

May 2022
Military Appreciation Month

Monthly Activities

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
 WWW.SENIORLIFESTYLE.COM Activities are subject to change THE SHERIDAN AT HOBE SOUND <i>a Senior Lifestyle community</i> *ESSENCE *THYMELESS CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT Location Keys Community Room Creative Studio Den Mom's Kitchen Shuttle Bus CR CS D MK SB	May Day 9:00 ● Sit and Be Fit- IN2L [D] 10:00 ● Church Service - IN2L 1:00 ● Extra Extra Read All About It [D] 1:30 ● May Day Trivia - IN2L [D] 2:00 ● Nail Care [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Ice Cream Social [MK]	1	9:00 ● Chair Cardio with Ball [CS] 10:00 ● Worship & Service Club [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Beading Club with Ellen [CR] 3:00 ● Piggy Banker- IN2L [D] 4:00 ● Post Card Workshop Nurses Week Edition [CS]	2	Happy Birthday Jeane 9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Knitting Club [CS] 2:00 ● Happy Birthday Celebration [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop Nurses Week Edition [CS]	3	9:00a ● Outing- Teapots & Treasure [SB] 9:00 ● Zumba Gold Fitness [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 11:15 ● Catholic Communion and Mass [D] 1:30 ● Trivia - IN2L [D] 3:00 ● Movie - Book of Love [CS] 4:00 ● Post Card Workshop Nurses Week Edition [CS]	4	Cindo De Mayo Happy Birthday Anna B 9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Cindo De Mayo Trivia- IN2L [D] 2:00 ● Happy Birthday Celebration [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop Nurses Week Edition [CS]	5	9:00 ● Chair Yoga- IN2L [D] 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Cocktails and Cheers [MK] 3:00 ● Karaoke-IN2L [D] 4:00 ● Resident Choice	6	9:00 ● Conductorcise- IN2L [D] 10:00 ● Coffee and Conversation [MK] 11:00 ● A prayer over home- IN2L [D] 12:00 ● Refresh [MK] 1:00 ● Resident Choice [CS] 2:00 ● Hand Massages [CS] 4:00 ● Music Therapy - IN2L [CS]	7
	Happy Mother's Day! 9:00 ● Sit and Be Fit- IN2L [D] 10:00 ● Church Service - IN2L 1:00 ● Extra Extra Read All About It [D] 1:30 ● Mother's Day Trivia - IN2L [D] 2:00 ● Mimosas and Hand Massage [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Ice Cream Social [MK]	8	Happy Birthday Kathryn and Peggy 9:00 ● Chair Cardio with Ball [CS] 10:00 ● Worship & Service Club [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Beading Club with Ellen [CR] 3:00 ● Piggy Banker- IN2L [D] 4:00 ● Post Card Workshop For Veterans [CS]	9	9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Knitting Club [CS] 2:00 ● Arts & Crafts-DYI Hats [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop For Veterans [CS]	10	9:00a ● Outing- Sandspirt Park [SB] 9:00 ● Zumba Gold Fitness [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 11:15 ● Catholic Communion and Mass [D] 1:30 ● Trivia - IN2L [D] 3:00 ● Movie - Crappy Mother's Day [CS] 4:00 ● Post Card Workshop For Veterans [CS]	11	9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Board Game [CS] 2:00 ● Arts & Crafts Club [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop For Veterans [CS]	12	9:00 ● Chair Yoga- IN2L [D] 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Cocktails and Cheers [MK] 3:00 ● Live Entertainment- Piano with Katherine 4:00 ● Resident Choice	13	9:00 ● Conductorcise- IN2L [D] 10:00 ● Coffee and Conversation [MK] 11:00 ● A prayer over home- IN2L [D] 12:00 ● Refresh [MK] 1:00 ● Resident Choice [CS] 2:00 ● Hand Massages [CS] 4:00 ● Music Therapy - IN2L [CS]	14
	9:00 ● Sit and Be Fit- IN2L [D] 10:00 ● Church Service - IN2L 1:00 ● Extra Extra Read All About It [D] 1:30 ● Trivia - IN2L [D] 2:00 ● Nail Care [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Ice Cream Social [MK]	15	9:00 ● Chair Cardio with Ball [CS] 10:00 ● Worship & Service Club [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Beading Club with Ellen [CR] 3:00 ● Piggy Banker- IN2L [D] 4:00 ● Post Card Workshop For Veterans [CS]	16	9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Knitting Club [CS] 2:00 ● Arts & Crafts Club- Red. White, Blue Tattoos [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop For Veterans [CS]	17	9:00a ● Outing- Sandspirt Park [SB] 9:00 ● Zumba Gold Fitness [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 11:15 ● Catholic Communion and Mass [D] 1:30 ● Trivia - IN2L [D] 3:00 ● Movie - Titanic [CS] 4:00 ● Post Card Workshop For Veterans [CS]	18	9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Board Game [CS] 2:00 ● Military's Appreciation [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop For Veterans [CS]	19	9:00 ● Chair Yoga- IN2L [D] 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Cocktails and Cheers [MK] 3:00 ● Live Entertainment-Greg Conlon [D] 4:00 ● Resident Choice	20	9:00 ● Conductorcise- IN2L [D] 10:00 ● Coffee and Conversation [MK] 11:00 ● A prayer over home- IN2L [D] 12:00 ● Refresh [MK] 1:00 ● Resident Choice [CS] 2:00 ● Hand Massages [CS] 4:00 ● Music Therapy - IN2L [CS]	21
	9:00 ● Sit and Be Fit- IN2L [D] 10:00 ● Church Service - IN2L 1:00 ● Extra Extra Read All About It [D] 1:30 ● Trivia - IN2L [D] 2:00 ● Nail Care [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Ice Cream Social [MK]	22	9:00 ● Chair Cardio with Ball [CS] 10:00 ● Worship & Service Club [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Beading Club with Ellen [CR] 3:00 ● Piggy Banker- IN2L [D] 4:00 ● Post Card Workshop For Veterans [CS]	23	9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Knitting Club [CS] 2:00 ● Arts & Crafts Club-Bottle Sand Art [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop For Veterans [CS]	24	Happy Birthday Carole 9:00a ● Outing- Southern Pig & Cattle Co. [SB] 9:00 ● Zumba Gold Fitness [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 11:15 ● Catholic Communion and Mass [D] 1:30 ● Trivia - IN2L [D] 2:00 ● Happy Birthday Celebration 3:00 ● Movie - Journey ends [CS] 4:00 ● Post Card Workshop For Veterans [CS]	25	9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Board Game [CS] 2:00 ● Arts & Crafts Club [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop For Veterans [CS]	26	9:00 ● Chair Yoga- IN2L [D] 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Cocktails and Cheers [MK] 3:00 ● Karaoke-IN2L [D] 4:00 ● Resident Choice	27	9:00 ● Conductorcise- IN2L [D] 10:00 ● Coffee and Conversation [MK] 11:00 ● A prayer over home- IN2L [D] 12:00 ● Refresh [MK] 1:00 ● Resident Choice [CS] 2:00 ● Hand Massages [CS] 4:00 ● Music Therapy - IN2L [CS]	28
	9:00 ● Sit and Be Fit- IN2L [D] 10:00 ● Church Service - IN2L 1:00 ● Extra Extra Read All About It [D] 1:30 ● Trivia - IN2L [D] 2:00 ● Nail Care [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Ice Cream Social [MK]	29	Memorial Day 9:00 ● Chair Cardio with Ball [CS] 10:00 ● Worship & Service Club [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Trivia - IN2L [D] 2:00 ● Beading Club with Ellen [CR] 3:00 ● Memorial Day Performance with Linda kane [D]	30	9:30 ● Outdoors Walking Club 10:00 ● A Prayer Over Home- IN2L [D] 10:30 ● Thymeless: Garden Club (Signature Program) [MK] 1:30 ● Knitting Club [CS] 2:00 ● Arts & Crafts Club- Butterfly Suncatchers [CS] 3:00 ● Bingo-IN2L [CS] 4:00 ● Post Card Workshop For Veterans [CS]	31	THE SHERIDAN AT HOBE SOUND <i>a Senior Lifestyle community</i> 							