

calendar & activities
FEB 2020

Open your Heart to New Possibilities - HEART

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Creative Studio- CS
Courtyard - CY
Den - D
Mom's Kitchen - MK
Living Room - LR
Shuttle Bus - SB

PLEASE CHECK OUR
FACEBOOK PAGE FOR MORE
MEMORY CARE MOMENTS!
THE SHERIDAN AT HOBE
SOUND

Activities are Subject to
change

SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE

Unlimited options,
Unparalleled services

SUNDAY



Groundhog Day
8:00 **National Ice Cream for Breakfast Day [MK]**
am ● Exercise with Joshua (IN2L)
9:00 ● Punxsutawney Phil Watch- Will we have 6 more weeks of FL winter?
am ● **Thymeless: Sensory Edition [MK]**
am ● Church Service - IN2L
AM ● Puzzlers [D]
pm ● Bingo Bonanza
pm ● Spectacular Spa Day
pm ● Veterans Club
4:00 ● Conductorsize - IN2L
6:00 ● Piggy Bankers - IN2L
6:30 ● **SUPERBOWL SUNDAY PARTY**
6:30 ● Superbowl Sunday Sndae Bar [MK]

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MONDAY



am ● Chair Yoga
10:30 ● Trivia - IN2L
am ● **Thymeless: Garden Club**
1:00 ● All About Me
pm ● Man Cave Monday [D]
2:30 Musicians Corner - IN2L
3:30 ● **Bookmarks Signature Program [D]**
pm ● Mandela Makers
pm ● Meditation Monday [D]
4:00 ● Google Earth My Hometown
7:00 ● Party on the Patio

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TUESDAY



am ● Bend and Stretch
10:30 ● Bike Riders - IN2L [D]
11:00 ● Trivia - IN2L
am ● Chicken Soup for the Soul [D]
12:30 ● **Candy Makers - Valentines Pretzels [MK]**
pm ● Bingo Bonanza
pm ● Red Hat Society
3:30 ● Tai Chi
4:00 Horse Races
6:00 ● Coin Club
6:00 ● Karaoke Singers [D]

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WEDNESDAY



am ● Coffee and Conversation in the Courtyard
am ● **Thymeless: Baking Valentine's Day cookies for Foster Kids bags [MK]**
AM ● Game On
am ● Religious Service
1:00 ● **"Giving Back" Baking Dog Biscuits for Furry Friends**
1:30 ● **Model Railroader's Club**
2:30 ● **Musical Melodies with Deborah**
3:30 ● Tai Chi
4:00 ● Coin Club
pm ● Happy Hour with Karaoke
6:00 ● Keno Klub - IN2L
6:30 ● Andy Griffith Show - IN2L

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THURSDAY



am ● Ring Toss
am ● **Thymeless: Sensory Edition [MK]**
AM ● Coffee and Conversation [MK]
am ● Bible Study [D]
pm ● Let's Dance
pm ● Artists in Action
3:30 ● **Corn Hole in the Courtyard**
7:00 ● Party on the Patio

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FRIDAY



AM ● Chair Dancing - IN2L
am ● **Thymeless: Garden Club**
am ● Crafting with Pam
11:33 ● **Gospel Choir**
1:00 ● Word Searchers
pm ● Let's Laugh - IN2L
4:00 ● **"Essence" Signature Program**
4:00 ● **On the Road - Dinner then the Theatre "The Legends - Buddy, Roy and Hank"**
6:00 ● Armchair Travelers - IN2L

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SATURDAY

10:00 ● Range of Motion Exercise
am ● **Thymeless: Sensory Edition [MK]**
10:30 ● Cookie Bakers Club [MK]
11:00 ● **FAMILY COUNCIL FIRST MEETING**
AM ● Card Party
am ● Prayer Book [D]
1:00 ● **"Giving Back" Crafts to donate**
1:00 ● Finish the Sentence
pm ● Ladies Pamper Party
pm ● Bingo Bonanza
pm ● Yappy Hour with our Loveable Labradoodle Rascal
7:00 ● Lawrence Welk Show - PBS
7:00 ● Party on the Patio

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am ● Bend and Stretch
10:00 ● Range of Motion Exercise
am ● **Thymeless: Sensory Edition [MK]**
10:30 ● Cookie Bakers Club [MK]
AM ● Card Party
am ● Prayer Book [D]
1:00 ● **"Giving Back" Crafts for Staff Appreciation**
pm ● Ladies Pamper Party
pm ● Yappy Hour with our Loveable Labradoodle Rascal
4:00 ● Party on the Patio
7:00 ● Lawrence Welk Show - PBS

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10:00 ● Range of Motion Exercise
am ● **Thymeless: Sensory Edition [MK]**
10:30 ● Cookie Bakers Club [MK]
AM ● Card Party
am ● Prayer Book [D]
1:00 ● **"Giving Back" Crafts to donate**
pm ● Ladies Pamper Party
pm ● Yappy Hour with our Loveable Labradoodle Rascal
4:00 ● Party on the Patio
7:00 ● Lawrence Welk Show - PBS

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10:00 ● Range of Motion Exercise
am ● **Thymeless: Sensory Edition [MK]**
10:30 ● Cookie Bakers Club [MK]
AM ● Card Party
am ● Prayer Book [D]
1:00 ● **"Giving Back" Crafts to donate**
pm ● Ladies Pamper Party
pm ● Yappy Hour with our Loveable Labradoodle Rascal
4:00 ● Party on the Patio
7:00 ● Lawrence Welk Show - PBS

22

am ● Bend and Stretch
10:00 ● Range of Motion Exercise
am ● **Thymeless: Sensory Edition [MK]**
10:30 ● Cookie Bakers Club [MK]
AM ● Card Party
am ● Prayer Book [D]
1:00 ● **"Giving Back" Crafts to donate**
pm ● Ladies Pamper Party
pm ● Yappy Hour with our Loveable Labradoodle Rascal
4:00 ● Party on the Patio
7:00 ● Lawrence Welk Show - PBS

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am ● Exercise with Joshua (IN2L)
am ● **Thymeless: Sensory Edition [MK]**
am ● Church Service - IN2L
AM ● Puzzlers [D]
3:00 ● Sunday Sundae Bar [MK]
pm ● Spectacular Spa Day
pm ● Veterans Club
4:00 ● Conductorsize - IN2L
6:00 ● Piggy Bankers - IN2L
7:00 ● Movie Night w/Popcorn Bar

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am ● Chair Yoga
10:30 ● Trivia - IN2L
am ● **Thymeless: Garden Club**
1:00 ● All About Me
pm ● Man Cave Monday [D]
2:30 Musicians Corner - IN2L
3:30 ● **Bookmarks Signature Program [D]**
pm ● Mandela Makers
pm ● Meditation Monday [D]
4:00 ● Google Earth My Hometown
4:00 ● Party on the Patio

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am ● Bend and Stretch
10:30 ● Bike Riders - IN2L [D]
11:00 ● Trivia - IN2L
am ● Chicken Soup for the Soul [D]
pm ● Red Hat Society
3:30 ● Tai Chi
4:00 Horse Races
6:00 ● Coin Club
6:00 ● Karaoke Singers [D]

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am ● Coffee and Conversation in the Courtyard
AM ● Game On
am ● **Thymeless: Garden Club**
am ● Religious Service
1:00 ● **"Giving Back" Baking Dog Biscuits for Furry Friends**
1:30 ● **Model Railroader's Club**
2:30 ● **Musical Entertainment with Andre**
3:30 ● Tai Chi
4:00 ● Coin Club
pm ● Happy Hour with Karaoke
6:00 ● Keno Klub - IN2L
6:30 ● Andy Griffith Show - IN2L

12

We Appreciate our Staff - Making Decorations, Cupcakes and Candy for Valentine's Day
am ● Ring Toss
am ● **Thymeless: Sensory Edition [MK]**
AM ● Coffee and Conversation [MK]
11:00 ● **On the Road - Lunch at Tutto Italiano**
am ● Bible Study [D]
pm ● Let's Dance
pm ● Artists in Action
3:30 ● **Corn Hole in the Courtyard**
4:00 ● Party on the Patio

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Valentine's Day
10:00 ● **Decorate Staff Breakroom**
AM ● Chair Dancing - IN2L
am ● **Thymeless: Garden Club**
am ● Crafting with Pam
11:33 ● **Gospel Choir**
1:00 ● Word Searchers
1:30 ● **My First "Crush"**
2:00 ● **VALENTINES DAY Ice Cream Social**
pm ● Let's Laugh - IN2L
4:00 ● **"Essence" Signature Program**
4:00 ● Slot Machine Mavericks - IN2L [D]
6:00 ● Armchair Travelers - IN2L

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am ● Exercise with Joshua (IN2L)
am ● **Thymeless: Sensory Edition [MK]**
am ● Church Service - IN2L
AM ● Puzzlers [D]
3:00 ● Sunday Sundae Bar [MK]
pm ● Spectacular Spa Day
pm ● Veterans Club
4:00 ● Conductorsize - IN2L
6:00 ● Piggy Bankers - IN2L
7:00 ● Movie Night w/Popcorn Bar

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Presidents' Day
am ● Chair Yoga
10:30 ● **President Trivia - IN2L**
am ● **Thymeless: Garden Club**
1:00 ● All About Me
1:30 ● **On the Road - Martin County Fair and Model Railroad Exhibit**
pm ● Man Cave Monday [D]
2:30 Musicians Corner - IN2L
3:30 ● **Bookmarks Signature Program [D]**
pm ● Mandela Makers
pm ● Meditation Monday [D]
4:00 ● Google Earth My Hometown
4:00 ● Party on the Patio

17

am ● Bend and Stretch
10:30 ● Bike Riders - IN2L [D]
11:00 ● Trivia - IN2L
am ● Chicken Soup for the Soul [D]
pm ● Red Hat Society
3:30 ● Tai Chi
4:00 Horse Races
6:00 ● Coin Club
6:00 ● Karaoke Singers [D]

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am ● Coffee and Conversation in the Courtyard
AM ● Game On
am ● **Thymeless: Garden Club**
am ● Religious Service
1:00 ● **"Giving Back" Baking Dog Biscuits for Furry Friends**
1:30 ● **Model Railroader's Club**
2:30 ● **Entertainment featuring Greg [LB]**
3:30 ● Tai Chi
4:00 ● Coin Club
pm ● Happy Hour with Karaoke
6:00 ● Keno Klub - IN2L
6:30 ● Andy Griffith Show - IN2L

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am ● Ring Toss
am ● **Thymeless: Sensory Edition [MK]**
AM ● Coffee and Conversation [MK]
am ● Bible Study [D]
2:00 ● **Mardi Gras Mask-Makers**
pm ● Let's Dance
pm ● Artists in Action
3:30 ● **Corn Hole in the Courtyard**
4:00 ● Party on the Patio

20

AM ● Chair Dancing - IN2L
am ● **Thymeless: Garden Club**
am ● Crafting with Pam
11:33 ● **Gospel Choir**
1:00 ● Word Searchers
pm ● Let's Laugh - IN2L
4:00 ● **"Essence" Signature Program**
4:00 ● Slot Machine Mavericks - IN2L [D]
6:00 ● Armchair Travelers - IN2L

21

am ● Exercise with Joshua (IN2L)
am ● **Thymeless: Sensory Edition [MK]**
am ● Church Service - IN2L
AM ● Puzzlers [D]
3:00 ● Sunday Sundae Bar [MK]
pm ● Spectacular Spa Day
pm ● Veterans Club
4:00 ● Conductorsize - IN2L
6:00 ● Piggy Bankers - IN2L
7:00 ● Movie Night w/Popcorn Bar

23

am ● Chair Yoga
10:30 ● Trivia - IN2L
am ● **Thymeless: Garden Club**
1:00 ● All About Me
pm ● Man Cave Monday [D]
2:30 Musicians Corner - IN2L
3:30 ● **Bookmarks Signature Program [D]**
pm ● Mandela Makers
pm ● Meditation Monday [D]
4:00 ● Google Earth My Hometown
4:00 ● Party on the Patio

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FAT TUESDAY
am ● Bend and Stretch
10:30 ● Bike Riders - IN2L [D]
11:00 ● Trivia - IN2L
am ● Chicken Soup for the Soul [D]
pm ● Red Hat Society
3:30 ● Tai Chi
4:00 Horse Races
4:00 ● **Mardi Gras Cocktail Party and Fat Tuesday Dinner**
6:00 ● Coin Club
6:00 ● Karaoke Singers [D]

25

am ● Coffee and Conversation in the Courtyard
AM ● Game On
am ● **Thymeless: Garden Club**
am ● Religious Service
1:00 ● **"Giving Back" Baking Dog Biscuits for Furry Friends**
1:30 ● **Model Railroader's Club**
2:30 ● **Musical Melodies with Dennis G.**
3:30 ● Tai Chi
4:00 ● Coin Club
pm ● Happy Hour with Karaoke
6:00 ● Keno Klub - IN2L
6:30 ● Andy Griffith Show - IN2L

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am ● Ring Toss
am ● **Thymeless: Sensory Edition [MK]**
AM ● Coffee and Conversation [MK]
am ● Bible Study [D]
pm ● Let's Dance
pm ● Artists in Action
3:30 ● **Corn Hole in the Courtyard**
4:00 ● Party on the Patio

27

AM ● Chair Dancing - IN2L
am ● **Thymeless: Garden Club**
am ● Crafting with Pam
11:33 ● **Gospel Choir**
1:00 ● Word Searchers
pm ● Let's Laugh - IN2L
4:00 ● **"Essence" Signature Program**
4:00 ● Slot Machine Mavericks - IN2L [D]
6:00 ● Armchair Travelers - IN2L

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