Monthly Activities Independent Living Programs Wednesday Sunday Monday Tuesday Thursday Friday Saturday 10:00 Crosswords and Shopping at 11:30 O Exercise 8:30 • Shopping at 8:30 • Shopping 10:00 9:00 • Coffee 6 Target* Kroger [Bistro] at Kroger Group 11:30 Corn Hole [AUD] Morning Cafe 11:00 Rosary Group [Bistro] Symbria [AR] 1:00 Ice Cream Sundae [Ristro] Bar [Bistro] 11:00 O Strength Exercise w/ Healthcare [AUD] **Current Events** 11:30 Chair Yoga with Annette 11:00 11:30 Chair Yoga with Annette 1:30 O Forever Fit W/Symbria [AUD] Jennifer from Drake [AUD] Ted Talks [AR] [AUD] [AR] 2:00 O Stretch and Flex w/Symbria Center [AUD] 1:00 Resident Choir Practice 12:30 • Flower Arranging [AR] 2:30 O Walking Group 3:00 Bingo [AUD] 11:30 O Chair Exercise Marge C. 4/2 [AUD] 1:00 • Bridge Group [2FL] Artist Studio with Jenny Beer and wine Social [Bistro] 4.00 [AUD] [Bistro] 2:30 Bible Study with Carl [AR] 2:00 • Watch: NASA 2024 Rosemary K. 4/3 Hall [AUD] Dominos [2CR] 7:00 3:00 Music Entertainment w/ 3:00 • Stitch N' Chat 2:00 • Card Bingo [AUD] Solar Eclipse News Cookies & Conversation **Documentary Night: Good** 7:15 Kathy D. 4/11 Edde Osborne [AUD] [AR] Night Oppy [AUD] with Rabbi Fuss [AR] Conference [AUD] 4:15 • Catholic Mass 4:00 • Shabbat Service w/ Rabbi Tech Help [Bistro] 3:00 3:30 Happy Hour [Bistro] [AUD] Karp [AR] 4:00 Social Hour [Bistro] 7:15 • Trivia Night [AUD] 7:00 Friday Night Movie: [AUD] 10:00 O Sit and Be Fit 8:30 • Shopping at 9:30 Crosswords and 8:30 • Shopping 10:30 Water Color 9:00 • Coffee 10:00 O Walking 9 Coffee [Bistro] Painting w/Jenny Exercise Kroger [Bistro] Group [AR] at Kroger Group 10:00 Outing: Hall [AR] Video [AUD] 10:00 🔘 Morning Cafe [Bistro] Current 11:00 [Bistro] Keenland** 11:00 Rosary Group [C] Sunday Brunch [DR] [Bistro] 1:00 O Strength Exercise w/ Events [AR] 10:00 Veterans Coffee Social [AR] 11:30 O Chair Yoga with Annette 11:30 Exercise w/ 12:00 Puzzle Pages on the 11:30 0 Chair Yoga with Annette Corn Hole [AUD] [AUD] 11:30 Jennifer from Drake 11:30 Ohair Exercise [AUD] Charlene [AUD] Activities Table [AUD] 1:30 O Forever Fit W/Symbria [AUD] Resident Choir Practice [AUD Center [AUD] 1:30 • Color and Chat [AR] **EVERGREEN &** Piano Music with Ed 12:30 Blooms of Service [AR] 1:00 Bible Study with Carl [AR] Ted Talks [AR] 2:00 O Stretch and Flex w/Symbria 2:30 1:00 • Bridge Group [2FL] WELLSPRING Schmalz [AUD] 2:00 • Card Bingo [AUD] Cookies & Conversation 3:00 • Bingo [AUD] 3:00 Billiards and Brews [BR] 2:15 Solar Eclipse 2:30 • You Be the Judge-Protestant Communion with Rabbi Fuss [AR] 4:00 Beer and wine Social [Bistro] Shabbat Service w/ Rabbi 4:15 • Catholic Mass [AUD] Senior Lifestyle community Viewing Party Discussion Group Karp [AR] Service [AUD] 7:00 Dominos [2CR] Tech Help [Bistro] Cincinnati POPS- Ticket [ME] Sunday Night Movie: TBA 7:00 Social Hour [Bistro] Documentary Night: Happy Hour [Bistro] 7:15 Holders Only** Unknown-Cosmic Time [AUD] 3:00 • Stitch N' Chat 7:15 • Trivia Night [AUD] Machine [AUD] 7:00 • Friday Night Movie: [AUD] [AR] 10:00 O Sit and Be 0:00 Walking Group 8:30 Shopping at 9:30 Crosswords and 8:30 • Shopping at 9:30 • Shopping at 9:00 Coffee Group Kroger [Bistro] Coffee [Ristro] Findlay [Bistro] Kroger [Bistro] Fit Exercise [AR] 10:00 O Walking Group Market** Video [AUD] Balance 10:00 O Morning Cafe 11:00 O Strength Current 11:30 11:00 explore - Leadership & Volunteerism [Ristro] 11:00 Rosary Group Masters w/ Symbria Exercise w/ Jennifer Events [AR] [Bistro] Sunday Brunch [DR] 11:30 Corn Hole [AUD] [AUD] from Drake Center [AUD] explore - Lectures & Learning 11:30 🔘 Chair Yoga with Annette 11:30 O Chair Exercise [AUD] Puzzle Pages on the 12:00 12:30 Outing: Helping Hands at Matthew 25 ** 11:30 O Chair Yoga with Annette 2:00 • Health Talk: The Link [AUD] 1:00 • Bridge Group [2FL] 1:30 • Color and Chat [AR] Activities Table explore - Recreation & Entertainment [AUD] Between Laughter, 2:30 • Blooms of Service [AR] 1:30 O Forever Fit W/Symbria [AUD] 1:30 • Laugh and Learn: Stand 2:00 • Card Bingo [AUD] Performance: CCM 1:00 1:00 **Resident Choir Practice** explore - Self Expression & the Arts **Humor and Good Health** Up Comedy with Brandon 2:00 Artist Studio with Jenny 2:00 O Stretch and Flex w/Symbria 4:15 • Catholic Mass [AUD] Students [AUD] [AUD] [AUD] [AR] 6:15 • Outing: The Kentucky Hall [AUD] 3:00 Bingo [AUD] explore - Spiritual Health & Religion 2:30 • Bible Study with Carl [AR] Sunday Devotional 3:00 • Stitch N' Chat [AR] Beer and wine Social [Bistro] Cookies & Conversation Happy Hour-KARAOKE 3:00 Billiards and Brews [BR] Symphony Orchestra w/ o explore - Strength & Vitality [AUD] 7:15 Brian Jorg Travel with Rabbi Fuss [AR] 7:00 Dominos [2CR] [Bistro] Brenda Portman @ Hyde 4:00 • Shabbat Service w/ Rabbi Sunday Night Movie: Lecture: Rome [AUD] Documentary Night: The 7:15 • Trivia Night [AUD] explore - Travels & Treks Tech Help [Bistro] Park Community Karp [AR] TBA [ÁUD] Space Race- the untold story of America's first black 4:00 • Social Hour [Bistro] Church** 7:00 Friday Night Movie: [AUD] <u>7:15</u> • Music Entertainment astronauts [AUD] [AUD] 10:00 O Sit and Be 10:00 O Walking Group Library Book Delivery 9:30 Crosswords and 8:30 Shopping at 9:30 Shopping at Tj 9:00 • Coffee 26 Coffee [Bistro] 8:30 Shopping at Kroger Max/Home [Bistro] Kroger [Bistro] Group [AR] Fit Exercise Goods/Michaels 10.00 Walking Group 11:00 O Strength Video [AUD] 11:30 Balance 10:00 O Morning Cafe [Bistro] in Kenwood Current [Bistrol Masters w/ Symbria Exercise w/ Jennifer Sunday Brunch [DR] 11:30 O Chair Yoga with Annette [AUD] 11:00 • Chef Tasting** [DR] Events [AR] April Birthday Lunch- Born in [AUD] from Drake Center [AUD] 11:30 Outing: Zoo Blooms at The Cincinn 12:00 Puzzle Pages on the April? You're Invited! [DR] 11:00 • Rosary Group [C] 11:30 O Chair Exercise [AUD] 1:00 Bridge Group [2FL] 1:30 Ted Talks [AR] 11:30 O Chair Yoga with Annette 11:30 Corn Hole [AUD] Activities Table 12:30 Blooms of Service [AR] 1:30 • Color and Chat [AR] Class: The Art of Health Talk: Music for [AUD] 2:00 Forever Fit W/Symbria [AUD] 1:00 • Piano Music with Ed Resident Town Hall- Everyone's 1:30 **Location Kevs** Welcome! [AUD] your Mind, Body and 2:00 • Card Bingo [AUD] **Container Gardening** 1:00 Resident Choir Practice [AUD National Soda Fountain Day 1:30 Schmalz [AUD] 3:00 • Cookies & Conversation with Rabbi [AR] Soda Social Spirit with Jude Jones 2:30 Bible Study with Carl [AR] 4:15 • Catholic Mass [AUD] 2FL Card Room 2CR 2:15 Sunday Devotional 2:00 O Stretch and Flex w/Symbria 3:00 Billiards and Brews [BR] [dua] 2:00 Fitness Equipment Tech Help [Bistro] [AUD] Bingo [ALID] 4:00 Shabbat Service w/ Rahhi 2nd Floor 2FL Orientation Passover Sedar Meal [AUD] 3.00 3:00 • Happy Hour [Bistro] 4:00 Sunday Night Movie: New Resident Social [Bistro] Karp [AR] 3:00 • Stitch N' Chat [AR] Social Hour [Bistro] 4:00 7:15 • Trivia Night [AUD] AUD Alzheimer's Association: Alz/ 7:00 Friday Night Movie: [AUD] Auditorium TBA [AUD] Dominos [2CR] <u>7:15</u> Music Comedy Duo-Dementia Caregiver Support Group
*Caregivers Only [M] Documentary Night: Spittin' Image [AUD] BR Billiards Room Encounters at the Edge of the Bistro Bistro 8:30 • Shopping at 0:00 O Sit and Be 28 10:00 O Walking 20 Chapel C Fit Exercise Kroger [Bistro] Group 10:00 O Morning Cafe Video [AUD] [Bistro] Dining Room DR [Bistro] Sunday Brunch [DR] 11:30 O Balance Masters w/ 11:30 0 Chair Yoga with Annette **IL Activity Room** AR 12:00 Puzzle Pages on the Symbria [AUD] 11:30 Volunteer Appreciation Activities Table 1:30 • Ted Talks [AR] Main Entrance ME Brunch** 1:00 Piano Music with Ed 2:00 • Book Club [AR] 12:30 Blooms of Service [AR] Mansion Living Room Schmalz [AUD] 3:00 • Stitch N' Chat [AR] A Guide to Recognizing and 2:00 Sunday Devotional Preventing Scams with Kate 7:15 Music Entertainment [ALID] [AUD] [AUD] 7:00 • Sunday Night Movie: 3:00 Cookies & Conversation with Rabbi Fuss [AR] TBA [AUD] Tech Help [Bistro] 3:00 4:00 Social Hour Bistro

April 2024