calendar & activities							January
JAN 2020	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
• CONNECT • CONTRIBUTE • FEEL • GROW • MOVE • REFLECT				New Year's Day New Year's Day 7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 9:30 • Spa Time 9:30 • Group Rotation 11:00 • Group Rotation 11:00 • Dining room preparation and serving 11:30 • Dining room Arrival 1:00 Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Rotate Groups 2:30 Socialization Hour Bookmarks club [CR] 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:00 Thymeless [2FL] 6:00 Thymeless Garden 6:30 Rotate Groups 9:9:30 Unwinding and preparing for bed	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 10:00 • Essence 10:00 • Group Rotation 11:00 Dining room preparation and serving 11:30 • Dining room Arrival Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Bookmarks 1:1 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups 9-9:30 Unwinding and preparing for bed	30 Dining room preparation and serving [DR] S	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:00 • Santa Fest (selfie with santa) 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 10:00 • Group Rotation 11:00 • Dining room preparation and serving 11:30 • Dining room Arrival 1:00 Rest and relaxatiopn 1:00 Walk and Reminice 1:30 POPCORN & A MOVIE 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Assisting with Dining room set up 4:00 • Music 4:30 Restaurant Style Dining 6:30 Rotate Groups Unwinding and preparing
Please note that on Memory Care we do various things to	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 10:00 • Group Rotation 11:00 • Dining room preparation and serving 11:30 • Dining room Arrival Rest and relaxatiopn 1:00 • Tailgating party [LR] Walk and Reminice 1:30 • Catholic Service 1:30 • Rotate Groups 2:30 • Word Games 3:30 • Word Games 3:30 • Word Games 4:30 Restaurant Style Dining 6:30 Rotate Groups Cinema Choice 8-9:30 • Unwinding and preparing	Volunteer with someone on campus to help 7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 9:30 • Spa Time 9:30 • Sparks 10:00 • Group Rotation 11:00 Dining room preparation and serving 11:30 • Dining room Arrival 1:00 Rest and relaxatiopn 10:00 Walk and Reminice 1:30 Rotate Groups 2:30 Socialization Hour 2:45 • POKENO 3:00 Bookmarks club [CR] 3:30 Restaurant Style Dining 4:30 Restaurant Style Dining 6:00 Thymeless [2FL] 6:00 Thymeless Garden 6:30 Rotate Groups 8-9:30 Unwinding and preparing for bed	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 10:00 • Group Rotation 11:00 Dining room preparation and serving 11:00 Polining room Arrival 1:00 Rest and relaxatiopn 1:00 Walk and Reminice 1:00 Walk and Remi	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 9:30 • Spa Time 9:30 • Group Rotation Dining room preparation and serving 11:30 • Dining room Arrival Rest and relaxatiopn 1:00 • Walk and Reminice 1:30 • Rotate Groups 2:30 • Socialization Hour 3:00 • Bookmarks club [CR] 3:30 • Assisting with Dining room set up 1:4:30 • Rest aurant Style Dining 1:50 • Thymeless Garden 1:50 • Thymeless Garden 1:50 • Outing to food store/lunch	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 10:00 • Essence 10:00 • Group Rotation 11:00 Dining room preparation and serving 11:30 • Dining room Arrival 1:00 Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Bookmarks 1:1 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups 0:30 Rotate Groups	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 9:30 • Spa Time 9:30 • Sparks 10:00 • Group Rotation 11:00 Dining room preparation and serving 11:30 • Dining room Arrival 11:00 Dining room Arrival 11:00 Dining room Discussion Coat collection 11:00 Painting With Joan 11:00 Rest and relaxatiopn 11:00 Walk and Reminice 11:00 Rostate Groups 12:30 Socialization Hour 13:00 Bookmarks club [CR] 13:01 Assisting with Dining room set up 14:00 • Sabbath Service 14:30 Restaurant Style Dining 15:01 Thymeless Garden 16:02 Rotate Groups 17:00 Cinema Choice 16:03 Rotate Groups 17:00 Cinema Choice 16:00 Cinema Choice	7:00 • Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:00 • Santa Fest (selfie with santa) 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 10:00 • Group Rotation 11:00 • Group Rotation 11:30 • Dining room Arrival 1:00 Rest and relaxatiopn 1:00 Walk and Reminice 1:30 POPCORN & A MOVIE 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Assisting with Dining room set up 4:00 • Music 4:30 Restaurant Style Dining Rotate Groups 8-9:30 Unwinding and preparing
stimulate, relax, and engage our residents. *Book Club *Board Games *Puzzles *Discussion	7:00 Dining room preparation and serving [DR] 8:00 Restraunt Style Dining 9:15 Assisting with Dining room clean up. 9:30 Spa Time 10:00 Group Rotation Dining room preparation and serving 11:30 Dining room Arrival Rest and relaxatiopn 1:00 Tailgating party [LR] 1:00 Walk and Reminice 1:30 Catholic Service 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Word Games 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups 7:00 Cinema Choice 8-9:30 Unwinding and preparing	7:00 • Dining room preparation and serving IDRI 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 9:30 • Spa Time 9:30 • Group Rotation 11:00 Dining room preparation and serving 10:30 • Dining room Arrival Rest and relaxatiopn Walk and Reminice Rotate Groups Socialization Hour 2:45 Bingo Bookmarks club [CR] 3:30 Restaurant Style Dining room serving Restaurant Style Dining Thymeless [2FL] Thymeless [2FL] Thymeless [2FL] Children Rotate Groups Restaurant Style Dining Thymeless [2FL] Thymeless [2FL	7:00 Dining room preparation and serving [DR] 8:00 Restraunt Style Dining 9:15 Assisting with Dining room clean up. 9:30 Spa Time 10:00 Essence 10:00 Group Rotation 11:00 Dining room preparation and serving 11:30 Dining room Arrival Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Bookmarks 1:1 1:30 Rotate Groups 2:30 Socialization Hour 3:00 Flower Arranging 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups 7:00 Cinema Choice 8-9:30 Unwinding and preparing	and serving 11:30 Dining room Arrival 1:00 Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Rotate Groups 2:30 Socialization Hour 3:00 Bookmarks club [CR] 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:00 Thymeless [ZFL] 6:00 Rotate Groups	7:00 Dining room preparation and serving [DR] 8:00 Restraunt Style Dining 9:15 Assisting with Dining room clean up. 9:30 Spa Time 10:00 Essence 10:00 Group Rotation 11:00 Dining room preparation and serving 11:30 Dining room Arrival Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Bookmarks 1:1 1:30 Rotate Groups 2:30 Socialization Hour Assisting with Dining room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups Unwinding and preparing for bed	7:00 Dining room preparation and serving [DR] 8:00 Restraunt Style Dining 9:15 Assisting with Dining room clean up. 9:30 Spar Time 9:30 Group Rotation 11:00 Dining room Arrival 11:00 Dining room Biscussion Coat collection 11:00 Rest and relaxatiopn 11:00 Rest and relaxatiopn 11:00 Rest and relaxatiopn 11:00 Roomarks club [CR] 12:00 Roomarks club [CR] 13:00 Roomarks club [CR] 13:00 Roomarks club [CR] 14:00 Sabbath Service 14:30 Restaurant Style Dining 15:00 Rotate Groups 16:00 Thymeless Garden 16:00 Rotate Groups 17:00 Rotate Groups 17:00 Rotate Groups 18:00 Rotate Groups 19:00 Rotate Groups 10:00 Rotate Groups 19:00 Rotate Groups 10:00 Rotate Group	7:00 Dining room preparation and serving [DR] 8:00 Restraunt Style Dining 9:00 Santa Fest (selfie with santa) 9:15 Assisting with Dining room clean up. 9:30 Spa Time 10:00 Group Rotation 11:00 Dining room preparation and serving 11:30 Dining room Arrival 1:00 Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Assisting with Dining room set up 4:00 Music 4:30 Restaurant Style Dining 6:30 Rotate Groups Unwinding and preparing

SATURDAY

preparation and

serving [DR]

7:00 • Dining room

calendar & activities JAN 2020

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT





Please note that on Memory Care we do various things to stimulate, relax, and engage our residents. *Book Club

- *Board Games
- *Puzzles
- *Discussion

SUNDAY

serving [DR]

8:00 Restraunt Style Dining

9:15 • Assisting with Dining

and serving

Catholic Service

Word Games

room set up

Rotate Groups

Cinema Choice

Dining room

serving [DR]

9.15 Assisting with Dining

9:30 • Spa Time

8:00 Restraunt Style Dining

room clean up.

Rotate Groups

Socialization Hour

Assisting with Dining

Restaurant Style Dining

Unwinding and preparing

preparation and 20

Unwinding and preparing

Dining room Arrival

Spa Time

10:00 • Group Rotation

preparation and

Dining room preparation

Rest and relaxatiopn

Walk and Reminice

Tailgating party [LR]

9

6:00

8-0-30

9:30

7:00 • Dining room

9:30

11:00

11:30

1:00

1:00

1:30

1:30

2:30

3:00

3:30

4:30

6:30

7:00

3-9:30

11:30

1.00

1.00

1:30

2:30

3:00

4:30

6:30

7:00

8-9:30

1:00

1:30

1:00

Martin Luther King, Jr. Day Martin Luther King, Jr. Day 7:00 • Dining room preparation and serving 8:00 Restraunt Style Dining

MONDAY

- 9:15 Assisting with Dining room clean up. 9:30 • Spa Time 9:30 10:00 • Group Rotation Dining room preparation and serving 11:30 Dining room Arrival
- Rest and relaxationn 1:00 Walk and Reminice 1:30 Rotate Groups Socialization Hour 2:30 POKENO 3:00 Bookmarks club [CR] Assisting with Dining room set up 3:30 Restaurant Style Dining 6:00 Thymeless [2FI]

Unwinding and preparing for bed

Thymeless Garder

Rotate Groups

Bookmarks 1:1 1:30 1:30 Rotate Groups 2:30 Socialization Hour 3:00 Flower Arranging Assisting with Dining 3:30 room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups

Cinema Choice

Dining room Dining room preparation and 28

servina [DR]

8:00 Restraunt Style Dining

9:15 • Assisting with Dining

and serving

9:30 • Spa Time

10:00 • Group Rotation

10:00 • Essence

room clean up.

Dining room preparatio

Dining room Arrival

Rest and relaxatiopn

Walk and Reminice

Socialization Hour

Assisting with Dining

Restaurant Style Dining

Unwinding and preparing

Flower Arranging

room set up

Rotate Groups

Cinema Choice

Bookmarks 1:1

Rotate Groups

Unwinding and preparing

TUFSDAY

serving [DR]

8:00 Restraunt Style Dining

9:15 Assisting with Dining

room clean up

preparation and

7:00 • Dining room

9:30 Spa Time

0:00 Group Rotation

and serving

Dining room Arrival

Walk and Reminice

Rest and relaxationn

10:00 • Essence

1:30

1:00

1:00

7:00

8-9:30

7:00

1:00

11:30

1.00

1:30

1:30

2:30

4:30

6:30

7:00

3:00

Surprise outing Clues to be given through the week 7:00 • Dining room preparation and serving [DR] 8:00 Restraunt Style Dining 9:15 Assisting with Dining room clean up. 9:30 • Spa Time Snarks 9:30 10:00 • Group Rotation 11:00 Dining room preparation and Dining room preparation

WEDNESDAY

serving 11:30 Dining room Arrival Rest and relaxatiopn 1:00 Walk and Reminice Rotate Groups 2:30 Socialization Hour 3:00 Bookmarks club [CR] Assisting with Dining room set 3:30 4:30 Restaurant Style Dining Thymeless [2FL] 6:00 Thymeless Garden 6:00 6:30 Rotate Groups

Unwinding and preparing for

8-9:30

6:00

6:30

8-9:30

9:15 Assisting with Dining room clean up. 9:30 Spa Time 10:00 • Essence 10:00 • Group Rotation 11:00 Dining room preparation and serving 11:30 Dining room Arrival 1:00 Rest and relaxationn 1:00 Walk and Reminice Bookmarks 1:1 1:30 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups 8-9:30 Unwinding and preparing for bed

7:00 • Dining room

9:30 • Spa Time

10:00 • Group Rotation

10:00 • Essence

preparation and

serving [DR]

8:00 Restraunt Style Dining

9:15 • Assisting with Dining

room clean up.

THURSDAY

serving [DR]

8:00 Restraunt Style Dining

preparation and 25

7:00 • Dining room

9:15 Assisting with Dining room clean up 9:30 • Spa Time 9:30 10:00 • Group Rotation 11:00 Dining room preparation and 11:30 Dining room Arrival Dining room Discussion Coat 1:00 collection Painting With Joan Rest and relaxatiopn 1:00 Walk and Reminice 1:30 Rotate Groups Socialization Hou 2:30 Bookmarks club [CR] 3.00 3:30 Assisting with Dining room se 4:00 • Sabbath Service Restaurant Style Dining 4:30 6:00 Thymeless Garder Rotate Groups 6:30 7:00 Cinema Choice

FRIDAY

Restraunt Style Dining

preparation and

servina [DR]

7:00 • Dining room

8:00 Restraunt Style Dining Santa Fest (selfie with Assisting with Dining room clean up. 9:30 Spa Time 10:00 Group Rotation Dining room preparation and serving Dining room Arrival 1.00 Rest and relaxationn Walk and Reminice POPCORN & A MOVIE 1:30 Rotate Groups 1:30 2:30 Socialization Hour Assisting with Dining room set up 4:00 Music Restaurant Style Dining 4:30 6:30 Rotate Groups 8-9:30 Unwinding and preparing Unwinding and preparis



10:00 • Group Rotation 9:30 Dining room preparation 11:00 and serving Dining room Arrival 11:30 Rest and relaxationn Tailgating party [LR] Walk and Reminice 1:30 Catholic Service 2:30 Rotate Groups 2:45 Bingo Socialization Hour 3.00 3:30 Word Games Assisting with Dining 4:30 room set up 6:00 Restaurant Style Dining 6:00 Rotate Groups 6:30 Cinema Choice 8-9:30

7:00 Dining room preparation and serving [DR] 8:00 Restraunt Style Dining 9:15 Assisting with Dining room clean un Hot COCO by fireplace 9:30 • Spa Time Sparks Dining room preparation and

- 10:00 Group Rotation Dining room Arrival Rest and relaxatiopn Walk and Reminice Rotate Groups Socialization Hour
- Bookmarks club [CR] Restaurant Style Dining Thymeless [2FL] Thymeless Garder
 - Assisting with Dining room se Rotate Groups Unwinding and preparing for

- Dining room preparation and 29 7:00 • Dining room serving [DR] 8:00 Restraunt Style Dining 9:15 • Assisting with Dining room clean up. 9:30 • Spa Time 9:30 Sparks 10:00 • Group Rotation 11:00 Dining room preparation and serving 11:30 • Dining room Arrival Rest and relaxatiopn 1:00 Walk and Reminice 1:30
- Rotate Groups Socialization Hour 2:30 Bookmarks club [CR] 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining Thymeless [2FL] 6:00

Thymeless Garden

Unwinding and preparing

Rotate Groups

11:00 Dining room preparation and serving 11:30 Dining room Arrival 11:30 Guest music 1.00 Rest and relaxationn Walk and Reminice 1:00 1:30 Bookmarks 1:1 1:30 Rotate Groups 2:30 Socialization Hour 3:30 Assisting with Dining room set up 4:30 Restaurant Style Dining 6:30 Rotate Groups 8-9:30 Unwinding and preparing

for bed

7:00 Dining room preparation and serving [DR] 8:00 • Restraunt Style Dining 9:15 Assisting with Dining room clean up. 9:30 • Spa Time 0·30 · 10:00 • Group Rotation 10:30 • Lunch at Golden coral 11:00 Dining room preparation and serving 11:30 Dining room Arrival Dining room Discussion Coat Painting With Joan 1:00 Rest and relaxationn 1:00 Walk and Reminice Rotate Groups 2:30 Socialization Hou 3:00 Bookmarks club [CR] 3:30 Assisting with Dining room set up 4:00 Sabbath Service Restaurant Style Dining 4:30 Thymeless Garden 6.30 Rotate Groups

Cinema Choice

Unwinding and preparing for bed

8-9:30