

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



10:00 ● Coffee and Conversation **1**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Finish the Phrase [CS]  
2:30 ● Craft: Smiley Face Craft  
3:30 ● The Joy of Painting: Bob Ross [CS]  
4:15 ● iN2L: Lifelong Learning - Art History - Native American Art [CS]  
6:15 ● Thursday Recap: What Was Good About Today?

10:00 ● Coffee and Gameshows **2**  
10:30 ● Good Morning Stretches  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Recognition of World Smile Day  
3:00 ● **Garden Club: Tending to the Garden**  
3:30 ● Music and Meditation  
4:00 ● Manicures and Massages [CS]  
6:15 ● Friday Night Movie: Nevada Smith

10:00 ● Good Morning Coffee Club [DR] **3**  
10:30 ● Morning Meditation [CS]  
11:15 ● iN2L: Trivia [CS]  
2:30 ● Saturday Matinee: Mansfield Park  
4:00 ● Adult Coloring: Scissor-Tailed Flycatcher [CS]  
6:15 ● Relax and Unwind with Soundscapes

**Happy Birthday**

Joy R. 10/19  
Sandy S. 10/22

**Location Key**

Creative Studio CS  
Dining Room DR  
Living Room LR  
Bistro B

9:30 ● Good News Network and Daily Chronicle [DR] **4**  
10:00 ● iN2L: What Did it Cost? [CS]  
11:00 ● Catholic Mass Broadcast [E]  
2:30 ● Do Your Own Illustrations [CS]  
3:30 ● Sunday Afternoon Meditation [CS]  
4:15 ● iN2L: Family Feud [CS]  
6:30 ● Sunday Night Movie

10:00 ● Enjoying Timelapse Videos [CS] **5**  
11:00 ● Good New Network and Daily Chronicle [CS]  
11:15 ● Recognition of Learn About Owls Day [CS]  
2:30 ● **Bethel Park Book Club: Joseph Conrad's Heart of Darkness**  
3:15 ● Craft: Make Your Own Owl [CS]  
4:15 ● Triviality: Daily Trivia [CS]  
6:15 ● Scattergories [CS]

10:00 ● iN2L: Of the Day **6**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Guided Discussion: What is the Purpose of Family? [CS]  
2:15 ● Art and Design Focus: Terese Jungle [CS]  
3:30 ● Music Appreciation [CS]  
4:15 ● Kites and Candy card game [CS]  
6:15 ● Happy Hour: Jokes and Stand-Up Comedy [CS]

10:00 ● Enjoying Landscapes [CS] **7**  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Recognition of Yo-Yo Ma's Birthday [CS]  
11:30 ● Triviality: Trivia Challenge  
2:30 ● Poetry Focus: Little Songs of the Geisha  
3:30 ● Relax and Unwind: Adult Coloring [CS]  
4:15 ● Ball Toss [CS]  
6:15 ● Wednesday Mystery Night: Sherlock Holmes

10:00 ● Coffee and Conversation **8**  
11:00 ● Brighten the Mood [CS]  
11:15 ● iN2L: Of the Day [CS]  
2:30 ● Exploring Song Lyrics: Bruce Springsteen  
3:30 ● The Joy of Painting: Bob Ross [CS]  
4:15 ● iN2L: Lifelong Learning: Art History - Norman Rockwell [CS]  
6:15 ● Thursday Recap: What Trip Would You Take Right Now?

10:00 ● Coffee and Gameshows **9**  
10:30 ● Good Morning Stretches  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Trivia Challenge  
3:00 ● **Garden Club: Tending to the Garden**  
3:30 ● Music and Meditation  
4:00 ● Manicures and Massages [CS]  
6:15 ● Friday Night Movie: Jeremiah Johnson

10:00 ● Good Morning Coffee Club [DR] **10**  
10:30 ● Morning Meditation [CS]  
11:15 ● iN2L: Trivia [CS]  
2:30 ● Saturday Matinee: The American President  
4:00 ● Adult Coloring: Egyptian Design [CS]  
6:15 ● Relax and Unwind with Soundscapes

9:30 ● Good News Network and Daily Chronicle [DR] **11**  
10:00 ● iN2L: What Did it Cost? [CS]  
11:00 ● Catholic Mass Broadcast [E]  
2:30 ● Do Your Own Illustrations [CS]  
3:30 ● Sunday Afternoon Meditation [CS]  
4:15 ● iN2L: Family Feud [CS]  
6:30 ● Sunday Night Movie

**Columbus Day** **12**  
10:00 ● Enjoying Timelapse Videos [CS]  
11:00 ● Good New Network and Daily Chronicle [CS]  
11:15 ● Photo Narratives [CS]  
2:30 ● **Bethel Park Book Club: Just So Stories**  
3:30 ● Art: Drawing and Coloring [CS]  
4:15 ● Triviality: Daily Trivia [CS]  
6:15 ● Scattergories [CS]

10:00 ● iN2L: Of the Day **13**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Recognition of Silly Sayings Day  
2:15 ● Art and Design Focus: The New Yorker Cartoons [CS]  
3:30 ● Music Appreciation [CS]  
4:15 ● Kites and Candy card game [CS]  
6:15 ● Happy Hour: Jokes and Stand-Up Comedy [CS]

10:00 ● Enjoying Landscapes [CS] **14**  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Sing-Along [CS]  
11:30 ● Triviality: Trivia Challenge  
2:30 ● Poetry Focus: William Blake  
3:30 ● Relax and Unwind: Adult Coloring [CS]  
4:15 ● Ball Toss [CS]  
6:15 ● Wednesday Mystery Night: The Great Detective

10:00 ● Coffee and Conversation **15**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Finish the Phrase [CS]  
2:30 ● Exploring Song Lyrics: Pink Floyd  
3:30 ● The Joy of Painting: Bob Ross [CS]  
4:15 ● iN2L: Lifelong Learning: Art History - Folk Art [CS]  
6:15 ● Thursday Recap: What Did You Remember Today?

10:00 ● Coffee and Gameshows **16**  
10:30 ● Good Morning Stretches  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Recognition of Oscar Wilde Day  
3:00 ● **Garden Club: Tending to the Garden**  
3:30 ● Music and Meditation  
4:00 ● Manicures and Massages [CS]  
6:15 ● Friday Night Movie: The Party

10:00 ● Good Morning Coffee Club [DR] **17**  
10:30 ● Morning Meditation [CS]  
11:15 ● iN2L: Trivia [CS]  
2:30 ● Saturday Matinee: The Lion in Winter  
4:00 ● Adult Coloring: Picasso [CS]  
6:15 ● Relax and Unwind with Soundscapes

9:30 ● Good News Network and Daily Chronicle [DR] **18**  
10:00 ● iN2L: What Did it Cost? [CS]  
11:00 ● Catholic Mass Broadcast [E]  
2:30 ● Do Your Own Illustrations [CS]  
3:30 ● Sunday Afternoon Meditation [CS]  
4:15 ● iN2L: Family Feud [CS]  
6:30 ● Sunday Night Movie

10:00 ● Enjoying Timelapse Videos [CS] **19**  
11:00 ● Good New Network and Daily Chronicle [CS]  
11:15 ● Photo Narratives [CS]  
2:30 ● **Bethel Park Book Club: "Sacred Emily"**  
3:30 ● Art: Drawing and Coloring [CS]  
4:15 ● Triviality: Daily Trivia [CS]  
6:15 ● Scattergories [CS]

10:00 ● iN2L: Of the Day **20**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Guided Discussion: Why Do We Need Art? [CS]  
2:15 ● Art and Design Focus: John Singer Sargent [CS]  
3:30 ● Music Appreciation [CS]  
4:15 ● Kites and Candy card game [CS]  
6:15 ● Happy Hour: Jokes and Stand-Up Comedy [CS]

10:00 ● Enjoying Landscapes [CS] **21**  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Sing-Along [CS]  
11:30 ● Triviality: Trivia Challenge  
2:30 ● Poetry Focus: L.D. Brodsky  
3:30 ● Relax and Unwind: Adult Coloring [CS]  
4:15 ● Ball Toss [CS]  
6:15 ● Wednesday Mystery Night: Sherlock Holmes

10:00 ● Coffee and Conversation **22**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Finish the Phrase [CS]  
11:15 ● iN2L: Of the Day [CS]  
2:30 ● Exploring Song Lyrics: Beirut  
3:30 ● The Joy of Painting: Bob Ross [CS]  
4:15 ● iN2L: Lifelong Learning: Art History - Post-Impressionism [CS]  
6:15 ● Thursday Recap: What Do You Notice About Each Other?

10:00 ● Coffee and Gameshows **23**  
10:30 ● Good Morning Stretches  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Trivia Challenge  
3:00 ● **Garden Club: Tending to the Garden**  
3:30 ● Music and Meditation  
4:00 ● Manicures and Massages [CS]  
6:15 ● Friday Night Movie: The Trouble With Harry

10:00 ● Good Morning Coffee Club [DR] **24**  
10:30 ● Morning Meditation [CS]  
11:15 ● iN2L: Trivia [CS]  
2:30 ● Saturday Matinee: Tender Mercies  
4:00 ● Adult Coloring: Fashion [CS]  
6:15 ● Relax and Unwind with Soundscapes

9:30 ● Good News Network and Daily Chronicle [DR] **25**  
10:00 ● iN2L: What Did it Cost? [CS]  
11:00 ● Catholic Mass Broadcast [E]  
2:30 ● Do Your Own Illustrations [CS]  
3:30 ● Sunday Afternoon Meditation [CS]  
4:15 ● iN2L: Family Feud [CS]  
6:30 ● Sunday Night Movie

10:00 ● Enjoying Timelapse Videos [CS] **26**  
11:00 ● Good New Network and Daily Chronicle [CS]  
11:15 ● Recognition of Pencil Day [CS]  
2:30 ● **Bethel Park Book Club: Bridge Poetry**  
3:30 ● Craft: Pencil Decoration [CS]  
4:15 ● Triviality: Daily Trivia [CS]  
6:15 ● Scattergories [CS]

10:00 ● iN2L: Of the Day **27**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Guided Discussion: What Do Aesop's Fables Teach Us? [CS]  
2:15 ● Art and Design Focus [CS]  
3:30 ● Music Appreciation [CS]  
4:15 ● iN2L: Lifelong Learning - Watercolor Art [CS]  
6:15 ● Happy Hour: Jokes and Stand-Up Comedy [CS]

10:00 ● Enjoying Landscapes [CS] **28**  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Recognition of the Statue of Liberty's "Birthday" [CS]  
11:30 ● Triviality: Trivia Challenge  
2:30 ● Poetry Focus: Boris Pasternak  
3:30 ● Relax and Unwind: Adult Coloring [CS]  
4:15 ● Ball Toss [CS]  
6:15 ● Wednesday Mystery Night: The Great Detective

10:00 ● Coffee and Conversation **29**  
11:00 ● Brighten the Mood [CS]  
11:15 ● Finish the Phrase [CS]  
11:15 ● iN2L: Of the Day [CS]  
2:30 ● Exploring Song Lyrics: Mel Torme  
3:30 ● The Joy of Painting: Bob Ross [CS]  
4:15 ● iN2L: Lifelong Learning: Art History - [CS]

10:00 ● Coffee and Gameshows **30**  
10:30 ● Good Morning Stretches  
11:00 ● Good News Network and Daily Chronicle [CS]  
11:15 ● Trivia Challenge  
3:00 ● **Garden Club: Tending to the Garden**  
3:30 ● Music and Meditation  
4:00 ● Manicures and Massages [CS]  
6:15 ● Friday Night Movie

**Halloween** **31**  
10:00 ● Good Morning Coffee Club [DR]  
10:30 ● Morning Meditation [CS]  
11:15 ● iN2L: Trivia [CS]  
2:30 ● Saturday Matinee: Invasion of the Body Snatchers  
4:00 ● Adult Coloring [CS]  
6:15 ● Relax and Unwind with Soundscapes

- CONNECT
- FEEL
- GROW
- MOVE
- REFLECT