

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



150 Cottage Lane
Carrollton, GA 30117
(770) 830-8857

DAILY WALKING CLUB ENTHUSIASM WEEK!
WELCOME TO SEPTEMBER!!
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:30 ● BLUEBERRY POPSICLE DAY
3:30 ● BINGO!!

DAILY WALKING CLUB
9:30 ● Daily Chair Exercises
9:30 ● Morning Devotion W/Music and Reading
2:00 ● APPLE DUMPLING DAY
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
1:30 ● Nail Care
2:30 ● Whiffle Ball / (Show N Tell) Gloves Baseballs and Bats
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:00 ● SHARE A FAVORITE POEM DAY!
3:00 ● SOCIAL DISTANCE RIDE AROUND FRIDAY!!
3:30 ● BINGO!!

DAILY WALKING CLUB

DAILY WALKING CLUB
9:30 ● MARY LOU w/ MUSIC ON FRONT PORCH (SOCIAL DISTANCE/ WEAR MASK)

DAILY WALKING CLUB Labor Day
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:00 ● PAPER GROCERY BAG DAY
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:30 ● Create / Send Card to the Atlanta Braves
3:30 ● BINGO!!

DAILY WALKING CLUB
9:30 ● Daily Chair Exercises
9:30 ● Morning Devotion W/Music and Reading
2:00 ● GRANDMA MOSES DAY
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
1:30 ● Nail Care
2:00 ● Record One-Day Video; Double Bubble Blow Competition
3:30 ● BINGO!!

A SAD REMEMBRANCE DAY
DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
3:00 ● SOCIAL DISTANCE RIDE AROUND FRIDAY!!
3:30 ● BINGO!!

DAILY WALKING CLUB

DAILY WALKING CLUB
GRAND PARENTS DAY
9:30 ● MARY LOU w/ MUSIC ON FRONT PORCH (SOCIAL DISTANCE/WEAR MASK)

ASSISTED LIVING WEEK
CARING IS ESSENTIAL!!
DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
3:30 ● "WANTED SIGNS"
3:30 ● BINGO!!

CAUGHT IN THE ART OF CARING BULLETIN
DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:30 ● Root Beer Floats / Cracker Jacks
3:30 ● BINGO!!

DAILY WALKING CLUB
9:30 ● Daily Chair Exercises
9:30 ● Morning Devotion W/ Music and Reading
10:30 ● KARAOKE CARING SONGS
2:00 ● WORD GAME WEDNESDAY
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
10:30 ● SOUTHERN GOSPEL MUSIC DAY
1:30 ● Nail Care
3:30 ● BINGO!!

DAILY WALKING CLUB
DISPLAY "MANY WAYS WE CARE TREE"
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:30 ● I HEARD IT THRU THE GRAPEVINE DAY
3:00 ● SOCIAL DISTANCE RIDE AROUND FRIDAY!!
3:30 ● BINGO!!

DAILY WALKING CLUB

DAILY WALKING CLUB
9:30 ● MARY LOU w/ MUSIC ON FRONT PORCH (SOCIAL DISTANCE/ WEAR MASK)

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/Music and Reading
2:00 ● Create Tomahawks
3:30 ● BINGO!!

AUTUMN SEASON BEGINS
DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:30 ● FALL FEVER SNACKS
3:30 ● BINGO!!

DAILY WALKING CLUB
9:30 ● Daily Chair Exercises
9:30 ● Morning Devotion W/ Music and Reading
2:00 ● SCOOTER DAY! BASEBALL TRIVIA QUIZ AND BBALL OREO POPS
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
1:30 ● Nail Care
2:00 ● HEALTHY AGING - 10 TIPS
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:00 ● All About Baseball "The History"
3:00 ● SOCIAL DISTANCE RIDE AROUND FRIDAY!!
3:30 ● BINGO!!

DAILY WALKING CLUB

DAILY WALKING CLUB
9:30 ● MARY LOU w/ MUSIC ON FRONT PORCH (SOCIAL DISTANCE/ WEAR MASK)

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/Music and Reading
2:30 ● GOOD NEIGHBOR DAY (GET TIPS)
3:30 ● BINGO!!

DAILY WALKING CLUB
10:00 ● Daily Chair Exercises
10:30 ● Morning Devotion W/ Music and Reading
2:00 ● SPECIAL EVENT - BUILD YOUR BALLPARK FRANK
3:30 ● BINGO!!

DAILY WALKING CLUB
9:30 ● Daily Chair Exercises
9:30 ● Morning Devotion W/ Music and Reading
2:30 ● NATIONAL WOMEN HEALTH & FITNESS DAY
3:30 ● BINGO!!

LOCATIONS
Courtyard (CY)
PC Activity Room (AR)
Front Porch (FP)

BIRTHDAYS
THIS MONTH
RESIDENTS
9-1 Charles Darvas
9-9 Shannon Morgan
9-14 Lindsey Mason
9-27 Dora Matthews

STAFF
9-10 Pierre Chism
9-30 Jaclyn Lawson

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Activities are subject to change