

calendar & activities		Memory Care Monthly Calendar –S.P.A.– Spring Flowers							
APR 2020		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<div><div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div></div>		<div><div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div></div>				<div><div><div>● Walk n Roll Club</div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Board Games and More!</div><div>● Happy Hour with Gene Corbin</div><div>● Aromatherapy and Words of Affirmation</div></div><div>1</div></div>	<div><div><div>● Morning Stretch</div><div>● Art Class</div><div>● Whiteboard Games</div><div>● Ice Cream Social</div><div>● Music Hour with Brad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>2</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Yoga</div><div>● Whiteboard Words</div><div>● BINGO</div><div>● Adventures w/ Conrad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>3</div></div>	<div><div><div>● Chair Exercises</div><div>● Scenic Day in ABQ</div><div>● Bookclub</div><div>● Whiteboard Games</div><div>● Art Class</div><div>● Trivia</div><div>● Aromatherapy and Words of Affirmation</div></div><div>4</div></div>
<div><div>LOCATIONS</div><div>Activity Room - AR</div><div>Country Kitchen - CK</div><div>Living Room - LR</div><div>La Calma Room- CR</div><div>Shuttle Bus - SB</div><div>Dining Room - DR</div></div> <div><div>BIRTHDAYS THIS MONTH</div><div>Theresa F. - 4/21/45</div></div> <div><div>SENIOR LIFESTYLE</div><div>Come grow with us!</div></div> <div><div>SENIOR LIFESTYLE</div><div>Unlimited options, Unparalleled services</div></div> <div><div>WWW.SENIORLIFESTYLE.COM</div><div>Activities are subject to change</div></div>	<div><div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Gardening</div><div>● Music in the courtyard</div><div>● Ball Toss</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>5</div></div>	<div><div><div>● Chair Exercises</div><div>● Tea Time</div><div>● Catholic Communion</div><div>● Bulls Eye Target Practice</div><div>● Scenic Day in ABQ</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>6</div></div>	<div><div><div>● Baking/Decorating Class</div><div>● Morning Stretch</div><div>● Corn-hole</div><div>● Art Class</div><div>● BINGO</div><div>● Music Hour w/ Lori Michaels</div><div>● Aromatherapy and Words of Affirmation</div></div><div>7</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Board Games and More!</div><div>● Happy Hour with Robert Chavez</div><div>● Aromatherapy and Words of Affirmation</div></div><div>8</div></div>	<div><div><div>● Morning Stretch</div><div>● Art Class</div><div>● Whiteboard Games</div><div>● Ice Cream Social</div><div>● Music Hour with Brad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>9</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Yoga</div><div>● Whiteboard Words</div><div>● Egg Decorating</div><div>● BINGO</div><div>● Adventures w/ Conrad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>10</div></div>	<div><div><div>● Chair Exercises</div><div>● Scenic Day in ABQ</div><div>● Bookclub</div><div>● Whiteboard Games</div><div>● Art Class</div><div>● Trivia</div><div>● Aromatherapy and Words of Affirmation</div></div><div>11</div></div>		
	<div><div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Gardening</div><div>● Music in the courtyard</div><div>● Ball Toss</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>12</div></div>	<div><div><div>● Chair Exercises</div><div>● Tea Time</div><div>● Catholic Communion</div><div>● Bulls Eye Target Practice</div><div>● Scenic Day in ABQ</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>13</div></div>	<div><div><div>● Baking/Decorating Class</div><div>● Morning Stretch</div><div>● Corn-hole</div><div>● Art Class</div><div>● BINGO</div><div>● Music Hour w/ Kevin Whitcomb</div><div>● Aromatherapy and Words of Affirmation</div></div><div>14</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Board Games and More!</div><div>● Happy Hour with Gene Corbin</div><div>● Aromatherapy and Words of Affirmation</div></div><div>15</div></div>	<div><div><div>● Morning Stretch</div><div>● Art Class</div><div>● Whiteboard Games</div><div>● Ice Cream Social</div><div>● Music Hour with Brad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>16</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Yoga</div><div>● Whiteboard Words</div><div>● BINGO</div><div>● Adventures w/ Conrad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>17</div></div>	<div><div><div>● Chair Exercises</div><div>● Scenic Day in ABQ</div><div>● Bookclub</div><div>● Whiteboard Games</div><div>● Art Class</div><div>● Trivia</div><div>● Happy Hour w/ Gene Corbin</div><div>● Aromatherapy and Words of Affirmation</div></div><div>18</div></div>		
	<div><div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Gardening</div><div>● Music in the courtyard</div><div>● Ball Toss</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>19</div></div>	<div><div><div>● Chair Exercises</div><div>● Tea Time</div><div>● Catholic Communion</div><div>● Bulls Eye Target Practice</div><div>● Scenic Day in ABQ</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>20</div></div>	<div><div><div>● Baking/Decorating Class</div><div>● Morning Stretch</div><div>● Corn-hole</div><div>● Art Class</div><div>● BINGO</div><div>● Aromatherapy and Words of Affirmation</div></div><div>21</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Board Games and More!</div><div>● Happy Hour with Kathy Liden</div><div>● Aromatherapy and Words of Affirmation</div></div><div>22</div></div>	<div><div><div>● Morning Stretch</div><div>● Art Class</div><div>● Whiteboard Games</div><div>● Ice Cream Social</div><div>● Music Hour with Brad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>23</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Yoga</div><div>● Whiteboard Words</div><div>● BINGO</div><div>● Adventures w/ Conrad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>24</div></div>	<div><div><div>● Chair Exercises</div><div>● Scenic Day in ABQ</div><div>● Bookclub</div><div>● Whiteboard Games</div><div>● Art Class</div><div>● Trivia</div><div>● Aromatherapy and Words of Affirmation</div></div><div>25</div></div>		
	<div><div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Gardening</div><div>● Music in the courtyard</div><div>● Ball Toss</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>26</div></div>	<div><div><div>● Chair Exercises</div><div>● Tea Time</div><div>● Catholic Communion</div><div>● Bulls Eye Target Practice</div><div>● Scenic Day in ABQ</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>27</div></div>	<div><div><div>● Baking/Decorating Class</div><div>● Morning Stretch</div><div>● Corn-hole</div><div>● Art Class</div><div>● BINGO</div><div>● Aromatherapy and Words of Affirmation</div></div><div>28</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Board Games and More!</div><div>● Happy Hour with Kevin Whitcomb</div><div>● Aromatherapy and Words of Affirmation</div></div><div>29</div></div>	<div><div><div>● Morning Stretch</div><div>● Art Class</div><div>● Whiteboard Games</div><div>● Ice Cream Social</div><div>● Music Hour with Brad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>30</div></div>				
		<div><div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Gardening</div><div>● Music in the courtyard</div><div>● Ball Toss</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>26</div></div>	<div><div><div>● Chair Exercises</div><div>● Tea Time</div><div>● Catholic Communion</div><div>● Bulls Eye Target Practice</div><div>● Scenic Day in ABQ</div><div>● Walk-n-Roll</div><div>● Aromatherapy and Words of Affirmation</div></div><div>27</div></div>	<div><div><div>● Baking/Decorating Class</div><div>● Morning Stretch</div><div>● Corn-hole</div><div>● Art Class</div><div>● BINGO</div><div>● Aromatherapy and Words of Affirmation</div></div><div>28</div></div>	<div><div><div>● Walk n Roll Club</div><div>● Chair Exercises</div><div>● Dominoes</div><div>● Board Games and More!</div><div>● Happy Hour with Kevin Whitcomb</div><div>● Aromatherapy and Words of Affirmation</div></div><div>29</div></div>	<div><div><div>● Morning Stretch</div><div>● Art Class</div><div>● Whiteboard Games</div><div>● Ice Cream Social</div><div>● Music Hour with Brad</div><div>● Aromatherapy and Words of Affirmation</div></div><div>30</div></div>			