

# September 2021 Program Calendar

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



### Location Keys

- Carpool CP
- Club Room CR
- Creative Arts Room CAR
- East Courtyard EC
- Fitness Room FR
- Great Room GR
- Living Room LR
- Meet in Lobby LB
- Pool Courtyard P
- Sky Lounge SL
- Theater T
- Transportation not provided TNP
- Web Based Application WEB
- West Courtyard WC
- Yoga Room YR

Live Life  
Live Confidently  
Live in Motion  
Live & Learn  
Live Connected

				7:30 Red Rocks Hike   Morrison Slide Trail [TNP] 8:00 Breakfast, News & Friends [GR] 10:00 Drawing   RSVP Required [CAR] 11-1 Crescent City Connection Food Truck \$ 1:00 Full Body Workout [YR] 1:00 Pinochle [GR] 3:00 One Day U: Louis Armstrong   The Man Behind the Trumpet [T] 4:00 Birthday Bash Happy Hour [GR] 5:00 Gentle Yoga [YR] 7:00 Ladies Poker [CR] 7:00 Tripoley [GR]	1	8:00 Breakfast, News & Friends [GR] 11:00 Mahjong [GR] 11:45 Tai Chi [YR] 11-1 Help Desk: Avenida Tech   Sign Up in Mail Room 2:30 Oil Painting   RSVP Required [CAR] 3:00 Dartball [YR] 4:00 Avenida Bar Trivia [GR] 5:00 Chair Yoga \$5 [YR] 7:00 Three Thirteen Rummy [GR]	2	8:00 Advanced Strength Training [YR] 8:00 Breakfast, News & Friends [GR] 11:00 One Day U: How American Women Won the Right to Vote [T] 11:30 Ceramics   RSVP Required [CAR] 1:00 Water Aerobics [P] 2:30 Corn Hole [WC] 7:00 Coed Poker [CR]	3	8:30 Good Morning Sunshine Walking Group [LB] 9:00 Breakfast, News & Friends [GR] 10-2 Lakewood Farmer's Market   Mile High Church [TNP] 10:00 Sunshine Walking Group Brunch [TNP] 10:30 Acrylic Painting   RSVP Required [CAR] 11:00 Three Thirteen Rummy [GR] 1:00 The Stitchers [CR] 1:00 Water Aerobics [P] 3:00 Social Hour & Entertainment: Country Western [P] 4:00 Classic Movie Club [T] 6:00 Rummikub [GR] 6:30 Evening Fire Pit [P] 6:30 National Wildlife Day at Bear Creek Lake Park \$5ea [TNP]	4			
	10:30 Steamboat Springs Christian Center [T] 2:00 Mahjong [GR] 6:30 Evening Fire Pit [P]	5	<b>Labor Day</b> 9-11 Basted Egg Brunch Truck \$ 11:00 Three Thirteen Rummy [GR] 1:00 Bocce [EC] 1:00 Bridge [GR] 4:00 Charity Bingo [GR] 6:30 Game Night [GR]	6	8:00 Breakfast, News & Friends [GR] 8:30 Good Morning Sunshine Walking Group [LB] 12:00 Chair Aerobics [YR] 3:00 "In the Tracks of Hayden" Documentary [T] 3:00 Tai Chi [YR] 5:00 Avenida Singers [GR] 5:00 Water Yoga [YR] 7:00 Mahjong [GR] 7:00 Men's Poker [CR]	7	7:00 Birding with Mike   RSVP Required [LB] 8:00 Advanced Strength Training [YR] 8:00 Breakfast, News & Friends [GR] 10:00 Drawing   RSVP Required [CAR] 1:00 Full Body Workout [YR] 1:00 Pinochle [GR] 3:00 One Day U: The Science of Problem-Solving [T] 4:00 Autumn Leaf Coasters   RSVP Required [CAR] 5:00 Gentle Yoga [YR] 7:00 Ladies Poker [CR]	8	8:00 Breakfast, News & Friends [GR] 9:00 Van Gogh Alive \$35each [LB] 9:30 Fitness Center Orientation [FR] 11:00 Mahjong [GR] 11:45 Tai Chi [YR] 11-1 Help Desk: Avenida Tech   Sign Up in Mail Room 2-4 Avenida Men's Club Outing   Holiday Bowling & Billiards \$10 [TNP] 2:30 Oil Painting   RSVP Required [CAR] 3:00 Dartball [YR] 4:00 Avenida Bar Trivia [GR] 5:00 Chair Yoga \$5 [YR] 6:00 NFL Kick Off Potluck & Party [GR] 7:00 Three Thirteen Rummy [GR]	9	8:00 Advanced Strength Training [YR] 8:00 Breakfast, News & Friends [GR] 11:00 One Day U: The Modern Whiskey Boom [T] 11:30 Ceramics   RSVP Required [CAR] 1:00 Water Aerobics [P] 2:30 Corn Hole [WC] 3:30 Orange Soda Float Bar [CP] 7:00 Coed Poker [CR]	10	8:30 Good Morning Sunshine Walking Group [LB] 9:00 Breakfast, News & Friends [GR] 10:00 Bible Study [LR] 10-2 Lakewood Farmer's Market   Mile High Church [TNP] 11:00 Social Hour & Entertainment: Pet Friendly Jazz Collective [GR] 1:00 Water Aerobics [P] 4:00 Classic Movie Club [T] 6:00 Rummikub [CAR] 6:30 Evening Fire Pit [P]	11
	10:30 Steamboat Springs Christian Center [T] 2:00 Mahjong [GR] 2:25 Sunday Football [GR] 6:30 Evening Fire Pit [P]	12	8:00 Breakfast, News & Friends [GR] 9:00 Stretch Class [YR] 11:00 Three Thirteen Rummy [GR] Advanced Water Aerobics [P] 1:00 Bocce [EC] 1:00 Bridge [GR] 1-3 Watercolor   RSVP Required [CAR] 4:00 Charity Bingo [GR] 5:00 Water Yoga [YR] 6:30 Game Night [GR]	13	8:00 Breakfast, News & Friends [GR] 8:30 Good Morning Sunshine Walking Group [LB] 10:00 Cardio Conditioning [YR] 10:00 Hook & Needle Arts [CAR] 10:00 Memories in the Making Writing Group [LR] 12:00 Chair Aerobics [YR] 1:00 Water Aerobics [P] 3:00 Printmaking   RSVP Required [CAR] 3:00 Tai Chi [YR] 3:00 Town Hall [WEB] 5:00 Avenida Singers [GR] 5:00 Water Yoga [YR] 7:00 Mahjong [GR] 7:00 Men's Poker [CR]	14	7:30 North Table Mountain Park   Lichen Peak Trail [TNP] 8:00 Breakfast, News & Friends [GR] 10:00 Drawing   RSVP Required [CAR] 11:00 Bunco   RSVP Required [GR] 1:00 Full Body Workout [YR] 1:00 Pinochle [GR] 2:00 Water Aerobics [P] 3:00 One Day U: The Remarkable Musical History of Motown [T] 4:00 Mid-Autumn Moon Festival [GR] 5:00 Gentle Yoga [YR] 7:00 Ladies Poker [CR] 7:00 Tripoley [GR]	15	8:00 Breakfast, News & Friends [GR] 9:30 Fitness Center Orientation [FR] 10:00 Cardio Conditioning [YR] 11:00 Mahjong [CAR] 11:45 Tai Chi [YR] 11-1 Help Desk: Avenida Tech   Sign Up in Mail Room 1:00 Water Aerobics [P] 2:30 Oil Painting   RSVP Required [CAR] 3:00 Book Club [SL] 3:00 Dartball [YR] 4:00 Avenida Bar Trivia [GR] 5:00 Chair Yoga \$5 [YR] 7:00 Three Thirteen Rummy [GR]	16	8:00 Advanced Strength Training [YR] 8:00 Breakfast, News & Friends [GR] 9:00 Stretch Class [YR] 10:00 Meditation [CAR] 11:00 One Day U: The Genius of Alfred Hitchcock [T] 11:00 Our Avenida Newsletter Club [CR] 11-1 Rocky Mountain Cheesery \$ 1:00 Happy Crafters: Autumn Leaf Lantern \$5   RSVP Required [CAR] 1:00 Water Aerobics [P] 2:30 Corn Hole [WC] 3:30 Boozy Bananas Foster   RSVP Required [GR] 5:30 Movies & Spirituality: Rabbit Proof Fence [T] 7:00 Coed Poker [CR]	17	8:30 Good Morning Sunshine Walking Group [LB] 9:00 Breakfast, News & Friends [GR] 9:00 Mobile Small Animal Clinic   Sign Up in Mail Room 10-2 Lakewood Farmer's Market   Mile High Church [TNP] 10:30 Acrylic Painting   RSVP Required [CAR] 11:00 Three Thirteen Rummy [GR] 1:00 The Stitchers [CR] 1:00 Water Aerobics [P] 2:00 Pastries with Pat: Dough-less Cottage Cheese Strudel   RSVP Required [GR] 4:00 Classic Movie Club [T] 6:00 Rummikub [GR] 6:30 Evening Fire Pit [P]	18
	10:30 Steamboat Springs Christian Center [T] 2:00 Mahjong [GR] 2:25 Sunday Football [GR] 6:30 Evening Fire Pit [P]	19	8:00 Breakfast, News & Friends [GR] 9:00 Stretch Class [YR] 11:00 Three Thirteen Rummy [GR] 12-3 HipPOP Truck \$   Handcrafted Gelato Bars 1:00 Advanced Water Aerobics [P] 1:00 Bocce [EC] 1:00 Bridge [GR] 2-4 Watercolor   RSVP Required [CAR] 4:00 Charity Bingo [GR] 5:00 Mat Yoga \$5 [YR] 6:30 Game Night [GR]	20	8:00 Breakfast, News & Friends [GR] 8:30 Good Morning Sunshine Walking Group [LB] 10:00 Cardio Conditioning [YR] 10:00 Hook & Needle Arts [CAR] 12:00 Chair Aerobics [YR] 1:00 Water Aerobics [P] 3:00 Printmaking   RSVP Required [CAR] 3:00 Tai Chi [YR] 3:30 Armchair Traveler: Australia [GR] 5:00 Avenida Singers [GR] 5-7 Beau Jo's Pizza Food Truck \$ 5:00 Water Yoga [YR] 7:00 Mahjong [GR] 7:00 Men's Poker [CR]	21	7:00 Birding with Mike [LB] 8:00 Advanced Strength Training [YR] 8:00 Breakfast, News & Friends [GR] 10:00 Drawing   RSVP Required [CAR] 1:00 Full Body Workout [YR] 1:00 Pinochle [GR] 2:00 Elder Law: Planning Presentation [GR] 2:00 Water Aerobics [P] 3:00 One Day U: The Future of Digital [T] 5:00 Gentle Yoga [YR] 7:00 Ladies Poker [CR]	22	8:00 Breakfast, News & Friends [GR] 10:00 Cardio Conditioning [YR] 11-1 Bowls by KO Food Truck \$ 11:00 Mahjong [GR] 11:45 Tai Chi [YR] 11-1 Help Desk: Avenida Tech   Sign Up in Mail Room 1:00 Water Aerobics [P] 2:30 Oil Painting   RSVP Required [CAR] 3-5 Avenida Men's Club Outing   Holiday Bowling & Billiards \$10 [TNP] 3:00 Dartball [YR] 4:00 Avenida Bar Trivia [P] 5:00 Chair Yoga \$5 [YR] 7:00 Three Thirteen Rummy [GR]	23	8:00 Advanced Strength Training [YR] 8:00 Breakfast, News & Friends [GR] 9:00 Stretch Class [YR] 10:00 Meditation [CAR] 11:00 One Day U: Understanding the Facts about Climate Change [T] 1:00 Water Aerobics [P] 2:30 Corn Hole [WC] 2:30 Natural Grocers Nutrition: Building Healthy & Delicious Meals [T] 3:00 Wine Tasting \$10ea   Whites from around the World   RSVP Required [GR] 5:00 Movie & Popcorn: POMS [T] 7:00 Coed Poker [CR]	24	8:00 Sadie Triathlon   Cheer on Sadie at Cherry Creek Reservoir! [TNP] 8:30 Good Morning Sunshine Walking Group [LB] 9:00 Breakfast, News & Friends [GR] 10-2 Lakewood Farmer's Market   Mile High Church [TNP] 11:00 Three Thirteen Rummy [GR] 1:00 Water Aerobics [P] 4:00 Classic Movie Club [T] 6:00 Rummikub [GR] 6:30 Evening Fire Pit [P]	25
	10:30 Steamboat Springs Christian Center [T] 2:00 Mahjong [GR] 2:25 Sunday Football [GR] 6:30 Evening Fire Pit [P]	26	8:00 Breakfast, News & Friends [GR] 9:00 Stretch Class [YR] 10:45 Fall Foliage Day Trip \$\$   More Info in Mail Room [LB] 11:00 Three Thirteen Rummy [GR] 1:00 Advanced Water Aerobics [P] 1:00 Bocce [EC] 1:00 Bridge [GR] 2-4 Watercolor   RSVP Required [CAR] 4:00 Potluck Bingo   Bring a Treat [GR] 5:00 Mat Yoga \$5 [YR] 6:30 Game Night [GR]	27	8:00 Breakfast, News & Friends [GR] 8:30 Good Morning Sunshine Walking Group [LB] 10:00 Cardio Conditioning [YR] 10:00 Hook & Needle Arts [CAR] 12:00 Chair Aerobics [YR] 1:00 Water Aerobics [P] 2:00 Dreams, Awareness & Meditation [SL] 3:00 Printmaking   RSVP Required [CAR] 3:00 Tai Chi [YR] 5:00 Avenida Singers [GR] 5:00 Water Yoga [YR] 7:00 Mahjong [GR] 7:00 Men's Poker [CR]	28	8:00 Advanced Strength Training [YR] 8:00 Breakfast, News & Friends [GR] 10:00 Drawing   RSVP Required [CAR] 1:00 Full Body Workout [YR] 1:00 Pinochle [GR] 2:00 Water Aerobics [P] 3:00 One Day U: Appreciating, Collecting and Understanding Wine [T] 4:00 Oktoberfest Celebration w/ Polka Trio [GR] 5:00 Gentle Yoga [YR] 7:00 Ladies Poker [CR] 7:00 Tripoley [GR]	29	8:00 Breakfast, News & Friends [GR] 10:00 Cardio Conditioning [YR] 11:00 Mahjong [GR] 11:45 Tai Chi [YR] 11-1 Help Desk: Avenida Tech   Sign Up in Mail Room 1:00 Water Aerobics [P] 2:30 Oil Painting   RSVP Required [CAR] 3:00 Dartball [YR] 4:00 Avenida Bar Trivia [GR] 4:30 Wreaths & Wine \$10ea   RSVP Required [GR] 5:00 Chair Yoga \$5 [YR] 7:00 Three Thirteen Rummy [GR]	30				