

February 2024 Assisted Living		Monthly Activities							
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><div><div><div><div><div></div><div>Be Inspired</div></div><div><div>WWW.SENIORLIFESTYLE.COM</div><div>Activities are subject to change</div></div></div></div><div><div><div><div><div></div><div>EVERGREEN & WELLSPRING</div><div>a Senior Lifestyle community</div></div></div></div></div></div></div>		<div><div><div><div></div><div>EVERGREEN & WELLSPRING</div><div>a Senior Lifestyle community</div></div></div></div> <div><div>“Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour.”</div><div>— John Boswell</div></div>				<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Chair Volleyball [AUD]</div></div><div><div>11:00</div><div>Strength Exercise w/ Jennifer from Drake Center [AUD]</div></div><div><div>3:15</div><div>Happy Hour [AUD]</div></div><div><div>7:15</div><div>Trivia Night [AUD]</div></div></div></div><div>1</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise w/ Symbria Healthcare [AUD]</div></div><div><div>10:30</div><div>Brain Exercise [AUD]</div></div><div><div>11:00</div><div>Rosary Group [C]</div></div><div><div>2:30</div><div>Bible Study with Carl [AR]</div></div><div><div>3:00</div><div>Indoor Putting Green [AL AR]</div></div><div><div>3:00</div><div>Shabbat Service w/ Rabbi Karp [AR]</div></div><div><div>7:00</div><div>Friday Night Movie: [AUD]</div></div></div></div><div>2</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Balloon Ball [AUD]</div></div><div><div>2:00</div><div>Card Bingo [AUD]</div></div><div><div>4:15</div><div>Catholic Mass [AUD]</div></div></div></div><div>3</div></div>	
	<div><div><div><div><div></div><div>EVERGREEN & WELLSPRING</div><div>a Senior Lifestyle community</div></div></div></div></div>	<div><div><div><div><div>10:30</div><div>Yoga DVD [AUD]</div></div><div><div>12:00</div><div>Puzzle Pages on the Activities Table</div></div><div><div>1:00</div><div>Piano Music with Ed Schmaz [AUD]</div></div><div><div>2:00</div><div>Protestant Communion Service [AUD]</div></div><div><div>2:15</div><div>Sunday Devotional [AUD]</div></div><div><div>7:00</div><div>Sunday Night Movie: [AUD]</div></div></div></div><div>4</div></div>	<div><div><div><div><div>10:00</div><div>Warm-Up Exercise [AUD]</div></div><div><div>10:15</div><div>Cornhole [AUD]</div></div><div><div>3:00</div><div>The King of Motown: Smokey Robinson [AUD]</div></div><div><div>7:15</div><div>Music Entertainment w/ Borrowed Time [AUD]</div></div></div></div><div>5</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Trivia [AUD]</div></div><div><div>3:00</div><div>Artist Studio with Jenny Hall (AL) [AUD]</div></div><div><div>3:00</div><div>Cookies and conversations w/ Rabbi Fuss [AR]</div></div></div></div><div>6</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Word Pictures [AUD]</div></div><div><div>1:00</div><div>Nail Salon [3]</div></div><div><div>2:00</div><div>Balance Boosters [AUD]</div></div><div><div>2:30</div><div>Stretch and Flex [AUD]</div></div><div><div>4:00</div><div>Beer and wine Social [PC]</div></div><div><div>7:15</div><div>Bingo [AUD]</div></div></div></div><div>7</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Chair Volleyball [AUD]</div></div><div><div>11:00</div><div>Strength Exercise w/ Jennifer from Drake Center [AUD]</div></div><div><div>3:15</div><div>Happy Hour [AUD]</div></div><div><div>7:15</div><div>Trivia Night [AUD]</div></div></div></div><div>8</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise w/ Symbria Healthcare [AUD]</div></div><div><div>10:30</div><div>Brain Exercise [AUD]</div></div><div><div>11:00</div><div>Rosary Group [C]</div></div><div><div>2:30</div><div>Bible Study with Carl [AR]</div></div><div><div>3:00</div><div>Indoor Putting Green [AL AR]</div></div><div><div>3:00</div><div>Shabbat Service w/ Rabbi Karp [AR]</div></div><div><div>7:00</div><div>Friday Night Movie: [AUD]</div></div></div></div><div>9</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Balloon Ball [AUD]</div></div><div><div>2:00</div><div>Card Bingo [AUD]</div></div><div><div>4:15</div><div>Catholic Mass [AUD]</div></div></div></div><div>10</div></div>	
	<div><div><div><div><div></div><div>_CONNECT</div></div><div><div></div><div>_FEEL</div></div><div><div></div><div>_GROW</div></div><div><div></div><div>_MOVE</div></div><div><div></div><div>_REFLECT</div></div><div><div></div><div>explore - Recreation & Entertainment</div></div><div><div></div><div>explore - Self Expression & the Arts</div></div></div></div></div>		<div><div><div><div><div>10:30</div><div>Yoga DVD [AUD]</div></div><div><div>12:00</div><div>Puzzle Pages on the Activities Table</div></div><div><div>1:00</div><div>Cincinnati Conservatory of Music Student Performance [AUD]</div></div><div><div>1:00</div><div>Piano Music with Ed Schmaz [AUD]</div></div><div><div>2:15</div><div>Sunday Devotional [AUD]</div></div><div><div>6:30</div><div>Super Bowl Watch Party [AUD]</div></div><div><div>7:00</div><div>Sunday Night Movie: [AUD]</div></div></div></div><div>11</div></div>	<div><div><div><div><div>10:00</div><div>Warm-Up Exercise [AUD]</div></div><div><div>10:15</div><div>Cornhole [AUD]</div></div><div><div>3:00</div><div>Cookin' Up Fun: Valentines Day Cookies [AL AR]</div></div><div><div>7:15</div><div>Music Entertainment w/ Jazz Trio [AUD]</div></div></div></div><div>12</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Trivia [AUD]</div></div><div><div>3:00</div><div>Cookies and conversations w/ Rabbi Fuss [AR]</div></div><div><div>4p-6p</div><div>Mardi Gras Themed Dinner</div></div></div></div><div>13</div></div>	<div><div><div><div><div>Valentine's Day</div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:00</div><div>Veterans Coffee Social [AR]</div></div><div><div>10:30</div><div>Word Pictures [AUD]</div></div><div><div>1:00</div><div>Nail Salon [3]</div></div><div><div>2:00</div><div>Balance Boosters [AUD]</div></div><div><div>2:30</div><div>Stretch and Flex [AUD]</div></div><div><div>3:00</div><div>Music Entertainment w/ Lagniappe</div></div><div><div>4:00</div><div>Beer and wine Social [PC]</div></div><div><div>4p-6p</div><div>Valentines Day Dinner</div></div><div><div>7:15</div><div>Bingo [AUD]</div></div></div></div><div>14</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Chair Volleyball [AUD]</div></div><div><div>11:00</div><div>Strength Exercise w/ Jennifer from Drake Center [AUD]</div></div><div><div>3:15</div><div>Happy Hour [AUD]</div></div><div><div>7:15</div><div>Trivia Night [AUD]</div></div></div></div><div>15</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise w/ Symbria Healthcare [AUD]</div></div><div><div>10:30</div><div>Brain Exercise [AUD]</div></div><div><div>11:00</div><div>Rosary Group [C]</div></div><div><div>2:30</div><div>Bible Study with Carl [AR]</div></div><div><div>3:00</div><div>Indoor Putting Green [AL AR]</div></div><div><div>3:00</div><div>Shabbat Service w/ Rabbi Karp [AR]</div></div><div><div>7:00</div><div>Friday Night Movie: [AUD]</div></div></div></div><div>16</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Balloon Ball [AUD]</div></div><div><div>2:00</div><div>Card Bingo [AUD]</div></div><div><div>4:15</div><div>Catholic Mass [AUD]</div></div></div></div><div>17</div></div>
		<div><div><div><div><div></div><div>Location Keys</div></div><div><div>3rd Floor</div><div>AL Activity Room</div><div>Auditorium</div><div>Bistro</div><div>Chapel</div><div>Dining Room</div><div>IL Activity Room</div><div>Peacock Court</div></div></div></div><div><div><div><div><div></div><div>3</div></div><div><div></div><div>AL AR</div></div><div><div></div><div>AUD</div></div><div><div></div><div>Bistro</div></div><div><div></div><div>C</div></div><div><div></div><div>DR</div></div><div><div></div><div>AR</div></div><div><div></div><div>PC</div></div></div></div></div></div>	<div><div><div><div><div>10:30</div><div>Yoga DVD [AUD]</div></div><div><div>12:00</div><div>Puzzle Pages on the Activities Table</div></div><div><div>1:00</div><div>Piano Music with Ed Schmaz [AUD]</div></div><div><div>2:15</div><div>Sunday Devotional [AUD]</div></div><div><div>7:00</div><div>Sunday Night Movie: [AUD]</div></div></div></div><div>18</div></div>	<div><div><div><div><div>Presidents' Day</div><div>10:00</div><div>Warm-Up Exercise [AUD]</div></div><div><div>10:15</div><div>Cornhole [AUD]</div></div><div><div>12:30</div><div>Outing: Lecture on Presidential Ties to Spring Grove Cemetery**</div></div><div><div>3:00</div><div>Presidential Riddles [AUD]</div></div><div><div>7:15</div><div>Brian Jorg Travel Lecture [AUD]</div></div></div></div><div>19</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Trivia [AUD]</div></div><div><div>3:00</div><div>Artist Studio with Jenny Hall (AL) [AUD]</div></div><div><div>3:00</div><div>Cookies and conversations w/ Rabbi Fuss [AR]</div></div></div></div><div>20</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Word Pictures [AUD]</div></div><div><div>1:00</div><div>Nail Salon [3]</div></div><div><div>2:00</div><div>Balance Boosters [AUD]</div></div><div><div>2:30</div><div>Stretch and Flex [AUD]</div></div><div><div>4:00</div><div>Beer and wine Social [PC]</div></div><div><div>7:15</div><div>Bingo [AUD]</div></div></div></div><div>21</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Chair Volleyball [AUD]</div></div><div><div>11:00</div><div>Strength Exercise w/ Jennifer from Drake Center [AUD]</div></div><div><div>3:15</div><div>Happy Hour [AUD]</div></div><div><div>7:15</div><div>Trivia Night [AUD]</div></div></div></div><div>22</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise w/ Symbria Healthcare [AUD]</div></div><div><div>10:30</div><div>Brain Exercise [AUD]</div></div><div><div>11:00</div><div>Rosary Group [C]</div></div><div><div>2:30</div><div>Bible Study with Carl [AR]</div></div><div><div>3:00</div><div>Indoor Putting Green [AL AR]</div></div><div><div>3:00</div><div>Shabbat Service w/ Rabbi Karp [AR]</div></div><div><div>7:00</div><div>Friday Night Movie: [AUD]</div></div><div><div>7:00</div><div>King and Queens Ball w/Live Entertainment [AUD]</div></div></div></div><div>23</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Balloon Ball [AUD]</div></div><div><div>2:00</div><div>Card Bingo [AUD]</div></div><div><div>4:15</div><div>Catholic Mass [AUD]</div></div></div></div><div>24</div></div>
				<div><div><div><div><div>10:30</div><div>Yoga DVD [AUD]</div></div><div><div>12:00</div><div>Puzzle Pages on the Activities Table</div></div><div><div>1:00</div><div>Piano Music with Ed Schmaz [AUD]</div></div><div><div>2:15</div><div>Sunday Devotional [AUD]</div></div><div><div>7:00</div><div>Sunday Night Movie: [AUD]</div></div></div></div><div>25</div></div>	<div><div><div><div><div>10:00</div><div>Warm-Up Exercise [AUD]</div></div><div><div>10:15</div><div>Cornhole [AUD]</div></div><div><div>3:00</div><div>Lecture: Dr. Eric Jackson on The Underground Railroad</div></div><div><div>7:15</div><div>Music Entertainment [AUD]</div></div></div></div><div>26</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Trivia [AUD]</div></div><div><div>2:00</div><div>Resident Town Hall- Everyone's Welcome! [AUD]</div></div><div><div>3:00</div><div>Cookies and conversations w/ Rabbi Fuss [AR]</div></div></div></div><div>27</div></div>	<div><div><div><div><div>10:00</div><div>Easy Exercise [AUD]</div></div><div><div>10:30</div><div>Word Pictures [AUD]</div></div><div><div>11:30</div><div>February Birthday Lunch (Invite Only) [DR]</div></div><div><div>1:00</div><div>Nail Salon [3]</div></div><div><div>2:00</div><div>Balance Boosters [AUD]</div></div><div><div>2:30</div><div>Stretch and Flex [AUD]</div></div><div><div>4:00</div><div>Beer and wine Social [PC]</div></div><div><div>7:15</div><div>Bingo [AUD]</div></div></div></div><div>28</div></div>	<div><div><div><div><div>8:30</div><div>Shopping at Kroger [Bistro]</div></div><div><div>10:00</div><div>Chair Volleyball [AUD]</div></div><div><div>11:00</div><div>Strength Exercise w/ Jennifer from Drake Center [AUD]</div></div><div><div>3:15</div><div>Happy Hour [AUD]</div></div><div><div>7:15</div><div>Trivia Night [AUD]</div></div></div></div><div>29</div></div>	

- _CONNECT

_FEEL

_GROW

_MOVE

_REFLECT

explore - Recreation & Entertainment

explore - Self Expression & the Arts

Location Keys

3rd Floor

AL Activity Room

Auditorium

Bistro

Chapel

Dining Room

IL Activity Room

Peacock Court

3

AL AR

AUD

Bistro

C

DR

AR

PC