
























Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>11:00  12</div> <div>[https://live.mygrace.com/] Live Non Denominational Services</div>	<div>10:30  13</div> <div>UNO Card Game</div> <div>12:30  [Bistro - 3] Afternoon Tea Time</div> <div>3p  [Fitness - 3] <b>Balance &amp; Strength Exercise</b> Kathy Brook</div> <div>7p  [Media Room - 3rd Floor] Netflix Series: Our Great National Parks</div>	<div>Flag Day 14</div> <div>10:30a  <b>Outing - "Antiques, Boutiques, Bakery &amp; Bucee's"</b></div> <div>3:00 [Engagement Room - 4] Bingo! Bring \$5 Paula</div> <div>7p  [Media Room - 3rd Floor] Classic Movie Night</div>	<div>10:15  15</div> <div>[Pool - 3] <b>Water Aerobics</b> Kathy Brook</div> <div>11:30  The Golden Years of Hollywood Film:</div> <div>1:00 [Engagement Room - 4] <b>30 Minute quick workout Fun! Seated &amp; Standing- all levels</b> Joy</div> <div>4:00  [Engagement Room - 4] <b>Town Hall Meeting</b></div> <div>5p  [Bistro - 3] Happy Hour with Family &amp; Friends Paula</div>	<div>8a - 2p  16</div> <div>[Lobby - 2] Medical Appointment Transportation 8am - 2pm : Sign up with Concierge</div> <div>9:15 [Media Room - 3rd Floor] <b>Mat Yopalates</b> Kathy Brook</div> <div>03:00pm  [Engagement Room - 4] Bingo Bring \$5 paula</div> <div>7p [Media Room - 3rd Floor] Comedy Movie Night</div>	<div>2:00 17</div> <div>Charades &amp; Birthday Cake</div> <div>3:00  POKENO for Prizes</div> <div>6:30p - Late  [Media Room - 3rd Floor] Movie Lovers' Club Gathering</div> <div>6:30p  [https://www.beth- israel.org/news- events-upcoming- events/ livestreaming/] <b>Shabbat Services Live Stream</b></div>	<div>1:30  18</div> <div>[Game Room - 3] <b>Bridge Club</b></div>



ANTHOLOGY  
SENIOR LIVING

-  Emotional
-  Intellectual
-  Physical
-  Social
-  Spiritual