December 2025 Monthly Activities **Assisted Living - Experience Celebration** Sunday Monday Tuesday Wednesday Thursday Friday Saturday 10:00 Morning Meditation [AL-10:00 Morning Meditation with 9:30 • Prayer and Communio 10:00 Morning Meditation [AL 10:00 • Morning Meditation [AL 10:00 Chair Yoga [AL-CS] Symbria [AL-CS] 10:30 O Morning Stretch and **Resident Birthdays** 10:30 O Symbria Seated Fitness: 10:30 O Chair Zumba with 10:00 Q Outing - Walgreens [0] the Cross [AL-ER] 10:30 O Symbria Seated Fitness: Muscle Flex [AL-CS] Janette [AL-CS] 10:00 Morning Meditation [AL-Stretch and Flex [AL-CS] Stretch and Flex [AL-CS] 10:30 O Chair Zumba with 1:30 • The Daily Chronicle & EDWARD A. 12/8 The Daily Chronicle & Today in History 11:30 • Outing - Portillos [O] 1:30 Janette [AL-CS] The Daily Chronicle & Today in History Today in History [AL-CS] [AL-CS] 11:30 • The Daily Chronicle & Today in History 10:30 Movement with Meaning with Therese 11:30 • The Daily Chronicle & Today in History [AL-CS] 1:30 • Bingo [AL-CS] GENO G. 1:30 • Bingo [AL-CS] from Bristol [AL-CS] [AL-CS] 1:30 • Bingo for \$ Money \$ [AL-CS] 1:30 • Travel Around the World with Rick **EXPLORE** EUGENIA J. 12/9 2:30 • Left, Right, Center [BL] 1:30 • Bingo [AL-CS] 11:30 The Daily Chronicle & Today in History 1:30 • Bingo [AL-CS] Rosary with Marguerite [AL-CS] Steves [AL-ER] [AL-CS] 3:30 Blackjack Hour [BL] 2:30 • Documentary Hour [AL-ER] 2:30 • Come and Play Card Games [BL] 4:00 • Happy Hour - Ascension Dance Co. 2:30 • Big Word Little Word [AL-CS] PHYLLIS R. 12/14 Bingo [AL-CS] 5:30 • Resident Led Table Games [BL] 3:00 • Outing - Trader Joes [0] 3:00 • Outing - Lands End [O] 2:30 • Come Make Holiday Cards with Debl ELEANOR P. 12/16 2:30 Come and Play UNO [BI] 5:30 • Resident Led Table Games [BL] 5:30 • Resident Led Table Games [BL] 3:30 • Come Play Rummikub [BL] [AL-CS] 3:00 ● Town Hall [AL-ER] 2:30 • Hot Chocolate Bar with Kat [BL] 5:30 • Resident Led Table Games [BL] CHARLES H 12/18 3:30 • Wine Down Wednesday with Blood 3:30 O Come Play Rummikub [BL] JANET D. 12/23 Orange Whiskey Sour [BL] 6:00 • Saturday Night Movie: Home Alone 5:30 • Resident Led Table Games [BL] CAROL H. 12/26 10:00 Morning Meditation with 9:30 • Televised Catholic Mass 10:00 • Morning Meditation with 9:30 • Prayer and Communion 10:00 • Morning Meditation [AL-10:00 • Morning Meditation [AL-10:00 O Chair Yoga [AL-CS] & Communion Therese from Bristol [AL Symbria [AL-CS] Distribution St. Paul of 10:30 O Morning Stretch and Distribution St. Paul of 10:30 O Chair Zumba with the Cross [AL-ER] 10:30 O Symbria Seated Fitness: 10:30 O Symbria Seated Fitness: Muscle Flex [AL-CS] the Cross [AL-ER] 10:30 O Chair Zumba with Janette [AL-CS] 10:00 Morning Meditation [AL-Stretch and Flex [AL-CS] Stretch and Flex [AL-CS] 1:30 The Daily Chronicle & 10:00 Assorted Muffins and Conversation Janette [AL-CS] 10:30 🖨 Outing - Misericordia [O] 11:30 • Outing - Original Pancake House [O] 1:30 • The Daily Chronicle & Today in History Today in History [AL-CS] The Daily Chronicle & Today in History 10:30 Movement with Meaning with Therese 11:30 • The Daily Chronicle & Today in History 11:30 • The Daily Chronicle & Today in History [AL-CS] 1:30 • Bingo [AL-CS] THE SHERIDAN 10:00 O Chair Yoga [AL-CS] [AL-CS] from Bristol [AL-CS] 1:30 • Bingo for \$ Money \$ [AL-CS] 1:30 • Travel Around the World with Rick [AL-CS] [AL-CS] 1:30 • Bingo [AL-CS]
2:30 • Come and Play Card Games [BL] 1:30 • Bingo [AL-CS] 1:30 • Bingo [AL-CS] 10:30 O Sit and Be Fit [AL-CS] The Daily Chronicle & Today in History Steves [AL-ER] Rosary with Marguerite [AL-CS] 2:30 • Left, Right, Center [BL] 2:30 • Documentary Hour [AL-ER] 3:30 • Happy Hour - James Palos [BL] 11:30 • The Daily Chronicle & Today in History 2:30 Big Word Little Word [AL-CS] AT PARK RIDGE Bingo [AL-CS] 3:30
Blackiack Hour [BL] 3:00 • Outing - Walmart [0] 3:00 • Outing - Burlington [O] 5:30 Resident Led Table Games [BL] 2:30 • Coffee Bar with Kat [BL] a Senior Lifestyle community 1:30 Bingo [AL-CS] 5:30 • Resident Led Table Games [BL] 3:30 • Lecture with Tim Wilsey [AL-ER] 2:30 • Come and Play UNO [BL] 3:30 • Come Play Rummikub [BL] 3:30 Come Play Rummikub [BL] 2:30 Movie Matinee - It's a Wonderful Life Wine Down Wednesday with Pina 6:00 Saturday Night Movie: Christmas Vacation [AL-ER] 5:30 • Resident Led Table Games [BL] 5:30 • Resident Led Table Games [BL] Colada [BL] 3:30 • Come and Play Card Games [BL] 5:00 Minter Wonderland with Ray Forlenza 6:00 • Resident Led Table Games [BL] [AL-ER] 5:30 Resident Led Table Games [BL] 9:30 • Televised Catholic Mass 10:00 O Chair Yoga [AL-CS] *Diversity Event 0:00 Morning Meditation with 10:00 Morning Meditation with Prayer and Communion 10:00 Morning Meditation [AL-10:00 Morning Meditation [AL-6 Therese from Bristol [AL-Symbria [AL-CS] Distribution St. Paul of & Communion 10:30 O Morning Stretch and *Enjoy- Dining Partnership Event Distribution St. Paul of 10:30 O Chair Zumba with the Cross [AL-ER] 10:30 O Symbria Seated Fitness: 0:30 O Symbria Seated Fitness: Muscle Flex [AL-CS] the Cross [AL-ER] 10:00 • Morning Meditation [AL-10:30 O Chair Zumba with Janette [AL-CS] Stretch and Flex [AL-CS] Stretch and Flex [AL-CS] 1:30 The Daily Chronicle & *Outing 10:00 O Chair Yoga [AL-CS] Janette [AL-CS] 10:45 • Outing - Moretti's [O] 1:00 🖨 Outing - Sugar Bowl [O The Daily Chronicle & Today in History Today in History [AL-CS] 10:00 • Croissants and Conversation [BL] The Daily Chronicle & Today in History 11:30 • The Daily Chronicle & Today in History Movement with Meaning with Therese The Daily Chronicle & Today in History 11:30 1:30 • Bingo [AL-CS] Explore - Leadership & Volunteerism 10:30 O Sit and Be Fit [AL-CS] [AL-CS] from Bristol [AL-CS] 1:30 • Bingo for \$ Money \$ [AL-CS] [AL-CS] [AL-CS] 1:30 • Travel Around the World with Rick 1:30 • Bingo [AL-CS] 1:30 • Bingo [AL-CS] The Daily Chronicle & Today in History 1:30 • Bingo [AL-CS] Steves [AL-ER] Explore - Lectures & Learning 11:30 • The Daily Chronicle & Today in History Rosary with Marguerite [AL-CS] [AL-CS] 2:30 • Left, Right, Center [BL] 2:30 • Documentary Hour [AL-ER] [AL-CS] 2:30 • Art Alive with Debra [AL-ER] 3:30 • Happy Hour - Tommy Barroso [BL] 2:30 • Big Word Little Word [AL-CS] 1:30 • Bingo [AL-CS] 1:30 • Bingo [AL-CS] Explore - Recreation & Entertainment 2:30 • Resident Council Meeting [AL-CS] 3:00 • Outing - Jewel [O] 2:30 • Come and Play Card Games [BL] 5:30 • Resident Led Table Games [BL] 2:30 • Hot Chocolate Bar with Tracey [BL] 2:30 • Come and Play UNO [BL] 2:30 Movie Matinee - Miracle on 34th 3:30 • Blackjack Hour [BL] 5:30 • Resident Led Table Games [BL] 3:00 • Outing - Marshall's [0] 3:30 O Come Play Rummikub [BL] Explore - Self Expression & the Arts Street [AL-ER] 3:30 🁺 Cooking Demo with Chef Patrick [BL] 5:30 Resident Led Table Games [BL] 3:30 • Come Play Rummikub [BL] 6:00 • Saturday Night Movie: White 3:30 • Come and Play Card Games [BL] 5:30 • Resident Led Table Games [BL] 5:30 • Resident Led Table Games [BL] Explore - Spiritual Health & Religion 6:00 • Resident Led Table Games [BL] Explore - Strength & Vitality Explore - Travels & Treks 9:30 • Televised Catholic Mass **Christmas Eve** 10:00 • Morning Meditation [AL-10:00 O Chair Yoga [AL-CS] 10:00 • Morning Meditation with 10:00 • Morning Meditation with **Christmas Day** & Communion Therese from Bristol [AL Symbria [AL-CS] 10:00 Morning Meditation [AL-10:30 O Morning Stretch and 9:30 • Prayer and Communion ZO Distribution St. Paul of 0:30 O Symbria Seated Fitness: 10:30 O Chair Zumba with Muscle Flex [AL-CS] Distribution St. Paul of the Cross [AL-ER] Stretch and Flex [AL-CS] 10:30 O Chair Zumba with Janette [AL-CS] the Cross [AL-ER] 0:30 O Seated Fitness: Stretch The Daily Chronicle & 10:00 Chair Yoga [AI -CS] Janette [AL-CS] 11:00 🖨 Outing - Hay Caramba [O] 10:00 Morning Meditation [AL-CS] and Flex [AL-CS] 1:30 • The Daily Chronicle & Today in History Today in History [AL-CS] The Daily Chronicle & Today in History 10:00 • Christmas Cookies and Conversation 11:30 • The Daily Chronicle & Today in History 10:30 O Movement with Meaning with Therese The Daily Chronicle & Today in History [AL-CS] 1:30 • Bingo [AL-CS] 1:30 • Bingo for \$ Money \$ [AL-CS] [AL-CS] from Bristol [AL-CS] [AL-CS] 1:30 • Travel Around the World with Rick Steves [AL-ER] 10:30 O Sit and Be Fit [AL-CS] 1:30 Bingo [AL-CS] 1:30 • Bingo [AL-CS] 11:30 1:30 • Bingo with Prizes [AL-CS] 2:30 Rosary with Marguerite [AL-CS] The Daily Chronicle & Today in History 2:30 • Dining Committee Meeting with Snacks [AL-CS] 11:30 • The Daily Chronicle & Today in History 2:30 • Left, Right, Center [BL] 3:30 • Happy Hour - Dante Salamante [BL] 2:30 • Big Word Little Word [AL-CS] [AL-CS] 2:30 • Come and Play Card Games [BL] 3:30 Blackjack Hour [BL] Bingo [AL-CS] 5:30 Resident Led Table Games [BL] 2:30 • Coffee Bar with Kat [BL] 3:30 🤌 Christmas Get Together with Snacks 1:30 • Bingo [AL-CS] 2:30 • Documentary Hour [AL-ER] 5:30 Resident Led Table Games [BL] 2:30 • Come and Play UNO [BL] and Drinks [BL] 3:30 Ocome Play Rummikub [BL] 2:30 Movie Matinee - Thunderball [AL-ER] 3:00 Outing - Dollar Tree [0] Wine Down Wednesday - Christmas 3:30 • Come Play Rummikub [BL] 6:00 • Saturday Night Movie: Casino Royal 3:30 • Come and Play Card Games [BL] 5:30 • Resident Led Table Games [BL] [AI -FR] Mimosa [BL] 5:30 • Resident Led Table Games [BL] 6:00 Resident Led Table Games [BL] 5:30 • Resident Led Table Games [BL] **Location Kevs** 1st Floor Bistro Lounge Assisted Living Creative Studio AL-CS 9:30 • Televised Catholic Mass 10:00 Morning Meditation with 10:00 Morning Meditation with New Year's Eve Assisted Living Entertainment Room AL-ER Therese from Bristol [AL-Symbria [AL-CS] & Communion 9:30 • Prayer and Communion Distribution St. Paul of Distribution St. Paul of the Cross [AL-ER] 10:30 Chair Zumba with Outing the Cross [AL-ER] 10:30 O Chair Zumba with Janette [AL-CS] 10:00 O Chair Yoga [AL-CS] Janette [AL-CS] 1:30 🖨 Outing - Tiffany's [O] 10:00 Morning Meditation [AL-CS] 10:00 • Fruit Tarts and Conversation [BL] The Daily Chronicle & Today in History 11:30 • The Daily Chronicle & Today in History 10:30 Movement with Meaning with Therese from Bristol [AL-CS] 10:30 O Sit and Be Fit [AL-CS] [AL-CS] 1:30 Bingo [AL-CS] 1:30 • Bingo [AL-CS] 11:30 • The Daily Chronicle & Today in History 11:30 • The Daily Chronicle & Today in History 2:30 • Left, Right, Center [BL] 2:30 • Documentary Hour [AL-ER] 1:30 • Bingo [AL-CS] 3:30 • Blackjack Hour [BL] 3:00 • Outing - Kohls [0] 1:30 • Bingo [AL-CS] 2:30 • Movie Matinee - Elf [AL-ER] 5:30 • Resident Led Table Games [BL] 5:30 • Resident Led Table Games [BL] 2:30 • Come and Play UNO [BL] 3:30 • Come and Play Card Games [BL] 3:30 • Happy New Year Party - Aaron Shap 6:00 • Resident Led Table Games [BL] 5:30 • Resident Led Table Games [BL]