January 2021 Monthly Activities Learn from yesterday, live for today,... Sunday Monday Tuesday Wednesday Thursday Friday Saturday (wanzaa 9:30 • Extra! Extra! January cont'd onal Bloody Mary Day Read All About Resident Birthdays: New Year's Day It! Daily National Hot Chocolate Day Chronicles 9:30 • Extra! Extra! Read All About It! 9:30 • Extra! Extra! Read All **SENIOR Daily Chronicles** 10:00 • Chair Exercise About It! Daily 0:00 • Flex Your Muscles [ER] Chronicles 10:30 • Let's Get Acquainted [ER] Julia M. 1/6 10:00 • Televised Church Services 0:30 • Meet & Greet Social [ER] LIFESTYLE 1:00 • One-on-One Visits and 1:00 • One-on-One Visits and Walks [CY] 1:00 • Trivia Challenge [ER] Janet A. 1/10 Walks [CY] 1:00 • One-on-One Visits and Walks [CY] 2:00 • BINGO [DR] 2:00 • "Man Cave" with Ed [LO] 2:00 • Movie Matinee [TR] Crafts with Karen your *life*, your *style* Barbara R. 1/15 2:00 • Movie Matinee [TR] 2:00 • Movie Matinee [TR] 2:00 • Wii Bowling League Happy Hour & Entertainment wi St. Christophers Catholic 3:30 Hot Chocolate and Marshmellows! [LO] Greg [LO] Church [L] 6:00 • Movie Night [TR] 6:00 • Movie Night [TR] 6:00 • Movie Night [TR] 9:30 • Extra! Extra! 9:30 • Extra! Extra! 9:30 • Extra! Extra! Read 9:30 • Extra! Extra! 9:30 • Extra! Extra! Read All 9:30 • Extra! Extra! National Bagel Day **b** About It! Daily 9:30 • Extra! Extra! Read All Read All About All About It! Daily Read All About Read All About Read All About Chronicles About It! Daily It! Daily Chronicles It! Daily It! Dailv It! Daily 10:00 • Sit and Get Strong 10:00 • Enhanced Chair Fitness [ER] Chronicles Chronicles Chronicles Chronicles 0:00 • Flex Your Muscles [ER] Tunes & Sing Along [ER] 10:00 • Fitness Workout [ER] 10:00 • Chair Exercise 10:00 • Televised Church Services 10:00 • Chair Exercise [ER] 10:30 • Let's Get Acquainted-L [ER] 10:30 • Meet & Greet Social [ER] 1:00 • One-on-One Visits and Walks 10:30 • Let's Get Acquainted [ER] Breakfast Pokeno [DR] 1:00 • One-on-One Visits and 10:30 • Trivia Challenge [ER] 11.00 11:30 • Cooking with Instant Pot 11:00 • Book Club [TR] 1:00 • One-on-One Visits and Brain Teasers [ER] Walks [CY] Outing to Publix [L] 11:00 Outing to Publix 1.00 2:00 • Movie Matinee [TR] 1:00 • One-on-One Visits and Walks [CY] Walks [CY] 2:00 BINGO [DR] 1:00 • One-on-One Visits and 1:00 • One-on-One Visits and 1:00 • Trivia Challenge [ER] **Location Keys** 2:00 • Craft's with Karen [CS] 2:30 Creative Art With Judy 101 1:00 • One-on-One Visits and Walks [CY] 2:00 • "Man Cave" with Ed [LO] 2:00 Crafts with Karen Walks [CY] Walks [CY] 2:00 • Movie Matinee [TR] 4:00 • Pokeno [DR] 2:00 • Movie Matinee [TR] 2:00 • Movie Matinee [TR] Courtvard 2:00 • BINGO 2:00 • Movie Matinee [TR] 2:00 • BINGO [DR] Happy Hour & Entertainment with Debbie [DR] 2:00 • Wii Bowling League 6:00 • Movie Night [TR] St. Christophers Catholic 6:00 • Movie Night [TR] 2:00 • Movie Matinee [TR] 2:00 • Movie Matinee [TR] CS **Creative Studio** 4:00 Happy Hour [LO] Church [L] 6:00 Movie Night [TR] 6:00 • Movie Night [TR] Dining Room DR Extra! Extra! Read All 9:30 • Extra! Extra! 9:30 • Extra! Extra! 9:30 • Extra! Extra! Read 9:30 • Extra! Extra! 9:30 **National Bagel Day** 9:30 • Extra! Extra! **Entertainment Room ER** About It! Daily Read All About All About It! Daily Read All About Read All About 9:00 Fresh Bagels Served! Read All About Chronicles Lobby Chronicles It! Daily It! Daily It! Daily It! Daily 10:00 Sit and Get Strong 9:30 • Extra! Extra! Read All 10:00 • Enhanced Chair Chronicles Chronicles Chronicles Chronicles About It! Daily Chronicles Lounge Fitness [ER] 10:00 • Chair Exercise 10:00 Fitness Workout [ER] 10:00 • Televised Church Services 10:00 • Chair Exercise [ER] 10:30 • Let's Get Acquainted-L [ER] 10:00 Flex Your Muscles [ER] Tunes & Sing Along [ER] 11:00 10:30 IT Class with Steve [DR] 10:30 • Let's Get Acquainted [ER] **Theater Room** 10:30 • Trivia Challenge [ER] 1:00 • One-on-One Visits and Breakfast Pokeno [DR] 0:30 • Meet & Greet Social [ER] 1:00 • One-on-One Visits and Walks 11:30 • Cooking with Instant Pot 1:00 • One-on-One Visits and 11:15 • Brain Teasers [ER] Walks [CY] 11:00 • Veterans Club [DR] 1:00 • Trivia Challenge [ER] 1:00 • One-on-One Visits and Walks [CY Picnic at Hobe Sound Beach Walks [CY] 2:00 • BINGO [DR] 1:00 • One-on-One Visits and 1:30 2:00 • Movie Matinee [TR] 2:00 • Craft's with Karen [CS] 1:00 • One-on-One Visits and 2:00 • "Man Cave" with Ed [LO] 1:00 • One-on-One Visits and Walks [CY] Walks [CY] Crafts with Karen 2:30 • Creative Art with Judy 102 2:00 • Movie Matinee [TR] Walks [CY] 2:00 • Movie Matinee [TR] 2:00 • Movie Matinee [TR] 2:00 • BINGO [DR] 2:00 • Movie Matinee [TR] 4:00 • Entertainment with Dennis G. [LC 2:00 • Wii Bowling League 2:00 • BINGO St. Christophers Catholic 6:00 • Movie Night [TR] 2:00 • Movie Matinee [TR] 6:00 • Movie Night [TR] 4:00 Pokeno [DR] Happy Hour [LO] 2:00 • Movie Matinee [TR] Church [L] 6:00 • Movie Night [TR] 9:30 • Extra! Extra! 9:30 • Extra! Extra! Read All 9:30 • Extra! Extra! Read All Martin Luther King, Jr. Day 9:30 • Extra! Extra! 9:30 • Extra! Extra! National Pie Day About It! Daily About It! Daily Read All About 9:30 • Extra! Extra! Read Read All About 9:30 • Extra! Extra! Read Read All About CONNECT Chronicles Chronicles It! Daily All About It! Daily It! Daily All About It! Daily It! Daily 0:00 Flex Your Muscles 10:00 • Sit and Get Strong Chronicles Chronicles Chronicles Chronicles CONTRIBUTE Chronicles 10:00 • Enhanced Chair Fitness [ER] 10:00 • Chair Exercise 10:00 • Televised Church Services 10:00 • Fitness Workout [ER] 10:30 • Let's Get Acquainted-L [ER] 0:30 Meet & Greet Social [ER] 10:00 • Chair Exercise [ER] Tunes & Sing Along [ER] 10:30 • Let's Get Acquainted [ER] FEEL 1:00 • One-on-One Visits and 11:00 11:30 • Cooking with Instant Pot Outing to Walmart Breakfast Pokeno [DR] 11.00 11.00 10:30 • Trivia Challenge [ER] 1:00 • One-on-One Visits and Walks 1:00 • One-on-One Visits and Walks 11:15 • Brain Teasers [ER] 1:00 • Trivia Challenge [ER] Walks [CY] 1:00 • One-on-One Visits and 1:00 • One-on-One Visits and Walks [CY GROW 1:00 • One-on-One Visits and Walks [CY 1:00 • One-on-One Visits and BINGO [DR] 2:00 Walks [CY] 2:00 • Movie Matinee [TR] 2:00 • "Man Cave" with Ed [LO] 2:00 • Craft's with Karen [CS] 2:00 • Movie Matinee [TR] Walks [CY] 2:00 Crafts with Karen 2:00 • BINGO [DR] Creative Art With Judy 101 2:00 • Movie Matinee [TR] 2:00 • Wii Bowling League 2:00 • Movie Matinee [TR] MOVE 2:00 • BINGO 2:00 • Movie Matinee [TR] 2:00 • Resident Council Meeting-E Happy Hour [LO] 2:00 • Movie Matinee [TR] 4.00 St. Christophers Catholic 4:00 • Pokeno [DR] 2:00 • Movie Matinee [TR] 6:00 • Movie Night [TR] 4:00 • Entertainment with John 6:00 • Movie Night [TR] 6:00 • Movie Night [TR] Church [L] REFLECT 6:00 • Movie Night [TR] 9:30 • Extra! Extra! Read All 9:30 • Extra! Extra! National Florida Day 9:30 • Extra! Extra! 9:30 • Extra! Extra! Read 9:30 • Extra! Extra! Read 9:30 • Extra! Extra! Read All 9:30 • Extra! Extra! Read All Read All About All About It! Daily All About It! Daily About It! Daily About It! Daily Read All About Chronicles Chronicles About It! Daily Chronicles Chronicles It! Daily It! Daily 10:00 • Flex Your Muscles 10:00 • Chair Exercise Chronicles 10:00 • Sit and Get Strong 10:00 Fitness Workout Chronicles Chronicles 10:30 • Let's Get Acquainted [ER] 10:00 • Enhanced Chair Fitness [ER] 10:00 • Televised Church Services 10:00 • Chair Exercise [ER] 10:30 • Meet & Greet Social [ER] Tunes & Sing Along [ER] 1:00 • One-on-One Visits and Walks [CY] 11:00 10:30 • Let's Get Acquainted-L [ER] 10:30 IT Class with Steve [DR] 1:00 • One-on-One Visits and 10:30 • Trivia Challenge [ER] **Teapots & Treasures** 1:00 2:00 • "Man Cave" with Ed [LO] 11:00 Breakfast Pokeno [DR] 11:30 • Cooking with Instant Pot [CS] 1:00 • Trivia Challenge [ER] Walks [CY] 11:00 • Veterans Club [DR] 2:00 • Movie Matinee [TR] 11:15 • Brain Teasers [ER] 1:00 • One-on-One Visits and Walks St. Christophers Catholic Church 1:00 • One-on-One Visits and Walks [CY] 1:00 • One-on-One Visits and Walks [CY] 3:30 2:00 BINGO [DR] 1:00 • One-on-One Visits and 1:00 • One-on-One Visits and Walks 2:00 • Movie Matinee [TR] 2:00 Movie Matinee [TR] WWW.SENIORLIFESTYLE.COM Crafts with Karen Walks [CY] 2:00 • BINGO 2:00 • Wii Bowling League 6:00 • Movie Night [TR] 2:30 • Creative Art with Judy 102 [CS] Activities are subject to change 2:00 • Movie Matinee [TR] 2:00 • BINGO [DR] 2:00 • Craft's with Karen [CS] 2:00 • Movie Matinee [TR] 4:00 Happy Hour [DR] 4:00 • Pokeno [DR] 6:00 • Movie Night [TR] 2:00 • Movie Matinee [TR] 6:00 • Movie Night [TR] 6:00 • Movie Night [TR] 2:00 • Movie Matinee [TR] 6:00 • Movie Night [TR] 6:00 • Movie Night [TR] 6:00 • Movie Night [TR] Continued at top

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