The Sheridan at Hobe Sound "The Heart of the Sheridan"

calendar & activities FEB 2020 SUNDAY **TUESDAY THURSDAY** MONDAY WEDNESDAY FRIDAY CONNECT 'Surrender to what is. CONTRIBUTE Let go of what was. FEEL Have faith in what will GROW be." MOVE Sonia Ricotti REFLECT Groundhog Day 8:00 • Canned Food Drive 8:00 **Canned Food Drive** 8:00 • Canned Food Drive for for St. Christopher's St. Christopher's Church Church Church Church Lounge- L 8:00 • National Ice-Cream for 0:15 • Flex Your Muscles-E 10:15 • Enhanced Chair 10:15 • Chair Exercise-E 10:15 • Sit and get strong-E 10:15 • Fitness Workout-E Breakfast Day-DR **Entertainment Room-ER** Fitness-E 10:45 • Coffee Talk-L 10:45 • Let's Get Acquainted-L 10:45 • Discussing Different Topics-L 8:00 • Saint Christophers Catholic Church- GR 10:30 Swing into Action with Hula-hoop Month- 10:30-ER 11:15 Outing to Publix-L 11:15 • Brain Teasers-L 11:15 • Daily Devotional-L 10:00 • Christ Fellowship Online Church- E Month- 10:30-ER 0:45 • Meet & Greet Social-L Creative Studio- CS 11:15 • Positive Inspiring Sayings-L 11:15 • Motivational Quotes-CS 11:15 • Word Search for Fun-L

Courtyard - CY Theater- TR **Great Room-GR** Shuttle Bus - SB Library- LB

> **BIRTHDAYS** THIS MONTH:

> > **February**

Loretta- 11th & George-15th

Activities are Subject to change

SENIOR LIFESTYLE Come grow with us!

SENIOR LIFESTYLE

Unlimited options,

4:00 • Trivia Happy Hour-L 7:00 • Movie Night-T 8:00 • Canned Food Drive for St. Christopher's Church

SATURDAY

Christopher's

Church

10:15 • Chair Exercise-E

8:00 • Canned Food **Drive for St.**

10:45 • Let's Get Acquainted-L 11:15 Word Search-L 11:30 • Daily Inspirations-L 1:30 • Movie Matinee-T 2:00 • Putting on The Green-CY 4:00 Trivia Happy Hour-L 7:00 Movie Night-T 8:00 • Canned Food Drive for St. Christopher's Church 10:30 Swing into Action with Hula-hoop 10:15 • Chair Exercise-E 10:45 • Let's Get Acquainted-L 10:45 • Meet & Greet Social-L 1:30 • Gin Rummy Challenge-L 1:30 • Movie Matinee-T 1:30 • Movie Matinee-T 11:15 • Brainy Inspiration-L 11:30 • Daily Inspirations-L 11:15 • Brain Teasers -L 2:00 Making Mardi Gras Masks for the 2:00 • BINGO-E 11:30 • Trivia for a Brain Teaser-L 1:30 Movie Matinee-1 3:30 • Let's take a stroll down the street-IC 1:30 • Movie Matinee-T 11:15 • Daily Inspirations-L Party-CS 1:30 Movie Matinee-T 6:30 • Super Bowl 2020 Party 2:00 • BINGO-E 3:00 • Mahjong Challenge-L 2:00 • Putting on The Green-CY 4:00 • Happy Hour Entertainment with 6:30 • Super Bowl Happy Hour-L 1:30 • Movie Matinee-T 3:15 • Beading with Ellen-CS 3:30 • Frank from St. Christopher's 2:00 • Horse Racing-E 2:30 • Creative Art with Judy-CS Debra for Chocolate Wednesday 7:00 • "Ground Hog Day" Movie-T 4:00 • Trivia Happy Hour-L Church delivering Communion-3:00 • Gin Rummy Game -L 4:00 • Surprise Bartender for a 7:00 • Movie Night-T 4:00 • Trivia Happy Hour-L Specialty Drink Happy Hour-L 7:00 • Movie Night-T 4:00 • Trivia Happy Hour-L 7:00 Movie Night-T 7:00 • Movie Night-T 7:00 Movie Night-T 8:00 • Canned Food Drive 8:00 • Canned Food Drive for St. 8:00 • Canned Food Drive 8:00 • Canned Food 8:00 • Canned Food /alentine's Day for St. Christopher's for St. Christopher's 8:00 • Canned Food Drive for Drive for St. Drive for St. 9:00 • Outing to Bethel Church to Church Church St. Christopher's Church Christopher's Christopher's 10:15 • Flex Your Muscles-E 10:15 • Enhanced Chair 10:15 • Sit and get strong-E Church Church 10:30 • Swing into Action with Hula-hoop Fitness-E 10:45 • Let's Get Acquainted-L 10:15 • Fitness Workout-E 8:00 • Saint Christophers Catholic 10:15 • Chair Exercise-E 10:15 • Chair Exercise-E 10:45 Discussing Different Topics-L Month- 10:30-ER 10:30 • Swing into Action with Hula-hoop 11:15 • Brain Teasers-L 10:45 • Coffee Talk-L Church- GR 0:45 • Reflecting our favorite Valentine 10:45 • Let's Get Acquainted-L 11:15 Daily Devotional-L Month- 10:30-FR 11:15 • Motivational Quotes-CS 1:15 Word Search for Fun-L Memory with tea and Coffee-L Christ Fellowship Online 11:00 • Outing to Publix-L 11:15 Word Search-L 10:45 • Meet & Greet Social-L 1:30 Movie Matinee-T 1:30 • Trivia for a Brain Teaser-L Church- E 1:30 • Gin Rummy Challenge-L 11:30 • Daily Inspirations-L 11:15 Brain Teasers -L 3:00 Outdoor Ring Toss Challenge-CY 2:00 • BINGO-E 1:30 Movie Matinee-T 10:30 • Baking with Pamela-CS 1:30 Movie Matinee-T 2:00 • Gin Rummy Classic Card Game 1:30 Movie Matinee-T 11:15 • Daily Inspirations-L 4:00 Birthday Celebration for February 2:00 Valentine's Ice-Cream Party-I 1:30 • Movie Matinee-T 2:00 • Putting on The Green-CY 1:30 • Movie Matinee-T 2:00 • BINGO-E "Loretta & George"-L 3:00 Gin Rummy Game -L 3:30 • Frank from St. Christopher's Church 2:00 • BINGO-E 2:30 • Creative Art with Judy-CS 3:00 • Canasta-L Happy Hour Entertainment with 4:00 Trivia Happy Hour-L 3:00 • Bocce Ball- CY 3:30 Ice-Cream Treat -L 4:00 • Surprise Bartender for a Andre for Chocolate Wednesday 4:00 Trivia Happy Hour-L 5:00 • Steaks on the grill for Valentine's Day 4:00 • Trivia Happy Hour-L 4:00 Trivia Happy Hour-L Specialty Drink Happy Hour-L DR or CY 3:30 • Trivia Happy Hour-L 7:00 Movie Night-T 7:00 Movie Night-T 7:00 Movie Night-T 7:00 • Movie Night-T 7:00 Movie Night-T 7:00 • Movie Night-T 8:00 • Canned Food 8:00 • Canned Food Drive for 8:00 • Canned Food Drive 8:00 • Canned Food Drive for 8:00 • Canned Food Drive Presidents' Day 8:00 • Canned Food St. Christopher's Church for St. Christopher's St. Christopher's for St. Christopher's Drive for St. 8:00 • Canned Food Drive Drive for St. 10:00 • Coffee Talk-L Church Church for St. Christopher's Christopher's Christopher's 10:00 • Yoga Class with Linda-E 10:15 • Fitness Workout-E 10:15 • Sit and get strong-E 10:15 • Flex Your Muscles-E Church Church 11:00 • Chair Exercise-E 10:45 • Discussing Different Topics-L 10:45 • Let's Get Acquainted-L 10:30 • Swing into Action with Hula-hoop 10:15 • Enhanced Chair Fitness-E 10:15 • Chair Exercise-E 8:00 • Saint Christophers Catholic 1:00 Outing to Publix-L 11:15 Daily Devotional-L Month- 10:30-ER 11:15 • Brain Teasers-L 10:30 • Swing into Action with Hula-hoop Church- GR 11:15 Positive Inspiring Sayings-L 10:45 • Let's Get Acquainted-L 11:15 • Word Search for Fun-L 10:45
Meet & Greet Social-L Month- 10:30-FR 11:15 • Motivational Quotes-CS 1:00 • Readers' Haven Book Club-TR 10:00 • Christ Fellowship Online 1:30 Movie Matinee-T 11:15 • Word Search-L 1:30 Movie Matinee-T 11:15 • Brainy Inspiration-L 10:45 • Meet & Greet Social-L 1:30 • Gin Rummy Challenge-L Church- E 2:00 • BINGO-E 11:30 • Daily Inspirations-L 3:00 • Outdoor Ring Toss Challenge-CY 1:30 • Trivia for a Brain Teaser-L 11:15 • Brain Teasers -L 1:30 Movie Matinee-T 2:00 • Gin Rummy Classic Card Game 10:30 • Cooking with Pamela-CS 1:30 • Movie Matinee-T 1:30 Movie Matinee-T 11:15 • Daily Inspirations-L 2:00 • BINGO-E Happy Hour Entertainment with 3:00 Mahjong Challenge-L 1:30 Movie Matinee-T 2:00 • Putting on The Green-CY Greg for Chocolate Wednesday -2:00 • Horse Racing-E 1:30 Movie Matinee-T 3:00 Canasta-L 3:30 • Frank from St. Christopher's Churc 2:00 • BINGO-E 4:00 • Trivia Happy Hour-L 7:00 Movie Night-T 3:00 • Gin Rummy Game -L 3:00 • Bocce Ball- CY 2:30 • Creative Art with Judy-CS delivering Communion-TR 7:00 Movie Night-3:30 • Ice-Cream Treat -L 4:00 • Trivia Happy Hour-L Surprise Bartender for a 4:00 • Trivia Happy Hour-L 4:00 • Trivia Happy Hour-L 7:00 Movie Night-T 3:30 • Trivia Happy Hour-L Specialty Drink Happy Hour-L 7:00 Movie Night-T 7:00 Movie Night-T 7:00 • Movie Night-T 7:00 Movie Night-T 8:00 • Canned Food Drive 8:00 • Canned Food Drive for 8:00 • Canned Food Drive for 8:00 Canned Food Drive 8:00 • Canned Food Drive 8:00 • Canned Food Drive 8:00 • Canned Food St. Christopher's Church St. Christopher's Church for St. Christopher's for St. Christopher's for St. Christopher's for St. Christopher's Drive for St. 10:15 Fitness Workout-E 10:15 • Flex Your Muscles-E Church Church Christopher's 10:45 • Discussing Different 10:30 • Swing into Action with 8:00 • Saint Christophers 10:15 • Enhanced Chair 10:15 • Chair Exercise-E 10:15 • Sit and get strong-E Church Hula-hoop Month- 10:30-ER Topics-L Catholic Church- GR Fitness-E 10:45 • Coffee Talk-L 10:45 • Let's Get Acquainted-L 11:15 • Daily Devotional-L 0:45 • Meet & Greet Social-L 10:15 • Chair Exercise-E 10:00 Christ Fellowship Online Church- E 10:30 Swing into Action with Hula-hoop 11:15 • Outing to Publix-L 11:15 • Brain Teasers-L 11:15 Word Search for Fun-L 11:15 • Brainy Inspiration-L 10:45 • Let's Get Acquainted-L Month-10:30-ER 10:30 • Cooking with Pamela-CS 11:15 • Positive Inspiring Sayings-L 11:15 • Motivational Quotes-CS 1:30 • Movie Matinee-T 1:30 • Trivia for a Brain Teaser-L 11:15 • Word Search-L 1:30 Movie Matinee-T 10:45 • Meet & Greet Social-L 1:30 • Gin Rummy Challenge-L 1:30 • Movie Matinee-T 2:00 • BINGO-E 1:30 Movie Matinee-T 11:30 • Daily Inspirations-L 11:15 • Brain Teasers -L 2:00 • BINGO-E 1:30 • Movie Matinee-T 3:00 • Outdoor Ring Toss Challenge-CY 2:00 • Gin Rummy Classic Card Game 2:00 • Horse Racing-E 1:30 • Movie Matinee-T 3:30 • Ice-Cream Treat -L 11:15 • Daily Inspirations-L 4:00 • Happy Hour Entertainment with 2:00 • BINGO-E 3:00 • Mahjong Challenge-L 2:00 Resident Council Meeting-E 3:30 • Frank from St. Christopher's Church 3:30 • Trivia Happy Hour-L 1:30 Movie Matinee-T 3:00 Gin Rummy Game -I 2:00 • Putting on The Green-CY 4:00 • Mardi Gras Happy Hour Party for Dennis G for Chocolate delivering Communion-TR 2:30 • Creative Art with Judy-CS 4:00 Trivia Happy Hour-L 7:00 Movie Night-T Fat Tuesday on the 1st. Floor Wednesday -L 3:00
Bocce Ball- CY **Entertainment with The Brother's Ban** 7:00 • Movie Night-T 4:00 • Surprise Bartender for a 7:00 Movie Night-T **Memory Care** 4:00 Trivia Happy Hour-L Happy Hour-L 7:00 Movie Night-T Specialty Drink Happy Hour-L 7:00 • Movie Night-T 7:00 Movie Night-T