April 2024 Monthly Activities Assisted Living Programs Sunday Monday Tuesday Wednesday Friday Thursday Saturday Chair Exercise 8:30 • Shopping at 10:00 • Easy Exercise 8:30 • Shopping at 10:00 10:00 O Exercise 10:00 O Easy [AUD] Kroger [Bistro] Kroger [Bistro] [AUD] 10:00 O Warm-Up 10:30 News and 10:00 Chair 10:00 Shopping at Symbria Exercise [AUD] Views [AUD] Volleyball [AUD] Target\*\* Exercise [AUD] Brain Games [AUD] Healthcare 10:30 10:15 • Cornhole [AUD] 1:00 Ice Cream Sundae Bar 11:00 0 Strength Exercise w/ 10:30 
Balloon Ball 11:00 • Rosary Group [C] Jennifer from Drake [AUD] 11:30 O Chair Yoga with Annette [1L] Resident Choir Practice [AUD] 1:00 Forever Fit W/Symbria Center [AUD] [AUD] 1:30 Marge C. 4/2 10:30 Trivia [AUD] [AUD] Watch: NASA 2024 So [AUD] 2:00 Artist Studio with Jenny 2:00 • Card Bingo 2:30 Bible Study with Carl [AR] Tunes From the Rosemary K. 4/3 3:00 **Eclipse News** Hall (AL) [AUD] 2:00 Stretch and Flex w/ 3:00 Music Entertainment w/ [AUD] Conference [AUD] Tartan:The Symbria Cookies & Conversation Kathy D. 4/11 Edde Osborne [AUD] 3:00 • Happy Hour [1L] Catholic Mass with Rabbi Fuss [AR] Bingo [AUD] 4:15 Bagpipe 4:00 Shabbat Service w/ Rabbi 7:15 • Trivia Night [AUD] 4:00 • Beer and wine Social [AUD] Karn [AR] [Bistro] 7:00 Friday Night Movie: [AUD] Documentary Night: Good Night Oppy [AUD] 10:00 O Sit and Be Fit 9:30 O Morning Walk [1L] Chair Exercise 8:30 8:30 • Shopping 10:00 9:30 0 10:00 0 Easv 10:00 O Easy Exercise Exercise [AUD] at Kroger [AUD] Video [AUD] 10:30 Brain Games [Bistro] Veterans Coffee 10:00 Sunday Brunch [DR] Morning Walk Shopping at [AUD] Exercise [AUD] Social [AR] 10:00 O Chair Volleyball Puzzle Packets- 1st 12:00 Kroger [Bistro] 11:00 Rosary Group [C] 10:00 O Exercise with 10:30 News and Views [AUD] 10:30 Balloon Ball [AUD] Floor Lounge [1L] **Resident Choir Practice** 10:00 O Warm-Up 1:00 Nail Salon [3] <u>1:00</u> **EVERGREEN &** Jake [AUD] 1:00 Strenath Exercise w/ [AUD] Piano Music with Ed [AUD] 1:30 • Forever Fit W/Symbria [AUD] Exercise [AUD] Jennifer from Drake WELLSPRING Schmalz [AUD] **10:30** • Trivia [AUD] 2:00 O Stretch and Flex w/Symbria 2:30 • Bible Study with Carl [AR 2:00 • Card Bingo Center [AUD] I 0:15 • Cornhole [AUD] Protestant Communion Bingo [AUD] 3:00 Bowling [AUD] 3:00 2:15 • Solar Eclipse [AUD] Happy Hour [AUD] Service [AUD] Beer and wine Social [Bistro] 3:00 3:00 • Cookies & 4.00 4:00 • Shabbat Service w/ Viewing Party Documentary Night: 4:15 • Catholic Mass 7:15 • Trivia Night [AUD] Sunday Night Movie: 7:15 Rabbi Karp [AR] Conversation Unknown-Cosmic Time TBA [AUD] [ME] 7:00 Friday Night Movie: [AUD] with Rabbi Fuss Machine [AUD] [AUD] [AR] 8 10:00 O Sit and Be 0:00 O Sit and Be 8:30 Shopping at 9:30 O Morning Walk [1L] 8:30 • Shopping 10:00 Chair Exercise 10:00 Easy 10:00 Easy Exercise [AUD] \_GROW Fit Exercise Kroger [Bistro] Strong at Kroger [AUD Video [AUD] 10:00 O Warm-Up 10:30 Brain Games [AUD] [Bistro] MOVE 10:30 News and Views Exercise [AUD] Exercise [AUD] [AUD] Sunday Brunch [DR] 10:30 Trivia [AUD] 10:00 • Chair Volleyball [VIIIV] explore - Leadership & Volunteerism 10:15 • Cornhole [AUD] 11:00 Rosary Group [C] Puzzle Packets- 1st Health Talk: The 1:00 Nail Salon [3] 10:30 Balloon Ball [AUD] 2:00 Artist Studio with Jenny Resident Choir Practice 1:00 Floor Lounge [1L] 1:30 • Forever Fit W/Symbria [AUD] explore - Lectures & Learning Link Between 11:00 Strength Exercise w/ [AUD] Hall (AL) [AUD] [AUD] Stretch and Flex w/Symbria Performance: CCM 2:00 1:00 Laughter, Humor Jennifer from Drake explore - Recreation & Entertainment Cookies & Conversation 3:00 Bingo [AUD] 2:30 • Bible Study with Carl [AR 2:00 Card Bingo Students [AUD] and Good Health Center [AUD] with Rabbi Fuss [AR] <u>4:00</u> Beer and wine Social [Bistro] Indoor Putting Green [Al explore - Self Expression & the Arts 3:00 [AUD] 2:15 Sunday Devotional [AUD] Documentary Night: The Laugh and Learn: Music Entertainment [AUD] explore - Spiritual Health & Religion Space Race- the untold story 4:15 • Catholic Mass **Brian Jorg Travel** [AUD] Stand Up Comedy Shabbat Service w/ Sunday Night Movie: of America's first black Lecture: Rome with Brandon [AR] Rabbi Karp [AR] explore - Strength & Vitality [AUD] TBA [AUD] astronauts [AUD] 7:00 • Friday Night Movie: [AUD] 7:15 • Trivia Night [AUD] explore - Travels & Treks [AUD] 10:00 O Sit and Be 10:00 O Sit and Be Library Book Delivery 9:30 • Morning Walk [1L] 8:30 Shopping at 10:00 Chair Exercise 10:00 Easy Easy Exercise Kroger [Bistro] [AUD] Fit Exercise Strong 8:30 • Shopping at [AUD] 10:00 O Chair Volleyball Video [AUD] 10:30 Brain Games [AUD] Kroger [Bistro] 10:30 News and Views [AUD] [AUD] Exercise [AUD] Sunday Brunch [DR] 10:00 O Warm-Up Exercise [AUD] Trivia [AUD] 10:30 [AUD] Strength Exercise w/ 11:00 Rosary Group [C] 12:00 Puzzle Packets- 1st 10:15 Cornhole [AUD] Anril Birthday Lunch- Born in 10:30 
Balloon Ball 11:30 1:30 Color and Chat Jennifer from Drake Center April? You're Invited! [DR] 1:00 **Resident Choir Practice** Floor Lounge [1L] Resident Town Hall 2:00 [AUD] You Be the Judge-[AUD] 3:00 Nail Salon [3] [AUD] Everyone's Welcome! 1:00 Outing: Cincinnati Reds Vs Piano Music with Ed Discussion Group 2:30 • Bible Study with Carl [AR Forever Fit W/Symbria [AUD] Card Bingo **Location Kevs** 1:30 Phillies 2:00 Schmalz [AUD] [AUD] [ALID] National Soda Fountain Day-Health Talk: Music for your 1:30 3:00 Bowling [AUD] Cookies & Conversation Sunday Devotional 3:00 [AUD] Soda Social 1FL Lounge (AL) Music Comedy Duo-Mind, Body and Spirit with Jude Jones [AUD] 4:00 • Shabbat Service w/ 1L 7:15 with Rabbi Fuss [AR] [ALID] 2.00 Stretch and Flex w/Symbria 4:15 • Catholic Mass Spittin' Image [AUD] Rabbi Karp [AR] 4:00 Passover Sedar Meal 3rd Floor 3 Sunday Night Movie: Bingo [AUD] 3.00 3:00 • Happy Hour [Bistro] [AUD] 7:00 • Friday Night Movie: [AUD] New Resident Social [Bistro] TBA [AUD] 4:00 7:15 • Trivia Night [AUD] AL AR [ALID] **AL Activity Room** 7:15 **Documentary Night:** Encounters at the Edge of the Auditorium AUD 10:00 O Sit and Be 28 10:00 0 Sit and 29 8:30 Shopping 30 Bistro Bistro Fit Exercise at Kroger Be Chapel Video [AUD] [Bistro] Strong Sunday Brunch [DR] DR **Dining Room** 10:00 Warm-Up Exercise [AUD] 2:00 Puzzle Packets-1st [AUD] **IL Activity Room** AR 0:30 Trivia [AUD] Floor Lounge [1L] 10:1<u>5</u> Cornhole [AUD] Creative Studio: ME 1:00 Piano Music with Ed 3:00 Main Entrance Volunteer 1:30 Schmalz [AUD] Wreath Making Appreciation Sunday Devotional [AUD] Brunch\*\* [AUD] 7:15 Music 3:00 • Cookies & Sunday Night Movie: Entertainment Conversation with TBA [AUD] Rabbi Fuss [AR] [AUD]