



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Lifelong Learning - Watercolor Art
1:00 ● **Embrace Essence**
2:30 ● Motions and Movement: Ball Toss [CS]
3:30 ● Meditation: Stretches and Breathing
4:00 ● iN2L: Of the Day [CS]
6:00 ● Thursday Night Sing-Along

2 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Puzzles
2:30 ● **Thymeless: Tending to the Garden**
3:00 ● Adult Coloring: Famous Art [CS]
3:30 ● Deep Breathing and Stretches
4:00 ● Manicures and Massages [CS]
6:00 ● Friday Night Gameshows

3 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News network and Daily Chronicle
11:15 ● iN2L: Puzzles
2:30 ● Saturday Matinee: The Adventures of Robin Hood
4:00 ● iN2L: Trivia
4:30 ● Ball Toss
6:15 ● Relax and Unwind with Soundscapes [CS]

4 10:00 ● Good News Network and Daily Chronicle [CS]
11:00 ● Catholic Mass Broadcast [E]
11:15 ● iN2L: Nostalgia Games [CS]
2:30 ● Adult Coloring: Famous Cartoons [CS]
3:30 ● Conversations and Coffee [CS]
4:15 ● Balloon Volleyball [CS]
6:30 ● Sunday Night Movie

5 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Recognition of Learn About Owls Day [CS]
11:15 ● **Bookmarks: It Was a Slam Dunk [CS]**
2:30 ● iN2L: Nostalgia [CS]
3:30 ● Color the Owl [CS]
6:00 ● Monday Comedy Night: George Burns and Gracie Allen

6 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Sing-a-Long with Suzie Q
2:30 ● Pass the Ball/Bounce the Ball [CS]
3:30 ● Adult Coloring: Scissor-Tailed Flycatcher [CS]
4:15 ● Finish the Phrase [CS]
6:00 ● Kites and Candy

7 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Brighten the Mood [CS]
11:30 ● Recognition of Yo-Yo Ma's Birthday
2:30 ● "My Favorite..." Game [CS]
3:30 ● Color Yo-Yo Ma [CS]
4:15 ● Wednesday Readers: Shel Silverstein [CS]
6:00 ● Wednesday Movie: Hondo

8 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Lifelong Learning - Art History - Native American Art
1:00 ● **Embrace Essence**
2:30 ● Motions and Movement: Ball Toss [CS]
3:30 ● Meditation: Stretches and Breathing
4:00 ● iN2L: Of the Day [CS]
6:00 ● Thursday Night Sing-Along

9 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Puzzles
2:30 ● **Thymeless: Tending to the Garden**
3:00 ● Adult Coloring: Famous Art [CS]
3:30 ● Deep Breathing and Stretches
4:00 ● Manicures and Massages [CS]
6:00 ● Friday Night Gameshows

10 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News network and Daily Chronicle
11:15 ● iN2L: Puzzles
2:30 ● Saturday Matinee
4:00 ● iN2L: Trivia
4:30 ● Ball Toss
6:15 ● Relax and Unwind with Soundscapes [CS]

11 10:00 ● Good News Network and Daily Chronicle [CS]
11:00 ● Catholic Mass Broadcast [E]
11:15 ● iN2L: Nostalgia Games [CS]
2:30 ● Adult Coloring: Famous Cartoons [CS]
3:30 ● Conversations and Coffee [CS]
4:15 ● Balloon Volleyball [CS]
6:30 ● Sunday Night Movie

12 **Columbus Day**
10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Brighten the Mood [CS]
11:15 ● **Bookmarks: What's For Breakfast? [CS]**
2:30 ● iN2L: Nostalgia [CS]
3:30 ● Mindful Meditation [CS]
6:00 ● Monday Comedy Night: The Three Stooges

13 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● Recognition of Silly Sayings Day
2:30 ● Pass the Ball/Bounce the Ball [CS]
3:30 ● Adult Coloring: Egyptian Design [CS]
4:15 ● Finish the Phrase [CS]
6:00 ● Kites and Candy

14 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Brighten the Mood [CS]
11:30 ● iN2L: On This Day
2:30 ● "My Favorite..." Game [CS]
3:30 ● Music Appreciation [CS]
4:15 ● Wednesday Readers: Langston Hughes [CS]
6:00 ● Wednesday Movie: The Party

15 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Lifelong Learning - Art History - Folk Art
1:00 ● **Embrace Essence**
2:30 ● Motions and Movement: Ball Toss [CS]
3:30 ● Meditation: Stretches and Breathing
4:00 ● iN2L: Of the Day [CS]
6:00 ● Thursday Night Sing-Along

16 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Puzzles
2:30 ● **Thymeless: Tending to the Garden**
3:00 ● Adult Coloring: Famous Art [CS]
3:30 ● Deep Breathing and Stretches
4:00 ● Manicures and Massages [CS]
6:00 ● Friday Night Gameshows

17 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News network and Daily Chronicle
11:15 ● iN2L: Puzzles
2:30 ● Saturday Matinee: The Women
4:00 ● iN2L: Trivia
4:30 ● Ball Toss
6:15 ● Relax and Unwind with Soundscapes [CS]

18 10:00 ● Good News Network and Daily Chronicle [CS]
11:00 ● Catholic Mass Broadcast [E]
11:15 ● iN2L: Nostalgia Games [CS]
2:30 ● Adult Coloring: Famous Cartoons [CS]
3:30 ● Conversations and Coffee [CS]
4:15 ● Balloon Volleyball [CS]
6:30 ● Sunday Night Movie

19 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Brighten the Mood [CS]
11:15 ● **Bookmarks: Grace and Poise [CS]**
2:30 ● iN2L: Nostalgia [CS]
3:30 ● Mindful Meditation [CS]
6:00 ● Monday Comedy Night: George Burns and Gracie Allen

20 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Sing-a-Long with Suzie Q
2:30 ● Pass the Ball/Bounce the Ball [CS]
3:30 ● Adult Coloring: Picasso [CS]
4:15 ● Finish the Phrase [CS]
6:00 ● Kites and Candy

21 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Brighten the Mood [CS]
11:30 ● iN2L: On This Day
2:30 ● "My Favorite..." Game [CS]
3:30 ● Music Appreciation [CS]
4:15 ● Wednesday Readers: Andy Warhol Quotations [CS]
6:00 ● Wednesday Movie: The Artist

22 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Lifelong Learning - Art History - Post-Impressionism
1:00 ● **Embrace Essence**
2:30 ● Motions and Movement: Ball Toss [CS]
3:30 ● Meditation: Stretches and Breathing
4:00 ● iN2L: Of the Day [CS]
6:00 ● Thursday Night Sing-Along

23 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Puzzles
2:30 ● **Thymeless: Tending to the Garden**
3:00 ● Adult Coloring: Famous Art [CS]
3:30 ● Deep Breathing and Stretches
4:00 ● Manicures and Massages [CS]
6:00 ● Friday Night Gameshows

24 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News network and Daily Chronicle
11:15 ● iN2L: Puzzles
2:30 ● Saturday Matinee: The Trouble With Harry
4:00 ● iN2L: Trivia
4:30 ● Ball Toss
6:15 ● Relax and Unwind with Soundscapes [CS]

25 10:00 ● Good News Network and Daily Chronicle [CS]
11:00 ● Catholic Mass Broadcast [E]
11:15 ● iN2L: Nostalgia Games [CS]
2:30 ● Adult Coloring: Famous Cartoons [CS]
3:30 ● Conversations and Coffee [CS]
4:15 ● Balloon Volleyball [CS]
6:30 ● Sunday Night Movie

26 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Brighten the Mood [CS]
11:15 ● **Bookmarks: Lady Liberty [CS]**
2:30 ● iN2L: Nostalgia [CS]
3:00 ● Recognition of Pencil Day [CS]
3:30 ● Craft: Pencil Decoration
6:00 ● Monday Comedy Night: The Three Stooges

27 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Sing-a-Long with Suzie Q
2:30 ● Pass the Ball/Bounce the Ball [CS]
3:30 ● Adult Coloring: Fashion [CS]
4:15 ● Finish the Phrase [CS]
6:00 ● Kites and Candy

28 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Brighten the Mood [CS]
11:30 ● iN2L: On This Day
2:30 ● "My Favorite..." Game [CS]
3:30 ● Music Appreciation [CS]
4:15 ● Wednesday Readers: Gertrude Stein [CS]
6:00 ● Wednesday Movie: Sense and Sensibility

29 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Lifelong Learning - Norman Rockwell
1:00 ● **Embrace Essence**
2:30 ● Motions and Movement: Ball Toss [CS]
3:30 ● Meditation: Stretches and Breathing
4:00 ● iN2L: Of the Day [CS]
6:00 ● Thursday Night Sing-Along

30 10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News Network and Daily Chronicle [CS]
11:30 ● iN2L: Puzzles
2:30 ● **Thymeless: Tending to the Garden**
3:00 ● Adult Coloring: Famous Art [CS]
3:30 ● Deep Breathing and Stretches
4:00 ● Manicures and Massages [CS]
6:00 ● Friday Night Gameshows

31 **Halloween**
10:00 ● Good Morning Coffee Talk [DR]
11:00 ● Good News network and Daily Chronicle
11:15 ● iN2L: Puzzles
2:30 ● Saturday Matinee: Invasion of the Body Snatchers
4:00 ● iN2L: Trivia
4:30 ● Ball Toss
6:15 ● Relax and Unwind with Soundscapes [CS]

Happy Birthday

Joy R. 10/19
Sandy S. 10/22

Location Key

Creative Studio CS
Dining Room DR
Living Room LR
Bistro B

● CONNECT
● CONTRIBUTE
● FEEL
● GROW
● MOVE
● REFLECT