

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



**Please note that on Memory Care we do various things to stimulate, relax, and engage our residents.**

- \*Book Club**
- \*Board Games**
- \*Puzzles**
- \*Discussion**

New Year's Day	
7:00	Dining room preparation and serving [DR]
8:00	Restaurant Style Dining
9:15	Assisting with Dining room clean up.
9:30	Spa Time
9:30	Sparks
10:00	Group Rotation
11:00	Dining room preparation and serving
11:30	Dining room Arrival
1:00	Rest and relaxation
1:00	Walk and Reminice
1:30	Rotate Groups
2:30	Socialization Hour
3:00	<b>Bookmarks Club [CR]</b>
3:30	Assisting with Dining room s up
4:30	Restaurant Style Dining
6:00	Themeless [2FL]
6:00	Themeless Garden
6:30	Rotate Groups
8-9:30	Unwinding and preparing for bed.

- 7:00 ● Dining room preparation and serving [DR]
- 8:00 ● Restaurant Style Dining
- 9:15 ● Assisting with Dining room clean up.
- 9:30 ● Spa Time
- 10:00 ● Essence
- 10:00 ● Group Rotation
- 11:00 Dining room preparation and serving
- 11:30 ● Dining room Arrival
- 1:00 Rest and relaxation
- 1:00 Walk and Reminiscence
- 1:30 Bookmarks 1:1
- 1:30 Rotate Groups
- 2:30 Socializing Hour
- 3:30 Assisting with Dining room set up
- 4:30 Restaurant Style Dining
- 6:30 Rotate Groups
- 8-9:30 Unwinding and preparing for bed

7:00	● Dining room preparation and serving [DR]	
8:00	● Restaurant Style Dining	
9:15	● Assisting with Dining room clean up.	
9:30	● Spa Time	
9:30		Sparks
10:00	● Group Rotation	
11:00	Dining room preparation and serving	
11:00	<b>Roosters</b>	
11:30	● Dining room Arrival	
1:00	Dining room Discussion Coat collection	
1:00	● Painting With Joan	
1:00	Rest and relaxation	
1:00	● Walk and Reminiscence	
1:30	Rotate Groups	
2:30	Socialization Hour	
3:00	<b>Bookmarks club [CR]</b>	
3:30	Assisting with Dining room set up	
4:00	● Sabbath Service	
4:30	● Restaurant Style Dining	
6:00	Thymeless Garden	
6:30	Rotate Groups	
7:00	Cinema Choice	
8-9:30	Unwinding and preparing for bed	

7:00	● Dining room preparation and serving [DR]
8:00	● Restaurant Style Dining
9:00	● Santa Fest (selfie with santa)
9:15	● Assisting with Dining room clean up.
9:30	● Spa Time
10:00	● Group Rotation
11:00	Dining room preparation and serving
11:30	● Dining room Arrival
1:00	Rest and relaxation
1:00	Walk and Reminisc
1:30	POPCORN & A MOVIE
1:30	Rotate Groups
2:30	Socialization Hour
3:30	Assisting with Dining room set up
4:00	● Music
4:30	Restaurant Style Dining
6:30	Rotate Groups

7:00	● Dining room preparation and serving [DR]	5
8:00	● Restaurant Style Dining	
9:15	● Assisting with Dining room clean up.	
9:30	● Spa Time	
10:00	● Group Rotation	
11:00	Dining room preparation and serving	
11:30	● Dining room Arrival	
1:00	Rest and relaxation	
1:00	● Tailgating party [LR]	
1:30	Walk and Reminice	
1:30	● Catholic Service	
1:30	Rotate Groups	
2:30	Socialization Hour	
3:00	● Word Games	
3:30	Assisting with Dining room set up	
4:30	Restaurant Style Dining	
6:30	Rotate Groups	
7:00	Cinema Choice	
8-9:30	Unwinding and preparing	

Volunteer with someone on campus to help		6
7:00	● Dining room preparation and serving [DR]	
8:00	● Restaurant Style Dining	
9:15	● Assisting with Dining room clean up.	
9:30	● Spa Time	
9:30	● Sparks	
10:00	● Group Rotation	
10:00	Dining room preparation and serving	
11:30	● Dining room Arrival	
1:00	Rest and relaxation	
1:00	Walk and Reminice	
1:30	Rotate Groups	
2:30	Socialization Hour	
2:45	● POKENO	
3:00	● Bookmarks club [CRK]	
3:30	Assisting with Dining room set up	
4:30	Restaurant Style Dining	
6:00	Thymeless [2FL]	
6:00	Thymeless Garden	
6:30	Rotate Groups	
8-9:30	Unwinding and preparing for bed	

7:00	● Dining room preparation and serving [DR]
8:00	● Restaurant Style Dining
9:15	● Assisting with Dining room clean up.
9:30	● Spa Time
10:00	● Essence
10:00	● Group Rotation
11:00	● Dining room preparation and serving
11:30	● Dining room Arrival
1:00	● Rest and relaxation
1:00	● Walk and Reminiscence
1:30	● Bookmarks 1:1
2:10	● Rotate Groups
2:15	● Holiday Happy Hour
2:30	● Socialization Hour
3:00	● Flower Arranging
3:30	● Assisting with Dining room set up
4:30	● Restaurant Style Dining
6:30	● Rotate Groups
7:00	● Cinema Choice
8-9:30	● Unwinding and preparing for bed

7:00	● Dining room preparation and serving [DR]	8
8:00	● Restaurant Style Dining	
9:15	● Assisting with Dining room clean up.	
9:30	● Spa Time	
9:30	● Sparks	
10:00	● Group Rotation	
11:00	● Dining room preparation and serving	
11:30	● Dining room Arrival	
1:00	Rest and relaxation	
1:00	Walk and Reminice	
1:30	Rotate Groups	
2:30	Socialization Hour	
3:00	<b>Bookmarks club [CR]</b>	
3:30	Assisting with Dining room set up	
4:30	Restaurant Style Dining	9
6:00	Thymeless [2FL]	
6:00	Thymeless Garden	
6:30	Rotate Groups	
8-9:30	Unwinding and preparing for bed	
11:00	Outing to food store/lunch	10

7:00	● Dining room preparation and serving [DR]	9
8:00	● Restaurant Style Dining	
9:15	● Assisting with Dining room clean up.	
9:30	● Spa Time	
10:00	● Essence	
10:00	● Group Rotation	
11:00	Dining room preparation and serving	
11:30	● Dining room Arrival	
1:00	Rest and relaxation	
1:30	Walk and Reminiscence	
1:30	Bookmarks 1:1	
1:30	Rotate Groups	
2:30	Socialization Hour	
3:30	Assisting with Dining room set up	
4:30	Restaurant Style Dining	
6:30	Rotate Groups	
8-9:30	Unwinding and preparing for bed	

7:00	Dining room preparation and serving [DR]	10
8:00	Restraunt Style Dining	
9:15	Assisting with Dining room clean up.	
9:30	Spa Time	
9:30	Sparks	
10:00	Group Rotation	
11:00	Dining room preparation and serving	
11:30	Dining room Arrival	
1:00	Dining room Discussion Coat collection	
1:00	Painting With Joan	
1:00	Rest and relaxation	
1:00	Walk and Reminice	
1:30	Rotate Groups	
2:30	Socialization Hour	
3:00	<b>Bookmarks Club [CR]</b>	
3:30	Assisting with Dining room se	
4:00	Sabbath Service	
4:30	Restaurant Style Dining	
6:00	Thymesless Garden	12
6:30	Rotate Groups	
7:00	Cinema Choice	

7:00	● Dining room preparation and serving [DR]	11
8:00	● Restaurant Style Dining	
9:00	● Santa Feat (selfie with santa)	
9:15	● Assisting with Dining room clean up.	
9:30	● Spa Time	
10:00	● Group Rotation	
11:00	Dining room preparation and serving	
11:30	● Dining room Arrival	
1:00	Rest and relaxation	
1:00	Walk and Reminisc	
1:30	POPCORN & A MOVIE	
1:30	Rotate Groups	
2:30	Socialization Hour	
3:30	Assisting with Dining room set up	
4:00	● Music	
4:30	Restaurant Style Dining	
6:30	Rotate Groups	
8-9:30	Unwinding and preparing	

Time	Activity
7:00	Dining room preparation and serving [DR]
8:00	Restaurant Style Dining
9:15	Assisting with Dining room clean up.
9:30	Spa Time
10:00	Group Rotation
11:00	Dining room preparation and serving
11:30	Dining room Arrival
1:00	Rest and relaxation
1:00	Tailgating party [LR]
1:00	Walk and Reminice
1:30	Catholic Service
1:30	Rotate Groups
2:30	Socialization Hour
3:00	Word Games
3:30	Assisting with Dining room set up
4:30	Restaurant Style Dining
6:30	Rotate Groups
7:30	Cinema Choice
8-9:30	Unwinding and preparing

7:00	● Dining room preparation and serving [DR]	13
8:00	● Restaurant Style Dining	
9:15	● Assisting with Dining room clean up	
9:30	● Spa Time	
9:30	● Sparks	
10:00	● Group Rotation	
11:00	Dining room preparation and serving	
11:30	● Dining room Arrival	
1:00	Rest and relaxation	
1:00	Walk and Reminice	
1:30	Rotate Groups	
2:30	Socialization Hour	
2:45	Bingo	
3:00	<b>Bookmarks club [CR]</b>	
3:30	Assisting with Dining room se up	
4:30	Restaurant Style Dining	
6:00	Thymeless [2FL]	
6:00	Thymeless Garden	
6:30	Rotate Groups	
8-9:30	Unwinding and preparing for bed	

7:00	● Dining room preparation and serving [DR]	14
8:00	● Restaurant Style Dining	
9:15	● Assisting with Dining room clean up.	
9:30	● Spa Time	
10:00	● Essence	
10:00	● Group Rotation	
11:00	Dining room preparation and serving	
11:30	● Dining room Arrival	
1:00	Rest and relaxation	
1:00	Walk and Reminice	
1:30	Bookmarks 1:1	
1:30	Rotate Groups	
2:30	Socialization Hour	
3:00	● Flower Arranging	
3:30	Assisting with Dining room set up	
4:30	Restaurant Style Dining	
6:30	Rotate Groups	
7:30	Cinema Choice	
8-9:30	Unwinding and preparing	

7:00	● Dining room preparation and serving [DR]
8:00	● Restaurant Style Dining
9:15	● Assisting with Dining room clean up.
9:30	● Spa Time
9:30	● Sparks
10:00	● Group Rotation
11:00	Dining room preparation and serving
11:30	● Dining room Arrival
1:00	Rest and relaxation
1:30	Walk and Reminice
1:30	Rotate Groups
2:30	Socialization Hour
3:00	<b>Bookmarks club [CR]</b>
3:30	Assisting with Dining room set up
4:30	Restaurant Style Dining
6:00	Thymeless [2FL]
6:00	Thymeless Garden
6:30	Rotate Groups
8-9:30	Unwinding and preparing

7:00	● Dining room preparation and serving [DR]
8:00	● Restaurant Style Dining
9:15	● Assisting with Dining room clean up.
9:30	● Spa Time
10:00	● Essence
10:00	● Group Rotation
11:00	Dining room preparation and serving
11:30	● Dining room Arrival
1:00	Rest and relaxation
1:00	Walk and Reminiscence
1:30	Bookmarks 1:1
1:30	Rotate Groups
2:30	Socialization Hour
3:30	Assisting with Dining room set up
4:30	Restaurant Style Dining
6:30	Rotate Groups
8-9:30	Unwinding and preparing for bed

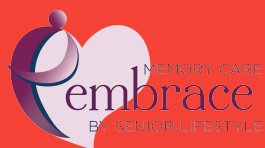
7:00	● Dining room preparation and serving [DR]
8:00	● Restaurant Style Dining
9:15	● Assisting with Dining room clean up.
9:30	● Spa Time
9:30	● Sparks
10:00	● Group Rotation
11:00	● Dining room preparation and serving
11:30	● Dining room Arrival
1:00	● Dining room Discussion Coat collection
1:00	● Painting With Joan
1:00	● Rest and relaxation
1:00	● Walk and Reminice
1:30	● Rotate Groups
2:30	● Socialization Hour
3:00	● <b>Bookmarks club [CR]</b>
3:30	● Assisting with Dining room set up
4:00	● Sabbath Service
4:30	● Restaurant Style Dining
6:00	● Thyemless Garden
6:30	● Rotate Groups
7:00	● Cinema Choice

7:00	● Dining room preparation and serving [DR]
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11:30	● Dining room Arrival
1:00	Rest and relaxatiopn
1:00	Walk and Reminice
1:30	POPCORN & A MOVIE
1:30	Rotate Groups
2:30	Socialization Hour
3:30	Assisting with Dining room set up
4:00	● Music
4:30	Restaurant Style Dining
6:30	Rotate Groups
8-9:30	Unwinding and preparing

calendar & activities  
**JAN 2020**

January

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



**Please note that on Memory Care we do various things to stimulate, relax, and engage our residents.**

- \*Book Club
- \*Board Games
- \*Puzzles
- \*Discussion

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Tailgating party [LR]</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Catholic Service</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Word Games</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:30 Rotate Groups</p> <p>7:00 Cinema Choice</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p><b>Group discussions on Martin Luther King</b></p> <p><b>Martin Luther King, Jr. Day</b></p> <p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>9:30 Sparks</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>2:45 POKENO</p> <p>3:00 Bookmarks club [CR]</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:00 Thymeless Garden</p> <p>6:30 Rotate Groups</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>10:00 Essence</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Bookmarks 1:1</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Flower Arranging</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:30 Rotate Groups</p> <p>7:00 Cinema Choice</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p><b>Surprise outing clues to be given through the week</b></p> <p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>9:30 Sparks</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Bookmarks club [CR]</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:00 Thymeless [2FL]</p> <p>6:30 Rotate Groups</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>10:00 Essence</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Bookmarks 1:1</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:30 Rotate Groups</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>9:30 Sparks</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Dining room Discussion Coat collection</p> <p>1:00 Painting With Joan</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Bookmarks club [CR]</p> <p>3:30 Assisting with Dining room set up</p> <p>4:00 Sabbath Service</p> <p>4:30 Restaurant Style Dining</p> <p>6:00 Thymeless Garden</p> <p>6:30 Rotate Groups</p> <p>7:00 Cinema Choice</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:00 Santa Fest (selfie with santa)</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 POPCORN &amp; A MOVIE</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:30 Assisting with Dining room set up</p> <p>4:00 Music</p> <p>4:30 Restaurant Style Dining</p> <p>6:30 Rotate Groups</p> <p>8-9:30 Unwinding and preparing for bed</p>
<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Tailgating party [LR]</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Catholic Service</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Word Games</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:30 Rotate Groups</p> <p>7:00 Cinema Choice</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Hot COCO by fireplace</p> <p>9:30 Spa Time</p> <p>9:30 Sparks</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>2:45 Bingo</p> <p>3:00 Bookmarks club [CR]</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:00 Thymeless [2FL]</p> <p>6:30 Rotate Groups</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>10:00 Essence</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Bookmarks 1:1</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Flower Arranging</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:30 Rotate Groups</p> <p>7:00 Cinema Choice</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>9:30 Sparks</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Rest and relaxation</p> <p>1:00 Walk and Reminiscence</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Bookmarks club [CR]</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:00 Thymeless [2FL]</p> <p>6:30 Rotate Groups</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>10:00 Essence</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Guest music</p> <p>1:00 Rest and relaxation</p> <p>1:30 Bookmarks 1:1</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:30 Assisting with Dining room set up</p> <p>4:30 Restaurant Style Dining</p> <p>6:30 Rotate Groups</p> <p>8-9:30 Unwinding and preparing for bed</p>	<p>7:00 Dining room preparation and serving [DR]</p> <p>8:00 Restaurant Style Dining</p> <p>9:15 Assisting with Dining room clean up.</p> <p>9:30 Spa Time</p> <p>9:30 Sparks</p> <p>10:00 Group Rotation</p> <p>11:00 Dining room preparation and serving</p> <p>11:30 Dining room Arrival</p> <p>1:00 Dining room Discussion Coat collection</p> <p>1:00 Painting With Joan</p> <p>1:00 Rest and relaxation</p> <p>1:30 Rotate Groups</p> <p>2:30 Socialization Hour</p> <p>3:00 Bookmarks club [CR]</p> <p>3:30 Assisting with Dining room set up</p> <p>4:00 Sabbath Service</p> <p>4:30 Restaurant Style Dining</p> <p>6:00 Thymeless Garden</p> <p>6:30 Rotate Groups</p> <p>7:00 Cinema Choice</p> <p>8-9:30 Unwinding and preparing for bed</p>	