Memory Care Monthly Calendar - Monarch - Spring Flowers calendar & activities APR 2020 **SUNDAY** MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** SATURDAY 9:00 Walk-n-Roll 9:30 • Morning 9:00 Walk n Roll 9:30 • Chair CONNECT CONNECT 9:30 • Morning Club **Exercises** Stretch Stretch 9:30 • Chair 9:30 • Scenic Day in 10:00 • Art Class **CONTRIBUTE** CONTRIBUTE 10:00 • Guess that Object Exercises ABQ 12:30 • Whiteboard Games Bookclub 1:00 • Board Games and 0:00 • Whiteboard Words 10:00 FEEL 2:00 • Ice Cream Social FEEL 1:00 • BINGO 12:30 Whiteboard Games 3:00 • Music Hour with 3:00 • Happy Hour with Gene 2:30 • Adventures w/ Conrad **GROW** 1:30 Art Class GROW Brad Corbin 6:30 • Aromatherapy and 2:30 • Trivia 6:30 • Aromatherapy and MOVE 6:30 • Aromatherapy and Words of Affirmation 6:30 • Aromatherapy and **MOVE** Words of Affirmation Words of Affirmation Words of Affirmation REFLECT REFLECT 9:30 • Chair 9:30 • Chair 9:30 • Morning 9:00 Walk-n-Roll 9:00 • Walk n Roll 9:30 Chair 9:30 • Morning Exercises Stretch Club Exercises Exercises 9:30 • Morning Stretch **LOCATIONS** 10:00 • Flower 9:30 • Chair Scenic Day in 10:00 • Tea Time 10:00 • Corn-hole Stretch 9:30 10:00 • Art Class Arranging **Exercises** ABQ 10:45 • Catholic Communion 12:00 • Baking/Decorating 10:00 • Guess that Object 12:30 • Whiteboard Games 12:00 • Gardening Class 10:00 • Whiteboard Words Bookclub 12:30 • Bulls Eye Target 1:00 • Board Games and 10:00 2:00 • Ice Cream Social Activity Room - AR 1:00 • Music in the courtyard 1:00 • Art Class 12:00 **Egg Decorating** 12:30 Whiteboard Games Practice More! 3:00 • Music Hour with 3:00 • Ball Toss 2:00 • Scenic Day in ABO 2:30 Music Hour w/ Lori 3:00 • Happy Hour with 1:00 • BINGO 1:30 • Art Class Country Kitchen - CK Brad Michaels 5:00 • Walk and Roll Club 3:00 • Walk n Roll Club Robert Chavez 2:30 • Adventures w/ Conrad 2:30 • Trivia 6:30 • Aromatherapy and Living Room - *LR* 3:00 • BINGO 6:30 • Aromatherapy and Words of Affirmation Words of Affirmation Words of Affirmation 6:30 • Aromatherapy and Words of Affirmation Words of Affirmation Words of Affirmation Calma Room-CR Words of Affirmation Shuttle Bus - SB 9:00 Walk n Roll **Easter** 9:30 • Chair 9:30 • Morning 9:00 Walk-n-Roll 9:30 • Morning 9:30 Chair Dining Room - DR Exercises Stretch 9:30 • Morning Club Exercises Stretch 9:30 • Chair 9:30 • Chair 10:00 • Tea Time 10:00 • Corn-hole Stretch 9:30 Scenic Day in Exercises 10:00 • Art Class Exercises ABQ 12:00 • Baking/Decorating 0:00 • Guess that Object 10:45 • Catholic Communion 10:00 • Flower Arranging 12:30 • Whiteboard Games 10:00 • Whiteboard Words 10:00 Bookclub Class 1:00 • Board Games and 12:30 • Bulls Eye Target 12:00 • Gardening 2:00 • Ice Cream Social **BIRTHDAYS** 1:00 • Art Class Practice More! 1:00 • BINGO 12:30 Whiteboard Games 1:00 • Music in the courtyard 3:00 • Music Hour with 3:00 • BINGO 3:00 • Happy Hour with Gene 2:00 • Scenic Day in ABQ 2:30 • Adventures w/ Conrad 1:30 • Art Class 3:00 • Ball Toss Brad THIS MONTH 3:00 • Music Hour w/ Keven 3:00 • Walk n Roll Club Corbin 6:30 • Aromatherapy and 2:30 • Trivia 5:00 • Walk and Roll Club 6:30 • Aromatherapy and Whitcomb 6:30 • Aromatherapy and Words of Affirmation 6:30 • Aromatherapy and 6:30 • Aromatherapy and 6:30 • Aromatherapy and Words of Affirmation Words of Affirmation 6:30 • Aromatherapy and Words of Affirmation Words of Affirmation Words of Affirmation Words of Affirmation 9:30 • Chair 9:00 • Walk n Roll Chair 9:30 • Chair 19 9:30 • Morning 9:00 • Walk-n-Roll 9:30 • Morning 9:30 Exercises Exercises Stretch 9:30 Morning Stretch Club Exercises 10:00 • Flower 10:00 • Tea Time Stretch 9:30 • Chair 9:30 Scenic Day in 10:00 • Art Class 10:00 • Corn-hole Arranging ABQ 10:45 • Catholic Communion 10:00 • Guess that Object Exercises 12:30 • Whiteboard Games 12:00 Baking/Decorating SENIOR LIFESTYLE 12:00 • Gardening Bookclub 12:30 • Bulls Eye Target 1:00 • Board Games and 10:00 • Whiteboard Words 10:00 2:00 • Ice Cream Social Class 1:00 • Music in the courtyard Practice 1:00 • BINGO 12:30 Whiteboard Games 3:00 Music Hour with Come grow with us! 1:00 • Art Class 3:00 • Happy Hour with Kathy 3:00 • Ball Toss 2:00 • Scenic Day in ABQ 2:30 • Adventures w/ Conrad 1:30 Art Class Brad 5:00 • Walk and Roll Club 3:00 • BINGO 3:00 • Walk n Roll Club Liden 6:30 • Aromatherapy and 2:30 • Trivia 6:30 • Aromatherapy and Words of Affirmation 6:30 • Aromatherapy and Words of Affirmation SENIOR LIFESTYLE 9:30 • Chair 9:30 • Chair 9:00 • Walk-n-Roll 30 9:30 • Morning 9:30 • Morning Unlimited options, Exercises Exercises 9:30 • Morning Stretch Stretch 10:00 Flower 10:00 • Tea Time Stretch Unparalleled services 10:00 • Art Class 10:00 • Corn-hole Arranging 10:45 • Catholic Communion 10:00 • Guess that Object 12:30 • Whiteboard Games Baking/Decorating 12:00 • Gardening 12:30 • Bulls Eye Target 1:00 • Board Games and 2:00 • Ice Cream Social Class 1:00 • Music in the courtvard Practice More! Music Hour with 3:00 1:00 • Art Class 3:00 • Ball Toss 3:00 • Happy Hour with Kevir 2:00 • Scenic Day in ABQ 5:00 • Walk and Roll Club 3:00 • BINGO 3:00 • Walk n Roll Club Whitcomb 6:30 • Aromatherapy and Words of Affirmation WWW.SENIORLIFESTYLE.COM Words of Affirmation Words of Affirmation Words of Affirmation Words of Activities are subject to change Affirmation Created on Monday, March 16, 2020 1:12 PM