fun  
12:30 ● After lunch prayer with Roger [O]  
1:00 ● Rhymes with Reflect  
1:30 ● Pastor Roger [S]  
2:00 ● Friday Matinee  
3:30 ● Garden Care  
6:00 ● YAHTZEE

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8:30 ● Toast to Friends  
9:00 ● Good News (IN2L)  
9:30 ● Sit & Fit (S)  
10:00 ● Cards & Crafts  
10:00 ● Garden Snack  
11:00 ● Tasty Morsels  
2:00 ● Who Am I?  
3:00 ● Sing Along  
3:30 ● Garden Care  
6:00 ● Kings in the Corner

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8:30 ● Morning Starters  
9:00 ● Good News (IN2L)  
9:30 ● Warm Up Workout  
10:00 ● Garden Snack  
10:30 ● Garden Trivia  
11:00 ● What's Cooking  
2:30 ● Random Acts of Kindness  
3:00 ● Chapel (S) [S]  
3:00 ● Sunday Service (O)  
3:30 ● Garden Care  
6:00 ● Word Search

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**Presidents' Day**  
8:30 ● Morning Goodies  
9:00 ● Good News (IN2L)  
9:30 ● Monday Movements to Remember  
10:00 ● Garden Snack  
11:00 ● Food For Thought  
2:00 ● Music with Ron & Denny [S]  
3:00 ● Common Names  
3:30 ● Garden Care  
6:00 ● Color Memory (IN2L)

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8:30 ● Food for Thought  
9:00 ● Good News (IN2L)  
9:30 ● 1,2,3 Stretch With Me  
10:00 ● Garden Snack  
11:00 ● Mid-day Munchies  
2:30 ● Bookmarks [D]  
3:00 ● Crosswords  
3:30 ● Garden Care  
6:00 ● UNO

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8:30 ● Nourishing Starters  
9:00 ● Good News (IN2L)  
9:30 ● Wednesday Workout Wonders  
10:00 ● Garden Snack  
11:00 ● Noon Nourish  
1:00 ● Hand Massages/ Glamour Girls  
2:00 ● Happy Hour [O]  
2:00 ● Pretty Nails [S]  
2:30 ● Prepped for Fun  
3:30 ● Garden Care  
3:30 ● Happy Hour [S]  
4:00 ● Celebrate Jane Haynes 100th Birthday [TS]

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8:30 ● Morning Munches  
9:00 ● Good News (IN2L)  
9:30 ● Limber Up  
10:00 ● Garden Snack  
10:30 ● Monthly Gazette  
11:00 ● Food & Friends  
1:00 ● Baking Bash  
2:00 ● Bingo  
3:00 ● Sign Language for Fun  
3:30 ● Garden Care  
6:00 ● Checkers

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8:30 ● Meal Chats [D]  
9:00 ● Good News (IN2L)  
9:30 ● Menu Making  
10:00 ● Friday Fitness Flexes  
10:00 ● Garden Snack  
11:00 ● Food and Fun  
12:30 ● After lunch prayer with Roger [O]  
1:30 ● Pastor Roger [S]  
2:00 ● Friday Matinee  
3:30 ● Garden Care  
6:00 ● YAHTZEE

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8:30 ● Toast to Friends  
9:00 ● Good News (IN2L)  
9:30 ● Sit & Fit (S)  
10:00 ● Cards & Crafts  
10:00 ● Garden Snack  
11:00 ● Tasty Morsels  
1:00 ● Music Therapy [S]  
2:30 ● Music Therapy [O]  
3:00 ● Sing Along  
3:30 ● Garden Care  
6:00 ● Kings in the Corner

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8:30 ● Morning Starters  
9:00 ● Good News (IN2L)  
9:30 ● Warm Up Workout  
10:00 ● Garden Snack  
10:30 ● Garden Trivia  
11:00 ● What's Cooking  
3:00 ● Chapel (S) [S]  
3:00 ● Sunday Service (O)  
3:30 ● Garden Care  
6:00 ● Word Search  
7:00 ● And the Oscar Goes To...

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8:30 ● Morning Goodies  
9:00 ● Good News (IN2L)  
9:15 ● Musician Encounters (S) [B]  
9:30 ● Monday Movements to Remember  
10:00 ● Garden Snack  
11:00 ● Food For Thought  
2:00 ● Ron on Piano [S]  
2:30 ● Here's Your Sign  
3:00 ● Bingo  
3:30 ● Garden Care  
6:00 ● Color Memory (IN2L)

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8:30 ● Food for Thought  
9:00 ● Good News (IN2L)  
9:30 ● 1,2,3 Stretch With Me  
10:00 ● Garden Snack  
11:00 ● Mid-day Munchies  
1:30 ● Bible Study [AL]  
2:30 ● Bookmarks [D]  
3:30 ● Garden Care  
6:00 ● UNO

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8:30 ● Nourishing Starters  
9:00 ● Good News (IN2L)  
9:30 ● Wednesday Workout Wonders  
10:00 ● Garden Snack  
11:00 ● Noon Nourish  
1:00 ● Hand Massages/ Glamour Girls  
2:00 ● Happy Hour [O]  
2:00 ● Pretty Nails [S]  
2:30 ● Prepped for Fun  
3:30 ● Garden Care  
3:30 ● Happy Hour (S) [S]  
6:00 ● Scrabble

27

8:30 ● Morning Munches  
9:00 ● Good News (IN2L)  
9:30 ● Limber Up  
10:00 ● Garden Snack  
10:30 ● Couples of History & Story  
11:00 ● Food & Friends  
1:00 ● Baking Bash  
2:00 ● Bingo  
3:00 ● Burning Bowl Ceremony [C]  
3:30 ● Garden Care  
6:00 ● Checkers

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