The Sheridan at Hobe Sound "Spring into Spirit Week"

calendar & activities MAR 2020 SUNDAY MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** 10:00 • Fitness Workout-E 10:00 • Sit and get 10:00 • Flex Your 10:00 • Christ 10:00 • Enhanced **↑** 10:00 • Chair 10:30 • Discussing Different 10:30 • Let's Get strong-E Muscles-E Chair Fitness-Exercise-E CONNECT Fellowship Topics-L 10:30 • Let's Get 10:30 • Meet & Greet 10:30 • Coffee Talk-L Online 11:15 • Daily Devotional-L Acquainted-L Social-L CONTRIBUTE 10:30 • Meet & Greet Social-L 11:15 Outing to Publix-L 11:15 • Word Search for Fun-L Church- E 11:15 • Brain Teasers-L 11:15 • Brainy Inspiration-L 1:30 Movie Matinee-T 11:15 • Brain Teasers -L 11:15 • Positive Inspiring 10:30 • Baking in the FEEL 2:00 • BINGO-E 11:30 • Trivia for a Brain Teaser-L 11:15 • Motivational Ouotes-CS 11:15 • Daily Inspirations-L Savings-L Creative Studio 2:00 • Gin Rummy Classic Card Game 1:30 Movie Matinee-T 1:30 Movie Matinee-T 1:30 Movie Matinee-T 1:30 Movie Matinee-T 3:30 • Frank from St. Christopher's GROW 2:00 • Let's Play Uno! 1:30 • Movie Matinee-T 2:00 Garden Club 2:30 • Creative Art with Judy-Church delivering Communion-T 2:00 • BINGO-E 4:00 • **Happy Hour** 3:00 • Gin Rummy Game -L 2:00 • BINGO-E 4:00 • Happy Hour-L MOVE 3:00 • Canasta-L **Entertainment with Daryl** 4:00 • Happy Hour-L 7:00 Movie Night-T 4:00 • Happy Hour-L 4:00 • Happy Hour-L 4:00 • Happy Hour-L 7:00 Movie Night-T REFLECT 7:00 Movie Night-T 7:00 Movie Night-T 7:00 Movie Night-T 7:00 • Movie Night-T 9 10:00 • Chair Exercise-E **Daylight Saving Time** 10:00 • Enhanced 10:00 • Sit and get strong-10:00 Fitness Workout-E 10:00 • Flex Your

11:00 • Yoga Class with

Linda-E

1:30 Movie Matinee-T

4:00 • Happy Hour-L

7:00 Movie Night-T

St. Patrick's Day - WEAR GREEN!

10:30 • Discovery Series "Living with

11:15 Positive Inspiring Sayings-L

1:00 • Readers' Haven Book Club-TR

4:00 • The Luck of the Irish Happy Hour with

EAR YOUR GREEN

10:00 • Chair Exercise-E

11:15 Outing to Publix-L

1:30 Movie Matinee-T

7:00 Movie Night-T

Linda-E

1:30 Movie Matinee-T

4:00 • Happy Hour-L

2:00 • BINGO-E

3:00 Canasta-L

10:30 • Coffee Talk-L

2:00 • BINGO-E

11:15 • Outing to Walmart - L

11:15 • Positive Inspiring Sayings-I

3:15 • Jewlery Design with Ellen

Lounge- L **Entertainment Room-ER** Creative Studio- CS Courtyard - CY Theater- TR **Great Room-GR** Shuttle Bus - SB Library- LB

BIRTHDAYS THIS MONTH:

Jeanne - 7th Carolyn - 17th Ed - 23rd

Activities are Subject to Change

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3:30 Ice-Cream Treat -L 4:00 Happy Hour-L 7:00 Movie Night-T	4:00 • Happy Hour-L 7:00 • Movie Night-T
SPIRIT WEEK 1 📮	10:00 • Enhanced
0:00 • Christ •	Chair Fitness-
Fellowship	E
Online Church- E	10:30 • Meet & Greet Social
0:30 • Baking in the	11:15 • Brain Teasers -L
	11:15 • Daily Inspirations-L
Creative Studio	1:30 • Movie Matinee-T
1.20 Movie Matinee-T	1.50 - WIGNIC Matiliee I

Fellowship Online Church-

10:30 • Baking in the Creative

Movie Matinee-T

1:30 • Movie Matinee-T

4:00 • Happy Hour-L

7:00 • Movie Night-T

Fellowship

Creative Studio

Online

10:30 • Baking in the

4:00 • Happy Hour-L

7:00 Movie Night-T

Fellowship

Church- E

1:30 • Movie Matinee-T

4:00 • Happy Hour-L

7:00 Movie Night-T

Creative Studio

Online

10:30 • Baking in the

2:00 • BINGO-E

2:00 • BINGO-E

10:00 • Christ

Church- E

1:30 Movie Matinee-T

2:00 • BINGO-E

10:00 • Christ

Studio

BINGO-E

Begins

1:30

2:00

10:00 • Christ

	4:00	•	Creative Art with CS Happy Hour-L Movie Night-T	1.
2	10:00	•	Enhanced Chair Fitness- E	2

10:00 • Enhanced

Chair Fitness-

2:30 • Creative Art with Judy-

10:30 • Meet & Greet Social-L

11:15 • Brain Teasers -L

11:15 • Daily Inspirations-L

1:30 Movie Matinee-T

4:00 • Happy Hour-L

7:00 Movie Night-T

Chair Fitness-

10:30 • Meet & Greet Social-L

2:30 • Creative Art with Judy-

11:15 • Brain Teasers -L

11:15 • Daily Inspirations-L

1:30 • Movie Matinee-T

10:00 • Chair Exercise-E 10:30 • Coffee Talk-L 11:00 • Yoga Class with 11:15 🔸 Outing to Walmart - L 11:15 • Positive Inspiring Sayings-L 2:00 • BINGO-E 3:00 • Canasta-L

Greet Social-L

10:30 • Meet & Greet Social-L 11:15 • Brain Teasers -L 11:15 • Daily Inspirations-L 1:30 Movie Matinee-T 2:30 • Creative Art with Judy-4:00 • Happy Hour-L 7:00 Movie Night-T

7:00 Movie Night-T 10:00 • Chair Exercise-E 10:30 • Coffee Talk-L 11:15 • Outing to Publix-L 11:15 • Positive Inspiring Sayings-

3:15 • Jewlery Design with Ellen

1:30 Movie Matinee-T **Resident Council Meeting** 2:00 3:00 • BINGO-E 4:00 • Happy Hour-L 7:00 Movie Night-T

10:30 • Let's Get

Acquainted-L

11:15 • Motivational Ouotes-CS

11:30 • Lunch at Teapots and

4:00 • Happy Hour with My Brother

strong-E

1:30 Movie Matinee-T

2:00 • Let's Play Uno!

4:00 • Happy Hour -L

7:00 Movie Night-T

Acquainted-L

11:15 • Motivational Ouotes-CS

4:00 • Happy Hour Entertainment

with Andre -L

Technology ABC's with Steve

10:00 • Sit and get strong-

11:15 • Brain Teasers-L

1:30 • Movie Matinee-T

2:00 • Let's Play Uno!

7:00 Movie Night-T

10:30 • Let's Get

Acquainted-L

Seminar with

Dermatologist

Treasures

1:30 Movie Matinee-T

2:00 • Let's Play Uno!

7:00 Movie Night-T

10:30 • Let's Get

11:00

10:00 • Sit and get

11:15 • Brain Teasers-L

10:30 • Discussing Different Topics-L 11:15 • Daily Devotional-L 11:15 • Word Search for Fun-L 1:30 Movie Matinee-T 2:00 • BINGO-E

Drive-In Movie TONIGHT

0:00 Fitness Workout-E

11:15 • Daily Devotional-L

1:30 • Movie Matinee-T

4:00 • Happy Hour-L

0:00 Fitness Workout-E

Topics-L

11:15 • Daily Devotional-L

1:30 Movie Matinee-T

4:00 • Happy Hour-L

7:00 Movie Night-T

2:00 • BINGO-E

10:30 • Discussing Different

11:15 Word Search for Fun-L

2:00 • Gin Rummy Classic Card Game

Church delivering Communion-T

3:30 • Frank from St. Christopher's

11:15 • Word Search for Fun-L

10:30 • Discussing Different Topics-L

2:00 • Gin Rummy Classic Card Game

Church delivering Communion-TI

Drive In - Movie on The Green

3:30 • Frank from St. Christopher's

First Day of Spring

2:00 • BINGO-E

7:00

2:00 • Gin Rummy Classic Card Game 3:30 • Frank from St. Christopher's Church delivering Communion-T 4:00 • Happy Hour-L 7:00 Movie Night-T

Muscles-E 10:30 • Meet & Greet Social-L 11:15 • Brainy Inspiration-L 1:30 • Trivia for a Brain Teaser-L 1:30 • Movie Matinee-T 2:00 • Garden Club 3:00 • Gin Rummy Game -L

WESTERN DAY / RESIDENT

2.00

11:15 • Word Search-L 11:30 • Daily Inspirations-L 1:30 Movie Matinee-T 2:00 • Putting on the Green 2:30 • Putting on The Green-CY 4:00 • Happy Hour-L 7:00 Movie Night-T

St. Christophers Catholic Church 4:00 • Happy Hour-L 7:00 Movie Night-T 10:00 • Chair Exercise-E 10:30 • Let's Get

SATURDAY

Acquainted-L

10:00 • Chair Exercise-E

11:15 • Word Search-L

3:00

11:30 • Daily Inspirations-L

2:00 • Putting on the Green

St. Christophers Catholic

1:30 Movie Matinee-T

Church

4:00 • Happy Hour-L

7:00 Movie Night-T

10:00 • Chair Exercise-E

Acquainted-L

10:30 • Let's Get

ND EMPLOYEE PPRECIATION Acquainted-L 10:00 • Flex Your Muscles-E 11:15 Word Search-L

0:30 • Meet & Greet Social-L 11:30 • Daily Inspirations-L 11:15 • Brainy Inspiration-L 1:30 • Movie Matinee-T 1:30 Trivia for a Brain Teaser-L 2:00 • Putting on the Green Western Party - Cookout, Blue Jeans and Cowboy boots 2:30 • Putting on The Green-CY

1:30 Movie Matinee-T St. Christophers Catholic 3:00 2:00 • Garden Club 3:00 • Gin Rummy Game -L 4:00 • Happy Hour-L 7:00 Movie Night-T

4:00 • Happy Hour-L 7:00 Movie Night-T 10:00 • Chair Exercise-E 10:00 • Flex Your

Muscles-E 10:30 • Let's Get Acquainted-L 10:30 • Meet & Greet 11:15 • Word Search-L Social-L 11:30 • Daily Inspirations-L 11:15 • Brainy Inspiration-L 1:30 • Movie Matinee-T 1:30 • Trivia for a Brain Teaser-L

2:00 • Putting on the Green 1:30 Movie Matinee-T 2:30 • Putting on The Green-CY 2:00 Garden Club St. Christophers Catholic 3:00 • Gin Rummy Game -L Church 4:00 • Happy Hour-L

4:00 • Happy Hour-L 7:00 Movie Night-T



7:00 Movie Night-T

