February 2024 Virtue Calendar 2024						created with
ANTHOLOGY SENIOR LIVING	Monday ✓ Emotional ➢ Intellectual ← Physical ✓ Social ☑ Spiritual 	Tuesday Location Keys Bistro ALB	Wednesday	Thursday 10:00	Groundhog Day 10:00 Group Fitness 10:30 Reminisce & Refreshment [ALB] 1:00 Games and Trivia Time 1:30 The Green Club Thumb	Saturday 10:00 HIN2L Fit Express 1:00 Games and Trivia Time 3:30 Cookie Social 4:00 Sounds from Nature Relax time
10:00 → IN2L Fit Express 10:30 ★ Coffee Social & Hymns 1:00 ★ Games and Trivia Time 2:30 ★ Classic Movie Matinee Pop Corn 3:30 ★ Sunday Social Floats & Iokas	0:30 ★ Reminisce & Refreshment 1:00 ★ Games and Trivia Time 1:30 ← Pampered Hand * Hand Massages 1:30 Rock Painting for our Garden 2:30 ★ Sing-a Long time	O → Group Fitness O ★ Reminisce & Refreshment [ALB] O ► Games and Trivia Time O → Happy Hour with Friends [ALB] O ★ Left Right Center	10:00	10:00 → Group Fitness 10:30 ★ Reminisce & Refreshment 1:00 ► Games and Trivia Time 1:30 ★ Then & Now 2:30 ★ Word Finding Puzzles 3:30 → Balloon Banter 6:30 ► Scratch Painting	10:00 → Group Fitness 10:30 ★ Reminisce & Refreshment [ALB] 1:00 ► Games and Trivia Time 1:30 The Green Club Thumb Garden Club: Planting Forget me Not for family 3:30 → Balloon Volleyball 6:15 ★ Friday Night Bingo	10:00 → IN2L Fit Express 1:00 ► Games and Trivia Time 3:30 Cookie Social 4:00 Sounds from Nature Relax time
10:00 → IN2L Fit Express 10:30 ★ Coffee Social & Hymns 1:00 ► Games and Trivia Time 2:30 ★ Classic Movie Matinee Pop Corn 3:30 ★ Sunday Social Floats & Iokas	0:30 ★ Reminisce & Refreshment 1:00 ★ Games and Trivia Time 1:30 ★ Pampered Hand * Hand Massages 2:30 ★ Sing-a Long time 3:30 Relax painting time: Valentine's Week edition <3	O → Group Fitness O ★ Reminisce & Refreshment [ALB] O ➡ Games and Trivia Time O ✦ Happy Hour with Friends: Mardi Gras celebration [ALB] O ★ Left Right Center	Valentine's Day 10:00 ← Group Fitness 10:30 ← Reminisce & Refreshment: Romantic Songs [ALB] 1:00 ► Valentine's Day crafts 1:30 Sticker and Chill 2:30 ← Let's Play BINGO! 5:30 Armchair Travel and relax: The Romantic City of Paris	10:00 Group Fitness 15 10:30 Reminisce & Refreshment 1:00 Games and Trivia Time 1:30 Then & Now 2:30 Word Finding Puzzles 3:30 Balloon Banter 6:30 Scratch Painting	10:00 → Group Fitness 10:30 ★ Reminisce & Refreshment [ALB] 1:00 ► Games and Trivia Time 1:30 The Green Club Thumb Garden: Forget me Not 3:30 → Balloon Volleyball 6:15 ★ Friday Night Bingo	10:00 → IN2L Fit Express 1:00 ► Games and Trivia Time 3:30 Cookie Social 4:00 Sounds from Nature Relax time
10:00 → IN2L Fit Express 10:30 ★ Coffee Social & Hymns 1:00 ► Games and Trivia Time 2:30 ★ Classic Movie Matinee Pop Corn 3:30 ★ Sunday Social Floats & Jokes	0:00 → Morning Stretch 0:30 ★ Reminisce & Refreshment 1:00 ► Games and Trivia Time 1:30 → Pampered Hand * Hand Massages 2:30 ► Sing-a Long time	i-Pedi with Ziba 0 → Group Fitness 0 ★ Reminisce & Refreshment [ALB] 0 ► Games and Trivia Time 0 ← Happy Hour with Friends [ALB] 0 ★ Left Right Center	10:00 Group Fitness 10:30 Reminisce & Refreshment [ALB] 1:00 Games and Trivia Time 1:30 Sticker and Chill 2:30 Let's Play BINGO! 5:30 Armchair Travel and relax		10:00 → Group Fitness 10:30 ★ Reminisce & Refreshment [ALB] 1:00 ► Games and Trivia Time 1:30 The Green Club Thumb Garden Club 3:30 → Balloon Volleyball 6:15 ★ Friday Night Bingo	10:00 HIN2L Fit Express 1:00 Games and Trivia Time 3:30 Cookie Social 4:00 Sounds from Nature Relax time
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