

calendar & activities
MAY 2019

Monthly Calendar



- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT
- 🦋 Spiritual

Location Keys

Activity Room Act
LWP - Independent Living LWP
Lobby Lob
TV Room TV
TV Room on 1st Floor TV1

Resident Birthdays

Frances S. 5/9
Gerard B. 5/13
Josephine P. 5/14
Gene O. 5/23

7000 N. McCormick
Lincolnwood, IL 60712
(847) 686-4739

SUNDAY



9:00 ● Morning Exercise [TV] **5**
10:00 ● Word Games & Puzzles [Act]
10:45 🦋 Catholic Communion Service [Lob]
11:00 ● Blackjack [Act]
2:00 ● Ice Cream Cart
3:00 ● Sunday Matinee [TV]
6:30 ● Sunday Documentary [TV]

Mother's Day 12
9:00 ● Morning Exercise [TV]
10:00 ● Word Games & Puzzles [Act]
10:45 🦋 Catholic Communion Service [Lob]
11:00 ● Famous Mothers Trivia [TV]
2:00 ● Mother's Day Ice Cream Social
3:00 ● Sunday Matinee [TV]
6:30 ● Sunday Documentary [TV]

9:00 ● Morning Exercise [TV] **19**
10:00 ● Word Games & Puzzles [Act]
10:45 🦋 Catholic Communion Service [Lob]
11:00 ● Blackjack [Act]
2:00 ● Ice Cream Cart
3:00 ● Sunday Matinee [TV]
6:30 ● Sunday Documentary [TV]

9:00 ● Morning Exercise [TV] **26**
10:00 ● Word Games & Puzzles [Act]
10:45 🦋 Catholic Communion Service [Lob]
11:00 ● Mental Aerobics [TV]
2:00 ● Ice Cream Cart
3:00 ● Sunday Matinee [TV]
6:30 ● Sunday Documentary [TV]

MONDAY



9:00 ● Sit Down & Tone Up [TV] **6**
10:00 ● Monday Morning Movie [TV]
2:00 ● Bingo [Act]
3:00 ● Juice & "Jeopardy" Social [TV]
4:00 ● Singalong w/ Mike [TV1]
6:30 ● Monday Night Movie [TV]

Crazy Sock Day 13
9:00 ● Sit Down & Tone Up [TV]
10:00 ● Spelling Bee! [TV]
10:45 ● Sue's Party Animals [TV1]
1:30 ● Sandi Haynes: Singer & Entertainer [LWP]
2:00 ● Monday Matinee Movie [TV]
3:00 ● Juice & "Jeopardy" Social [TV]
4:00 ● Singalong w/ Mike [TV1]
6:30 ● Monday Night Movie [TV]

9:00 ● Sit Down & Tone Up [TV] **20**
10:00 ● Group Crossword [TV]
11:15 ● Storytelling with Sandy B [Lob]
2:00 ● Bingo [Act]
3:00 ● Juice & "Jeopardy" Social [TV]
4:00 ● Singalong w/ Mike [TV1]
6:30 ● Monday Night Movie [TV]

Memorial Day 27
9:00 ● Sit Down & Tone Up [TV]
10:00 ● Rhyme Thyme [TV]
10:45 ● Sue's Party Animals [Lob]
2:00 ● Bingo [Act]
3:00 ● National Moment of Silence
4:00 ● Singalong w/ Mike [TV1]
6:30 ● Monday Night Movie [TV]

TUESDAY

"I am not afraid of storms, for I am learning how to sail my ship."
— Louisa May Alcott

9:00 ● Chair Dancing Celebration [TV] **7**
10:00 ● Math Bingo [Act]
11:00 ● Arts & Crafts: Care Box Cards [Act]
2:00 ● Scrabble: 21 Tiles [Act]
3:00 ● Chips & Salsa Social [Act]
4:00 ● Spa Time [TV]
6:30 ● "Wheel of Fortune" Ch 7 [TV]

Blue & Silver Day 14
9:00 ● Morning Exercise [TV]
10:00 ● TED Talks [TV]
11:00 ● Arts & Crafts: Beads & Bracelets [Act]
12:00 ● Men's Group Lunch [Lob]
2:00 ● Dominos [Act]
3:00 ● Chips & Salsa Social [Act]
4:00 ● Spa Time [TV]
6:30 ● "Wheel of Fortune" Ch 7 [TV]

9:00 ● Chair Dancing Celebration [TV] **21**
10:00 ● Math Quiz [TV]
11:00 ● Drama Club [Act]
2:00 ● Scrabble: 21 Tiles [Act]
3:00 ● Chips & Salsa Social [Act]
4:00 ● Spa Time [TV]
6:30 ● "Wheel of Fortune" Ch 7 [TV]

9:00 ● Chair Dancing Celebration [TV] **28**
10:00 ● TED Talks [TV]
11:00 ● Arts & Crafts [Act]
12:00 ● Pizza Party [Act]
2:00 ● Dominos [Act]
3:00 ● Chips & Salsa Social [Act]
4:00 ● Spa Time [TV]
6:30 ● "Wheel of Fortune" Ch 7 [TV]

WEDNESDAY

9:00 ● Stronger Seniors Exercise [TV] **1**
10:00 ● Scattergory Category [Lob]
11:00 ● Wednesday Entertainment [Lob]
2:00 ● Let's Play Cards [Act]
3:00 ● High Tea: Afternoon Social [Act]
4:00 ● 1:1 Hand Massage
6:30 ● What's Your Story? DIY [Act]

9:00 ● Stronger Seniors Exercise [TV] **8**
10:00 ● Hangman [TV]
11:00 ● Nicko Naidenov: Keyboard [Lob]
2:00 ● Dice Games [Act]
3:00 ● High Tea: Afternoon Social [Act]
4:00 ● 1:1 Aromatherapy
6:30 ● What's Your Story? DIY [Act]

Polka Dots & Stripes Day 15
9:00 ● Stronger Seniors Exercise [TV]
10:00 ● Trivia Trivia Trivia [Lob]
11:00 ● Steve Justman: Guitar [Lob]
2:00 ● Let's Play Cards [Act]
3:00 ● Chocolate Chip Cookie Social [Act]
4:00 ● 1:1 Hand Massage
6:30 ● What's Your Story? DIY [Act]

9:00 ● Stronger Seniors Exercise [TV] **22**
10:00 ● Boogie: Mixed Up Words [Lob]
11:00 ● Heather Braoudakis: Singing [Lob]
2:00 ● Dice Games [Act]
3:00 ● High Tea: Afternoon Social [Act]
4:00 ● 1:1 Aromatherapy
6:30 ● What's Your Story? DIY [Act]

9:00 ● Stronger Seniors Exercise [TV] **29**
10:00 ● Geography [Lob]
11:00 ● Chris Farrell: Guitar [Lob]
2:00 ● Let's Play Cards [Act]
3:00 ● High Tea: Afternoon Social [Act]
4:00 ● 1:1 Hand Massage
6:30 ● What's Your Story? DIY [Act]

THURSDAY

9:00 ● Chair Yoga [TV] **2**
10:00 ● Beach Ball Toss & Kick [Lob]
11:00 ● Songs By Heart [Lob]
1:30 ● Scenic Drive
2:00 ● Thursday Matinee Movie [TV]
3:20 ● 3-2-1 Rootbeer Floats [Act]
4:00 ● Jigsaw Puzzles [Act]
6:30 ● Words, Words, Words [Act]

9:00 ● Chair Yoga [TV] **9**
10:00 ● Beach Ball Toss & Kick [Lob]
11:00 ● Songs By Heart [Lob]
12:00 ● Let's Go Out to Lunch [Lob]
2:00 ● Thursday Matinee Movie [TV]
3:20 ● 3-2-1 Rootbeer Floats [Act]
4:00 ● Jigsaw Puzzles [Act]
6:30 ● Cranium Crunches [Act]

Fancy Day 16
9:00 ● Chair Dancing Celebration!! [TV]
10:00 ● Beach Ball Toss & Kick [Lob]
11:00 ● Songs By Heart [Lob]
1:30 ● Scenic Drive
2:00 ● Thursday Matinee Movie [TV]
3:20 ● 3-2-1 Rootbeer Floats [Act]
4:00 ● Jigsaw Puzzles [Act]
6:30 ● Words, Words, Words [Act]

9:00 ● Chair Yoga [TV] **23**
10:00 ● Seated Line Dancing w/ Louie [Lob]
11:00 ● Songs By Heart [Lob]
1:30 ● Scenic Drive
2:00 ● Thursday Matinee Movie [TV]
3:20 ● 3-2-1 Rootbeer Floats [Act]
4:00 ● Jigsaw Puzzles [Act]
6:30 ● Cranium Crunches [Act]

9:00 ● Chair Yoga [TV] **30**
10:00 ● Seated Line Dancing w/ Louie [Lob]
11:00 ● Songs By Heart [Lob]
1:30 ● Scenic Drive
2:00 ● Thursday Matinee Movie [TV]
3:20 ● 3-2-1 Rootbeer Floats [Act]
4:00 ● Jigsaw Puzzles [Act]
6:30 ● Words, Words, Words [Act]

FRIDAY

9:00 ● Simply Stretch [TV] **3**
10:00 ● Musical Memories [TV]
11:00 ● Morning Chat: Who Am I? [TV]
2:00 ● Lincolnwood Derby: Day at the Races [Act]
3:00 ● TGIF Social [Act]
3:30 ● "Jeopardy!" Ch. 7 [TV]
4:00 🦋 Sabbath Service w/ Rabbi Bossov [Lob]
6:30 ● Friday Nite at the Movies! [TV]

9:00 ● Simply Stretch [TV] **10**
10:00 ● Musical Memories [TV]
11:00 ● Morning Chat: Short Story [Act]
2:00 ● Friday Bingo [Act]
3:00 ● TGIF Social [Act]
3:30 ● "Jeopardy!" Ch. 7 [TV]
4:00 🦋 Sabbath Service w/ Rabbi Bossov [Lob]
6:30 ● Friday Nite at the Movies! [TV]

Hat Day 17
9:00 ● Simply Stretch [TV]
10:00 ● Musical Memories [TV]
11:00 ● Morning Chat: Star of the Month [TV]
2:00 ● Friday Bingo [Act]
3:00 ● Hat Day Photo Booth [Act]
3:30 ● "Jeopardy!" Ch. 7 [TV]
4:00 🦋 Sabbath Service w/ Rabbi Bossov [Lob]
6:30 ● Friday Nite at the Movies! [TV]

9:00 ● Simply Stretch [TV] **24**
10:00 ● Musical Memories [TV]
11:00 ● Morning Chat: Travelogue [TV]
2:00 ● Friday Bingo [Act]
3:00 ● TGIF Social [Act]
3:30 ● "Jeopardy!" Ch. 7 [TV]
4:00 🦋 Sabbath Service w/ Rabbi Bossov [Lob]
6:30 ● Friday Nite at the Movies! [TV]

9:00 ● Simply Stretch [TV] **31**
10:00 ● Musical Memories [TV]
11:00 ● Resident Council Meeting [Lob]
2:00 ● Friday Bingo [Act]
3:00 ● TGIF Social [Act]
3:30 ● "Jeopardy!" Ch. 7 [TV]
4:00 🦋 Sabbath Service w/ Rabbi Bossov [Lob]
6:30 ● Friday Nite at the Movies! [TV]

SATURDAY

DIY Color Me Peaceful Pages 4
9:00 ● Morning Exercise [TV]
10:00 ● Word Search [Act]
11:00 ● Bingo [Act]
2:30 ● Marina Ozaki: Singalong & Piano [Lob]
4:00 ● Saturday Social Hour [Lob]
6:30 ● Saturday Night Musical [TV]

DIY Color Me Peaceful Pages 11
9:00 ● Morning Exercise [TV]
10:00 ● Word Search [Act]
11:00 ● Bingo [Act]
2:30 ● Bob Kalal: Guitar & Banjo [Lob]
4:00 ● Saturday Social Hour [Lob]
6:30 ● Saturday Night Musical [TV]

DIY Color Me Peaceful Pages 18
9:00 ● Morning Exercise [TV]
10:00 ● Word Search [Act]
11:00 ● Bingo [Act]
2:30 ● Patrick Woods: Piano [Lob]
4:00 ● Saturday Social Hour [Lob]
6:30 ● Saturday Night Musical [TV]

DIY Color Me Peaceful Pages 25
9:00 ● Morning Exercise [TV]
10:00 ● Word Search [Act]
11:00 ● Bingo [Act]
2:30 ● Eleanor Warrington: Singalong [Lob]
4:00 ● Saturday Social Hour [Lob]
6:30 ● Saturday Night Musical [TV]

